

# Frye Island News Service

**Volume 2016, Issue 10**

**TOWN HALL 655-4551**

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**July 8, 2016**

**FAX 655-3422**

## Pest Alert



The State of Maine Forest Entomologist visited the island last Thursday. Hemlock Woolly Adelgid has been found in several areas of the island, this is a very serious issue that can decimate the hemlock trees on the island. Also found is Elongate Hemlock Scale, which is extremely rare in Maine. The Forest Service will be coming back out to map the areas and advise a course of treatment. In the meantime the Public Works Department will not be selling any mulch at this time, we will also be quarantining any hemlock tree brush that comes into the Transfer Station. We are asking all residents and contractors to separate hemlock from other brush and we will have a specific area in the Transfer Station for only hemlock. Deb Edwards will have a few handouts for those who want them with more on the way from the State.

### Manager's Comments

The 4<sup>th</sup> of July weekend was certainly one to remember. The parade was excellent and the creativity of the decorating was truly outstanding. The Fire/EMS team of employees and volunteers did an excellent job of serving close to 700 hot dogs and drinks to the community. Thank you all who donated to the volunteer fire department. Fortunately the wind subsided enough for a great fireworks display Saturday evening. The show was very well done. On Monday the road race had over 400 participants. I want to thank Ted Charrette and Andy Disalvo for a great job of organizing the race. I also want to thank the DPW for getting the ferry back up and running during a time when many were trying to exit the Island. Besides having a ferry down, we all had to experience an electrical failure. Fire Chief Boyd and our IT volunteer Andrew Davis did a great job in keeping the people informed of the progress.

I tried to spend some time at each event this weekend, and it was moving to me to see the spirit of the people of Frye Island. At every event, the volunteers and the enthusiasm was just outstanding. To all the folks that volunteer on the Island, I want to thank you for all your efforts.

### MSAD#6

Our meeting is scheduled for July 25<sup>th</sup>.

### Milfoil Volunteers

No work this coming week. Tel# 603 398 0833 email: [divecon@juno.com](mailto:divecon@juno.com)

Volunteers can also contact Roxanne Olmsted 207 210 2136

### Town Office Hours

The office will be open Tuesday thru Saturday from 9 am to 3 pm. Please take advantage of the available on-line services to help keep the line short in the office during high season.

If you have a brand new registration for a boat, car, golf cart or trailer, please try to come during the week when the office is not as busy. Call ahead to be sure you have all the proper documents and discuss with the office staff the possibility of an appointment time to complete the new registrations. A new registration can take more than an hour and you may be asked to leave copies of your documents for the registration to be completed and picked up later in the day or another day.

## **Transfer Station Hours**

Wednesday, Saturdays, and Sundays 10am-6pm

Holiday Mondays 10am-6pm

## **Code Enforcement Officer**

John Thompson

Tuesday and Thursday

8:00am – 3:00pm

## **Refrigerator Magnets E911 Address**

If you don't have a refrigerator magnet with your E911 address and street address on it, please come to the office to get one. It is very important that everyone in your house knows your E911 number and street name. When calling in for an Emergency, you **MUST** give both. It is also helpful if you can refer to the closest landmark such as Beach # or crossroad. An example would be E911 address 10 Harbor Road (need to give street name) Lot address is 1554.

## **Ferry Ride Requirements**

To pay the toll on the ferry you need an E-Z Ride card, a paper ticket, an emailed ticket, or a picture of the E-Z ride card. The ferry employees are not responsible to type in numbers or take verbal requests to use another party's card for passage in any situation. Please provide family, guests, and any vendors you have with one of the above tools for ferry passage.

## **NIXLE**

Our NIXLE system is up and running. This system will notify all subscribers of important / emergency notices in their selected areas via text, web, and email. The best part of this is that it is a free service to both the municipality and to residents as well. We can initiate notices to all Islanders that subscribe to the service. However, in order to access the notices you will be required to subscribe. You can subscribe by going to their website at [www.nixle.com](http://www.nixle.com) and following the prompts. I would encourage everyone to subscribe to this service. It is an ideal way to be notified of issues that may affect your time on the Island.

## **Post Office Mail**

To receive your forwarded island mail, please use your lot number and island street name. Do not use the Town Office (1 Sunset Road).

## **Contact Information**

The Administration is trying to update the Island email addresses. Please either stop in or email your current email address, name, and telephone numbers to Marie Tedford, Town Clerk at [townclerk@fryeislandtown.org](mailto:townclerk@fryeislandtown.org). This will allow us to reach you with any pertinent information year round.

Gary Donohue, Town Manager



## **Meetings**

Budget Public Hearing & BOSExComm Meeting Saturday, July 16 at 8:30am at New Town Hall Call In 712-770-4010 Access Code 542-567

Board of Selectman/Executive Committee Workshop Thursday, July 21 at 8:00pm Conference Call

Special Town Meeting Saturday, July 23 at 9am at the Community Center

Recreation Commission Meetings Tuesday July 12, Tuesday Aug. 9 at 8:15pm at the Community Center

## How to find Information related to Board of Selectmen/Executive Committee Meetings

All information regarding Board of Selectman/Executive Committee Meetings can be found on the website [fryeisland.com](http://fryeisland.com). See the Public Meeting Calendar on the right hand side. Click on the time of the meeting you are interested in, click more details, and then click the Agenda attached. If you are interested in more information on the Board of Selectman/Executive Committee Meetings, click on the "Public Documents Folder" at the top right, above the calendar. You can find various information, such as Minutes, Meeting Recordings, and Agendas. If you would like to contact the Board of Selectman/Executive Committee, emails can be sent to the full Executive Committee at [frye-island-excombos@googlegroups.com](mailto:frye-island-excombos@googlegroups.com).

## Recreation Beach

No boats allowed by Deed. Please remove the boats that are in the wooded area of Recreation Beach or they will be disposed of.

## Long Beach Marina and Quail Circle

The Long Beach Marina and Quail Circle are full this year other than 2 general slips with weekly rentals at Long Beach. Please be sure to put your Marina Sticker on your boat. We will be towing squatters. If you rent out your slip, whether yearly or temporarily, please notify the Town Office with a letter stating the person renting, a phone number for them and your slip #. Your renter will need a Marina Sticker also.



**Ferry 655-4258 7/08/16-7/15/16**

	<b>First Ferry</b>	<b>Second Ferry</b>
<b>Friday</b>	<b>7/08 7 AM-12 Mid</b>	<b>9 AM-10 PM</b>
<b>Saturday</b>	<b>7/09 7 AM-12 Mid</b>	<b>10 AM-6 PM</b>
<b>Sunday</b>	<b>7/10 7 AM-10 PM</b>	<b>9 AM-8 PM</b>
<b>Monday</b>	<b>7/11 6 AM-10 PM</b>	<b>9AM-5 PM</b>
<b>Tuesday</b>	<b>7/12 7 AM-10 PM</b>	<b>9 AM-5 PM</b>
<b>Wednesday</b>	<b>7/13 7 AM-10 PM</b>	<b>9 AM-5 PM</b>
<b>Thursday</b>	<b>7/14 7AM-11 PM</b>	<b>9 AM-5 PM</b>
<b>Friday</b>	<b>7/15 7 AM-12 Mid</b>	<b>9 AM- 10 PM</b>



## Frye Island Walking Trails

Most of the trails have been cleared but a few are in need of a little improvement. Any interested volunteers should feel free to join in the fun and trim back over-hanging branches, chainsaw fallen trees and /or weed-whack or snip ferns or other green growth in path clearings. If you come across an area that still has a large amount of leaf cover, feel free to use a leaf-blower to clear them away.

Thanks to the individuals who have cleared some path areas this season and to Jacquie Ossi for spray-painting trees to make it easier to locate paths when they have a deep layer of leaves.

Trail maps are available on the Town of Frye Island website at [www.fryeisland.com](http://www.fryeisland.com).

Conservation Commission



# Frye's Leap General Store and Café

655-4256

Boom! The Fourth of July holiday has passed us and what a great weekend it was. But the summer fun is just beginning here at the store and café. There is still lots of trivia and karaoke to be played and the occasional special event. And this weekend happens to be one of them! This weekend we will be hosting a tap takeover with our friends from Long Trail and Otter Creek brewery, featuring six of their beers covering a wide range of styles. Be sure to stop by and try something different, like a cranberry gose!

In the store we have a wide range of merchandise. We are working to keep things stocked as best we can, especially the basics of milk and bread. We increased the frequency of our store deliveries to twice a week this week to help us achieve this goal. We hope that you are able to find what you need to satisfy your fill in shopping requirements. And if there is something that you cannot find, please be sure to let us know. As I am sure that you have noticed, we are always experimenting with something new. Our latest "new" thing in the store will be a hot dog steamer. We have had a number of suggestions to sell hot dogs as a quick grab and go item. We will be putting that idea to the test in the coming week. Be on the lookout for that back by the coffee station!

The farm stand operates each Thursday with a selection of local produce and other "farm stand" items. Pick up some corn or other locally grown vegetables for your weekend July cook out. The Maine grown tomatoes are ripe and super delicious!

The full menu is rolling and with it are our weekly specials. Each week we will have a specials board featuring several appetizers as well as several meals. This week's specials include a barbecue brisket fry platter (think hot mess only made with barbecue brisket), a baked artichoke dip served in a bread bowl, a caprese salad, and a jalapeno popper pizza to name a few. Good eatin'! For breakfast we have changed up our weekend breakfast menu, moving from a breakfast buffet format to an a la carte format with items made to order. We feature eggs benedict, breakfast burgers, a breakfast skillet, smoked salmon, blueberry pancakes, etc. Come enjoy breakfast with us one of these coming Saturdays or Sundays. Now that we are into summer, so are our daily activities in the café. Monday is Margarita Monday with a \$1 off your favorite margarita and Thursday is Thirsty Thursday with a \$1 off your favorite draught beer. Tuesdays are brain exercise night with Trivia Tuesday and Wednesdays are the time to let the inner American Idol shine with Karaoke Wednesday. Trivia has been very popular so far this year and people are definitely exercising their neurons! And then for your listening pleasure on the weekends, we have local artists scheduled to play some music. Be sure to stop by and listen to the music!

Wrapping things up, our schedule for the **store** this week and for the balance of the summer is as follows (weather and electricity permitting).

Friday and Saturday	8:00am	10:00pm
Sunday thru Thursday	8:00am	9:00pm

For the **café**, our hours for this week and for the balance of the summer are as follows (weather and electricity permitting).

Friday	11:00am	9:30pm
Saturday	8:00am	9:30pm
Sunday	8:00am	8:30pm
Monday thru Thursday	11:00am	8:30pm

Ice cream will be open daily at 11:00am and remain open until the café closes, weather permitting.

We look forward to seeing you down at the store and cafe!

The Frye's Leap Team

**Mark your calendars.....Dinners and Upcoming Events at the Leisure Lounge**  
**Come meet your fellow islanders! All are welcome!** (more details to follow as event nears)

July 31	Brunch
August 13	Pork Tenderloin
September 3	Ice Cream Social
September 17	Italian Dinner
October 22	Chili
October 30	Last Supper



**It's Navy Day Again!**  
**USS Rafael Peralta Day on Frye Island August 13, 2016**



After a one-year pause, a new ship is completing its construction at the Bath Iron Works, providing us with the opportunity to welcome its sailors for a day of R&R here on Frye Island. It's the USS Rafael Peralta (DDG 115), and we'll be looking for Islanders to join in.

The day's events will include:

- Welcoming ceremonies at the ball field, followed by a ball game between the ship's crew and the winner of the Town's slow pitch tournament
- A noontime barbecue for the sailors at the Community Center
- Afternoon recreation, including boating, kayaking, swimming, golf, soccer, volleyball, and basketball
- Islander hosted suppers at the end of the day (the sailors really love this)

Please participate by:

- Hosting two-to-four sailors for supper
- Contributing a salad dish or desert to the noon barbecue
- Providing an afternoon boat ride
- Making a contribution, such as \$25, to help fund the event

Please contact Dick Norris by e-mail at [RichardCNorris@gmail.com](mailto:RichardCNorris@gmail.com) or by telephone at 617-489-6997. Contributions should be made by check to the Town of Frye Island, noting Navy Day in the memo field, and dropped off at the town office.

**One Pitch Softball Tournament**



Who will be the Champs this year? Come find out! Saturday July 30th. If you would like to form a team or donate your time, please contact Tom Bishop at (781)-983-1180 or [tom.bishopgeaa@gmail.com](mailto:tom.bishopgeaa@gmail.com)

National Anthem at 9:25am. We would like to encourage all islanders to attend.  
 First Pitch 9:30 AM  
 Single Elimination at Ball Fiel



## Department of Public Works

655-7493

Trench Monkeys are taking a break and doing building maintenance at the Golf Club House. As soon as they locate Hilltop Drive on a map, they will be installing new waterline there.

**Ferry:** Thumbs up to DPW employee Eric Berube who disrupted his July 4<sup>th</sup> holiday to come in and repair the Ellie Corliss Ferry's water pump.

Thumbs up to Captain Dave Wooley who stayed on duty until 1:30am, so the CMP could get off the island after repairing the power.

Thanks to Chief Rod Beaulieu for traffic control at the downtown ferry landing because of the backup caused by the ferry breakdown and Cape Road closing.

It's a great comfort to have employees ready to step in and help out, so that others can enjoy their time off.

DPW quote of the week, courtesy of Tali Sutherland,

"For to be free is not merely to cast off one's chains, but to live in a way that respects and enhances the freedom of others."

Nelson Mandela

**John Crosby, DPW**



### Frye Island Fire & EMS Department

**Robert E Boyd Jr, Fire Chief**

**Cathy Gosselin, EMS Director**

**Fire Department Contact:**

**Fire Barn: (207) 655-8618**

**Dispatch/Non-Emergency (207) 893-2810**

**To Report Fire or Medical Emergency: Dial 911**



Thanks to everyone who came to the community hot dog lunch at the fire barn on July 2! We served about 700 hot dogs, along with watermelon and cold drinks! We also sold many, many FIFD T shirts, but we still have some left. If you'd like a T shirt, but didn't get one on Saturday, email [fryeislandfiredept@yahoo.com](mailto:fryeislandfiredept@yahoo.com) or contact anyone on the fire department. We have youth sizes XS, S, and M for \$8, and adult sizes S, M, L, XL and XXL for \$15.

### **Blood Pressure:**

The EMS crews will be doing blood pressure checks on Monday/Wednesday/Fridays from 10 AM to 11 AM down by the Café. Feel free to stop by and have your BP checked!

### **Upcoming classes:**

Are you interested in learning CPR- We will be doing a "Friends and Family" CPR class at the fire station on Thursday July 28<sup>th</sup> at 6:30 PM. This class is a hands on CPR but not a certification. It is designed to teach the general public what to do if someone in your presence needs CPR. To sign up for the class or for more information, please email the EMS Director, Cathy Gosselin at [cathy.gosselin@ymail.com](mailto:cathy.gosselin@ymail.com)

**Emergency Medical Responder Class** – The Frye Island EMS division would like to have more folks on the island trained to assist the EMS crews on emergency medical calls. We are looking to find out if there is enough interest to host an Emergency Medical Responder class (EMR) this summer. The class is a 54 hour class and would be held on evenings and a few days scheduled in July and August if we get enough interest. As an EMR, you would be licensed with Maine Emergency Medical Services and would be able to work on the rescue underneath the guidance of an EMT. The class would consist of training on basic first aid, splinting, wound care, controlling bleeding, human anatomy, medical diseases and more. If you are interested, please email the EMS Director, Cathy Gosselin at [cathy.gosselin@ymail.com](mailto:cathy.gosselin@ymail.com)



## No Man Left Behind Challenge Quadrathlon

**On Tuesday, July 5<sup>th</sup>**

Seals for Sunshine sponsored a benefit aimed at raising \$125,000 for Camp Sunshine.

It's was a grueling quadrathlon with 8.3 miles running, 25.5miles biking, 2.2 miles swimming, and 4 miles paddling.

Included is a run around Frye Island.

To learn more, log onto [SealsforSunshine.org](http://SealsforSunshine.org)



### The Fitness Center

The Fitness Center officially opened last weekend. Please come visit us on the second floor of the Community Center. There is cardio equipment and a variety of weights with more cardio equipment on the way. Monday we held our first spin class at 7:15 am!!

Currently the schedule for spin is Monday, Wednesday, and Friday at 7:15 am.

**\*\*Note the time change\*\***

The Fitness Center is open 7-10:00 am and 4-8:00 pm Monday through Saturday, and Sunday 3-6:00 pm. **The hours are subject to change** based on demand so please check the FINS for the most updated hours.

#### Fee Schedule:

Adult Membership	\$100.00
2nd Adult Membership in the same household	\$ 75.00
Student Membership	\$ 65.00
5 Day Punch Pass Does Not Expire	\$ 30.00
One Day Drop In	\$ 10.00
10 Spin Classes Does Not Expire with any of the above memberships	\$ 30.00

Please remember The Fitness Center is a non-profit mutual benefit operation. All of the fees will be used to cover expenses and make improvements.



# Activities & Recreation

Recreation Director: Anna Donio  
Chair Person: Nancy Donio  
Community Center (207) 655-3893

## Message from Recreation Director

Welcome back everyone! Please note the following changes this week:

- Capture the Flag will be both Friday and Saturday, with Younger Kids at 6:30pm and Older Kids at 7:15pm.
- BINGO is back to being on Mondays, starting at 7pm
- The Craft this week is Gimp. Come on down and learn how to make some camp classics!

Thank you.

## Week Hours

Friday 7/8: 10-4pm  
Saturday 7/9: 10-4pm  
Sunday 7/10: 10-4pm  
Monday 7/11: 10-4pm  
Tuesday 7/12: 10-4pm  
Wednesday 7/13: 10-4pm  
Thursday 7/14: 10-4pm

## Tumbling Class

Classes are Tuesdays and Thursdays from 9:30-11am. \$15.00 per person.

## Field Games

Come on down to the baseball field and play some really awesome games, including whiffle ball, kickball, soccer, Ultimate Frisbee, and more! Field Games are on Mondays, Wednesdays, and Fridays from 11-12pm, and Tuesdays and Thursdays from 10-11am.

## Soccer

Come down to the ball field and play some soccer with us! Kids of all ages are allowed to participate. We begin this Tuesday, July 5<sup>th</sup>, from 11-12pm. Soccer is on Tuesdays and Thursdays from 11-12pm.

## Capture the Flag

Come on down to the Ball Field and play everyone's favorite island game Friday and Saturday nights. We have two games: Younger Kids, which is for anyone under the ages of 14 years old, and Older Kids, for anyone over the ages of 10. The game times are as followed:

Capture the Flag Younger Kids: 6:30-7:15pm

Capture the Flag Older Kids: 7:15-8:00pm

## BINGO

Come on down Monday Nights, beginning at 7pm to play Frye Island's favorite game! You must be 16 years or older to play.

## Candy Bar Squares

Come on down to the Recreation Center and play some Candy Bar Squares on Tuesdays, beginning at 7pm. Admission is 1 candy bar per person, or you may purchase a candy bar at the Recreation Center for 75 cents.

## Craft Night

Craft Night is back on Wednesdays at 7pm. We are making a surprise for our Fairy Gardens. Hope to see you all there!

## Teen Night

Teen Night is back, beginning Friday July 8<sup>th</sup>, from 8:30-10:30pm. Come up and play some games, have some soda and snacks, and hang out with all your friends!

## Preschool Playgroup

Have a preschooler who wants to make new friends? Come on down to the Recreation Center Thursdays in July at 9am to meet some new friends, play some toddler-friendly games, and make some crafts. If you have any questions about this event, please contact either Anna Donio at [amdonio123@gmail.com](mailto:amdonio123@gmail.com) or Emily Davis at [butterfield.emily@gmail.com](mailto:butterfield.emily@gmail.com).

## Swimming and Tennis Instructors Wanted

The Recreation Commission is looking for Swimming and Tennis Instructors to teach lessons over the summer. We are looking for qualified adults and college students to teach. If you are interested, please contact Anna Donio at [amdonio123@gmail.com](mailto:amdonio123@gmail.com). Thank you.

## Swimmers Wanted

Starting Sunday, June 12, we will be swimming at 7:00am or evenings. Want to improve your stroke and have fun? Call Roxy 207-210-2136. We'll swim from different locations.



## The Fairy Garden Building Contest

It is time to begin gathering NATURAL items for your fairy house. The garden club is sponsoring this contest. We are having it on Sat, July 9th 10am (rain date July 10). Wear your fairy wings, if you want. Please bring lots of nature items you might want for your fairy house. Prizes to be awarded. Refreshments, Face painting, Storytelling.



## Group Fitness Classes – Marilyn Sullivan, R.N., PT

Spending the summer on Frye Island? How about an 8 week exercise program for just \$89.00! Stretch, tone, cardiovascular exercise, in general, become FIT! That's 24 classes for just \$89.00! For all ages 16 – 80+. Everyone will benefit, everyone will feel better, and everyone will feel the difference. Renting a cottage on Frye Island? Come and join us by the class, just \$7.00! Join us at the community center every Monday, Wednesday and Friday from 9-10am, rain or shine, spread the word and bring a friend. Bring a water bottle, mat or towel. First class begins on July 1<sup>st</sup>! I hope to see you there, **Marilyn Sullivan, R.N., PT 603.548.7978 (mobile)**



## Book Club

Book group selections for summer, 2016  
July 18 - STILL LIFE by L. Penny  
Aug. 8 - RULES OF CIVILITY by A. Towles

Aug. 29 - THE BOYS IN THE BOAT by D. J. Brown

The Frye Island Book Group welcomes all on the island. We meet at 7:30 P.M. in the Library at the Community Center.



## Ladies Golf Scramble

A great day for golf. Played for putts. Co-winners: Nancy Perry and Judy Ashley  
Tuesdays, 9:15am Sign up 9:30 Tee off.

We're ready to begin a new season of social but competitive golfing. All levels are welcome. You don't need a handicap. If the weather is iffy, I will notify the golf club (655-3551) by 9:00 (8:30 in high season). Come join us to enjoy golf in a fun way!

## Windham Food & Clothes Pantry

Please drop all your non-perishable goods and clothing at the bin located next to the Post Office near the Ferry Landing. All donations will be appreciated and taken over to Windham on a weekly basis. We are more fortunate than so many others and it can be our small way to give back to our fellow communities/



## Frye Island Chapel

Services every Sunday 9:00 AM in the Upper Room of the Community Center. *All are welcome. Dress is casual.* You are cordially invited to attend our weekly non-denominational services. Chaplains: Rev. Theodore Ekholm and Rev. David DeLuca.



## MAH JONGG

Please join us for MAH JONGG

Monday's @ 9:30AM at the Clubhouse. Thursday's @ 12:30 at the Clubhouse  
In case of rain we will play at the Community center or at someone's home. Any newcomers, we will be happy to help you learn the game. Any thoughts or questions call Carol STENZ @207 655 4041 or Eileen Sullivan @ 207 655 4950

## Bridge Club

If you enjoy playing bridge in a relaxed atmosphere, the Frye Island Bridge Club might be just what you are looking for. Wednesdays at 1:00pm at the Golf Clubhouse is the place. We'll leave a note on the door if a cancellation or change of meeting place needs to be made. All levels of players invited.

## Garden Club

Meeting dates July 13 and work day Saturday July 16th

Please remember that there are lots of opportunities to participate whether you're looking for learning about plants, a family program once a season, a botanical trip off island with lunch, an hour spent weeding once in a while, working one morning on a project to improve the gardens, or helping us plan. Lots of people putting efforts together can make a big difference.

There are two flower boxes at Beach #6 waiting to be adopted. Just stake a claim and plant your flowers. No long term obligation.

About Bobbex, Mary Frances Short is our contact person for Bobbex. It comes in spray or concentrate. Please call her at (615) 419-7819

## 1st start of 5mi race



## A Record Year for the Frye Island Run/Walk, 1mi/5mi and Marathon

We had a record turnout of almost 400 participants for this year's events including 6 who finished the marathon! Our marathoner's included a couple from Kansas who have done marathons on all 7 continents, a man from Ohio visiting Maine, and a couple from CT and our very own Kathleen Schaefer who set a female course record of 3:50.29!

We will have a full set of results and many pictures posted to the race website in the near future. Visit <http://fryeisland.com/race> for more details. This event is an important fund raiser for the Recreation Department and we are already working on improvements for next year's race so stay tuned.

A huge THANK YOU to Dave and Amy Wagner of the Frye's Leap Store and Café for the donation of the beer mug prizes, ice cream for the kids and for manning water stop #4.

Thanks as well to all of the agencies of the Town, including the office, DPW, FIFD, FI EMS and FIPD.

This event would not be possible without the dedicated effort of our volunteers. A huge thank you to all including (our apologies if we left anyone out): Jan Brown Ed Charette, Bill Fitzgerald, Ben Zavadoski, Kelliann Saunders Bazemore, Helen McKee, Kate Faber Hickie, Mary Joe Saunders, Mike Saunders, Kathleen and Peter Schaefer, Nancy and Amanda Donio, Betsy and Eric Gleysteen, Chris Deming, Larry Deming, Jack McKee, Coleen Lauren, Celine DiSalvo, Sandy Storer, The Perry Family, Harry Ledgard, Tim Mccarthy, Regina Shelkova, John and Patty Brown, Dave and Doreen O'Grady, Gary Donohue, The Miner Family, Dana and Mike Gschwendter.

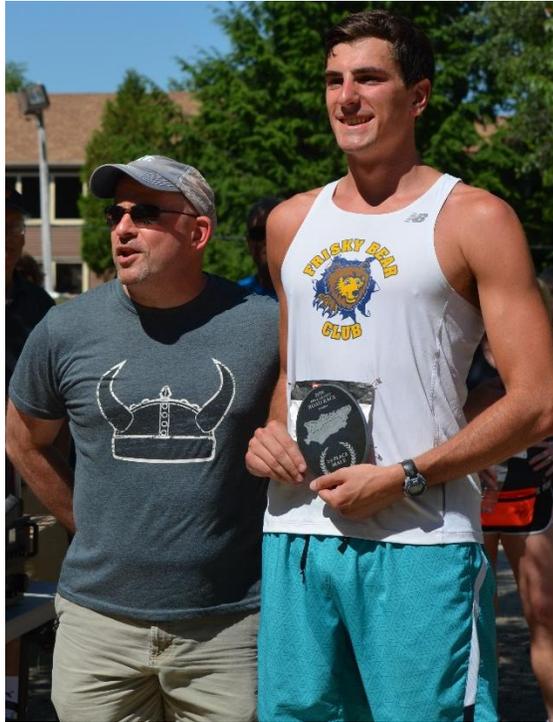
Ted Charette, Race Director

Andrew DiSalvo, Race Director

**Marathon winner Kathleen Schaefer and Ted Charette**



**Andy DiSalvo with 5mi winner Greg Karpacz**



**First finisher 1mi, Diego**



**Marathon Finishers**



## Frye Island Arts & Crafts Show

"The Arts & Crafts Show is almost here! Mark your calendars for Saturday, July 16th from 9am-1pm at the Community Center. Local island artists will be showing and selling watercolors, jewelry, photography, printed scarves, ornaments, and more. **Below is a preview of the participants.** Come see what your fellow islanders have to show!"



**Pipsa Amato:** *Artwork, Sterling Jewelry and Accessories*



**Beth Bleas:** *"Birch Bark Boxes" ~ No birch trees were harmed in the making of these*



**Melissa Cuevas:** *Acrylic paintings from 10x8 to 17x11 and hand made jewelry made from copper/ brass and some silver*



**Mya Cuevas:** *Hand made earrings with crystals and beads.*



**Alana MacArthur:** *My work, a collection of paintings I've created in various art courses throughout high school and college, reflects a concentration in amplified color. I mostly enjoy painting landscapes and animals in pastel, watercolor, and acrylic paints.*



### **Tara Lenharth**

*Join us in this fun, unique opportunity to make your own, one of a kind, painted scarf. No artistic talented needed! You will float the paint on top of water, then dunk your 100% silk scarf, and be amazed at the results. \$35 each, any 2 or more will be \$30 each.*



### **Diane LePage**

*For display: I use hard shell gourds from the field as my canvas. I then use a multi-media process which includes such techniques as wood burning, inks and stains, carving, coiling, and acrylics to creative original decorative artwork.*



### **Helen McKee**

*I am a retired florist turned amateur photographer. I especially enjoy family photography and children. While being on Frye Island I have begun enjoying capturing the beauty of our special place.*



**Roxy Olmsted:** *Donated needlework pillow for raffle - I began doing some water color classes in the Villages, Florida. I find it to be relaxing and challenging to work on various projects. I hope you all enjoy the first Frye Art & craft show.*



**Joan Shaughnessey:** *Pastel Paintings*



**Karen Spring:** *Fabric Bowls and Garden Flowers (ceramic). I will also have some Frye Island vanity license plates and a few Frye Island Hooded Towels.*



**Sandy Storer:** *Photography - Frye Island & Sebago Lake prints, cards, puzzles, and more.*



**Sally & Jon Von Hussen:** *Salt dough ornaments*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Community Center Open Every Day</b> <b>10:00am-4:00pm</b>						
				<b>JULY</b>	<b>8</b> Fitness Class 9-10am Field Games 11am Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm Teen Night 8:30pm	<b>9</b> FAIRY GARDEN CONTEST 10am-12noon Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm
<b>10</b> Chapel 9:00am	<b>11</b> Walking 9:30 10am Fitness Class 9-10am Field Games 11am BINGO! 7-9pm	<b>12</b> Field Games 10am Soccer 11am Candy Bar Squares 7-8 pm	<b>13</b> Walking 9:30 -10 am Fitness Class 9-10am Field Games 11am Craft Night 7-8pm	<b>14</b> Field Games 10am Soccer 11am Private Rental 5-10pm Preschool Playgroup 9-10:am	<b>15</b> Fitness Class 9-10am Field Games 11am Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm Teen Night 8:30pm	<b>16</b> ART SHOW 9-1 Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm
<b>17</b> Chapel 9:00am	<b>18</b> Walking 9:30 10am Fitness Class 9-10am Field Games 11am BINGO! 7-9pm	<b>19</b> Field Games 10am Soccer 11am Candy Bar Squares 7-8 pm	<b>20</b> Walking 9:30 -10 am Fitness Class 9-10am Field Games 11am Craft Night 7-8pm	<b>21</b> Field Games 10am Soccer 11am Theater 7:30pm Preschool Playgroup 9-10:am	<b>22</b> Fitness Class 9-10am Field Games 11am Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm Teen Night 8:30pm	<b>23</b> FAMILY FUN DAY! 10am-12noon Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm Bucky Lewis

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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# Community Center Open Every Day

## 10:00am-4:00pm

<b>24</b> Chapel 9:00am  PROGRESSIVE BEACH DINNER 5-8 PM	<b>25</b> Walking 9:30 10am  Fitness Class 9-10am  Field Games 11am  BINGO! 7-9pm	<b>26</b> Field Games 10am  Soccer 11am  Candy Bar Squares 7-8 pm	<b>27</b> Walking 9:30 10 am  Fitness Class 9-10am  Field Games 11am  Craft Night 7-8pm	<b>28</b> Field Games 10am  Soccer 11am  Theater 7:30pm  Preschool Playgroup 9-10:am	<b>29</b> Fitness Class 9-10am  Field Games 11am  Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm  Teen Night 8:30pm  SOFTBALL PRACTICE	<b>30</b> SOFTBALL TOURNAMENT ballfield all day event
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<b>31</b> Chapel 9:00am  2-4pm Closed for Cleaning  SOFTBALL TOURNAMENT (rain date)	<b>Notes:</b>					
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## August 2016 ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> Walking 9:30 10am  Fitness Class 9-10am  Field Games 11am  BINGO! 7-9pm	<b>2</b> Field Games 10am  Soccer 11am  Candy Bar Squares 7-8 pm	<b>3</b> Walking 9:30 10am  Fitness Class 9-10am  Field Games 11am  Craft Night 7-8pm	<b>4</b> Field Games 10am  Soccer 11am  Theater 7:30pm	<b>5</b> Fitness Class 9-10am  Field Games 11am  Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm  Teen Night 8:30pm	<b>6</b> Capture the Flag 6:30 – 8 pm
<b>7</b> Bob Marley Show 7pm  Chapel 9:00am	<b>8</b> Walking 9:30 10am  Fitness Class 9-10am  Field Games 11am  BINGO! 7-9pm	<b>9</b> Field Games 10am  Soccer 11am  Candy Bar Squares 7-8 pm	<b>10</b> Walking 9:30 10am  Fitness Class 9-10am  Field Games 11am  Craft Night 7-8pm	<b>11</b> Field Games 10am  Soccer 11am  Theater 7:30pm	<b>12</b> Fitness Class 9-10am  Field Games 11am  Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm  Teen Night 8:30pm	<b>13</b> NAVY DAY  Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm
<b>14</b> Chapel 9:00am	<b>15</b> Walking 9:30 10am  Fitness Class 9-10am  Field Games 11am  BINGO! 7-9pm	<b>16</b> Field Games 10am  Soccer 11am  Candy Bar Squares 7-8 pm	<b>17</b> Walking 9:30 10am  Fitness Class 9-10am  Field Games 11am  Craft Night 7-8pm	<b>18</b> Field Games 10am  Soccer 11am  Theater 7:30pm	<b>19</b> Fitness Class 9-10am  Field Games 11am  Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm  Teen Night 8:30pm	<b>20</b> PICKLE BALL TOURNAMENT 9-12 Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Community Center Open Every Day 10:00am-4:00pm</b>						
<b>21</b> Chapel 9:00am	<b>22</b> Walking 9:30 10am Fitness Class 9-10am Field Games 11am BINGO! 7-9pm	<b>23</b> Field Games 10am Soccer 11am Candy Bar Squares 7-8 pm	<b>24</b> Walking 9:30 10am Fitness Class 9-10am Field Games 11am Craft Night 7-8pm	<b>25</b> Field Games 10am Soccer 11am Theater 7:30pm	<b>26</b> Fitness Class 9-10am Field Games 11am Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm Teen Night 8:30pm	<b>27</b> Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm



**LEISURE LOUNGE (Next to Pro Shop) 207-655-3551**

**Monday - Thursday: 8:00AM – 8:00PM**  
**Friday – Saturday: 8:00AM-Midnight**  
**Sunday: 7:30AM – 8:00PM**

### OPEN TO THE PUBLIC

**SPORTS FANS COME WATCH THE BIG GAMES ON OUR TWO FLAT SCREEN TV'S**



**Our lounge offers a full bar with wine, bottled /draft beers and a limited appetizer menu for those looking for a light snack. For those younger at heart, try our Root Beer Floats with vanilla ice cream.**



## Lobster/Clambake

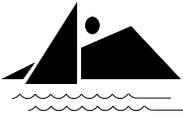
Saturday, July 9<sup>th</sup>

\$30.00 per person, payment is to be made at sign-up.

1-1/2 pound lobster, steamers, corn on the cob, and strawberry shortcake

Cocktails 5pm-6pm

Dinner 6pm Leisure Lounge. **SOLD OUT**



**FRYE ISLAND GOLF CLUB 1 FAIRWAY LANE 207-655-3551**

**Hours of Operation:**

8:00 AM – Dusk (Monday-Saturday)  
 7:30 AM – Dusk (Sunday)  
 Twilight after 5:00 PM

**Annual Membership Fees**

One time Initiation Fee \$540.00  
 Individual Memberships \$710.00  
 Family Memberships \$1050.00  
 Trail Fee \$225.00, each additional cart \$125.00

**Greens Fees**

**Golf Carts – per golfer rates**

	<u>9 Holes</u>	<u>18 Holes</u>	<u>Other*</u>
Weekday Youth (16 & Under)	\$12.00	\$12.00	
Weekend Youth (16 & Under)	\$22.00	\$22.00	
Weekday Adult	\$21.00	\$28.00	
Weekend & Holiday Adult	N/A	\$37.00	
Twilight – Weekday Adult	\$21.00		
Twilight – Weekend Adult	\$24.00		
3 Day weekday Pass			\$65.00
Week-long Unlimited Golf Pass			\$160.00
Sunday Morning Scramble	\$21.00		

	<u>9 Holes</u>	<u>18 Holes</u>
Pull carts	\$4.00	\$4.00
Gas carts	\$16.00	\$26.00
Personal Cart (no Trail fee)	\$10.00	\$20.00
Club Rental	\$12.00	\$12.00

**Check us out on Facebook** (<https://www.facebook.com>)

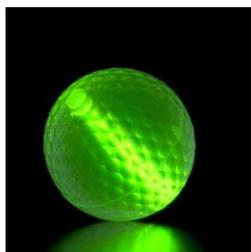
We now have presence on Facebook. Whether you are a Member or just enjoy playing golf from time to time, we'd love you to join this group to keep abreast of activities, find someone to play a round, or even see which tournaments are coming up.

**Sunday Scramble:** The Sunday scramble is open to players of all levels (sign up at the clubhouse). Come meet other golfers or guests from the island in a pressure free / relaxed environment. Sign-ups are as follows: Morning Scramble: Tees off at 8:00am, sign up from 7:30am – 7:45am.

**Scramble Results July 3, 2016:**

<b><u>1<sup>st</sup> Place (-8) \$55.30 each:</u></b>
Craig Daisan Bruce Nisula Scott Nisula Paul Lyons Phil Spring
<b><u>Closest to the PIN \$36.00 each</u></b>
Mark Thomas Paul Lyons

<b><u>2<sup>nd</sup> Place (-5) \$23.70 each:</u></b>
Mike Vesprini Todd Keigwin Alan Ross Jon Hartman Alicia Vesprini



**Night Golf**

Saturday, July 16<sup>th</sup>

\$25 payment must be paid in advance (includes 2 glow balls) + any applicable green and cart fees  
 Must use own golf cart with working headlights  
 Begins promptly @ 8:15 pm (arrive early)  
 Due to high demand payment must be made in advance.  
 Sign up and payment is made at the pro shop.  
 Space is limited.

**Club Championship**

Seize the opportunity to become Frye Island Golf Club Champion. There will be Champions in both the Men's and Women's division. The top eight scorers in the Qualifying Round will play each other in a single elimination match play tournament. This is a gross score event. To play in the Qualifying Round, you must check in at the Pro Shop and announce to the Staff that the round you are playing is your Qualifying Round (the staff will initial your card). You **Must** play your round with at least one Member in accord with the USGA rules of golf with local rules included.

You may play the two 9-hole rounds separately, but each round must be initialed by the Staff and accompanied by a Member. Upon completion of the 18-hole round, you return the score card to the Staff.  
 Good luck to all participating golfers. Qualifying Round must be completed on or before July 24<sup>th</sup>: Quarterfinal Match must be completed on or before August 14<sup>th</sup>. Semifinal Match must be completed on or before September 4<sup>th</sup>.

**UPCOMING GOLF TOURNAMENTS**

July 16	Night Golf (Rain Date July/23)
August 6 - 7	Member-Guest
August 20	President's Cup
September 10 - 11	Sebago Lake Great Escape
September 24	TKE Fall Classic
October 18	Captain's Choice
October 22	Cross Country

**Golf Cart Parade 2016**

