

Frye Island News Service

VOLUME 2012, ISSUE 15

JULY 27, 2012

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Great Beach 5 Sunset Picture submitted by Helen McKee

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Important Information

Town of Frye Island

1 Sunset Road
Frye Island, ME 04071
Phone: 207-655-4551
Fax: 207-655-3422
Email: office@fryeisland.com
Web site: www.fryeisland.com
Town Manager: Wayne Fournier

Office Hours

Tuesday thru Saturday: 9:00 AM – 3:00 PM
Sunday & Monday: Closed

Code Enforcement Officer

John Thompson
Tuesdays and Thursdays 8:00 AM – 3:00 PM

Fire, Medical, or Police Emergencies – Call 911

Non-emergencies

Frye Island Police: (207-893-2810)
Police Chief: Rod Beaulieu

Fire Department: (207-655-8618)

Fire Chief: Steve Persson

Executive Committee

John Nun	First Selectman
Mark Thomas	Selectman
Brian Walker	Selectman
Dave Bond	Executive Committee - Chair
Bob Sutherland	
Gary Donohue	
Tim McCarthy	

Joe Potts Municipal Treasurer

Public Works Department

Phone: 207-655-7493
Director: John Crosby

Transfer Station Operating Hours

Saturday: 10 AM - 6 PM
Sunday: 10 AM - 6 PM
Wednesday: 10 AM - 6 PM (during High Season)
Holiday weekends: Saturday - Monday, 10 AM - 6 PM

Frye Island News Service

Email: lkerrigan@fryeisland.com
Submission deadline:
Wednesday, 3:00 PM - **No Exceptions**

Representative to Legislature

Michael D. McClellan (R-Raymond)
District 103
27 Pismire Mountain Road
Raymond, ME 04071
(207) 655-4438
RepMichael.McClellan@legislature.maine.gov

State Senator

Bill Diamond (D-Cumberland)
District 12
10 Crown Point Rd
Windham, ME 04062
(207) 892-8941
SenBill.Diamond@legislature.maine.gov



Town News

Island Manager's Comments

Greetings everyone:

Lake Level: There has been no change with the status of SD Warren's permit application, and the revised Lake Level Management Plan. However, the Bureau of Environmental Protection has agreed to consider the request to reopen the Water Quality Certification process. The date has been changed to September 20th. I would urge everyone to view the Save Our Sebago website at, www.saveoursebago.com, for more information.

Save Our Sebago presentation: The Conservation Commission and the Garden Club are co-sponsoring a presentation from "Save Our Sebago" on Saturday evening August 4th at 7 PM. The presentation will be held at the Community Center. Charlie Frechette will be the guest speaker. Charlie has been involved in the effort to get a reasonable Lake Level Management Plan since the relicensing process began almost 9 years ago. I am sure the presentation will be very informative and Charlie will be able answer all the questions you might have. Coffee and dessert will be served.

Community Center Tennis Courts: The tennis courts are finished!!!! However, they were just painted and lined on Wednesday. We were initially told we could use them on the weekend but Vermont Tennis Court Surfacing has recommended that we not use them for a week. If the weather had been hot and sunny the paint would have cured quicker but with the damp overcast weather we should wait. So...we have come this far we are not going to mess it up now. We will open them on the 31st. We must also give credit where credit is due. Thanks to Brian Riley's persistence, this project got passed at last year's Town meeting and is now complete. All of the Frye Island tennis community will soon be able to enjoy these new courts.

Community Center: The Town Frye Island, Frye Island, Inc, and the FI Parks & Recreation Commission is looking for your input about potential improvements to the Community Center, particularly the kitchen. Please plan to attend one of the meetings to offer your ideas and feedback. As with most issues on the island, we expect diverse opinions. Unfortunately, it is never possible to accommodate every idea, but your input is considered and greatly valued. There are two meetings planned: Friday, July 27, 7pm and Sunday, August 5, 10:30am. If you cannot attend either meeting, your feedback is also welcome at fryeislandrec@gmail.com.

Michael Murphy Day: Tomorrow will be the third "Navy Day" hosted by Frye Island. If you haven't already volunteered to help in some way, it is never too late. Just give Dick Norris a call. (207-655-6606) I am sure any help you can offer will be very much appreciated.

I was privileged to meet some of the young men of the USS Michael Murphy recently and was extremely impressed. They were all very dedicated to our country, committed to their duty, and exceptionally proud of their ship and her namesake; Lt. Michael Murphy

Michael Patrick Murphy was a Navy SEAL from Long Island, New York who gave his life trying to save his SEAL team in Afghanistan in 2005. For his heroic effort, he was posthumously awarded the Congressional Medal of Honor.

A book, *SEAL of Honor*, documents the history of this action and offers a biography of Michael Murphy, an American hero. Another book *Lone Survivor*, by Marcus Luttrell, tells of the effort required to become a Navy SEAL, and very graphically tells of the firefight on Hindu Kush when Michael Murphy and two other members of his SEAL team died. If you like reading of military history and heroic efforts, I would recommend them both.

Have an enjoyable weekend and a very safe week.

Wayne

BOS / EC Meeting

The next Board of Selectmen / Executive Committee meeting has been scheduled for Saturday August 11. The meeting will be held at the Community Center and will begin at 9 AM. This is an open meeting and everyone is invited to attend.

Frye Island Directory

The 2012 Frye Island Directory is now published and may be purchased in the office.

**Frye Island Public Works
Transfer Station
207-655-7493**

Thanks to the following:

Cappy, working at the ball field.
Dave Bond: for gravel, wood chip and steel hauling.
Willie Campbell: for Community Center- kitchen demolition and comic relief.
Pete and Nanci Salinger: for material delivery.
Bob Senter: for his donation of materials
Ken Gardner: for his (several) material donations.
Lorraine Wrzesinsky, for the office help.
Thanks to, Bill and Barbara Fitzgerald, Bob and Tali Sutherland and Contractor Dale Frechete for their donations of coffee K-Cups to the DPW.

Transfer Station News

We caught our first dumping violator, and the fine has been paid. Thanks to that illegal dumper we will put their cash to good use.
The Transfer Station has never looked so good, thanks to our Transfer Station employees!
Kudos to all of our transfer Station attendants. They have completed the Maine DEP training course for hazardous and special waste.
Did you know? Transfer Station Attendant Deb Edwards collects bottles and cans and donates the money to Children's Hospital in Boston Mass. Thanks Deb, from all of us!

Transfer Station Hours;
Saturdays, 10 am to 6 pm
Sundays, 10 am to 6 pm
Wednesdays, 10 am to 6 pm
Holiday weekends, Saturdays, Sundays, Mondays,
10 am to 6 pm

Propane

AmeriGas
America's Propane Company
William Anctil
Account Manager

45 Riverside Street Lewiston, Maine 04240
Office: 207-786-0671
Cell: 207-232-2394
Fax: 207-777-5839
Email: william.anctil@amerigas.com
www.amerigas.com

Waterline Work

We have taken a break from waterline installation this week (the Trench Monkeys are all in Belize on a much needed vacation). Waterline work will continue on Monday July 30th.
Road drainage, several residents have complained of rain water running off the road onto their driveways, lawns etc. Our job is to get the water off of the road, we try to keep it out of driveways, BUT we are not responsible for your property. Some situations are easily corrected by the homeowner raising the level of their driveway or creating a berm. It is the homeowner's responsibility to repair their driveway, when possible, we do try to help our elderly and others that may need it. Please, if you are able, get a shovel and a rake and help yourself. You may berm your driveway, but do not impede the flow of road drainage from leaving the road. Many islanders blow and rake leaves into drainage swales and culverts thus plugging up any drainage. Haul your leaves to the Transfer Station or start your own compost pile.

Bob Marley

BOB MARLEY RETURNS! August 15th, 8 pm, with an all new show! At the Community Center, all proceeds for the Community Center, Kitchen remodel, and heat and air conditioning. Tickets on sale at the Golf Course.

DPW quote of the week:
"It's what you learn - after you know it all that counts."
~ Earl Weaver



The Orange Team DPW, 2nd Place Night Golf

Town of Frye Island



Transfer Station Hours:

Sunday:	10am – 6pm
Monday:	Closed (Open 10am – 6pm During a Holiday Weekend)
Tuesday:	Closed
Wednesday:	Closed (Open 10am – 6pm During High Season)
Thursday:	Closed
Friday:	Closed



HOW RECYCLING GETS DONE[®]

Zero-Sort[®] is the single bin recycling service that puts more of your stuff back into the world and less of it into the landfill. No separation or sorting of materials needed – it all goes into the same bin – please make sure containers are rinsed and free of food.

ACCEPTED MATERIALS

Labels and caps can be left on all containers.

- Newspapers
- Magazines
- Catalogs
- Telephone/Soft/Hard Cover Books
- Junk Mail/Envelopes (All Types), Staples/Paperclips are Ok
- Cereal & Shoe Boxes
- All Corrugated Boxes
- Milk & Juice Cartons
- Bottles/Containers (Numbered 1-7)
- Soda/Juice/Water Bottles (Glass or Plastic)
- Milk Jugs, Bleach/Detergent, Shampoo Bottles
- Food Containers (Cottage Cheese/Margarine/Yogurt)
- Glass Bottles/Jars
- Aluminum (Pie Plates/Trays/Foil)
- Metal Cans (Tin/Steel/Aluminum)
- Empty Aerosol Containers

ACCEPTED RIGID PLASTICS

We also accept these “Rigid Plastics” as long as they have a little bit of bend in them.

- 1 and 5 Gallon Buckets with Handle Attached
- Milk/Soda Crates, Laundry Baskets
- Small Plastic Bins (Up to 5 Gallon)
- Plastic Toys
- Landscape Trays, Plastic Plant Pots
- Kitty Litter Buckets,
- Children’s Size Rigid Pools

NOT ACCEPTED IN ZERO-SORT RECYCLING

The following items are not acceptable as recyclables, but they are accepted as waste and can be put into the designated waste container(s) located at the Transfer Station.

- Plastic Bags/Film
- Stretch Wrap
- Styrofoam
- Ceramics
- Window Glass
- Mirrors
- Light Bulbs
- Dishes
- Hard/Brittle Plastic (I.E. Monitors, Keyboards, Some Children’s Toys)

The Zero-Sort Movie

Visit zerosort.com to learn more about how Casella is making the most of your recycling.

Electronics and Hazardous

Learn about recycling electronics or how to manage household hazardous wastes at casella.com



Frye's Leap

General Store and Café

655-4256

Sunny, hot and humid. Yup, it's summer on the lake! And when you need something to cool off, be sure to come down and check out our selection of iced coffees, draft beers, wines and frozen drinks. They will help to take a few degrees off!

When you come down to the store and café, don't forget to look at the blackboards for a listing of events and specials. We rotate our menu specials on a regular basis. Be sure to come and visit us for Margarita Monday, Trivia Tuesday, Karaoke Wednesday and Thirsty Thursday for menu specials and some fun! Both trivia and karaoke are fun for the entire family!

For breakfast, we have introduced a breakfast buffet for Saturdays and Sundays. The breakfast buffet includes a selection of foods ranging from eggs to breakfast meats to fresh fruit salad. Get your weekend morning off to a great start with breakfast here at the café.

Now at the bar is a new guest draft beer, Hoptimum by Sierra Nevada brewing. Hoptimum is a whole cone Imperial IPA, sure to satisfy the IPA and hop-head crowd. You need to be careful when you have one of these as Hoptimum weighs in at 10.4% alcohol by volume! Be on the lookout for new guest drafts as we start to phase out of summer seasonals and transition to fall beers.

We continue to offer fresh produce, fresh baked muffins, breakfast pizza, pizza by the slice, grab and go fresh fruit cups, and our pre-marinated meats. These offerings have been very well received! Also come check out our fresh baked cookies and whoopee pies.

Our schedule continues to be as follows below.

Store:

Monday thru Thursday	7:30am	9:00pm
Friday and Saturday	7:30am	10:00pm
Sunday	7:30am	9:00pm

Cafe:

Monday thru Thursday	11:00am	9:00pm
Friday	11:00am	10:00pm
Saturday	8:00am	10:00pm
Sunday	8:00am	9:00pm

The bar will remain open later based on sports schedules and demand. Thanks for all of your support and we look forward to seeing you.

Amy and Dave Wagner



Check out our...
 Expanded Produce Selection!
 New refrigerator items!
 Flowers for sale!
 Rotating draft beers!
 Specialty coffee drinks!
 Frozen drinks!
 ...and more!!!





Fire Department

Fire Barn: 207-655-8618

Heart Attack Warning Signs

Some heart attacks are sudden and intense, but most heart attacks start slowly, with mild pain or discomfort. Here are signs that can mean a heart attack is happening:

- **Chest discomfort.** Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.
- **Discomfort in other areas of the upper body.** Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.
- **Shortness of breath.** This feeling often comes along with chest discomfort. But it can occur before the chest discomfort.
- **Other signs.** These may include breathing out in a cold sweat, nausea or lightheadedness.

If you or someone you're with has chest discomfort, especially with one or more of the other signs, Call 9-1-1 - Get to a hospital right away.

If you're the one having symptoms, and you can't access the emergency medical services (EMS), have someone drive you to the hospital right away. Don't drive yourself, unless you have absolutely no other option.

For more information, contact your nearest American Heart Association or call 1-800-AHA-USA1 (1-800-242-8721) or online at www.americanheart.org

TO REPORT A FIRE OR MEDICAL EMERGENCY

DIAL 9-1-1



Did you know that

Code Enforcement Officer: John Thompson
Setback Reduction Appeals is Not a Variance Appeal

Non-Conforming Setbacks [amended October 11, 2008]

A. Setback Reduction Appeals: The Board of Appeals may grant reductions from the minimum setback requirements according to all of the following criteria:

1. Setback reduction appeals are only available to reduce the minimum requirements for setbacks of structures from Lot boundary lines. Setback reduction appeals shall not be used, and are not available, to reduce required minimum setbacks of structures from bodies of water as provided in this ordinance.
2. The Board of Appeals shall grant a setback reduction appeal if the Board finds that granting the setback reduction will not result in unreasonable interference with the privacy interests of the abutting landowners.

3. In granting a setback reduction the Board of Appeals may attach reasonable conditions which it may deem necessary to serve the purpose of this ordinance.
4. A setback reduction appeal shall not be granted to enable construction or renovation that will result in more than one garage on the lot that is the subject of the appeal.
5. Setback reduction appeals may only be granted to the minimum extent necessary to accomplish the purpose of the appeal. Setbacks may not be reduced by appeal to less than the following absolute minimum setbacks:

Side yard	10 feet
Front yard	30 feet for a dwelling unit and 20 feet for an accessory building
Rear yard	15 feet

**Saturday is
USS Michael Murphy Day on Frye Island**



ISLANDERS:

COME TO THE BALL FIELD AT 9:45 a.m.

- Welcome to the Crew**
- Honor Guard Ceremony**
- Softball Game**



Sailor's Lunch, Noon, Sat. July 28

Please bring all donations of food to the Golf Club Lounge at or just prior to 11:30.
If you would like to retrieve your serving dish, please return to the Lounge between 1:30 and 2 PM.
Thank you for volunteering for this show of support for our service men and women.
Contact Pat Karpacz 655-3339 with questions.

Followed by a day of recreation for the sailors:

- Soccer, volleyball, basketball
- Tennis, golf
- Boating and kayaking
- Swimming



Then, Islander-hosted suppers

Before they return to base at the end of a full day of R&R

Questions: call the help line at 617-489-6997

Rod Beaulieu
Chief of Police



Non-Emergency
Dispatch (207) 893-2810

Office (207) 655-2600
Fax (207) 655-3422

1 Sunset Road Frye Island, ME 04071

police@fryeisland.com

Beach Drop off Areas

I've been getting a few complaints about the beach drop off areas being used for boat and Jet Ski parking. This is just a friendly reminder that these designated areas are for short visits only, drop someone off, pick someone up, not for long term visits.

Thought for the week;

“Good timber does not grow with ease
The stronger the wind the stronger the trees”

~ J. Willard Marriott

Golf Cart Registrations

I want to thank almost everyone for the diligence in registering their golf carts this year. We have had very few violations as most of you have been timely as to registering your carts. For the first time since I have been on the island, we, for a short period of time have actually run out of registration stickers, again thank you for your attention to this issue.

As we hit the mid-summer season I am beginning to see carts with expiration stickers of June 2012 and July 2012. I know we all get caught up with season, company and everything else that comes with the second half of summer. Please check out your carts and come in for a visit if this applies to you, don't forget your insurance card and the \$12.00.

Dear Rod the Cop



Dear Rod the Cop,

My kids have reached that age where they're beginning to ask me those questions every parent dreads. My wife and I have struggled with our approach to answering their ever-increasing inquiries. My problem is every time we drive the kids past “that tree” at the corner of Beachview and Leisure, the questions start, my wife giggles and blushes and I'm left searching for an explanation. We've agreed to let your sage wisdom guide us as we navigate these challenging waters.

Stumped.

Dear Stumped,

This is a tough problem; one I was sure was going to come up this season. I too have heard the undertones and comments directed towards this tree, calling it such names as The Man Tree, Woody, and of course the most hurtful name of all “Sir Knot A Lot” I don't want to get into a debate as to the appropriateness of the sapling, let's face it, the Supreme Court of the United States couldn't agree as to the definition of such a pickle. In Justice Potter Stewart's own words, "I shall not today attempt further to define the kinds of material I understand to be embraced...but I know it when I see it"

In other words; “one person's art is another person's trash” So what are we left with, what is the true root of the problem? I would suggest that someone take responsibility and adopt this flaccid flora, but whom? This is not a police issue nor is it a fire dept. issue, unless this turns into a burning hunk of wood. I would suggest that a chainsaw wielding DPW worker is also an over reach. And the thought of bringing in an outside agency like the Maine Forestry Service would just bring additional scrutiny to every tree on the island. My recommendation is this; the good ladies of the Garden Club in my opinion would be the obvious choice for such a mission. Live and let live I say, just with a little compassion and dignity for the tree in question. I would suggest wrapping a beach towel around the tree from Memorial Day to Labor Day, or at least during high season. Ladies of the Garden Club, I know a few of you monitor my section of the FINS closely; we're looking for a few volunteers!!

Hope this helps,

RTC



Leisure Lounge

Fairway Lane (next to the golf pro shop)

655-3551

Air Conditioned

Open to the Public

Hours:

Friday – Saturday: 8:00 AM – Midnight

Last call on Friday & Saturday 11:50 PM

Sunday: 7:30 AM – 8:00 PM

Monday – Thursday: 8:00 AM – 8:00 PM



Enjoy satellite reception on two flat screen TVs.



Now available 16 oz. draft beer



At the lounge we offer a full bar including beer and wine.

Wine by the bottle and by the glass

Rootbeer floats \$4.00

Snacks are also available:

Pizza \$5.00

Hot Dogs \$2.00

Popcorn \$1.00

Candy \$1.00

We now sell wine by the bottle.



**NO CHILDREN UNDER 16
AFTER 9:00 PM**

Greg Norman Estates
Chardonnay or Cabernet



No matter the place, where you live is a part of your life story. So why not explore what's going on in your own backyard? Come up to the Leisure Lounge open till 8:00 p.m. weekdays.



Bob Marley

Mark your calendars:

Bob Marley will be back for another performance.

Wednesday, August 15, 2012

8:00 pm @ the Community Center

All net proceeds will be designated to fund the kitchen remodel and heat/ac of the meeting room in the Community Center. The first show on July 8th made a net profit of \$747.00 for this fund.

The last show was a sell-out, so if you would like to see Bob Marley plan on getting your tickets as soon as they are printed and available. I will keep you posted.

Laura Crosby - Clubhouse Manager



Ferry News

655-4258

This Week's Ferry Schedule

	First Ferry	Second Ferry
Saturday	7 AM – 1 AM	10 AM – 6 PM
Sunday	7 AM – 10 PM	12 Noon – 8 PM
Monday	6 AM – 10 PM	8:30 AM – 10:30 AM 3 PM – 5 PM
Tuesday	7 AM – 10 PM	8:30 AM – 10:30 AM 3 PM – 10 PM
Wednesday	7 AM – 10 PM	8:30 AM – 10:30 AM 3 PM – 5 PM
Thursday	7 AM – 11 PM	8:30 AM – 10:30 AM 3 PM – 5 PM
Friday	7 AM – 12 Mid	8:30 AM – 10:30 AM 2 PM – 10 PM

Frye Island Package Delivery Procedures and Information:

The ferry crews are responsible for the safe and efficient transportation of vehicles and passengers to and from the Island, and can only address freight issues as time allows.

- Both UPS and FEDEX deliver ONLY to the ferry trailer, and not to addresses on Frye Island.

- Since there is no set delivery time, packages arrive (up to 6 different deliveries) throughout the day. They are stored at the Ferry landing, until they are moved to the Island Post Office for pick up by recipients.
- A non-paid Island volunteer transports the packages to Frye Island Post Office, and the packages are usually available for pick up by 6PM.
- If you are a renter expecting a package delivery, you will need to request a post office key from the town office the following day, during normal business hours, to pick up your package in the Island Post Office.

If you are expecting a time-sensitive delivery, and you have personally verified its arrival with the delivery company, you may travel across on the ferry as a pedestrian at no charge to pick up your delivery. DO NOT call the ferry landing for package delivery information. We handle thousands of packages each season, and cannot possibly manage to go searching for every individual's arrival.

It is very important to have current and accurate contact information regarding phone numbers and Email addresses in the Frye Island directory, in the event that you must be contacted regarding package delivery issues.

Thought for the week;

"It's always something. If it ain't one thing- it's another!"

~ Roseanne Roseannadanna



Marina News

Safe Boating Tips

- Turn-off all electrical equipment when docking your watercraft after a days activities. When accidentally left in the “on” position, they could drain your battery. “Lock” your battery switch in the off position to avoid theft and as another way in which to save your battery life.
- Secure your watercraft covers tightly and with “pitch” to allow for rapid water run-off. This will prevent sagging and pooling of water and leaves, etc.; the primary cause for canvas wear and tears.
- Trash bags (kitchen size) and gallon size zip lock bags come in handy while boating for numerous uses(especially for securing trash). Please encourage your boating passengers to use them and secure them while underway. A trash bag sucked onto a boat’s outdrive, could prove fatal to the engine that picks it up.



Frye Island Golf Club

655-3551

Open to the Public

Fairway Lane

Hours

Friday & Saturday: 8:00 AM – Dusk
Sunday: 7:30 AM – 8:00 PM
Monday – Thursday: 8:00 AM – 8:00 PM

Greens Fees

Weekday: \$24.00
Weekend and Holidays: \$34.00
Twilight (after 5 PM)
Weekdays \$17.00
Weekends \$20.00
Weekday Youth (16 or younger): \$10.00
Weekend Youth (16 or younger): \$20.00
3-day weekday pass: \$50.00
Week-long unlimited golf pass: \$135.00

Cart Rentals

Gas Cart:
9 Holes: \$16.00
18 Holes: \$26.00
Pull Cart:
9 or 18 Holes: \$4.00
Club Rentals: \$12.00
Own Cart (no trail fee)
9 Holes: \$10.00
18 Holes: \$20.00

Tentative 2012 Tournament Schedule

Date	Tournament	Organizers
July 1 – Labor Day	Club Championship	Bruce Nisula
Sat, Aug 4	President's Cup	Vic S/Laura D
Sat/Sun, Aug 18-19	Member-Guest	Jim Hodge
Sun, Aug 26	Recreation Committee	
Sat/Sun, Sep 8-9	Sebago Lake Escape	Mark Thomas
Sat, Sep 22	TKE Fall Classic	Hodge(s)
Sat, Oct 14	Big Break	Various

Sunday Morning Scramble

Every Sunday morning, tee off at 8:00am, sign up starting at 7:30am.

Sunday, July 22nd Scramble Results

1st Place (-6) \$35.00 each: 2nd Place (-5) \$15.00 each:

Bruce Nisula	Tom Higgins
Mark Thomas	Stacey Worsty
Paul Lyons	Scott Andrews
Vic Solimini	Mike Grey

Closest to the Pin \$20.00 each:

#8 Mark Savoie #4 Harry Molloy

President's Cup Golf Tournament

Details:

Sat, August 4, 2012
Tee times starting at 1:00 pm
18 hole Club Net Championship
Entry fee \$25.00 (includes steak/chicken dinner)
\$15.00 for dinner only steak; \$12.00 dinner only chicken
(Non-member Greens fees and Cart fees are additional)
Sign up at the Clubhouse
Firm deadline and payment is August 1
Tournament rules: 12:45
Tee time: 1:00
Appetizers: 5:30ish
Dinner: 6:00ish

Club Championship

Quarterfinal Match must be completed by July 30.
Semifinal Match must be completed by August 20.
Final Match must be completed by September 3
(Labor Day).

Congratulations to those who have qualified to play the quarter-final match.

Women

Kathy Hingston – Bye
Sue Hodge – Laura Davis
Marlene Wilson – Theresa Hodge
Josie Auger - Bye

Men

Greg Tedford – Mike Morrill
John Kett – John Hodge
Tom Bishop – Joe Bishop
Jim Hirsch – Paul Murphy



Activities & Recreation

Frye Island Book Group Selections for 2012

All islanders are invited to join us to discuss the following books Monday evenings at 7:30 PM in the Community Center Library.

- August 6 **CALEB'S CROSSING** by Geraldine Brooks
- August 27 **JERUSALEM, JERUSALEM** by James Carroll

Mah Jongg Anyone?

We will resume our Mah Jongg games at the Leisure Lounge. The times will be:

- Mondays @ 9:30am and
 - Thursdays @ 12:30pm* Please note change of day
- Please bring your game – if you have one.

CULINARY CUTIES NEEDED, JULY 28

The sailors of the USS Murphy who will be having lunch at the golf course lounge need some nice side salads like their mothers make. Can you whip up a batch of your world class potato salad, cole slaw, bean salad, tossed salad or cold drinks to go with the hamburgers the burger meisters at the club will be serving? Please call

Pat Karpacz at 655-3339 or email her at skarpacz@aol.com to show your support for these patriotic kids.

Windham Food & Clothes Pantry

Please drop all your non-perishable goods and clothing before leaving the Island at the bin located next to the Post Office near the ferry landing. All donations will be appreciated and taken over to Windham on Monday mornings.

We are more fortunate than so many others and it can be our small way to give back to our fellow communities.



Frye Island Chapel

Services every Sunday 9:00 AM
In the Upper Room of the Community Center

All are welcome. Dress is casual.

You are cordially invited to attend our weekly **non-denominational** services.

Communion is offered on the 1st and 3rd Sunday of every month and a coffee and snack hour following the service on the 2nd and 4th Sunday of each month.

Chaplains: Rev. Richard Petersen, Ph.D and Rev. Theodore Ekholm

Ladies Golf Scramble



We're back for another fun season of ladies golf. Come join us and bring a friend. ALL LEVELS ARE WELCOME!

Every Tuesday; Tee time: 9:00 a.m.
Be there by 8:45 to register.

In case of doubtful weather, the Golf Club will be notified by 8:30 a.m. as to the status of the Scramble.

Questions, call Nancy Perry 655-5221.

Winners 7/24: Nancy Perry and Patty Meyer with a Scramble record of 40. The team of Lorna Priestley, Dianne Gleeson and Pat Greeney set a record of 9 putts for 9 holes.

One Pitch Softball Tournament

Single Elimination at ball field

Saturday August 11th at 9:30 AM
(Sunday rain date)

\$50.00 per Team (get your teams organized now for this fun event).

Defending champs "Frye Island Fire Dept. 2011"

Winners receive Frye tee shirts.

Contact Tom Bishop – Recreation Commission

(781) 983-1180 or tom.bishop@ge.com

We are looking for someone to empire. If interested, please contact Tom.

Sebago Lake Water Level Speaker, Sat., Aug. 4, 7 PM, Community Center

The Frye Island Conservation Commission and the Garden Club are sponsoring a speaker from Save Our Sebago who will address the controversy over managing the water level of our lake. If you have been following the Town Manager's reports about this important issue, you will want to hear from groups who have been in the forefront of the battle to keep our lake at levels that will assure that our ferry can get us to our beautiful island. We will meet at 7 PM at the Community Center.

IF IT'S TUESDAY - IT'S BRIDGE

Come join us for a couple hours of friendly bridge playing on Tuesdays at the Golf Club building. Play starts about 2 P.M. All are welcome - you don't have to be an expert to play, but there are some players who know the rules of the game enough to be able and willing to guide us.

We have had as few as one table of players and as many as three tables.

Tuesdays at 2 P.M. at the Golf Club Building

KAYAK FRYE ISLAND!

Please join us for the first ever, Frye Island Kayak Flotilla!

There are a LOT of kayaks on Frye Island...Wouldn't it be awesome to see them all out on the water and moving together as a group?

On Saturday August 4, 2012 at 8:00 AM, there will be a group paddle beginning in the cove at Beach 6 (Lighthouse Beach).

We will paddle as a large and very colorful group, along the lakeshore and down to Long Beach (2 miles), where we will stop briefly for snacks and drinks before returning to Beach 6. The entire trip should take about 2 hours. I have hired a photographer to capture the event from various points along the route and make the photos available to all participants. All kayakers must wear a PFD (personal flotation device). For rainy or windy conditions, the event rain-date would be 8/5/12 at 8 AM. There is no entry fee. All are welcome! Questions? E-mail me, Bob Sansonetti at: dr.sansonetti@gmail.com.

BINGO

This year, there is a change to the day. BINGO will be held on Sunday evenings beginning July 15, 2012 thru August. Join in every Sunday evening 7:00 PM at the Community Center.

Frye Island Fitness

Group Workouts By Marilyn Sullivan, R.N., P.T.



Stay in shape this summer and have fun too while exercising with other islanders! All skill levels are welcome, ages 16 and up. Exercises will include cardiovascular and strength training, circuit training, boot camp and kickboxing sessions all set to music!

Come join us on Monday, Wednesday and Friday mornings at 9am at the Community Center beginning July 9th! Please arrive 10 minutes early to register for your first class. Classes will be \$8.00/class, please bring a water bottle, towel or workout mat.

Questions: Call Marilyn (603) 548-7978



Community Center gardens & trees have new Fairy Houses!



Introduction to the workshop included the requirement that only Mother Nature's items could be used if the Fairies were to come

... and the creative juices flowed!



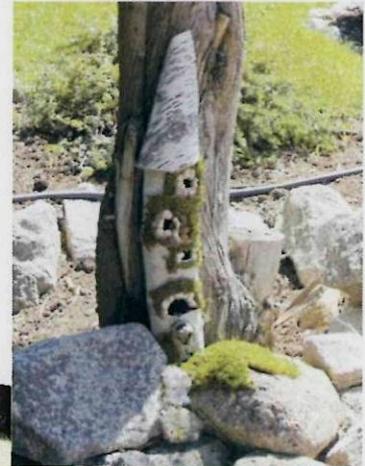
Jake and Mom



Skylar's party



Mom and Betsy





Celia's village



Samantha



Dennis



Mom



and Sasha



tick ID

KNOW THEM. PREVENT THEM.



Deer Tick (Black-Legged Tick)



nymph

adult male

adult female

- Deer ticks may transmit the agents that cause Lyme disease, anaplasmosis, and babesiosis
- **What bites:** nymphs and adult females
- **When:** anytime temperatures are above freezing, greatest risk is spring through fall

ACTUAL SIZE

nymph
(1/32"–1/16")

adult
(1/8")

engorged adult
(up to 1/2")

Dog Tick



- Dog ticks do not transmit the agent that causes Lyme disease
- **What bites:** adult females
- **When:** April–August through fall



adult male



adult female

(examples are not actual size, dog tick nymphs are rarely found on humans or their pets)

prevent the bite

- Wear light-colored protective clothing
- Use EPA-approved insect repellent on skin or clothing
- Use caution in tick infested areas
- Perform daily tick checks
- Protect your pets, use repellents, acaricides, and a Lyme disease vaccine for dogs



tick removal

Remove ticks immediately. They usually need to attach for 24 hours to transmit Lyme disease. Consult a physician if you remove an engorged deer tick.

Using a tick spoon:

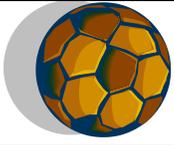
- Place the wide part of the notch on the skin near the tick (hold skin taut if necessary)
- Applying slight pressure downward on the skin, slide the remover forward so the small part of the notch is framing the tick
- Continuous sliding motion of the remover detaches the tick

Using tweezers:

- Grasp the tick close to the skin with tweezers
- Pull gently until the tick lets go

1-800-821-5821 | www.mainepublichealth.gov





Activities & Recreation

Recreation Dept. Schedule:

The Community Center will be open every day 10:00am – 4:00pm during the month of July

July 2012

Sat July 28	Sun July 29	Mon July 30	Tues July 31	Wed Aug 1	Thurs Aug 2	Fri Aug 3
USS Michael Murphy Day 7-8pm Capture the flag ages 6-12 @ ballfield	9:00a Chapel 7:00pm Bingo for adults@ CC	9:00 Cardio Fitness and Conditioning @ CC 9:30a Mah Jongg @ Leisure Lounge 10:00-11:00a Games @ Ballfield ages 6-12	8:45a Ladies Golf Scramble 9:00a-10:00a Basketball ages 6-8 10:00a-11:00a Basketball ages 9-12 2:00p-3:00p Soccer ages 6-8 2:00p Bridge @ Leisure Lounge 3:00-4:00p Soccer ages 9-12 7:00p-8:00p Candy Bar Bingo up to age 12 @ CC	9:00 Cardio Fitness and Conditioning @ CC 10:00a-11:00a Games at Ballfield ages 6-12 7:00-8:00 Capture the Flag ages 6-12 @ ballfield	9:00a-10:00a Basketball ages 6-8 10:00a-11:00a Basketball ages 9-12 12:30p Mah Jongg @ Leisure Lounge 2:00p-3:00p Soccer ages 6-8 @ Ballfield 3:00p-4:00p Soccer ages 9-12 @ Ballfield	9:00 Cardio Fitness and Conditioning @ CC 10:00a-11:00a Games ages 6-12 @ ballfield 9:00p-11:00p Open for Teens

Basketball – Be at the Basketball Courts Tuesdays and Thursdays for summer fun. Ages 6-8 and ages 9-12 will meet for games and skill work if desired. Times are 9:00a-10:00a for younger group and 10:00a-11:00a for older group. Sneakers are a must!

Soccer – Learn to play or increase your skill at the Ballfield. Play games with other kids your age. Ages 6-8 will meet at the Ballfield from 2:00p-3:00p on Tuesdays and Thursdays. Ages 9-12 will meet at the Ballfield from 3:00p-4:00p on Tuesdays and Thursdays. Sneakers are a must! Bring your shin guards if you wish.

Field Games – Join at the Ballfield on Monday, Wednesday and Friday mornings from 10:00a-11:00a. Various games will be played depending on the group. Ages 6-12.

Candy Bar Bingo – Kids up to age 12 can play Candy Bar Bingo on Tuesdays 7:00p-8:00p. Admission is one candy bar for the pot. If you do not have a candy bar they may be purchased at the door for 65¢. The doors open at 6:45 – 1st game begins at 7:00p.

UPCOMING EVENTS – MARK YOUR CALENDARS NOW!

DATE	TIME	EVENT	LOCATION
Sat. July 28 th	ALL DAY	USS Michael Murphy Day	
Sat. Aug. 4 th	12:00p-3:00p	Private Kickball @	Ballfield
Tues. Aug 7 th	10:00am-12:00p	Bird Nest Building @	CC
Wed. Aug. 8 th	9:00a-12:00p	Garden Club	Chapel
Sat. Aug. 11 th	9:00a	BOS / EC Mtg	Community Center
Sat. Aug. 11 th	9:00a	One Pitch Softball Tournament	Ball Field
Wed. Aug 15 th	8:00pm	Bob Marley @	CC