

Frye Island News Service

Volume 2016, Issue 9

TOWN HALL 655-4551

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townclerk@fryeislandtown.org

office@fryeislandtown.org

July 1, 2016

FAX 655-3422

Pest Alert



The State of Maine Forest Entomologist visited the island Thursday. Hemlock Woolly Adelgid has been found in several areas of the island, this is a very serious issue that can decimate the hemlock trees on the island. Also found is Elongate Hemlock Scale, which is extremely rare in Maine. The Forest Service will be coming back out to map the areas and advise a course of treatment. In the meantime the Public Works Department will not be selling any mulch at this time, we will also be quarantining any hemlock tree brush that comes into the Transfer Station. We are asking all residents and contractors to separate hemlock from other brush and we will have a specific area in the Transfer Station for only hemlock. Deb Edwards will have a few handouts for those who want them with more on the way from the State.

Manager's Comments

July 4th weekend is now upon us. I wish you all a pleasant weekend with family and friends. There are many events this weekend that are all listed in the FINS, so enjoy!

The Administration office will be closed July 2, 2016. Please plan around this date.

Fireworks – July 2nd

I am reaching out to Islanders to please make a contribution to help offset the cost of the Fireworks display on July 2nd 2016. Rain date is July 3rd. Thanks to those that have already contributed. Your donations as Islanders are always appreciated.

Please note: Boats in Slips 84 through 130 and 67 through 131 must be moved by 5PM July 2nd for the Fireworks. See more detail in Fire Department section.

Town Office Hours

The office will be open Tuesday thru Saturday from 9 am to 3 pm. Please take advantage of the available on-line services to help keep the line short in the office during high season.

If you have a brand new registration for a boat, car, golf cart or trailer, please try to come during the week when the office is not as busy. Call ahead to be sure you have all the proper documents and discuss with the office staff the possibility of an appointment time to complete the new registrations. A new registration can take more than an hour and you may be asked to leave copies of your documents for the registration to be completed and picked up later in the day or another day.

2nd Half Property Taxes due 6/30/2016

Your second payment remittance stub is attached to your bills that were mailed in November of 2015. This is just a reminder for you that taxes at this time are now overdue!

Property Tax Procedure

The Town of Frye Island mails out your annual property tax bills the first week of November. At the bottom of each bill there are two remittance coupons. The first payment is due by December 31st of the year mailed. The second remittance is due by June 30th of the following year. If you have an unpaid balance after June 30th a certified letter is mailed to your address on file as a 30 day notice. After the lapse of an additional 30 days the liens are attached to the property in arrears. After 17 months the property owner will receive another notification warning of foreclosure. 30 days later the subject property will be foreclosed.

Milfoil Volunteers Wednesday's 10am- 3pm

Assisting diver in bagging. Walking shoreline and picking up loose fragments. If you have kayak available, gathering floating fragments is needed. Creating a "milfoil team" will ensure to control this invasive nightmare.

Tel# 603 398 0833 email: divecon@juno.com. Volunteers can also contact Roxanne Olmsted 207 210 2136

Our diver Larry Pilotte advised me they gathered 3 bags at Long Beach near the boat launch and roadside bank, thanks to volunteers Phil and Nancy Perry and Roxanne for their efforts in this battle. Also thanks to James O'Connor who monitors Quail Circle and Moose Lagoon by kayak.

Transfer Station Hours

Wednesday, Saturdays, and Sundays 10am-6pm

Holiday Mondays 10am-6pm

Code Enforcement Officer

John Thompson

Tuesday and Thursday

8:00am – 3:00pm

Refrigerator Magnets E911 Address

If you don't have a refrigerator magnet with your E911 address and street address on it, please come to the office to get one. It is very important that everyone in your house knows your E911 number and street name. When calling in for an Emergency, you **MUST** give both. It is also helpful if you can refer to the closest landmark such as Beach # or crossroad. An example would be E911 address 10 Harbor Road (need to give street name) Lot address is 1554.

Ferry Ride Requirements

To pay the toll on the ferry you need an E-Z Ride card, a paper ticket, an emailed ticket, or a picture of the E-Z ride card. The ferry employees are not responsible to type in numbers or take verbal requests to use another party's card for passage in any situation. Please provide family, guests, and any vendors you have with one of the above tools for ferry passage.

NIXLE

Our NIXLE system is up and running. This system will notify all subscribers of important / emergency notices in their selected areas via text, web, and email. The best part of this is that it is a free service to both the municipality and to residents as well. We can initiate notices to all Islanders that subscribe to the service. However, in order to access the notices you will be required to subscribe. You can subscribe by going to their website at www.nixle.com and following the prompts. I would encourage everyone to subscribe to this service. It is an ideal way to be notified of issues that may affect your time on the Island.

Post Office Mail

To receive your forwarded island mail, please use your lot number and island street name. Do not use the Town Office (1 Sunset Road).

Small Package Delivery (up to 70 lbs.)

All packages delivered by any courier service (UPS, FEDEX, etc.) will be delivered to the Post Office by 7 am the following day. You are responsible to Track your own deliveries. If you have a package that is perishable, medicine, or overnight delivery you have the right to free pedestrian passage to collect your package at the Ferry trailer once you track and it states delivered.

Large Package Protocol (over 70 lbs.)

Bob Sutherland has volunteered for the past seven seasons to bring all the UPS and FedEx packages across to the Post Office in his own vehicle. I want to thank Bob for his effort. E-commerce has changed the way we shop. FedEx and UPS now handle larger packages. Packages over 70 lbs. are labeled “heavy”, “dangerous “or request “team space lift”. Bob works alone.

Our volunteer has handled all packages including the occasional heavy packages in the past. The increase number of large packages’ makes it necessary to modify our procedure’s effective June 1, 2016.

Recipients must track large packages and confirm delivery to the Ferry trailer in Raymond. When package arrival is confirmed, the recipient must contact the ferry trailer to schedule free round trip ferry vehicle transit to pick up the package.

The recipient is now responsible for the handling of heavy items from the Ferry trailer to their cottage.

Contact Information

The Administration is trying to update the Island email addresses. Please either stop in or email your current email address, name, and telephone numbers to Marie Tedford, Town Clerk at townclerk@fryeislandtown.org. This will allow us to reach you with any pertinent information year round.

Gary Donohue, Town Manager



Meetings

Planning Board Meeting Sunday July 3 at 9:30am at New Town Hall

Board of Selectman/Executive Committee Meeting and Workshop Thursday July 7 at 8:00pm Conference Call 712 770-4010 Access Code 542-567

Recreation Commission Meetings Tuesday July 12, Tuesday Aug. 9 at 8:15pm at Community Center

Board of Selectman/Executive Committee Workshop Thursday July 14 at 8:00pm Conference Call

Board of Selectman/Executive Committee Workshop Thursday July 21 at 8:00pm Conference Call

How to find Information related to Board of Selectmen/Executive Committee Meetings

All information regarding Board of Selectman/Executive Committee Meetings can be found on the website fryeisland.com. See the Public Meeting Calendar on the right hand side. Click on the time of the meeting you are interested in, click more details, and then click the Agenda attached. If you are interested in more information on the Board of Selectman/Executive Committee Meetings, click on the “Public Documents Folder” at the top right, above the calendar. You can find various information, such as Minutes, Meeting Recordings, and Agendas. If you would like to contact the Board of Selectman/Executive Committee, emails can be sent to the full Executive Committee at frye-island-excombos@googlegroups.com.

Requirements for New Registrations of Cars, Golf Carts, UTVs, Trailers & Boats

If you have a new Registration, please call ahead to arrange a good time to come in.

In order to expedite the process, the following is required:

Bill of Sale, including VIN #, and Sales Tax, Paid/Unpaid, Purchase Date, Year of Vehicle/Boat, Seller Information (Name and Address)
 Insurance Card (including VIN # and Expiration Date)
 Driver's License (need to see names as shown on license) and Birthdates
 Mailing Address and Frye Island Address
 Contact Phone # (prefer cell)
 Who the Vehicle/Boat was Purchased From (Name and Address)
 Trailer # of Tires, # of Axles, Color, Type of Trailer (boat, utility, camper)
 Golf Cart Make, Color, Gas/Electric, proof of insurance with VIN and expiration date on policy card
 Vehicle Make, Color, Mileage, Title Application if already completed, Previous Title if changing States, window sticker if new vehicle, Lease Agreement if Leased, Proof of Insurance
 Boats Color, HP, Open/Close Bow, Salt/Fresh Water, Fiberglass/Metal, Length, Previous Registration Number if in Maine, Fuel Type, Inboard, Outboard, or In/Out

Island Residents Input Needed!

We have discussed over the winter at the Executive Committee meetings the need to better understand how many students we have on the island throughout the season. This information would be very helpful in our MSAD6 tax relief efforts. Your help in the matter is important and greatly appreciated. Please go to Fryeisland.com. There is a link on the top line of the Home Page of the website "Parent/Grandparents" for you to complete the following information in a survey:

1. Name, Lot #
2. Winter City and Town
3. Number and grades (upcoming) of school age children
4. Any services you may need or would find valuable such as special education services, tutoring, SAT Prep., etc. Even if you don't need or want services, if you would please give the information in 1-3, that would be great.

Recreation Beach

No boats allowed by Deed. Please remove the boats that are in the wooded area of Recreation Beach or they will be disposed of.

Long Beach Marina and Quail Circle

The Long Beach Marina and Quail Circle are full this year other than 2 general slips with weekly rentals at Long Beach. Please be sure to put your Marina Sticker on your boat. We will be towing squatters. If you rent out your slip, whether yearly or temporarily, please notify the Town Office with a letter stating the person renting, a phone number for them and your slip #. Your renter will need a Marina Sticker also.



Ferry 655-4258

7/01/16-7/08/16

First Ferry

Second Ferry

Friday 7/01 7 AM-12 Mid
Saturday 7/02 7 AM-12 Mid
Sunday 7/03 7 AM-10PM
Monday 7/04 7 AM-10PM
Tuesday 7/05 6 AM-10M
Wednesday 7/06 7 AM-10PM
Thursday 7/07 7AM-11PM
Friday 7/08 7 AM-12 Mid

9AM-10PM
10AM-6PM
10AM-8 PM
9AM-8PM
9AM-5PM
9AM-5PM
9AM-5PM
9AM- 10PM



Frye's Leap General Store and Café

655-4256

Fourth of July is here and it looks like it should be a great weekend! Lots of good weather for all of the holiday festivities, whether it be the fireworks, the parade or coming down to the café for a cold drink. Good times for all! Speaking of the fireworks, **the café will close promptly at 7:00pm on Saturday** in order to give our employees a chance to see the fireworks display with family and friends.

As discussed last week, we have some cool new features on our new POS (Point of Sale) system. Last week we shared that we now accept Apple Pay if you prefer to pay in that fashion. Our system also collects customer email information in the event that you would like to have a receipt emailed to you (similar to Home Depot for example) or, once we get more sophisticated, get information from us about the store and café over email. More coming in this area... In the store we are working to keep grocery items and basic staples stocked and ready to go. We may still run out of items from time to time due to storage constraints but we hope that you are able to find what you need to satisfy your fill in shopping requirements. And if there is something that you cannot find, please be sure to let us know.

The farm stand opened for business this Thursday (yesterday) with a selection of not just flowers, vegetable plants and herbs for your own summer garden, but also with local produce and other "farm stand" items. Pick up some corn or other locally grown vegetables for your Fourth of July cook out. Also be sure to stop by and sample some of our salsas and dip mixes. They are good!

The full menu is rolling and so is the seafood. The clams are some of the best that we have ever seen. They are truly whole belly! We have also added scallops to the menu on several different entrees. Be sure to give one of the entrees a try. And this week we have also introduced the first of our weekly specials menus. This week our specials include a fajita steak bomb, street corn nachos, a reuben pizza, just to name a few items. And every week the specials will rotate. On the breakfast front, we have changed up our weekend breakfast menu, moving from a breakfast buffet format to an a la carte format with items made to order. We feature eggs benedict, breakfast burgers, a breakfast skillet, smoked salmon, blueberry pancakes, etc. Come enjoy breakfast with us one of these coming Saturdays or Sundays.

Now that the high season is here, so are our daily activities in the café. Monday is Margarita Monday with a \$1 off your favorite margarita and Thursday is Thirsty Thursday with a \$1 off your favorite draught beer. Tuesdays are brain exercise night with Trivia Tuesday and Wednesdays are the time to let the inner American Idol shine with Karaoke Wednesday. We held our first trivia on Tuesday and it was great fun! And then for your listening pleasure on the weekends, we have local artists scheduled to play some music. Be sure to stop by and listen to the music!

Wrapping things up, our schedule for **the store** this week is modified because of the Fourth of July holiday and is as follows. **Store:**

Friday	8:00am	10.00pm
Saturday	8:00am	7:00pm
Sunday thru Thursday	8:00am	9:00pm

For **the café**, our hours for this week are modified because of the Fourth of July holiday and are as follows.

Friday	11:00am	9:30pm
Saturday	8:00am	7:00pm last seating 6:30pm
Sunday	8:00am	8:30pm
Monday thru Thursday	11:00am	8:30pm

Ice cream will be open daily at 11:00am and remain open until the café closes, weather permitting. We look forward to seeing you down at the store and café!

The Frye's Leap Team

Dave Wagner
Chief Beer and Administrative Officer
Frye's Leap General Store and Cafe



800-876-7003



888-857-0800

casella SINGLE STREAM

"Recycling Made Simple"

It ALL Goes in Together:

Newspapers, Magazines, Catalogs
Telephone/Soft Cover Books
Direct Mail/Envelopes (all types)
Paper (all colors, staples/paperclips are okay)
Paperboard (cereal/shoe boxes)
Milk/Juice Cartons
Cardboard/Brown Paper Bags
Plastic Bottles and Containers Numbered 1-7
Soda/Juice/Water Bottles (glass or plastic)
Milk Jugs, Bleach/Detergent, Shampoo Bottles
Food Containers (cottage cheese/margarine/yogurt)
Glass Bottles/Jars (any color)
Aluminum (pie plates/trays/foil)
Metal Cans (tin/steel/aluminum)

Recycling Tips

What NOT to include:

Plastic Bags*, Food Liners,
Unmarked Plastics (laundry baskets/chairs/toys),
Window Glass, Mirrors, Light Bulbs, Dishes, Pyrex,
Ceramics, Foam Packaging, Styrofoam,
Hazardous Material or Universal Waste,
Recyclables Containing Food Waste.

All Cans Must Be Empty and Non-Hazardous.

*Plastic Bags can be recycled at your local grocery store.



Department of Public Works

655-7493

Waterline: The Trench Monkeys finished up on Fairway Lane and they are heading to Hilltop Road for their next conquest.

Dust: The roads were treated last Wednesday, and we plan on treating them again early in July.

Ferry: Last week we had the blessing of the ferry fleet by our former Ferry Captain & Public Works Director, Rev. Prior Kevin LaMarre. We had a very nice ceremony and Rev. Kevin blessed the two ferries and their engines. Employees, volunteers and Rev. Kevin then enjoyed a BBQ of hot dogs and hamburgers and all the fixings for our 2016 "High Season" kick off. Thanks to Captain Karen Spring for doing the shopping and set up, and thanks to Chef Willie Campbell who came out of retirement to cook.



DPW quote of the week,
 “The enemy is within the gates; it is with our own luxury, our own folly, our own criminality that we have to contend”.
 CICERO
 John Crosby, DPW



Frye Island Fire & EMS Department
Robert E Boyd Jr, Fire Chief
Cathy Gosselin, EMS Director
Fire Department Contact:
Fire Barn: (207) 655-8618
Dispatch/Non-Emergency (207) 893-2810
To Report Fire or Medical Emergency: Dial 911



Reminder: if you have a boat in the Long Beach Marina in slip # 84 through #130 on the lake side or #67 through #131 on the causeway side, your boat **MUST BE MOVED by 5PM** to allow the pyro technicians the time to set up the Display. Even if you don't have to move your boat and you are planning on viewing the fireworks from the lake, you must be out of the marina by 5 PM as well. The marina will reopen immediately following the fireworks display. In the event that poor weather postpones the event as it has in the past, a sign will be placed on the bulletin board

The “safe zone” for the pyro technicians will be fenced off for safety. This is done at two locations, one on Long Beach and the other at the far end of Little Long Beach (near marina outlet). Roads in the area of the Marina will also be posted with No Parking signs to facilitate emergency vehicle access and egress. Parking is allowed on one side of the street only.

Fire Department Free Hot Dog Lunch



Come one, come all, to the Frye Island community hot dog lunch, July 2 at noon at the Fire Barn! Brought to you by your volunteer fire department and funded by your generous contributions of returnable bottles and cans at the FIFD shed at the transfer station!

FIFD T shirts for children and adults will be for sale during the lunch. We hope to see everyone there!

Blood Pressure:

The EMS crews will be doing blood pressure checks on Monday/Wednesday/Fridays from 10 AM to 11 AM down by the Café. Feel free to stop by and have your BP checked!

Upcoming classes:

Are you interested in learning CPR- We will be doing a "Friends and Family" CPR class at the fire station on Thursday July 28th at 6:30 PM. This class is a hands on CPR but not a certification. It is designed to teach the general public what to do if someone in your presence needs CPR. To sign up for the class or for more information, please email the EMS Director, Cathy Gosselin at cathy.gosselin@ymail.com

Emergency Medical Responder Class – The Frye Island EMS division would like to have more folks on the island trained to assist the EMS crews on emergency medical calls. We are looking to find out if there is enough interest to host an Emergency Medical Responder class (EMR) this summer. The class is a 54 hour class and would be held on evenings and a few days scheduled in July and August if we get enough interest. As an EMR, you would be licensed with Maine Emergency Medical Services and would be able to work on the rescue underneath the guidance of an EMT. The class would consist of training on basic first aid, splinting, wound care, controlling bleeding, human anatomy, medical diseases and more. If you are interested, please email the EMS Director, Cathy Gosselin at cathy.gosselin@ymail.com



Have a driver's license? Want to help the fire department? We need someone to drive around the island roads and verify lot #s for our mapping project. Teenagers with a license welcome! Contact Chief Bob Boyd at fifdc1@gmail.com for more information.



**No Man Left Behind Challenge
Quadrathlon
Tuesday, July 5th**

Seals for Sunshine is sponsoring a benefit aimed at raising \$125,000 for Camp Sunshine.

It's a grueling quadrathlon with 8.3 miles running, 25.5 miles biking, 2.2 miles swimming, and 4 miles paddling.

Included is a run around Frye Island.

After swimming from Camp Wawenock, the Seals will arrive at Beach 3 shortly after 9 a.m.,

run 4.3 miles counter clockwise along the roads around the shoreline to Beach 12, and then swim away to St. Joseph's College at about 9:45 a.m.

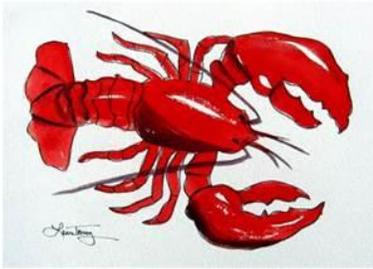
Come cheer them on at Beach 3 or 12, or anywhere along the route. Let's all give them a Frye Island salute.

To learn more and to participate in the fundraiser, log onto SealsforSunshine.org

Mark your calendars.....Dinners and Upcoming Events at the Leisure Lounge
Come meet your fellow islanders! All are welcome! (more details to follow as event nears)

July 2	Ice Cream Social
July 9	Clam Bake
July 31	Brunch
August 13	Pork Tenderloin
September 3	Ice Cream Social
September 17	Italian Dinner
October 22	Chili
October 30	Last Supper





Old Fashioned New England Lobster/Clam Dinner at Leisure Lounge July 9, 2016

Cocktails at 5:00pm, can be purchased separately. Dinner at 6:00pm includes; 1 ½ lb. Boiled Lobster w/drawn butter
2 lbs. Steamed Clams w/drawn butter
1 cup of New England Clam Chowder

Baked potato w/butter & sour cream, Corn on the Cob, Corn Bread w/butter, Strawberry Shortcake. ALL of this can be enjoyed for a mere \$30.00 per person, What a Value! All Reservations must be paid for By Monday July 4 at the Lounge/Pro Shop.



The Fitness Center

The Fitness Center officially opened last weekend. Please come visit us on the second floor of the Community Center. There is cardio equipment and a variety of weights with more cardio equipment on the way. Monday we held our first spin class at 7:15 am!!

Currently the schedule for spin is Monday, Wednesday, and Friday at 7:15 am.

****Note the time change****

The Fitness Center is open 7-10:00 am and 4-8:00 pm Monday through Saturday, and Sunday 3-6:00 pm. **The hours are subject to change** based on demand so please check the FINS for the most updated hours.

Fee Schedule:

Adult Membership	\$100.00
2nd Adult Membership in the same household	\$ 75.00
Student Membership	\$ 65.00
5 Day Punch Pass Does Not Expire	\$ 30.00
One Day Drop In	\$ 10.00
10 Spin Classes Does Not Expire with any of the above memberships	\$ 30.00

Please remember The Fitness Center is a non-profit mutual benefit operation. All of the fees will be used to cover expenses and make improvements.

One Pitch Softball Tournament



Who will be the Champs this year? Come find out! Saturday July 30th. If you would like to form a team or donate your time, please contact Tom Bishop at (781)-983-1180 or tom.bishopgeaa@gmail.com

National Anthem at 9:25am. We would like to encourage all islanders to attend.

First Pitch 9:30 AM

Single Elimination at Ball Field



Activities & Recreation

Recreation Director: Anna Donio
Chair Person: Nancy Donio
Community Center (207) 655-3893

Message from Recreation Director

Welcome back everyone! Please note the following changes this week:

- There will be no Capture the Flag this Saturday. There will still be Capture the Flag on Friday, beginning at 6:30pm.
- The Recreation Center will be open Monday at 8am for the Frye Island Run/Walk Race.
- BINGO will be on Thursday, 7/7, this week. We will go back to being on Mondays next week.
- Field Games will start this Tuesday, July 5th, at 10am at the ball field.
- Our Craft this week will be Fairy Garden themed. Come up Wednesday night and make something for your Fairy Garden.

Week Hours

Friday 7/1: 10-4pm
Saturday 7/2: 10-4pm
Sunday 7/3: 10-4pm
Monday 7/4: 8-4pm
Tuesday 7/5: 10-4pm
Wednesday 7/6: 10-4pm
Thursday 7/7: 10-4pm

Golf Cart Parade Saturday, July 2nd

Get ready for our annual Golf Cart Parade! This year's theme is "America the Beautiful". If you are participating, line up begins at 10:00am, leaving at 10:30am from the Recreation Center. The parade goes all around the island, and ends at the Firehouse, where there will be hot dogs and sodas. If you would like to participate, or have any questions, please email Helen McKee at Hjmckee1790@gmail.com.

Field Games

Come on down to the baseball field and play some really awesome games, including whiffle ball, kickball, soccer, Ultimate Frisbee, and more! Field Games begin this Tuesday, July 5th, from 10-11am, and are on Mondays, Wednesdays, and Fridays from 11-12pm, and Tuesdays and Thursdays from 10-11am.

Soccer

Come down to the ball field and play some soccer with us! Kids of all ages are allowed to participate. We begin this Tuesday, July 5th, from 11-12pm. Soccer is on Tuesdays and Thursdays from 11-12pm.

Capture the Flag

Come on down to the Ball Field and play everyone's favorite island game Friday and Saturday nights. We have two games: Younger Kids, which is for anyone under the ages of 14 years old, and Older Kids, for anyone over the ages of 10. The game times are as followed:

Capture the Flag Younger Kids: 6:30-7:15pm

Capture the Flag Older Kids: 7:15-8:00pm

BINGO

Come on down Monday Nights, beginning at 7pm to play Frye Island's favorite game! BINGO begins this Thursday, July 7th, and will go back to being on Mondays next week. You must be 16 years or older to play.

Candy Bar Squares

Come on down to the Recreation Center and play some Candy Bar Squares on Tuesdays, beginning at 7pm. Admission is 1 candy bar per person, or you may purchase a candy bar at the Recreation Center for 75 cents.

Craft Night

Craft Night is back on Wednesdays at 7pm. We are making a surprise for our Fairy Gardens. Hope to see you all there!

Teen Night

Teen Night is back, beginning Friday July 8th, from 8:30-10:30pm. Come up and play some games, have some soda and snacks, and hang out with all your friends!

Preschool Playgroup

Have a preschooler who wants to make new friends? Come on down to the Recreation Center this Thursday, July 7th, at 9am to meet some new friends, play some toddler-friendly games, and make some crafts. If you have any questions about this event, please contact either Anna Donio at amdonio123@gmail.com or Emily Davis at butterfield.emily@gmail.com.

Frye Island Walk/Run-1 mi, 5 mi and Marathon

The Recreation Department will host its 31st annual walk/run on Monday July 4th at 9:00am. The start/finish area is at the Community Center. We will start the race promptly at 9:00, so please arrive at 8am if you are registering on-site or at 8:30 if you have pre-registered online.

We are encouraging pre-registration, as it makes race day for everyone so much easier. We are also featuring the Hanes X Temp Performance Shirt as our SWAG for this year. Shirts are optional as part of the registration process. Make sure to get yours early, as popular sizes sell fast.

We are looking for volunteers to assist with registration, course marking, and timing and set up and tear down. If you would like to volunteer, please contact Andrew DiSalvo at Andrew.DiSalvoCPA@gmail.com.

We are also very excited to announce that we have 3 entries into the marathon this year! It's even better because they are all travelling long distances to get here. Stay tuned for an article in the FINS regarding their stories, as they are quite interesting! We are hoping to have the marathoners finish with the 5 mile group, so please come out and cheer them on and watch them receive their trophies.

For more information about the event or to pre-register, please visit <http://fryeisland.com/race>. If you preregister by July 1st, you can pick-up your event packet at the Frye's Leap General Store during regular store hours on July 2 or 3rd or at the express checkout line at the Community Center prior to the race. We look forward to seeing you at the starting line on the 4th!

Swimming and Tennis Instructors Wanted

The Recreation Commission is looking for Swimming and Tennis Instructors to teach lessons over the summer. We are looking for qualified adults and college students to teach. If you are interested, please contact Anna Donio at amdonio123@gmail.com. Thank you.

Swimmers Wanted

Starting Sunday, June 12, we will be swimming at 7:00am or evenings. Want to improve your stroke and have fun? Call Roxy 207-210-2136. We'll swim from different locations.



Frye Island Arts & Crafts Show

Mark your calendars for Saturday, July 16th from 9am-1pm at the Community Center. Set up will be 7am-9am. We have 12 artists who will be showing and selling watercolors, jewelry, photography, printed scarves, ornaments, and more. Come see what your fellow islanders have to show! Anyone interested in participating as an artist please contact Helen McKee at hjmckee1790@gmail.com - table space may still

be available.



The Fairy Garden Building Contest

It is time to begin gathering NATURAL items for your fairy house. The garden club is sponsoring this contest. We are having it on Sat, July 9th 10am (rain date July 10). Wear your fairy wings, if you want. Please bring lots of natural building supplies. Prizes to be awarded. Refreshments, Face painting, Storytelling.



Group Fitness Classes – Marilyn Sullivan, R.N., PT

Spending the summer on Frye Island? How about an 8 week exercise program for just \$89.00! Stretch, tone, cardiovascular exercise, in general, become FIT! That's 24 classes for just \$89.00! For all ages 16 – 80+. Everyone will benefit, everyone will feel better, and everyone will feel the difference. Renting a cottage on Frye Island? Come and join us by the class, just \$7.00! Join us at the community center every Monday, Wednesday and Friday from 9-10am, rain or shine, spread the word and bring a friend.

Bring a water bottle, mat or towel. First class begins on July 1st! I hope to see you there, **Marilyn Sullivan, R.N., PT** 603.548.7978 (mobile)



Book Club

Book group selections for summer, 2016
July 18 - STILL LIFE by L. Penny
Aug. 8 - RULES OF CIVILITY by A. Towles

Aug. 29 - THE BOYS IN THE BOAT by D. J. Brown

The Frye Island Book Group welcomes all on the island. We meet at 7:30 P.M. in the Library at the Community Center.



Ladies Golf Scramble

The rain held off and the conditions were great. Played for putts. Winner: Sylvia O'Connor.

Tuesdays, 9:15am Sign up 9:30 Tee off.

We're ready to begin a new season of social but competitive golfing. All levels are welcome. You don't need a handicap. If the weather is iffy, I will notify the golf club (655-3551) by 9:00 (8:30 in high season). Come join us to enjoy golf in a fun way!

Windham Food & Clothes Pantry

Please drop all your non-perishable goods and clothing at the bin located next to the Post Office near the ferry landing. All donations will be appreciated and taken over to Windham weekly.

We are more fortunate than so many others and it can be our small way to give back to our fellow communities.



Frye Island Chapel

Services every Sunday 9:00 AM in the Upper Room of the Community Center. *All are welcome. Dress is casual.*

You are cordially invited to attend our weekly non-denominational services. Chaplains: Rev. Theodore Ekholm and Rev. David DeLuca.



MAH JONGG

Please join us for MAH JONGG

Monday's @ 9:30AM at the Clubhouse. Thursday's @ 12:30 at the Clubhouse

In case of rain we will play at the Community center or at someone's home. Any newcomers, we will be happy to help you learn the game. Any thoughts or questions call Carol STENZ @207 655 4041 or Eileen Sullivan @ 207 655 4950

Bridge Club

If you enjoy playing bridge in a relaxed atmosphere, the Frye Island Bridge Club might be just what you are looking for. Wednesdays at 1:00pm at the Golf Clubhouse is the place. We'll leave a note on the door if a cancellation or change of meeting place needs to be made. All levels of players invited.

Garden Club

Meeting dates July 13 and work day Saturday July 16th

Please remember that there are lots of opportunities to participate whether you're looking for learning about plants, a family program once a season, a botanical trip off island with lunch, an hour spent weeding once in a while, working one morning on a project to improve the gardens, or helping us plan. Lots of people putting efforts together can make a big difference.

There are two flower boxes at Beach #6 waiting to be adopted. Just stake a claim and plant your flowers. No long term obligation.

About Bobbex, Mary Frances Short is our contact person for Bobbex. It comes in spray or concentrate. Please call her at (615) 419-7819



Community Center Open Every Day 10:00am-4:00pm JULY 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Community Center Open Every Day 10:00am-4:00pm						
					1 Fitness Class 9-10am Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm	2 GOLF CART PARADE 10:00 Line-up FIRE BARN OPEN HOUSE 12 noon FIREWORKS!!
3 Chapel 9:00am FIREWORKS (raindate)	4 independence day ANNUAL FAMILY WALK/RUN EVENT 9am Start Sign up 8:00am	5 Field Games 10am Soccer 11am Candy Bar Squares 7-8pm	6 Walking 9:30 -10am Fitness Class 9-10am Field Games 11am Craft Night 7-8pm	7 Preschooler Play Group 9-10am Field Games 10am Soccer 11am BINGO! 7-9 pm	8 Fitness Class 9-10am Field Games 11am Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm Teen Night 8:30pm	9 FAIRY GARDEN CONTEST 10am-12noon Capture the Flag Younger 6:30- 7:15pm Older 7:15-8pm
10 Chapel 9:00am	11 Walking 9:30 10am Fitness Class 9-10am Field Games 11am BINGO! 7-9pm	12 Field Games 10am Soccer 11am Candy Bar Squares 7-8 pm	13 Walking 9:30 -10 am Fitness Class 9-10am Field Games 11am Craft Night 7-8pm	14 Field Games 10am Soccer 11am Private Rental 5- 10pm	15 Fitness Class 9-10am Field Games 11am Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm Teen Night 8:30pm	16 ART SHOW 9-1 Capture the Flag Younger 6:30- 7:15pm Older 7:15-8pm
17 Chapel 9:00am	18 Walking 9:30 10am Fitness Class 9-10am BINGO! 7-9pm	19 Field Games 10am Soccer 11am Candy Bar Squares 7-8 pm	20 Walking 9:30 -10 am Fitness Class 9-10am Field Games 11am Craft Night 7-8pm	21 Field Games 10am Soccer 11am Theater 7:30pm	22 Fitness Class 9-10am Field Games 11am Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm Teen Night 8:30pm	23 FAMILY FUN DAY! 10am-12noon Capture the Flag Younger 6:30- 7:15pm Older 7:15-8pm
24 Chapel 9:00am PROGRESSIVE BEACH DINNER 5-8 PM	25 Walking 9:30 10am Fitness Class 9-10am BINGO! 7-9pm	26 Field Games 10am Soccer 11am Candy Bar Squares 7-8 pm	27 Walking 9:30 10 am Fitness Class 9-10am Field Games 11am Craft Night 7-8pm	28 Field Games 10am Soccer 11am Theater 7:30pm	29 Fitness Class 9-10am Field Games 11am Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm Teen Night 8:30pm SOFTBALL PRACTICE	30 SOFTBALL TOURNAMENT ballfield all day event

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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Community Center Open Every Day 10:00am-4:00pm

31 Chapel 9:00am 2-4pm Closed for Cleaning SOFTBALL TOURNAMENT (rain date)	Notes:
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Community Center Open Every Day 10:00am-4:00pm August 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Walking 9:30 10am Fitness Class 9-10am BINGO! 7-9pm	2 Field Games 10am Soccer 11am Candy Bar Squares 7-8 pm	3 Walking 9:30 10am Fitness Class 9-10am Field Games 11am Craft Night 7-8pm	4 Field Games 10am Soccer 11am Theater 7:30pm	5 Fitness Class 9-10am Field Games 11am Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm Teen Night 8:30pm	6 Capture the Flag 6:30 – 8 pm
7 Bob Marley Show 7pm Chapel 9:00am	8 Walking 9:30 10am Fitness Class 9-10am BINGO! 7-9pm	9 Field Games 10am Soccer 11am Candy Bar Squares 7-8 pm	10 Walking 9:30 10am Fitness Class 9-10am Field Games 11am Craft Night 7-8pm	11 Field Games 10am Soccer 11am Theater 7:30pm	12 Fitness Class 9-10am Field Games 11am Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm Teen Night 8:30pm	13 NAVY DAY Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm
14 Chapel 9:00am	15 Walking 9:30 10am Fitness Class 9-10am BINGO! 7-9pm	16 Field Games 10am Soccer 11am Candy Bar Squares 7-8 pm	17 Walking 9:30 10am Fitness Class 9-10am Field Games 11am Craft Night 7-8pm	18 Field Games 10am Soccer 11am Theater 7:30pm	19 Fitness Class 9-10am Field Games 11am Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm Teen Night 8:30pm	20 PICKLE BALL TOURNAMENT 9-12 Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm
21 Chapel 9:00am	22 Walking 9:30 10am Fitness Class 9-10am BINGO! 7-9pm	23 Field Games 10am Soccer 11am Candy Bar Squares 7-8 pm	24 Walking 9:30 10am Fitness Class 9-10am Field Games 11am Craft Night 7-8pm	25 Field Games 10am Soccer 11am Theater 7:30pm	26 Fitness Class 9-10am Field Games 11am Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm Teen Night 8:30pm	27 Capture the Flag Younger 6:30-7:15pm Older 7:15-8pm



LEISURE LOUNGE (Next to Pro Shop) 207-655-3551

Monday - Thursday: 8:00AM – 8:00PM
Friday – Saturday: 8:00AM-Midnight
Sunday: 7:30AM – 8:00PM

OPEN TO THE PUBLIC

SPORTS FANS COME WATCH THE BIG GAMES ON OUR TWO FLAT SCREEN TV'S



Our lounge offers a full bar with wine, bottled /draft beers and a limited appetizer menu for those looking for a light snack. For those younger at heart, try our Root Beer Floats with vanilla ice cream.



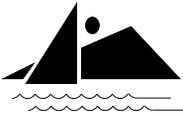
Ice Cream Social

Make your own ice cream sundae

Saturday, July 2

5:00pm-7:30pm @ Leisure Lounge

\$4.00 per person



FRYE ISLAND GOLF CLUB 1 FAIRWAY LANE 207-655-3551

Hours of Operation:

8:00 AM – Dusk (Monday-Saturday)
 7:30 AM – Dusk (Sunday)
 Twilight after 5:00 PM

Annual Membership Fees

One time Initiation Fee \$540.00
 Individual Memberships \$710.00
 Family Memberships \$1050.00
 Trail Fee \$225.00, each additional cart \$125.00

Greens Fees

Golf Carts – per golfer rates

	<u>9 Holes</u>	<u>18 Holes</u>	<u>Other*</u>
Weekday Youth (16 & Under)	\$12.00	\$12.00	
Weekend Youth (16 & Under)	\$22.00	\$22.00	
Weekday Adult	\$21.00	\$28.00	
Weekend & Holiday Adult	N/A	\$37.00	
Twilight – Weekday Adult	\$21.00		
Twilight – Weekend Adult	\$24.00		
3 Day weekday Pass			\$65.00
Week-long Unlimited Golf Pass			\$160.00
Sunday Morning Scramble	\$21.00		

	<u>9 Holes</u>	<u>18 Holes</u>
Pull carts	\$4.00	\$4.00
Gas carts	\$16.00	\$26.00
Personal Cart (no Trail fee)	\$10.00	\$20.00
Club Rental	\$12.00	\$12.00

Check us out on Facebook (<https://www.facebook.com>)

We now have presence on Facebook. Whether you are a Member or just enjoy playing golf from time to time, we'd love you to join this group to keep abreast of activities, find someone to play a round, or even see which tournaments are coming up.

Steak and Hot Dog Tournament:

Sunday, July 3rd at 2:00 pm.

Sunday Scramble: The Sunday scramble is open to players of all levels (sign up at the clubhouse). Come meet other golfers or guests from the island in a pressure free / relaxed environment. Sign- ups are as follows: Morning Scramble: Tees off at 8:00am, sign up from 7:30am – 7:45am.

Scramble Results June 26, 2016:

1st Place (-5) \$53.20 each:
Bob Bullock George Greenwich Vic Solimini Harry Zea Allison Zea
Closest to the PIN \$35.50 each
#4 Dave MacDonald #8 George Greenwich

2nd Place (-4) \$22.80 each:
Earl Daniels Paul Crowley Jim Campbell Bob Chalmers Jim Hirsch Beth Hirsch



Night Golf

Saturday, July 16th

\$25 payment must be paid in advance (includes 2 glow balls) + any applicable green and cart fees
 Must use own golf cart with working headlights
 Begins promptly @ 8:15 pm (arrive early)
 Due to high demand payment must be made in advance.
 Sign up and payment is made at the pro shop.
 Space is limited.

Club Championship

Seize the opportunity to become Frye Island Golf Club Champion. There will be Champions in both the Men's and Women's division, The top eight scorers in the Qualifying Round will play each other in a single elimination match play tournament. This is a gross score event. To play in the Qualifying Round, you must check in at the Pro Shop and

announce to the Staff that the round you are playing is your Qualifying Round (the staff will initial your card). You **Must** play your round with at least one Member in accord with the USGA rules of golf with local rules included.

You may play the two 9-hole rounds separately, but each round must be initialed by the Staff and accompanied by a Member. Upon completion of the 18-hole round, you return the score card to the Staff.

Good luck to all participating golfers. Qualifying Round must be completed on or before July 24th: Quarterfinal Match must be completed on or before August 14th. Semifinal Match must be completed on or before September 4th.

Thank You

We had a tremendously successful weekend last week with two tournaments (the GE tournament and the June Invitational). We would like to thank all of those who contributed to a great weekend including the golfers (many islanders and guests), our golf staff (Laura, Willy, Beth, Marlene, Bill along with Dana and his team) and all the volunteers who helped setup, cook, and/or clean up afterwards – we couldn't have had such a successful weekend without all of you.

UPCOMING GOLF TOURNAMENTS

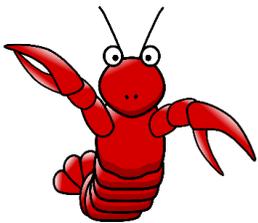
July 16	Night Golf (Rain Date July/23)
August 6 - 7	Member-Guest
August 20	President's Cup
September 10 - 11	Sebago Lake Great Escape
September 24	TKE Fall Classic
October 18	Captain's Choice
October 22	Cross Country

Tee Markers:

Currently the Golf Course has two tee markers in need of sponsors. The cost of each tee marker is \$150 per year. In addition, there is a onetime cost of \$150-175 for the plaque which will be placed on the granite tee marker. This is a chance to support the golf club while gaining high visibility for your business. Thousands of people play this golf course every year! Contact Frye Island Golf Club at 207-655-3551 and ask to speak to Laura.

8th Tee Construction:

Construction has begun for the new tee boxes for the 8th hole. Due to the generosity of one of our members along with funds supplemented by the golf club, we are undertaking to revise the 8th tee with a significantly expanded tee area which will incorporate all 4 color tee markers in a single continuous tee box. This new tee box will eliminate the uneven tee areas we previously had while allowing us to more efficiently maintain all of the tees in a uniform manner. We have designed the new tee to allow for similar yardages to what we previously had while adding in new tee areas permitting us to rotate the tees which allows for frequently used areas to recover faster. While we understand the construction of the new tee does temporarily take away from the beauty of this hole, the long term positive impact of the new tee will benefit us all. While the new tee is under construction and in the subsequent growth stage, we apologize for the inconvenience of utilizing the temporary teeing areas. We will have the new tee in place as soon as it is healthy enough to sustain play. If you have any questions on the new tee please reach out to one of the golf committee members who will be happy to answer any questions you may have.



Lobster/Clambake

Saturday, July 9th

\$30.00 per person, payment is to be made at sign-up.

1-1/2 pound lobster, steamers, corn on the cob, and strawberry shortcake

Cocktails 5pm-6pm

Dinner 6pm Leisure Lounge

Limited space, sign up early