

Frye Island News Service

Volume 2016, Issue 16

TOWN HALL 655-4551

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August 19, 2016

FAX 655-3422

WANTED - PRO SHOP AND LOUNGE MANAGER

This is a full time position that starts shortly before the island opens and ends shortly after the island closes. We hope to fill this position with an Islander and will not advertise outside for a week or two in hopes of filling the position here. If you are an organized person who enjoys working with people this may be the perfect job for you.

The basic responsibilities are detailed below. If you think you may be interested please see the Island Manager, Gary Donohue, who can provide you with more detailed information.

RESPONSIBILITIES

GENERAL

- Responsible for Pro Shop and Lounge Operations.
- Supervise and control all expenses associated with the pro shop and lounge including payroll and supplies.
- Works closely with the General Manager and Golf Committee to operate the pro shop and lounge in a fiscally responsible and professional manner.
- Supervise the daily condition, appearance and maintenance of the pro shop and lounge.
- Administer and enforce club policies as put forth in the Policy Handbook
- Open the Pro Shop/Lounge at the beginning of the season.
- Close the Pro Shop/Lounge at the end of the season.

STAFF

- Hires, trains, schedules, and supervises the pro shop and lounge staff.
- Sets the hours for the various shifts by day and season
- Oversees subordinates in proper and safe operation of all pro shop and lounge activities.

PRO SHOP

- Sell and display merchandise as needed.
- Price merchandise competitively and display merchandise attractively.
- Order merchandise as required. Responsible for inventory controls, checking-in merchandise in accordance with procedures, organization of storage and display areas are maintained.
- Prepare special orders and ensure catalogues are available.
- Maintain sign-up sheets, collect fees for golf tournaments and special events
- Maintain a list of golf course members and charter members.
- Maintain a tabulation of credits earned for pro shop merchandise.
- Ensure the golf carts are secured at the close of business each day.

LOUNGE

- Ensure staff is properly trained regarding Maine state requirements associated with lounge operations.
- Provide assistance to the social activities coordinators.
- Order and maintain appropriate inventory of alcohol, soft drinks, snacks, food and cleaning materials as required.

Manager's Comments

On Wednesday, August 24th (weather permitting) we will only be running one ferry.

Fairpoint Communications will be renting our vessel to install the submarine cable for the islands new fiber optic system.

Procedure for Emergency Medical Services

When the need arises for EMS, Emergency Medical Services, please call 911 immediately. Our dispatch center is Cumberland County Regional Dispatch Center located in Windham and the dispatcher, after getting vital information, will contact the EMS crews for both Frye Island and Raymond Rescue to respond via the radio system. The ambulances will respond directly to the scene where needed. Please do not drive the patient to the Fire Barn or the ferry landing as the crews may be on the road doing driver training or at a community event.

In an emergency, please call 911 as soon as possible and give your new 911 address number and street name to the dispatcher! Not sure if you really need 911? Call anyway! The EMS crews will respond and help you with the medical situation and direct you to what medical care is needed!

Thirty Day Notices!!!

The notices for not paying your property taxes will be mailed to delinquent tax payers on **August 22, 2016**. Please, if possible remit your taxes before these notices are mailed to you certified. The added costs will be placed on your accounts.

Swim Ropes

Our swim rope permits have been issued by the Department of Agriculture. The new swim rope legislation only allows the ropes to be a maximum of 50% of the lineal footage of the total beach length. We have adjusted our ropes to be in compliance with the law. Boats are not allowed on our beaches or tied to our trees on our beaches.

Frye Island Community Beaches

It has been brought to our attention that dogs are on the beaches during the day. Please obey the ordinance. No dogs are allowed on the beaches from 10am to 5pm.

Driving Range (Golf Course)

This project is off and running. A driving range at the Golf course is a great idea. This project is being created strictly through donations. If you would like to donate to this project you may do so at the Town office.

Recreation Beach

Recreation beach has deed restrictions that must be abided by, no exceptions. We have spoken to this before in the FINS. **No personal items including kayaks, canoes, or other small boats may be left overnight on Recreation Beach. FIPD will try to locate the owners and create a resolution for removal. If this process is unsuccessful DPW will remove these watercraft in one week to a secure location at the transfer station. (This is the second week of notice to residents)**

If you own any of these watercraft please remove as soon as possible.

All Other Frye Island Community Beaches

"Canoes, kayaks, rowboats and paddleboats must be pulled up beyond sandy area, racked, or in designated areas only." The Beach Committee will have DPW removing any watercraft that violates the ordinance.

MSAD#6

MSAD#6 has retained a facilitator under Title 20A Section 1301 and that the District will be calling a meeting of municipal representatives to discuss the District's cost sharing formula. As part of this process, the municipal officers of each town in the District are required to select two representatives at large who, along with one member of the district's board of directors chosen by the board members of that municipality, who will represent that municipality on the Section 1301 cost sharing review committee. Frye Island delegation will include Jim Moses (MSAD#6 Board member) Betsy Gleysteen (First Selectwomen), and Gary Donohue (Town Manger). Our first meeting will be scheduled shortly. Even though this process has begun, Frye Island is still researching other options for the future of the community. I will keep you all informed as information becomes available.

LEA

The LEA is a nonprofit organization that works off donations. They have done a wonderful job for the Lakes Region and also are friends of Frye Island. Please make a donation to keep this organization healthy.

<http://www.mainelakes.org/donate/>.

LEA and Milfoil

I am pleased to report that the Lakes Environmental Association (LEA) has removed the bulk of milfoil. Our own diver Larry Pilotte has been working with volunteers on Wednesday's to keep ahead of the invasive aquatic plant. I want to report that they have cleaned out Long Beach marina, Quail Circle and Moose Lagoon. Please be careful where you go with your water craft and check your props to help our Lake, Island, and Marinas stay milfoil free. Once again I want to thank the tireless volunteers that have been working with Larry. Thank you one and all.. Our diver Larry Pilotte is still working on Wednesdays 10-3 pm Volunteers needed. Tel# 603 398 0833 email: divecon@juno.com. Volunteers can also call Roxie Olmsted (207) 210 2136

Board of Appeal Volunteers

Any members whose terms have expired need to let the Administration know they are willing to continue. On Saturday August 6th the Planning Board held a meeting and I am pleased to announce we presently have a full board and alternates. I want to thank all the folks that participated in the meeting and signed up to volunteer to continue to serve.

Town Office Hours

The office will be open Tuesday thru Saturday from 9 am to 3 pm. Please take advantage of the available on-line services to help keep the line short in the office during high season.

If you have a brand new registration for a boat, car, golf cart or trailer, please try to come during the week when the office is not as busy. Call ahead to be sure you have all the proper documents and discuss with the office staff the possibility of an appointment time to complete the new registrations. A new registration can take more than an hour and you may be asked to leave copies of your documents for the registration to be completed and picked up later in the day or another day.

Transfer Station Hours

Wednesday, Saturdays, and Sundays 10am-6pm
Holiday Mondays 10am-6pm

Code Enforcement Officer

John Thompson Tuesdays and Thursdays 8:00am – 3:00pm codeenforcement@fryeislandtown.org

Refrigerator Magnets E911 Address

If you don't have a refrigerator magnet with your E911 address and street address on it, please come to the office to get one. It is very important that everyone in your house knows your E911 number and street name. When calling in for an Emergency, you **MUST** give both. It is also helpful if you can refer to the closest landmark such as Beach # or crossroad. An example would be E911 address 10 Harbor Road (need to give street name) Lot address is 1554.

Post Office Mail

To receive your forwarded island mail, please use your lot number and island street name. Do not use the Town Office (1 Sunset Road).

Ferry Ride Requirements

To pay the toll on the ferry you need an E-Z Ride card, a paper ticket, an emailed ticket, or a picture of the E-Z ride card. The ferry employees are not responsible to type in numbers or take verbal requests to use another party's card for passage in any situation. Please provide family, guests, and any vendors you have with one of the above tools for ferry passage.

Contact Information

The Administration is trying to update the Island email addresses. Please either stop in or email your current email address, name, and telephone numbers to Marie Tedford, Town Clerk at townclerk@fryeislandtown.org. This will allow us to reach you with any pertinent information year round.

Please take note of the new email addresses for Town employees, they all end in fryeislandtown.org.

Gary Donohue, Town Manager



Meetings.....Please check the Town Website for additional information and changes

Board of Selectman/Executive Board Meeting, Sat., Aug. 20 9:00-11:00am, New Town Hall/ Conference Call 712-770-4010 code 542567

Public Safety Committee Meeting Mon., Aug. 22 4:00-7:00pm, New Town Hall Conference Call 641-715-3810 code 294579

Recreation Commission Tues., Aug. 30 7:00pm Recreation Center Call 1-641-715-3580 code 924264

Frye Island Inc. Annual Meeting Sat. Sept. 3 9:00-9:30am. Frye Island Inc. will hold their annual stockholders meeting at 9am, Saturday, September 3, 2016, at the Community Center. Please attend. Agenda: Recap of year and future plans, Financial Report and Budget, Election - Board of Directors - all current Board of Directors (Ed Charette, Eric Gleysteen, Lewis Stone, Nancy Donio, Neill Bovaird, Jacquie Ossi) have consented to serve another year. Anyone else interested, please submit your name at the town office.

Budget Public Hearing, BOS/ExComm Meeting Sat. Sept. 3 9:30am-12:00pm, New Town Hall/ Conference Call 712-770-4010 code 542567

BOS/ExComm Meeting Sat., Sept. 17 9:00-11:00am New Town Hall/ Conference Call 712-770-4010 code 542567

How to find Information related to Board of Selectmen/Executive Committee Meetings

All information regarding Board of Selectman/Executive Committee Meetings can be found on the website fryeisland.com. See the Public Meeting Calendar on the right hand side. Click on the time of the meeting you are interested in, click more details, and then click the Agenda attached. If you are interested in more information on the Board of Selectman/Executive Committee Meetings, click on the "Public Documents Folder" at the top right, above the calendar. You can find various information, such as Minutes, Meeting Recordings, and Agendas. If you would like to contact the Board of Selectman/Executive Committee, emails can be sent to the full Executive Committee at frye-island-excombos@googlegroups.com.

Long Beach Marina and Quail Circle

The Long Beach Marina and Quail Circle are full this year other than 2 general slips with weekly rentals at Long Beach. Please be sure to put your Marina Sticker on your boat. We will be towing squatters. If you rent out your slip, whether yearly or temporarily, please notify the Town Office with a letter stating the person renting, a phone number for them and your slip #. Your renter will need a Marina Sticker also.



	Ferry	655-4258	8/19/16-8/26/16
		First Ferry	Second Ferry
Friday	8/19	7 AM-12 Mid	9 AM-10 PM
Saturday	8/20	7 AM-12 Mid	10 AM-6 PM
Sunday	8/21	7 AM-10 PM	9 AM-8 PM
Monday	8/22	6 AM-10 PM	9AM-5 PM
Tuesday	8/23	7 AM-10 PM	9 AM-5 PM
Wednesday	8/24	7 AM-10 PM	No Second Ferry due to Fairport use
Thursday	8/25	7AM-11 PM	9 AM-5 PM
Friday	8/26	7 AM-12 Mid	9 AM-10 PM

Mark your calendars.....Dinners and Upcoming Events at the Leisure Lounge
Come meet your fellow islanders! All are welcome! (more details to follow as event nears)

August 21	Buffet Breakfast
September 3	Ice Cream Social
September 17	Italian Dinner
October 22	Chili Cook Off
October 30	Last Supper

THE FRYE ISLAND GOLFCLUB WELCOMES ALL TO A BUFFET STYLE BREAKFAST AT THE CLUBHOUSE (SUNDAY AUGUST 21ST)



BREAKFAST WILL BEGIN BEING SERVED AT 10:00am
 ADULTS - \$10.00 CHILDREN UNDER 15 - \$5.00

BUFFET WILL INCLUDE SCRAMBLED EGGS, FRENCH TOAST, SAUSAGE, TOAST, MUFFINS, COFFEE, ORANGE JUICE, ETC.

Additional alcoholic and non-alcoholic drinks including soda will be available at the bar for additional costs.



Frye Island Triathlon – “The TriFrye”



Sunday, September 4th @ Noon

The Recreation Committee will hold an informal triathlon on Sunday, September 4th at noon. The event is open to participants of all abilities, including those who would prefer to kayak, SUP or snorkel instead of swim.

This is meant to be a fun event and people are encouraged to participate either individually or as teams. We would especially like to see even more family teams this year.

The two transitions will be at Beach 6 but the start will be at Beach 5. The order of events is Swim, Bike, Run. The swim leg will be from Beach 5 to 6 (1/3 mile). And then there will be a 6 mile bicycle ride around the island followed by a 3 mile run. Participants are expected to time themselves.

New this year, will be a special identification and recognition for those who enter the event as a “purist” (meaning no assistance other than one’s own body strength during the swim leg). Self timing and monitoring is still required for this category as well. Please arrive at Beach 5 at 11:45 so we can start the event on time.

PARTICIPANTS - There is no registration nor entry fee - just show up, participate and have fun.

VOLUNTEERS - We need a minimum of 6 kayakers and SUPER’s to spot and watch the swimmers during the swim leg. Please contact Patti Brown for any questions or to volunteer at pattibrownre@gmail.com

SPECTATORS - The best place is at Beach 6 to watch the end of the swim leg, transition from swim to bike and bike to run and then the spectacular FINISH! Come cheer on your fellow islanders!



Frye's Leap General Store and Café

655-4256

While the summer begins its wind down, there are still plenty of beautiful sunny days left (positive thinking!). Enjoy one of those sunny days down at the café with a cold frozen drink, a cold beer or ice cream! We can help you pass the time on a beautiful sunny day. ☺

Another excellent week is in the books for the cafe, inconsistent weather notwithstanding. Trivia, although delayed by a day, was a hit and we thank our guest hosts Chris and Lindsey for their questions! We also had our first buffet of the season which went extremely well, featuring chicken marsala, poblano fettucine alfredo, and tikki masala, among a number of other items. We will conduct buffets this coming week as well as we host our final week of trivia and karaoke. Be sure to come out and join us for the final “episode” of these events for the 2016 season! Look to our Facebook page for more information regarding these final events and the corresponding buffet dinners.

In the store we are doing our very best to keep things as stocked as well as we can, and this is getting a little harder as we enter the final stages of the summer season. We have a wide assortment of items and hopefully all of the basics that you need for your fill in shopping needs. Out on the deck in front of the store, in addition to a rack of some of our most popular items, we also have a table of sale items with shirts and sweatshirts from prior seasons. These items have been marked down 25% and more in some cases. Be sure to take a peek when you are down at the store. You never know what you might find! For the beer drinkers on the island, in the store you will notice a changing of the guard so to speak as summers beers are phased out and fall seasonal beers are starting to phase in. Check out our new selection as you look to quench your thirst. Finally, if you need a quick grab and go item, be sure to check our sandwiches, café salads and steamed hot dogs in the back corner by the coffee station.

In the café I want to reiterate that this coming Tuesday and Wednesday evenings, our Trivia and Karaoke event nights, we will not have menu service but will instead be serving a buffet dinner. Be sure to check out our Facebook page for more info regarding these nights. To recap our regular events, Monday is Margarita Monday with a \$1 off your favorite margarita and Thursday is Thirsty Thursday with a \$1 off your favorite draught beer. And then for your listening pleasure on the weekends, we have local artists scheduled to play some music (weather permitting). Be sure to stop by and listen to the music! For breakfast on the weekends we are serving breakfast sandwiches, breakfast tacos, yogurt parfaits and fruit cups as well as some freshly baked goods.

Wrapping things up, our schedule for the store this week and for the balance of the summer is as follows (weather permitting).

Friday and Saturday	8:00am	10:00pm
Sunday thru Thursday	8:00am	9:00pm

For the café, our hours for this week and for the balance of the summer are as follows (weather permitting).

Friday	11:00am	9:30pm
Saturday	8:00am	9:30pm
Sunday	8:00am	8:30pm
Monday thru Thursday	11:00am	8:30pm

Ice cream will be open daily at 11:00am and remain open until the café closes, weather permitting.

We look forward to seeing you down at the store and cafe!

The Frye's Leap Team

A Navy Day Thank You

I want to thank all on the Island for their wonderful support of Navy Day last Saturday. In spite of the clouds and occasional drizzle, it was a grand success, generating rave reviews from the sailors.

This success was due to the hard work of so many. Willie Campbell and his crew had coffee along with muffins donated by the Café waiting at the Community Center when the sailors arrived. Poland Spring donated 5 large cases of water. Then the sailors were escorted to the ball field by the fire, EMS, and police vehicles. Public Works did a great job preparing the field and liming "NAVY" behind home plate, reminding us all of the wonderful job Cappy always did in previous years. Jimmy Kuiken gave a terrific welcoming address, followed by the color guard ceremony and softball game.

At the barbecue at the Community Center, Willie Campbell and his crew of John Crosby, Steve Amero, Rich Purtell, and Chief Beaulieu did a wonderful job at the grill. Organizing and serving the pot luck dishes were Diane Donohue, Pat Karpacz, Rita Lapati, Sylvia O'Connor, and Carol Stenz, together with my wife Jane Yusen. Many Islanders, too numerous to list, provided their special dishes. Anna Donio organized the recreation center, and down at the beaches working the kayaks were Betsy Gleysteen and Nancy Donio. Behind all of this, organizing many, many details was Gary Donohue, doing a great job. I am sure there are others whom I have regrettably forgotten to mention. Topping this off were the many hosts providing terrific dinners in their homes for the sailors. I have learned that most of them view these home dinners as the high point of the day. Finally, I am pleased to report that the fund raiser went over the top, so the whole event was done at no cost to the town. All in all, it was a great day of R&R for these sailors serving our country. Thank you all so much.

Dick Norris





Frye Island Fire & EMS Department

Robert E Boyd Jr, Fire Chief

Cathy Gosselin, EMS Director

Fire Department Contact:

Fire Barn: (207) 655-8618

Dispatch/Non-Emergency (207) 893-2810

To Report Fire or Medical Emergency: Dial 911



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Help support your volunteer fire department – buy a Frye Island Fire Department T shirt. Email

fifd.association.treasurer@gmail.com, or contact anyone on the fire department. We have youth sizes XS, S, and M for \$8, and adult sizes S, M, L, XL and XXL for \$15. They make great gifts!



Would you like some old/used fire hose to use on your dock? Protect your boat from those large Sebago waves? FIFD has tested all our hoses, and these are no longer usable. They are free for the taking, behind the fire barn. First come, first served!



Grilling Safety

Safety First!

- Always grill outdoors, away from the house, never on a deck or porch
- Make sure grills aren't under eaves or overhanging branches
- Keep children and pets at least 3' away from working grills
- Make sure the lid of a gas grill is open when you light it; propane can build up inside and, when ignited, the lid could blow off
- Always turn off the burners and close the propane cylinder when done cooking
- If you smell gas while cooking, turn the grill off and get away from it. Do not move the grill. **Call 911 from a safe location.**
- When using a charcoal grill, use only charcoal starter fluid, never gasoline or kerosene; never add lighter fluid to burning coals
- Allow coals and ashes to burn out completely and cool for 48 hours before disposal, or thoroughly soak them in water before putting them in a metal container
- Never leave a burning grill unattended

In an emergency the Vial of Life will speak for you when you can't!

What information does the Vial of Life hold:

A Vial of Life form with your name, date of birth, primary doctors information, medical history, current medications, allergies, etc. This is stored in a baggie on the front of your refrigerator door or in a vial in your refrigerator.



Frye Island EMS is offering the “Vial of Life” program to the island residents. The Vial of Life is designed to speak for you when you can't speak for yourself. The vial contains important medical information that can assist emergency personnel in administering the proper medical treatment.

If you would like to use the Vial of Life call Frye Island EMS Department at 655-8618 for a rescue member to visit your home and help you complete the Vial of Life.

Blood Pressure:

The EMS crews will be doing blood pressure checks on Monday/Wednesday/Fridays from 10 AM to 11 AM down by the Café. Feel free to stop by and have your BP checked!

Emergency Medical Responder Class – The Frye Island EMS division would like to have more folks on the island trained to assist the EMS crews on emergency medical calls. We are looking to find out if there is enough interest to host an Emergency Medical Responder class (EMR) this summer. The class is a 54 hour class and we will schedule it if we get enough interest. As an EMR, you would be licensed with Maine Emergency Medical Services and would be able to work on the rescue underneath the guidance of an EMT. The class would consist of training on basic first aid, splinting, wound care, controlling bleeding, human anatomy, medical diseases and more. If you are interested, please email the EMS Director, Cathy Gosselin at cathy.gosselin@fryeislandtown.org.



Activities & Recreation

Recreation Director: Anna Donio
Chair Person: Nancy Donio
Community Center (207) 655-3893

Message from Recreation Director

Hi everyone! Hope your summer is as awesome as ours. Come on down to the Recreation Center. We've got lots of ceramics and crafts for your kids to make. Have a toddler who loves to play? Come and check out our brand new toddler room! Also, come down to our special events listed below. Some updates for this week include:

-**Note:** This will be our last Friday Capture the Flag on August 19th from 6:30-7:15 and 7:15-8pm. Capture the Flag will still be on Saturday Nights until September 3rd.

-**Note:** This will be our last Teen Night, Friday August 19th, from 8:30-10:30pm. We will be having a Teen Party Friday, September 2nd, from 8:30-10:30pm.

-**Note:** Our Last Soccer will be this Tuesday, August 23rd, from 10-11am.

-**Note:** Our Last Field Games is this Wednesday, August 24th, from 11-12pm.

-**Note:** Our Last Craft Night is this Wednesday, August 24th. The Craft will be Crafter's Choice. Hope to see you there!

-The Pickleball Tournament is this Saturday, August 20th, from 9-12pm. Come down to Lancaster Loop to watch or help out! Hope to see you all there!

Field Games

Come on down to the baseball field and play some really awesome games, including whiffle ball, kickball, soccer, Ultimate Frisbee, and more! Field Games are from 10-11am, and are on Mondays, Wednesdays, and Fridays from 11-12pm, and Tuesdays and Thursdays from 10-11am. Our last Field Game will be Wednesday, August 24th, from 11-12pm.

Soccer

Come down to the ball field and play some soccer with us! Kids of all ages are allowed to participate. We are from 11-12pm. Soccer is on Tuesdays and Thursdays from 11-12pm.

Our Last Soccer Game will be Tuesday, August 23rd, from 11-12pm.

BINGO

Come on down Monday Nights, beginning at 7pm to play Frye Island's favorite game! You must be 16 years or older to play.

Candy Bar Squares

Come on down to the Recreation Center and play some Candy Bar Squares on Tuesdays, beginning at 7pm. Admission is 1 candy bar per person, or you may purchase a candy bar at the Recreation Center for 75 cents.

Capture the Flag

Capture the Flag is back on this week! Come on down to the baseball field Friday and Saturday night, and play! There are two versions, Younger Kids and Older Kids. You must be 14 or younger to play in Younger Kids and 10 and older to play in Older Kids. The times are as follows: Younger Kids 6:30-7:15pm. Older Kids 7:15-8pm. **Note:** Our last Friday Games will be August 19th. Thank you.

Craft Night

Craft Night is on Wednesdays at 7pm. See the Message from the Recreation Director for the craft. See you all there! Our Last Craft Night is Wednesday, August 24th. Hope to see you all there!

Teen Party

Tired of your teens lounging around on Labor Day Weekend? Have them come down to our Teen Party! It will be Friday, September 2nd, from 8:30-10:30pm. We will be serving mixed soft drinks, pizza, food, root beer floats, and more! We will also have music, a photo booth, games for everyone to enjoy! Admission cost \$2 a person. Hope to see you there!



Frye Island Pickle Ball Tournament

What is this game with the silly name? Come and watch our first ever Frye Island Pickleball Tournament this Sat, Aug 20 at 9am. (rain date is Sunday). Bring a chair & sit outside the fence at Lancaster Loop and get ready to learn about PickleBall!

Pickle Ball Play

Come down to the courts by the pool at Lancaster Loop every Monday, Wednesday, Friday, and Sunday Morning. Play starts at 8:30am with set up before. Come and have fun and get a little exercise!

Scarf and Headband Making

Back by popular demand! Tara Lenharth is making her one of a kind scarves and headbands Saturday, August 27th, from 9-12pm at the Community Center. Help her make a scarf or just come down and purchase one. Scarves are \$35 each or 2 for \$60. Headbands will be \$10 each. For more details, please email Helen McKee at hjmckee1790@gmail.com.

Bridge Club

If you enjoy playing bridge in a relaxed atmosphere, the Frye Island Bridge Club might be just what you are looking for. Wednesdays at 1:00pm at the Golf Clubhouse is the place. We'll leave a note on the door if a cancellation or change of meeting place needs to be made. All levels of players invited.

Swimmers Wanted

Starting Sunday, June 12, we will be swimming at 7:00am or evenings. Want to improve your stroke and have fun? Call Roxy 207-210-2136. We'll swim from different locations.



Group Fitness Classes – Marilyn Sullivan, R.N., PT

Spending the summer on Frye Island or just visiting? Come join us for a fun workout and meet fellow islanders! We start the class with a warm up to cardiovascular exercise/ Zumba dance, muscular toning & cool down with yoga stretching. Everyone will benefit and it is a great way to start your day! Meet us at the Community Center every Monday, Wednesday & Friday at 9-10 AM for just \$7.00 a class or join for the session. Please bring a water bottle, mat or towel. Hope to see you there! Marilyn Sullivan, RN, PT 1-603-548-7978. This week's Wednesday (Aug.24th) class will be on Tuesday, (Aug. 23rd).



Book Club

Book group selections for summer, 2016

Aug. 29 - THE BOYS IN THE BOAT by D. J. Brown

The Frye Island Book Group welcomes all on the island. We meet at 7:30 P.M. in the Library at the Community Center.



Ladies Golf Scramble

Tuesdays, 9:15am Sign up 9:30 Tee off.

Open to all women golfers. A formal handicap is not required. We will place you on a team each week. Come and join the fun and fellowship through golf.

Played for putts. Co-winners: Sylvia O'Connor and Nancy Perry.

Windham Food & Clothes Pantry

Please drop all your non-perishable goods and clothing at the bin located next to the Post Office near the Ferry Landing. All donations will be appreciated and taken over to Windham on a weekly basis. We are more fortunate than so many others and it can be our small way to give back to our fellow communities.



Frye Island Chapel

Services every Sunday 9:00 AM in the Upper Room of the Community Center. *All are welcome. Dress is casual.* You are cordially invited to attend our weekly non-denominational services. Chaplains: Rev. Theodore Ekholm and Rev. David DeLuca.



MAH JONGG

Please join us for MAH JONGG. Monday's @ 9:30AM at the Clubhouse. Thursday's @ 12:30 at the Clubhouse. In case of rain we will play at the Community center or at someone's home. Any newcomers, we will be happy to help you learn the game. Any thoughts or questions call Carol Stenz @207 655 4041 or Eileen Sullivan @ 207 655 4950

Garden Club

We want to thank our Saturday cleanup crew! We appreciate the new helpers and their hard work. We also want to thank the DPW for the constant support in helping to keep our island beautiful. We couldn't do some of this work without their help!
The Bobbex is now being sold by Carol Stenz if you need to keep those deer away from your flowers.

Frye Island Community Garden- Interested in a plot in a Frye Island Community Garden? Sunshine, outside fence....near Rec Beach & Chimney. Sign up in the Town Office if interested.



Frye Island Residents & their children: Don't forget to build your fairy houses in the Fairy Garden by the chimney & recreation beach! Gather natural materials (twigs, pine cones, rocks, shells, etc.) and find a spot to build it. Don't forget to periodically check on it! The FI Garden Club hopes you enjoy this endeavor!



The Fitness Center

Welcome to The Fitness Center. We are located on the second floor of the Community Center. When the Community Center is closed please access The Fitness Center via the staircase on the left side of the building.

Next weekend, August 27/28th, will be the final weekend to have evening hours. Going forward The Fitness Center will only have morning hours. This is based on usage so **PLEASE** let us know if these hours do not work for you, especially if you have purchased a season pass; if you have purchased a pass you deserve access!!

The current spin schedule is Monday, Wednesday, and Friday at 7:15 am. Sign up is located on the door to The Fitness Center. **Except this Friday, August 19th, make up spin Saturday, August 20th at 7:00 am!!**

The **spin schedule** will change to Monday, Thursday, and Saturday at 7:15 am starting August 29th.

The Current Hours:

Monday, Wednesday, and Friday	7-11:00 am
Tuesday and Thursday	9-11:00 am
Monday to Saturday	4:15-7:00 pm **New Hours**
Sunday	3-6:00 pm

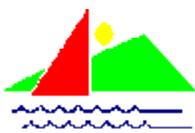
Please stay tuned to the hours changes in the FINS!!

Fee Schedule:

5 Day Punch Pass Does Not Expire	\$ 30.00
One Day Drop In	\$ 10.00
10 Spin Classes Does Not Expire	\$ 30.00
with any of the above memberships	
one day drop in for spin \$5 with any of the above memberships	

Please remember The Fitness Center is a **non-profit mutual benefit** operation. All of the fees will be used to cover expenses and make improvements. **Please feel free to volunteer to help staff The Fitness Center, this will help keep costs down and you can workout at the same time!!**

Community Center Open Every Day 10:00-4:00pm						
AUGUST						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					19 Fitness Class 9-10am Field Games 11am Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm Teen Night 8:30pm	20 Pickle Ball Tournament 9-1pm Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm
21 Chapel 9:00am	22 Fitness Class 9-10am Field Games 11am BINGO! 7-9pm	23 Tumbling Class 9:30-11am Fitness Class 9-10am Field Games 10am Soccer 11am Candy Bar Squares 7-8pm	24 Field Games 11am Craft Night 7-8pm	25 Tumbling Class 9:30-11am	26 Fitness Class 9-10am	27 Scarf & Headband Making 9:00am-12:00pm Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm
Sun	Mon	Tue	Wed	Thu	Fri	Sat
28 Chapel 9:00am	29 Fitness Class 9-10am BINGO! 7-9pm	30 Rec Commission Meeting Library 7:00pm Candy Bar Squares 7-8pm	31 Fitness Class 9-10am	1 SEPT	2 Teen Party 8:30pm-10:30pm	3 Community Center Open 10-2pm Community Center Clean Up 2:00-4:00pm
4 Chapel 9:00am Community Center Open 10-2pm Community Center Clean Up 2:00-4:00pm FRYE TRIATHALON 12 noon start	5 LABOR DAY CLOSED	6	7	8	9	10



LEISURE LOUNGE (Next to Pro Shop) 207-655-3551

Monday - Thursday: 8:00AM – 8:00PM
 Friday – Saturday: 8:00AM-Midnight
 Sunday: 7:30AM – 8:00PM

OPEN TO THE PUBLIC

SPORTS FANS COME WATCH THE BIG GAMES ON OUR TWO FLAT SCREEN TV'S



Our lounge offers a full bar with wine, bottled /draft beers and a limited appetizer menu for those looking for a light snack. For those younger at heart, try our Root Beer Floats with vanilla ice cream.



FRYE ISLAND GOLF CLUB 1 FAIRWAY LANE 207-655-3551

Hours of Operation:

8:00 AM – Dusk (Monday-Saturday)
 7:30 AM – Dusk (Sunday)
 Twilight after 5:00 PM

Annual Membership Fees

One time Initiation Fee \$540.00
 Individual Memberships \$710.00
 Family Memberships \$1050.00
 Trail Fee \$225.00, each additional cart \$125.00

Golf Fees

Golf Carts – per golfer rates

	<u>9 Holes</u>	<u>18 Holes</u>	<u>Other*</u>
Weekday Youth (16 & Under)	\$12.00	\$12.00	
Weekend Youth (16 & Under)	\$22.00	\$22.00	
Weekday Adult	\$21.00	\$28.00	
Weekend & Holiday Adult	N/A	\$37.00	
Twilight – Weekday Adult	\$21.00		
Twilight – Weekend Adult	\$24.00		
<u>3 Day weekday Pass</u>			\$65.00
<u>Week-long Unlimited Golf Pass</u>			\$160.00
<u>Sunday Morning Scramble</u>	\$21.00		

	<u>9 Holes</u>	<u>18 Holes</u>
Pull carts	\$4.00	\$4.00
Gas carts	\$16.00	\$26.00
Personal Cart (no Trail fee)	\$10.00	\$20.00
Club Rental	\$12.00	\$12.00

Check us out on Facebook (<https://www.facebook.com>)

We now have presence on Facebook. Whether you are a Member or just enjoy playing golf from time to time, we'd love you to join this group to keep abreast of activities, find someone to play a round, or even see which tournaments are coming up.

Sunday Scramble: The Sunday scramble is open to players of all levels (sign up at the clubhouse). Come meet other golfers or guests from the island in a pressure free / relaxed environment. Sign-ups are as follows: Morning Scramble: Tees off at 8:00am, sign up from 7:30am – 7:45am.

Scramble Results August 14, 2016

<p><u>1st Place (-5) \$30.60 each:</u> Nick Solis Nick Solis Harry Holgersen Mark Thomas</p>

<p><u>2nd Place(-4) \$10.50 each:</u> Mike Vesprini Don Davis Laura Davis Alicia Vesprini</p>
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<p><u>Closest to the Pin \$17.50 each</u> Mark Thomas Tony Solis</p>
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President’s Cup Golf Tournament

Saturday, August 20, 2016
 Cost: \$15 pp + any applicable green fees
 18 Hole Net Score Full Handicap
 Tee Times 9:00 am – noon
 All groups must have one or more Club Members
 Non Members must have a GHIN # or other verifiable handicap
 Prizes awarded @ 6 pm

Club Championship:

Congratulations to the following who have made it to the semi-final match:

Men:	Women:
Tom Bishop-Tony Solis	Marlene Wilson-Elizabeth Anson
Peter Boyd-Jack Boyd	Theresa Hodge- Judy Burgess

UPCOMING GOLF TOURNAMENTS

September 10 - 11	Sebago Lake Great Escape
September 24	TKE Fall Classic
October 18	Captain’s Choice
October 22	Cross Country

GOLF DRIVING RANGE AND PRACTICE PUTTING GREEN UPDATE

I want to thank the following Islanders who made contributions and pledges this week. Mike and Alicia Vesprini, Paul and Loraine Lyons, Vic Solimini, Jay Nardone and Kathleen Heming, Todd and Kelliann Bazemore, the Galkin Foundation, Jim and Beth Hirsch, Jim and Sue Hodge, Dave and Megin Hemmerling, Mike and Marcy Morrill, Meghan & Michael Daigle and Roger and Carol Stenz. It was an excellent fundraising week. Additionally, I want to again make a very special thank you to Dale and Elizabeth Frechette this week. As you may know Dale and Elizabeth are our island neighbors but they also own Frechette Excavation and have done lots of great work for many of us on the Island. This week they told me they were donating all of the Caterpillar Bulldozer operator time that was incurred last week clearing the range for this project. When you see them thank them for this special gift!

I would like to ask all of my fellow Islanders to support this project! This week we completed the initial site work. Next week we will be blasting away ledge to improve the driving range site lines. Next week I also hope to have a professionally done virtual reality video donated by a landscape design architect showing in detail how special and unique the backyard of the clubhouse area could become.

This is an Island project. First and foremost it is an excellent project for youth of all ages on our Island. It will give them a great place to go and have some fun. Hitting balls and putting could be great fun without the cost of a golf membership. Children of all ages could come up and learn about the game. We are hoping we can find a way to conduct group golf lessons for children in various age groups. It would be a great place that they could also go to and have a hot dog and an ice cream float after enjoying the range and putting green. The range and the practice putting green could be incorporated into the summer youth recreation programs. While our course operation has been financially sound it needs to be sustainable in the years and decades to come. Exposing our youth to the game will help insure we continue to have new members. The average age of our golf membership continues to climb. We need to expose new families to all the golf course has to offer. This project should help doing that. The more quality attractions we have on this Island, we all call

home, the better the quality of our lives and our children's and grandchildren's lives will be. This project will continue to promote community and will give us all more chances to meet new people and more of our neighbors. There are many on the island who have told us they do not have an interest in golf but would go up and hit some balls and enjoy putting on a golf green. This would make everything about our golf operation more vibrant. The club's backyard area and deck can become an amazing area to relax and have fun!

It is our hope that every Island family will support this worthwhile project. We are at a critical juncture and we need every Islander's support. To date we have raised almost 45% of our original fundraising goal of \$75,000. If every Island family made a donation, this project would be a resounding success. Please give what you can! If we exceed our initial fundraising goals we can transform the back of the clubhouse to something really special. As this is a two year project consider pledging as much as you can and make 2 equal tax deductible payments in 2016 and 2017. Seven Non golfing island families this week and last alone gave \$5,500 to support this project for our kids and grandchildren. For those who have already given ask your neighbors to support this project. For all of you with children on this island consider helping us with this project which will provide them with a great new venue to have some fun. Your contributions are tax deductible. Contribution forms and donations can be found or made in the office, the golf club house or by seeing Todd Keigwin or by stopping by at my house at 281 Leisure Lane.

A donation form for this project accompanies this update in the FINS this week.

Thanks again to everyone who has helped make this project a reality. We are hoping we can finish most of the fund raising by the middle of September. If anyone would like to help us with this project please feel free to call me at 401-439-1060.

Alan Ross

**FRYE ISLAND GOLF RANGE PROJECT
PLEDGE AND CONTRIBUTION FORM
THANK YOU FOR MAKING A PLEDGE FOR THIS PROJECT!**

The Golf range and practice putting green will be a great place for all Islanders to enjoy and will promote the long term viability of the golf course, club and as a premiere place for island social events. It will be a place for Islanders to improve their game, provide a real place for golf lessons, will be a real attraction for those looking for something to do who are not golfers, will be a means to keep practice sessions off the course and will provide ancillary income to the golf club for driving range ball sales and more golf club food and beverage sales.

Most importantly for all who have been planning this project it will be a great place for the youth on our island to learn the game and have some fun. It will be a great place for them to spend quality recreation time and young golfers and their families will insure the long term viability of the Golf Club.

The suggested donation levels are as follows. The project has the Town's support. The suggested giving levels are noted below. Please circle the amount of your pledge and write a check to The Town of Frye Island and in the notation portion of the check write "Golf Range Project". Drop off with me, town hall or mail to 1 Sunset Road, Frye Island, ME 04071

Donations Plaque Giving Levels

Diamond - \$10,000, Platinum - \$5,000, Gold - \$3,000, Silver - \$1000, Bronze -\$500

Other Donation Levels

Emerald - \$300 Other Donation Amount _____

Donation Restrictions

1) The monies collected for this project will be deposit in a separate town cash account restricted for the specific purposes of this project as defined above. It is our understanding that these funds will not be commingled with other town funds.

2) If funds raised remain after the completion of the aforementioned projects the funds may be used on other additional new amenities which enhance the overall golf club experience. The funds cannot be used for any golf club or town maintenance project or be consumed in any operations of the golf club.

3) The project Leaders will work with the town accountant and we will jointly maintain records of all revenues received and all expenditures made on the aforementioned project.

If you want to contact me about the project or to make a pledge my email address is driving-range-donation@fryeislandtown.org and my telephone number is 401-439-1060. Better yet stop by and see me at 281 Leisure Lane. Thank you in advance for your support – Alan Ross

Donor Name _____ Mailing Address _____
Donor Signature _____ Date _____