



Frye Island News Service

Volume 2016, Issue 17

TOWN HALL 655-4551

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August 26, 2016

FAX 655-3422

WANTED - PRO SHOP AND LOUNGE MANAGER

This is a full time position that starts shortly before the island opens and ends shortly after the island closes. We hope to fill this position with an Islander and will not advertise outside for a week or two in hopes of filling the position here. If you are an organized person who enjoys working with people this may be the perfect job for you.

The basic responsibilities are detailed below. If you think you may be interested please see the Island Manager, Gary Donohue, who can provide you with more detailed information.

RESPONSIBILITIES

GENERAL

- Responsible for Pro Shop and Lounge Operations.
- Supervise and control all expenses associated with the pro shop and lounge including payroll and supplies.
- Works closely with the General Manager and Golf Committee to operate the pro shop and lounge in a fiscally responsible and professional manner.
- Supervise the daily condition, appearance and maintenance of the pro shop and lounge.
- Administer and enforce club policies as put forth in the Policy Handbook
- Open the Pro Shop/Lounge at the beginning of the season.
- Close the Pro Shop/Lounge at the end of the season.

STAFF

- Hires, trains, schedules, and supervises the pro shop and lounge staff.
- Sets the hours for the various shifts by day and season
- Oversees subordinates in proper and safe operation of all pro shop and lounge activities.

PRO SHOP

- Sell and display merchandise as needed.
- Price merchandise competitively and display merchandise attractively.
- Order merchandise as required. Responsible for inventory controls, checking-in merchandise in accordance with procedures, organization of storage and display areas are maintained.
- Prepare special orders and ensure catalogues are available.
- Maintain sign-up sheets, collect fees for golf tournaments and special events
- Maintain a list of golf course members and charter members.
- Maintain a tabulation of credits earned for pro shop merchandise.
- Ensure the golf carts are secured at the close of business each day.

LOUNGE

- Ensure staff is properly trained regarding Maine state requirements associated with lounge operations.
- Provide assistance to the social activities coordinators.
- Order and maintain appropriate inventory of alcohol, soft drinks, snacks, food and cleaning materials as required.

ELECTIONS:

Selectmen positions

There is one Selectman seat up for election to a three year term. There is one Selectman seat up for election to a one year term. You must be a registered voter of the Town of Frye Island to run for this position.

Board of Island Trustees Executive Committee

There is one seat on this committee up for election for a three year term.

There is one seat on this committee up for election for a two year term.

Qualifications for Executive Committee

1. US citizen
2. 18 years of age
3. An owner or a spouse of an owner of real property located within the Town of Frye Island with a fixed home currently occupied by the person, maximum two people per fixed home.

If you are interested, please come to the Town Office to complete a Volunteer to serve on a Frye Island Committee Form.

Manager's Comments

I received this article from the President of Save Our Sebago.

Maine lakes, rivers

The lower-than-usual water levels, caused by a lack of rain this summer, have left some docks sitting on the ground and threaten some fish species while also improving water quality. A severe lack of rain that's parched central Maine with drought conditions this summer has plunged water levels to historic lows in some area rivers, lakes and streams.

That's meant more pronounced low tides on the Kennebec River, revealing new islands and rocky shores.

The low water has also left some docks sitting on the ground instead of floating in the water on area lakes, made launching boats tougher in some spots, depleted groundwater supplies relied upon for drinking water, and stressed and endangered cold-water species of fish.

Officials are monitoring water conditions closely. They aren't panicking yet about the conditions and also said some recent rain, however modest, helped raise water levels in some streams. They note the lack of rain this summer has helped improve water quality because of a lack of runoff during and after rainstorms with some water bodies such as Cobbossee Lake having the best water clarity ever measured.

Water levels measured at the United States Geological Service gauge on the Kennebec River in Sidney confirm what seems obvious to river observers seeing exposed land where there is usually flowing water.

The river is low. Historically low.

Nick Stasulis, data section chief of the Maine office of USGS, said water levels on the section of the Kennebec River running through Sidney and Augusta are in the lowest 5 percent of data ever collected for this time of year.

"That's low," Stasulis said. "When tides are high, you don't notice water levels are low. But when tides go out and you start seeing rocks you haven't noticed before, you start to realize water levels are in fact pretty low."

Jason Seiders, regional fisheries biologist for state Inland Fisheries and Wildlife, said the Kennebec River and most area lakes and ponds are lower than normal, even for this time of year when water levels tend to be lower anyway. Generally water that is shallower than normal is also warmer than normal.

That's bad for cold-water fish species like trout and salmon that need cold, well-oxygenated water to survive. Seiders said some central Maine streams have been especially low, and thus warm, stressing fish who live in them.

"Some of the smaller streams, including some trout streams, I've seen almost go dry," he said. "So we're going to have some issues with losing a lot of trout this summer. We'll see some of these fish trapped in pools, trapped in that habitat, so predation will be high. They're susceptible to great blue heron, raccoons."

Stasulis said recent rains have actually raised water levels in streams in many parts of the state with parts of northern Maine seeing normal or even high water levels in streams, but Augusta and its surrounding area didn't get much of the rain that helped raise surface water levels elsewhere. He cited the Sheepscot River, which connects to the Kennebec downstream of Merrymeeting Bay, as an example of a water body that remained low because it largely missed out on the recent rain that fell across much of the rest of the state.

Low Lakes

Dick Greenan, secretary of the Belgrade Lakes Watershed Dams Committee, which monitors area water levels at dams, said a rainstorm a few days ago dropped about 1 inch in Benton, while the Belgrade area only got about half of that.

Greenan, of Rome, said Long Pond is about 10 inches below what is considered to be “full pond,” and Great Pond is 8 inches below full pond. That low water has turned rocks that in a typical summer would be well below the water into hazards for boaters.

It has also made some boat owners unable to use their boat lifts, devices that raise docked boats up out of the water, because the lifts can’t go low enough to reach into the water. He also jokes this would be a good summer to be selling propellers for boats to replace the many that boaters have lost to rocks in the low water.

“I just replaced a prop last week. I bumped a rock right in front of my own dock, and I even had the prop halfway up,” Greenan said. “I’ve bumped several times this summer. I’ve been here 14 years and I’ve never seen it this low.”

Wendy Dennis is a limnologist, or water scientist, for Cobbossee Watershed District, which was formed in 1973 to protect the ponds, lakes and other bodies of water that flow into Cobbossee Stream in an area including Litchfield, Manchester, Monmouth, Readfield, Richmond, Wayne, Winthrop and Gardiner. She said water levels are low in most of the lakes the district monitors.

Measurements taken last week at seven spots in district lakes indicated those lakes ranged from 8 inches to 16 inches below full pond level. Dennis noted that in a summer with normal rainfall, water levels in lakes wouldn’t normally reach full pond levels anyway. But she said some of the lakes, notably Cochnewagon and Berry, Dexter and Wilson ponds, are substantially and unusually low at 16 inches below full pond levels.

Dennis said water levels on Berry, Dexter and Wilson ponds, which are all controlled by the same dam on Wilson Pond, and on Cochnewagon, are the lowest recorded this time of year going back to 1990, which is as far back as she looked at the data.

“Sixteen inches below full pond is unusual,” she said. “Cochnewagon is usually at least 6 inches higher (than it is now) in late August, and normally is a foot or higher. Cochnewagon is a headwater lake. There are no other lakes feeding it. It relies totally on rainfall and runoff. So there’s no way to catch up.”

Three water bodies within the Cobbossee Watershed District — Torsey Pond and Maranacook and Annabessacook lakes — are about a foot below full pond levels. Dennis said Maranacook was last that low this time of year in 2005.

Annabessacook hasn’t been so low this time of year since 1997.

Stasulis, of Winthrop, said he’s noticed several people’s docks on Maranacook Lake are sitting on the ground, not floating.

Other area lakes checked by the district last week were 8 to 9 inches below full pond, which Dennis said isn’t unusual for this time of year. Cobbossee Lake was 9 inches below full pond, which Dennis said is just a little below average for August.

‘It’s Just Mother Nature’

Normally, Cobbossee Watershed district officials work with the owners of eight dams within the district to track water levels and raise and lower dam gates to control water levels. They aim to start the year at full pond levels, which are set by the district and aim to ensure there is enough water in the water bodies for water recreation, but not so much that there is flooding. It’s a balancing act that usually requires dam owners to alter how much water their dams release to manage water levels so they remain not too high and not too low.

Not so this year. Dams have generally been closed up tight to retain as much water as they can.

“We took those actions early in the summer, minimizing discharge” from dams, Dennis said. “There has really been nothing to do since, not much for dam operators to do.”

Greenan, too, said dams in the Belgrade area “have been closed rock-solid since the first week in May.”

“We’re trying to preserve the water we’ve got. There is only so much you can do,” Greenan said. “We’re doing our rain dances after midnight, but it’s not helping. It’s just Mother Nature.”

One benefit of the low water has been that water quality, as measured by its clarity or transparency, is way up in many lakes.

Dennis said with very little rain, there has also been very little runoff. And without much runoff, there is less soil erosion and less transport of phosphorous into the lake. And since algae in lakes need phosphorous, less rain generally results in less algae.

Greenan said testing done in a partnership with Colby College in Waterville on Friday on Long Pond indicated that water clarity was great.

Dennis said some water bodies, including Cobbossee Lake, are matching or exceeding their best water clarity readings since it has been measured, going back to the 1970s.

In addition to fish, low water levels can also impact wildlife on land.

Keel Kemper, Sidney-based regional wildlife biologist for state Inland Fisheries and Wildlife, said in general if you have less water, you also have less vegetation, and thus less for animals that eat vegetation to dine upon to survive. He said berry crops aren’t as robust as they might be in years with more rain. And he said when less natural food is available, you tend to see more conflicts between humans and animals, as animals seek out human-related food sources, such as bears going to bird feeders to dine.

“We’ve got a little spike in complaints about bears in bird feeders, deer in gardens, things like that,” Kemper said. “Having said that, Mother Nature is very bountiful. It’s not as if animals don’t have anything to eat. Maine lakes and ponds are certainly low, but it’s not like we’re in the plains of Africa with one watering hole that critters from 50 miles around come to use. You do see some concentration of wildlife, but no one is seeing die-offs of critters for lack of water here.”

Kemper said birds that nest on the ground, like grouse and turkey, were likely helped by the lack of rain because wet conditions make it harder for them to nest.

Even in areas of the state which saw stream levels rise recently, groundwater supplies remain between low and very low, including some southern areas of the state seeing record low groundwater levels, Stasulis said.

Stasulis said the ground is so hard and dry and vegetation so desperate for water that what rainfall there is gets sucked up by vegetation or runs off into streams, rather than adding to underground aquifers.

A well monitored by USGS at Viles Arboretum in Augusta since 2004 is about a foot lower than it has ever been recorded in August.

Recreation Beach

Recreation beach has deed restrictions that must be abided by, no exceptions. We have spoken to this before in the FINS. **No personal items including kayaks, canoes, or other small boats may be left overnight on Recreation Beach. FIPD will try to locate the owners and create a resolution for removal. If this process is unsuccessful DPW will remove these watercraft to a secure location at the transfer station.** If you own any of these watercraft, please remove now.

All Other Frye Island Community Beaches

"Canoes, kayaks, rowboats and paddleboats must be pulled up beyond sandy area, racked, or in designated areas only." The Beach Committee will have DPW remove any watercraft that violates the ordinance.

All beaches, Community Center, tennis courts, swimming pool, roads, and other Recreations areas (excluding the ball field) are the property of Frye Island Inc.

Swim Ropes

Our swim rope permits have been issued by the Department of Agriculture. The new swim rope legislation only allows the ropes to be a maximum of 50% of the lineal footage of the total beach length. We have adjusted our ropes to be in compliance with the law. Boats are not allowed on our beaches or tied to our trees on our beaches.

Frye Island Community Beaches

It has been brought to our attention that dogs are on the beaches during the day. Please obey the ordinance. No dogs are allowed on the beaches from 10am to 5pm.

Thirty Day Notices!!!

The notices for not paying your property taxes were mailed to delinquent tax payers on **August 22, 2016**.

On September 23, 2016 if your property taxes are not current, they will be filed with the Cumberland County Registry and liens will be applied. Please try to pay as soon as you can.

MSAD#6

MSAD#6 has retained a facilitator under Title 20A Section 1301 and that the District will be calling a meeting of municipal representatives to discuss the District’s cost sharing formula. As part of this process, the municipal officers of each town in the District are required to select two representatives at large who, along with one member of the district’s board of directors chosen by the board members of that municipality, will represent that municipality on the Section 1301 cost sharing review committee. Frye Island delegation will include Jim Moses (MSAD#6 Board member) Betsy Gleysteen (First Selectwomen), and Gary Donohue (Town Manger). A meeting date has not yet been announced. Even though this process has begun, Frye Island is still researching other options for the future of the community. I will keep you all informed as information becomes available.

LEA and Milfoil

I am pleased to report that the Lakes Environmental Association (LEA) has removed the bulk of milfoil. Our own diver Larry Pilotte has been working with volunteers on Wednesday’s to keep ahead of the invasive aquatic plant. I want to report that they have cleaned out Long Beach marina, Quail Circle and Moose Lagoon. Please be careful where you go with your water craft and check your props to help our Lake, Island, and Marinas stay milfoil free. Once again I want to

thank the tireless volunteers that have been working with Larry. Thank you one and all. Our diver Larry Pilotte is still working on Wednesdays 10-3 pm. Volunteers needed.

Larry's comment this week

Volunteer Mike Kaplan reported Quail marina needed attention near the roadway. Our volunteer team of Roxie and Phil Perry responded in assisting diver Larry with the in hand pulling of milfoil. Great team work as always! A welcome back to diver Chip McCarty who helped work on the project last year. He is vacationing on Island again and has volunteered his time in assisting diver Larry in the continuing efforts to get rid of the milfoil. Thanks Chip
Tel# 603 398 0833 email: divecon@juno.com. Volunteers can also call Roxie Olmsted (207) 210 2136.

LEA

The LEA is a nonprofit organization that works off donations. They have done a wonderful job for the Lakes Region and also are friends of Frye Island. Please make a donation to keep this organization healthy.
<http://www.mainelakes.org/donate/>

Board of Appeal Volunteers

Any members whose terms have expired need to let the Administration know they are willing to continue. On Saturday August 6th the Planning Board held a meeting and I am pleased to announce we presently have a full board and alternates. I want to thank all the folks that participated in the meeting and signed up to volunteer to continue to serve.

Town Office Hours

The office will be open Tuesday thru Saturday from 9 am to 3 pm. Please take advantage of the available on-line services to help keep the line short in the office during high season.

If you have a brand new registration for a boat, car, golf cart or trailer, please try to come during the week when the office is not as busy. Call ahead to be sure you have all the proper documents and discuss with the office staff the possibility of an appointment time to complete the new registrations. A new registration can take more than an hour and you may be asked to leave copies of your documents for the registration to be completed and picked up later in the day or another day.

Transfer Station Hours

Wednesday, Saturdays, and Sundays 10am-6pm

Holiday Mondays 10am-6pm

Code Enforcement Officer

John Thompson

Tuesdays and Thursdays

8:00am – 3:00pm codeenforcement@fryeislandtown.org

Refrigerator Magnets E911 Address

If you don't have a refrigerator magnet with your E911 address and street address on it, please come to the office to get one. It is very important that everyone in your house knows your E911 number and street name. When calling in for an Emergency, you **MUST** give both. It is also helpful if you can refer to the closest landmark such as Beach # or crossroad. An example would be E911 address 10 Harbor Road (need to give street name) Lot address is 1554.

Post Office Mail

To receive your forwarded island mail, please use your lot number and island street name. Do not use the Town Office (1 Sunset Road).

Ferry Ride Requirements

To pay the toll on the ferry you need an E-Z Ride card, a paper ticket, an emailed ticket, or a picture of the E-Z ride card. The ferry employees are not responsible to type in numbers or take verbal requests to use another party's card for passage in any situation. Please provide family, guests, and any vendors you have with one of the above tools for ferry passage.

Contact Information

The Administration is trying to update the Island email addresses. Please either stop in or email your current email address, name, and telephone numbers to Marie Tedford, Town Clerk at townclerk@fryeislandtown.org. This will allow us to reach you with any pertinent information year round. **Please take note of the new email addresses for Town employees, they all end in fryeislandtown.org.**

Gary Donohue, Town Manager

Frye Island Public Safety Committee Wants Input

As you may know, the Frye Island Public Safety Committee (PSC) has been formed to make fact-based recommendations on how to approach EMS, Fire, Police and related services going forward. The PSC has been trying actively to learn in detail how services are delivered now, what, if any, issues exist, and the types and levels of services that might best fit the Island's needs and budgets. The meetings are public, times are posted on the website, and everyone is invited to attend or call in. We know that many Islanders may not be available when the meetings occur, or don't want to spend their free time in meetings, but the committee wants input from as many islanders as possible. Please email the committee at members-public-safety@fryeislandtown.org, to give us your thoughts on what we should understand or consider about the islands public safety needs and services. Please include your name and lot number. We will also be doing some short web-based surveys as well and would like as broad a response as we can get. You can access the Town website at <http://fryeisland.com>. Thanks, Frye Island Public Safety Committee



Meetings.....Please check the Town Website for additional information and changes

BOS/ExComm Meeting – Executive Session Sat., Aug. 27 8:00-10:00am New Town Hall

Public Safety Committee Tues., Aug 30 4:00-7:00pm New Town Hall/Conference Call 641-715-0700 Code 422432.

Recreation Commission Tues., Aug. 30 7:00pm Recreation Center Call 1-641-715-3580 code 924264.

Frye Island Inc. Annual Meeting Sat. Sept. 3 9:00-9:30am. Frye Island Inc. will hold their annual stockholders meeting at 9am, Saturday, September 3, 2016, at the Community Center. Please attend. Agenda: Recap of year and future plans, Financial Report and Budget, Election - Board of Directors - all current Board of Directors (Ed Charrette, Eric Gleysteen, Lewis Stone, Nancy Donio, Neill Bovaird, Jacque Ossi) have consented to serve another year. Anyone else interested, please submit your name at the town office.

Budget Public Hearing, BOS/ExComm Meeting Sat. Sept. 3 9:30am-12:00pm, New Town Hall/Conference Call 712-770-4010 code 542567.

Planning Board Hearing Meeting Sat., Sept. 3 12:30-1:30pm New Town Hall/Conference Call 712-770-4010 code 542567.

Public Safety Committee Tues., Sept. 6 4:00-7:00pm New Town Hall/Conference Call 641-715-0700 Code 422432.

BOS/ExComm Meeting Sat., Sept. 17 9:00-11:00am New Town Hall/Conference Call 712-770-4010 code 542567.

BOS/ExComm Meeting Thurs., Sept. 29 7:00-9:00pm New Town Hall/Conference Call 712-770-4010 code 542567.

Town Meeting Sat., Oct. 8 9:00-12:00pm Community Center

How to find Information related to Board of Selectmen/Executive Committee Meetings

All information regarding Board of Selectman/Executive Committee Meetings can be found on the website fryeisland.com. See the Public Meeting Calendar on the right hand side. Click on the time of the meeting you are interested in, click more details, and then click the Agenda attached. If you are interested in more information on the Board of Selectman/Executive Committee Meetings, click on the "Public Documents Folder" at the top right, above the calendar. You can find various information, such as Minutes, Meeting Recordings, and Agendas. If you would like to contact the Board of Selectman/Executive Committee, emails can be sent to the full Executive Committee at frye-island-excombos@googlegroups.com.

Long Beach Marina and Quail Circle

The Long Beach Marina and Quail Circle are full this year other than 2 general slips with weekly rentals at Long Beach. Please be sure to put your Marina Sticker on your boat. We will be towing squatters. If you rent out your slip, whether yearly or temporarily, please notify the Town Office with a letter stating the person renting, a phone number for them and your slip #. Your renter will need a Marina Sticker also.



	Ferry	655-4258	8/26/16-	9/02/16
		First Ferry		Second Ferry
Friday	8/26	7 AM-12 Mid		9 AM-10 PM
Saturday	8/27	7 AM-12 Mid		10 AM-6 PM
Sunday	8/28	7 AM-10 PM		9 AM-8 PM
Monday	8/29	6 AM-10 PM		9AM-5 PM
Tuesday	8/30	7 AM-10 PM		9 AM-5 PM
Wednesday	8/31	7 AM-10 PM		9 AM-5 PM
Thursday	9/01	7AM-11 PM		9 AM-10 PM
Friday	9/02	7 AM-12 Mid		9 AM-10 PM

Frye Island Triathlon – “The TriFrye”



Sunday, September 4th @ Noon

The Recreation Committee will hold an informal triathlon on Sunday, September 4th at noon. The event is open to participants of all abilities, including those who would prefer to kayak, SUP or snorkel instead of swim.

This is meant to be a fun event and people are encouraged to participate either individually or as teams. We would especially like to see even more family teams this year.

The two transitions will be at Beach 6 but the start will be at Beach 5. The order of events is Swim, Bike, Run. The swim leg will be from Beach 5 to 6 (1/3 mile). And then there will be a 6 mile bicycle ride around the island followed by a 3 mile run. Participants are expected to time themselves.

New this year, will be a special identification and recognition for those who enter the event as a “purist” (meaning no assistance other than one’s own body strength during the swim leg). Self timing and monitoring is still required for this category as well. Please arrive at Beach 5 at 11:45 so we can start the event on time.

PARTICIPANTS - There is no registration nor entry fee - just show up, participate and have fun.

VOLUNTEERS - We need a minimum of 6 kayakers and SUPer’s to spot and watch the swimmers during the swim leg. Please contact Patti Brown for any questions or to volunteer at pattibrownre@gmail.com

SPECTATORS - The best place is at Beach 6 to watch the end of the swim leg, transition from swim to bike and bike to run and then the spectacular FINISH! Come cheer on your fellow islanders!

The Fitness Center

Welcome to The Fitness Center. We are located on the second floor of the Community Center. When the Community Center is closed please access The Fitness Center via the staircase on the left side of the building.

This weekend, August 27/28th, will be the final weekend to have evening hours. Going forward The Fitness Center will only have morning hours. This is based on usage so **PLEASE** let us know if these hours do not work for you, especially if you have purchased a season pass; if you have purchased a pass you deserve access!!

The current spin schedule is Monday, Wednesday, and Friday at 7:15 am. Sign up is located on the door to The Fitness Center.

The **spin schedule** will change to Monday, Thursday, and Saturday at 7:15 am starting August 29th.

The Current Hours:

Monday, Wednesday, and Friday	7-11:00 am
Tuesday and Thursday	9-11:00 am
Monday to Saturday	4:15-7:00 pm **New Hours**
Sunday	3-6:00 pm

Please stay tuned to the hours changes in the FINS!!

Fee Schedule:

5 Day Punch Pass Does Not Expire	\$ 30.00
One Day Drop In	\$ 10.00

10 Spin Classes Does Not Expire with any of the above memberships one day drop in for spin \$5 with any of the above memberships	\$ 30.00
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Please remember The Fitness Center is a **non-profit mutual benefit** operation. All of the fees will be used to cover expenses and make improvements. **Please feel free to volunteer to help staff The Fitness Center, this will help keep costs down and you can workout at the same time!!**

Mark your calendars.....Dinners and Upcoming Events at the Leisure Lounge
Come meet your fellow islanders! All are welcome! (more details to follow as event nears)

September 3	Ice Cream Social
September 17	Italian Dinner
October 22	Chili Cook Off
October 30	Last Supper



Ice Cream Social



Frye's Leap General Store and Café

655-4256

The trivia season is officially wrapped up and congratulations to Frye Island Fitness for capturing the overall season crown for trivia. Job well done! Thanks to everyone who participated throughout the season, we hope that you all had fun. And a special thanks to all of our guest hosts for putting in the time to develop 4 rounds of questions. We could not do it without your help!

Well things are starting to slow down as the summer season heads into its final couple of weeks. Our staff has started to thin out and with that we will be thinning out our weekday hours. After this weekend, effective Monday August 29, we will reduce our café hours. We will open for lunch at 11:30am and then we will remain open until the early evening, approximately 7:00pm. Business activity level will be used to determine the actual closing hour. These hours will be in effect for Monday the 29th through Thursday September 1 (this week was VERY slow last year). And as we reduce our hours, you will also find that some of your menu favorites start to disappear as well, particularly some of our seafood offerings, as we have started to limit the ordering of key perishables. Keep an eye on our Facebook page and the FINS for ongoing schedule updates regarding the café hours.

In the store we are also in the "wind down" time of year and many items will not be replenished as they are sold out. We will continue to do our best to stock the basics such as dairy products and non-perishables up to the end of the season but other items will become limited. We apologize in advance for any inconvenience that might cause. We will do our best to maintain the inventory of key basics! Our clothing inventory is starting to get a little low in some areas too but there still is plenty to choose from, including sweatshirts for those cool fall nights. And we have plenty of Frye Island blankets that make a great gift to send off with your college bound student. Out on the deck in front of the store, in addition to a rack of some of our most popular items, we also have a table of sale items with shirts and sweatshirts from prior seasons. These items have been marked down 25% and more in some cases. Be sure to take a peek when you are down at the store. You never know what you might find!

Even as we wind down, we will continue to have live music at the café during the weekend on Friday and Saturday night, weather permitting. And if you enjoyed our Frye'PA, be sure to come down soon! We are winding down our inventory of our "home brew". For breakfast on the weekends we are serving breakfast sandwiches, breakfast tacos, yogurt parfaits and fruit cups as well as some freshly baked goods.

Looking beyond Labor Day and towards Columbus Day, here comes Frye't Fest! It was a great family event last year and we are working with the town Recreation Committee to make it as good or even better this year! Stay tuned for more info!

Wrapping things up, our schedule for the store this week is as follows (weather permitting).

Friday and Saturday	8:00am	10:00pm
Sunday thru Thursday	8:00am	8:00pm

For the café, our hours for this weekend and the following week are (weather permitting).

Friday	11:00am	9:30pm
Saturday	8:00am	9:30pm
Sunday	8:00am	8:30pm
Monday thru Thursday	11:30am	7:00pm'ish

Ice cream will be open daily, staffing and weather permitting. We will do our best to get someone in there to scoop ice cream!

We look forward to seeing you down at the store and cafe!
The Frye's Leap Team



Frye Island Fire & EMS Department

**Robert E Boyd Jr, Fire Chief
Cathy Gosselin, EMS Director**

Fire Department Contact:

Fire Barn: (207) 655-8618

Dispatch/Non-Emergency (207) 893-2810

To Report Fire or Medical Emergency: Dial 911



Thanks to EMS Director Cathy Gosselin who recently provided CPR certification training for FIFD members. Over the course of this summer, she also provided CPR training to the office staff, recreation committee and other interested islanders. What a great benefit to living here on Frye Island, and a great opportunity to learn such a useful skill!



www.shutterstock.com - 305129843

Help support your volunteer fire department – buy a Frye Island Fire Department T shirt. Email

fifd.association.treasurer@gmail.com, or contact anyone on the fire department. We have youth sizes XS, S, and M for \$8, and adult sizes S, M, L, XL and XXL for \$15. They make great gifts!



Would you like some old/used fire hose to use on your dock? Protect your boat from those large Sebago waves? FIFD has tested all our hoses, and these are no longer usable. They are free for the taking, behind the fire barn. First come, first served!

In an emergency the Vial of Life will speak for you when you can't!

What information does the Vial of Life hold:

A Vial of Life form with your name, date of birth, primary doctors information, medical history, current medications, allergies, etc. This is stored in a baggie on the front of your refrigerator door or in a vial in your refrigerator.



Frye Island EMS is offering the “Vial of Life” program to the island residents. The Vial of Life is designed to speak for you when you can't speak for yourself. The vial contains important medical information that can assist emergency personnel in administering the proper medical treatment.

If you would like to use the Vial of Life call Frye Island EMS Department at 655-8618 for a rescue member to visit your home and help you complete the Vial of Life.

Blood Pressure:

The EMS crews will be doing blood pressure checks on Monday/Wednesday/Fridays from 10 AM to 11 AM down by the Café. Feel free to stop by and have your BP checked!

Emergency Medical Responder Class – The Frye Island EMS division would like to have more folks on the island trained to assist the EMS crews on emergency medical calls. We are looking to find out if there is enough interest to host an Emergency Medical Responder class (EMR) this summer. The class is a 54 hour class and we will schedule it if we get enough interest. As an EMR, you would be licensed with Maine Emergency Medical Services and would be able to work on the rescue underneath the guidance of an EMT. The class would consist of training on basic first aid, splinting, wound care, controlling bleeding, human anatomy, medical diseases and more. If you are interested, please email the EMS Director, Cathy Gosselin at cathy.gosselin@fryeislandtown.org.



Activities & Recreation

Recreation Director: Anna Donio
Chair Person: Nancy Donio
Community Center (207) 655-3893

Message from Recreation Director

Hi everyone! Hope your summer is as awesome as ours. Come on down to the Recreation Center. We've got lots of ceramics and crafts for your kids to make. Have a toddler who loves to play? Come and check out our brand new toddler room! Also, come down to our special events listed below. Some updates for this week include:

-**Note:** The Scarf and Headband Making Event has been canceled and will not be rescheduled. Sorry for any inconveniences.

-**Note:** This will be our last Candy Bar Squares, Tuesday, August 30th, at the Community Center.

-Recreation's Annual Meeting is Tuesday, August 30th, at 7pm.

Hope to see you all there!

BINGO

Come on down Monday Nights, beginning at 7pm to play Frye Island's favorite game! You must be 16 years or older to play.

Candy Bar Squares

Come on down to the Recreation Center and play some Candy Bar Squares on Tuesdays, August 30th, beginning at 7pm. Admission is 1 candy bar per person, or you may purchase a candy bar at the Recreation Center for 75 cents.

Capture the Flag

Capture the Flag is back on this week! Come on down to the baseball field Saturday night, and play! There are two versions, Younger Kids and Older Kids. You must be 14 or younger to play in Younger Kids and 10 and older to play in Older Kids. The times are as follows: Younger Kids 6:30-7:15pm. Older Kids 7:15-8pm.

Pickleball Play

Come down to the courts by the pool at Lancaster Loop every Monday, Wednesday, Friday, and Sunday Morning. Play starts at 8:30am with set up before. Come and have fun and get a little exercise!

Teen Party

Tired of your teens lounging around on Labor Day Weekend? Have them come down to our Teen Party! It will be Friday, September 2nd, from 8:30-10:30pm. We will be serving mixed soft drinks, pizza, food, root beer floats, and more! We will also have music, a photo booth, games for everyone to enjoy! Admission cost \$2 a person. Hope to see you there!

Scarf and Headband Making

This event is cancelled due to not enough attendance.

Bridge Club

If you enjoy playing bridge in a relaxed atmosphere, the Frye Island Bridge Club might be just what you are looking for. Wednesdays at 1:00pm at the Golf Clubhouse is the place. We'll leave a note on the door if a cancellation or change of meeting place needs to be made. All levels of players invited.

Swimmers Wanted

Starting Sunday, June 12, we will be swimming at 7:00am or evenings. Want to improve your stroke and have fun? Call Roxy 207-210-2136. We'll swim from different locations.

Windham Food & Clothes Pantry

Please drop all your non-perishable goods and clothing at the bin located next to the Post Office near the Ferry Landing. All donations will be appreciated and taken over to Windham on a weekly basis. We are more fortunate than so many others and it can be our small way to give back to our fellow communities.

FRYE ISLAND 1ST PICKLEBALL CHAMPIONSHIPS



MEN'S DOUBLES
Rich Soucy & Wayne Hingston



WOMEN'S DOUBLES
Kathy Hingston & Stephanie Stone



MIXED DOUBLES (under 50)
Craig & Katrina Dugan



MEN'S SINGLES
Rick Rokes



MIXED DOUBLES
Stephanie & Lou Stone



Congratulations to all of the participants. It was a fun morning!



Group Fitness Classes – Marilyn Sullivan, R.N., PT

LAST CLASS IS MONDAY, AUGUST 29TH. Spending the summer on Frye Island or just visiting? Come join us for a fun workout and meet fellow islanders! We start the class with a warm up to cardiovascular exercise/ Zumba dance, muscular toning & cool down with yoga stretching. Everyone will benefit and it is a great way to start your day! Meet us at the Community Center every Monday, Wednesday & Friday at 9-10 AM for just \$7.00 a class or join for the session. Please bring a water bottle, mat or towel. Hope to see you there! Marilyn Sullivan, RN, PT 1-603-548-7978.



Book Club

Book group selections for summer, 2016

Aug. 29 - THE BOYS IN THE BOAT by D. J. Brown

The Frye Island Book Group welcomes all on the island. We meet at 7:30 P.M. in the Library at the Community Center.



Ladies Golf Scramble

Tuesdays, 9:15am Sign up 9:30 Tee off.

Open to all women golfers. A formal handicap is not required. We will place you on a team each week. Come and join the fun and fellowship through golf. A beautiful fall day! Played for putts. Winner: Sylvia O'Connor. Dianne Gleeson birdied the fourth hole from well off the green. (0 putts.). The Tuesday after Labor Day will be the last Ladies Golf Scramble. I have tried to provide an opportunity for the women on Frye Island to meet and enjoy friendly competition while playing golf. Personally, I have enjoyed the company of many women I might never have met otherwise. Thank you for your support through these many years.

Nancy Perry



Frye Island Chapel

Services every Sunday 9:00 AM in the Upper Room of the Community Center. *All are welcome. Dress is casual.* You are cordially invited to attend our weekly non-denominational services. Chaplains: Rev. Theodore Ekholm and Rev. David DeLuca.



MAH JONGG

Please join us for MAH JONGG. Monday's @ 9:30AM at the Clubhouse. Thursday's @ 12:30 at the Clubhouse. In case of rain we will play at the Community center or at someone's home. Any newcomers, we will be happy to help you learn the game. Any thoughts or questions call Carol Stenz @ 207 655 4041 or Eileen Sullivan @ 207 655 4950

Garden Club

We want to thank our Saturday cleanup crew! We appreciate the new helpers and their hard work.

We also want to thank the DPW for the constant support in helping to keep our island beautiful. We couldn't do some of this work without their help!

The Bobbex is now being sold by Carol Stenz (207) 655-4041 if you need to keep those deer away from your flowers.

Frye Island Community Garden- Interested in a plot in a Frye Island Community Garden? Sunshine, outside fence....near Rec Beach & Chimney. Sign up in the Town Office if interested.

Community Center Open Every Day 10:00-4:00pm						
AUGUST						
						Sat
						27 Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm
Sun	Mon	Tue	Wed	Thu	Fri	Sat
28 Chapel 9:00am	29 Fitness Class 9-10am BINGO! 7-9pm	30 Rec Commission Meeting Library 7:00pm Candy Bar Squares 7-8pm	31	1 SEPT	2 Teen Party 8:30pm-10:30pm	3 Community Center Open 10-2pm Community Center Clean Up 2:00-4:00pm
4 Chapel 9:00am Community Center Open 10-2pm Community Center Clean Up 2:00-4:00pm FRYE TRIATHALON 12 noon start	5 LABOR DAY CLOSED	6	7	8	9	10



LEISURE LOUNGE (Next to Pro Shop) 207-655-3551

Monday - Thursday: 8:00AM – 8:00PM

Friday – Saturday: 8:00AM-Midnight

Sunday: 7:30AM – 8:00PM

OPEN TO THE PUBLIC

SPORTS FANS COME WATCH THE BIG GAMES ON OUR TWO FLAT SCREEN TV'S



Our lounge offers a full bar with wine, bottled /draft beers and a limited appetizer menu for those looking for a light snack. For those younger at heart, try our Root Beer Floats with vanilla ice cream.



Willie Campbell, Todd Keigwin, Mark Thomas, Mike Daigle, and Bruce Nisula for their help with this past Sunday's Brunch.



FRYE ISLAND GOLF CLUB 1 FAIRWAY LANE

207-655-3551

Hours of Operation:

8:00 AM – Dusk (Monday-Saturday)

7:30 AM – Dusk (Sunday)

Twilight after 5:00 PM

Annual Membership Fees

One time Initiation Fee \$540.00

Individual Memberships \$710.00

Family Memberships \$1050.00

Trail Fee \$225.00, each additional cart \$125.00

Golf Fees

Golf Carts – per golfer rates

	<u>9 Holes</u>	<u>18 Holes</u>	<u>Other*</u>
Weekday Youth (16 & Under)	\$12.00	\$12.00	
Weekend Youth (16 & Under)	\$22.00	\$22.00	
Weekday Adult	\$21.00	\$28.00	
Weekend & Holiday Adult	N/A	\$37.00	
Twilight – Weekday Adult	\$21.00		
Twilight – Weekend Adult	\$24.00		
<u>3 Day weekday Pass</u>			\$65.00
<u>Week-long Unlimited Golf Pass</u>			\$160.00
<u>Sunday Morning Scramble</u>	\$21.00		

	<u>9 Holes</u>	<u>18 Holes</u>
Pull carts	\$4.00	\$4.00
Gas carts	\$16.00	\$26.00
Personal Cart (no Trail fee)	\$10.00	\$20.00
Club Rental	\$12.00	\$12.00

Check us out on Facebook (<https://www.facebook.com>)

We now have presence on Facebook. Whether you are a Member or just enjoy playing golf from time to time, we'd love you to join this group to keep abreast of activities, find someone to play a round, or even see which tournaments are coming up.

Sunday Scramble: The Sunday scramble is open to players of all levels (sign up at the clubhouse). Come meet other golfers or guests from the island in a pressure free / relaxed environment. Sign-ups are as follows: Morning Scramble: Tees off at 8:00am, sign up from 7:30am – 7:45am.

Scramble Results August 21, 2016

1st Place (-6) \$44.00 each:
 Paul Murphy
 Mike Newburg
 Jack Finnagin
 Mike Daigle

2nd Place (-5) \$19.00 each:
 Greg Tedford
 Bruce Nisula
 Jack McKee
 Spencer McKee

Closest to the Pin \$25.00 each
 #4 Paul Murphy
 #8 Bruce Nisula

President’s Cup Golf Tournament Results

	<u>Men:</u>	<u>Women:</u>
1 st Place- \$75 each	Mark Thomas	Judy Burgess
2 nd Place-\$60 each	Joe Bishop	Karen Spring
3 rd Place-\$50 each	Tony Solis	Betty Anson
4 th Place-\$40 each	Bruce Nisula	Kim Helbick
5 th Place- \$27.50 each	Jack McKee	Laura Davis

Club Championship:

Congratulations to the following who have made it to the semi-final match:

Men:	Women:
Tom Bishop-Tony Solis	Marlene Wilson-Elizabeth Anson

Congratulations to following who have now qualified to play in the final match:

Men: Peter Boyd	Women: Theresa Hodge
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UPCOMING GOLF TOURNAMENTS

September 10 - 11	Sebago Lake Great Escape
September 24	TKE Fall Classic
October 18	Captain’s Choice
October 22	Cross Country

GOLF DRIVING RANGE AND PRACTICE PUTTING GREEN UPDATE

I want to thank the following Islanders who made contributions and pledges this week. Greg and Marie Tedford, Bob and Margaret Miner, Bruce Nisula, Todd and Cate McKee, Bob and Maura Bullock, Mike and Anne Hurley, Tony and Sandra Solis, Mike and Marcy Morrill, Jeff and Cecelia Inman, Karen & Matt White, Talvy Electric (Pete and Nancy) and Ed and Maria Charrette. It was a good fund raising week. Additionally I want to again make a very special thank you to Dale Freschette and Jon Hartman for all their efforts helping me oversee this significant project. I feel honored to having these men help me and all of us. Also thanks to John Crosby and Willie Campbell who will be donating a significant number of golf balls. We saw this collection of balls this week and it will certainly provide us with probably half of the balls we will need for the Project.

I would like to ask all of my fellow Islanders to support this project! This week we made significant progress at the site. We spent 4 days blasting away ledge to improve the driving range site lines. We started the grading process on the front and the back of the range. We began moving large pieces of beautiful ledge to construct the tee area platform. We cleaned up old stumps in the clubhouse back area. Next week we hope to complete most of the grading. Planning has begun for the range irrigation system and hydro seeding. A professionally done virtual reality video was donated by a landscape design and construction firm showing in detail how special and unique the backyard of the clubhouse area could become! Please take a look! This is our ultimate goal and vision of what the backyard area of the clubhouse could become for club members and most of all for all islanders and their children! How far we go with this project is purely a function of how much money we raise! Please take the time to review this video! Imagine another daytime and evening social area on the island we can all be proud of.

Many who saw this video this week on the island told us with a recreational facility like this they would consider joining the club. Some people asked about social memberships. Children who saw this video became excited about the range the putting green and how much fun daytime and evening family activities at the club might be. The you tube link for this video is <https://www.youtube.com/watch?v=wLB2uZX0sEc> . The video shows what the backyard space could look like during the day and then at night. I hope it will inspire all of you to come up and see what progress we have made and

make a donation. I am happy to discuss and review this project with anyone during the week or on the weekend. If you have any problems with this video link email me at my email address below and I will send you the link.

Besides pure financial support we could use a hand in fundraising! We also plan to have a few days devoted to clearing small rocks from the entire range area. We are looking for fellow islanders and club members to volunteer to help for 4 to 5 hours a few days during the week and for one big clean-up day either on the Saturday or Sunday after Labor Day. We will make those days fun so sign up in the clubhouse if you are willing to help us. Bring your kids along to help! This project is mostly for them! Anyone who would like to help me in the fundraising efforts feel free to call me at 401-439-1060 or email me at alanw155@aol.com or see Jack Mckee.

This week we will also place big 5 gallon buckets at the club for range ball donations. For all of you who have lots of balls please donate some of your stash to the range. We know there are many of you out there with lots of Balls!!!!---so help us out and put them in the big blue buckets at the club.

We have begun actively to look for a golf pro or an apprentice pro to come to the island next year to conduct individual and group lessons at the club! For all of you who would like to learn the game but are intimidated or nervous about learning the game on the course this would be the perfect opportunity not only learn the game and then become an active golf member.

Please also remember to put June 24th of 2017 on your calendar. It is the date for "A Party with a Purpose" which will be a fund raiser for this project featuring the Southern Drawl Band a nationally acclaimed trop rock and country band from Tennessee. Posters for this event can be found at the club and at the office.

Last but not least for those of you who believe in this project and have given money to support it, encourage your Island neighbors and other golf members to give. If we all help, the heavy lifting will be easier and we will all have a new attraction on the island we can enjoy and be proud of!

A donation form for this project again accompanies this update in the FINS this week. Contribution forms and donations can be found or made in the office, the golf club house or by seeing Todd Keigwin or by stopping by at my house at 281 Leisure Lane. Thanks for everyone's support! Alan Ross

**FRYE ISLAND GOLF RANGE PROJECT
PLEDGE AND CONTRIBUTION FORM
THANK YOU FOR MAKING A PLEDGE FOR THIS PROJECT!**

The Golf range and practice putting green will be a great place for all Islanders to enjoy and will promote the long term viability of the golf course, club and as a premiere place for island social events. It will be a place for Islanders to improve their game, provide a real place for golf lessons, will be a real attraction for those looking for something to do who are not golfers, will be a means to keep practice sessions off the course and will provide ancillary income to the golf club for driving range ball sales and more golf club food and beverage sales.

Most importantly for all who have been planning this project it will be a great place for the youth on our island to learn the game and have some fun. It will be a great place for them to spend quality recreation time and young golfers and their families will insure the long term viability of the Golf Club.

The suggested donation levels are as follows. The project has the Town's support. The suggested giving levels are noted below. Please circle the amount of your pledge and write a check to The Town of Frye Island and in the notation portion of the check write "Golf Range Project". Drop off with me, town hall or mail to 1 Sunset Road, Frye Island, ME 04071

Donations Plaque Giving Levels

Diamond - \$10,000, Platinum - \$5,000, Gold - \$3,000, Silver - \$1000, Bronze -\$500

Other Donation Levels

Emerald - \$300 Other Donation Amount _____

Donation Restrictions

1) The monies collected for this project will be deposit in a separate town cash account restricted for the specific purposes of this project as defined above. It is our understanding that these funds will not be commingled with other town funds.

2) If funds raised remain after the completion of the aforementioned projects the funds may be used on other additional new amenities which enhance the overall golf club experience. The funds cannot be used for any golf club or town maintenance project or be consumed in any operations of the golf club.

3) The project Leaders will work with the town accountant and we will jointly maintain records of all revenues received and all expenditures made on the aforementioned project.

If you want to contact me about the project or to make a pledge my email address is driving-range-donation@fryeislandtown.org and my telephone number is 401-439-1060. Better yet stop by and see me at 281 Leisure Lane. Thank you in advance for your support – Alan Ross

Donor Name _____ Mailing Address _____
Donor Signature _____ Date _____