

Frye Island News Service

VOLUME 2010, ISSUE 13

JULY 16, 2010

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Important Information

Town of Frye Island

1 Sunset Road
Frye Island, ME 04071
Phone: 207-655-4551
Fax: 207-655-3422
Email: office@fryeisland.com
Web site: www.fryeisland.com
Town Manager: Wayne Fournier

Office Hours

Tuesday thru Saturday: 9:00 AM – 3:00 PM
Sunday & Monday: Closed

Code Enforcement Officer

John Thompson
Tuesdays and Thursdays 8:00 AM – 3:00 PM

Fire, Medical, or Police Emergencies – Call 911

Non-emergencies

Frye Island Police: (207-893-2810)

Police Chief: Rod Beaulieu

Fire Department: (207-655-8618)

Fire Chief: Steve Persson

Executive Committee

Mark Thomas First Selectman
James Kuiken Selectman
John Nun Selectman
Bruce Nisula..... Executive Committee - Chair
Joe Potts
David Bond
Bob Sutherland

Joe Potts..... Municipal Treasurer

Public Works Department

Phone: 207-655-7493
Director: John Crosby

Transfer Station

High Season Operating Hours

Saturday: 10:00AM – 3:00PM

Sunday: 12 Noon – 5:00PM

Wednesday: 10:00AM – 3:00PM

Holiday weekends: Closed Sundays, open Mondays

During high season the Transfer Station can be open on closed days by appointment only, between 8am to 3pm.

To set up a Transfer Station opening **please call the Public Works Garage at 655-7493 (please try to call the day before)**

Thank you, Your Public Works Department

Frye Island News Service

Email: lkerrigan@fryeisland.com

Submission deadline:

Wednesday, 3:00 PM - **No Exceptions**

Representative to Legislature

John C. Robinson
Residence: 207-655-8657
Business: 207-539-4481 Ext 1
E-mail Repjohn.robinson@legislature.maine.gov

State Senator

Bill Diamond
Residence: 207-892-8941
E-mail <http://www.mainesenate.org/diamond/email.htm>



Town News

Island Manager's Comments

Greetings everyone:

Water Distribution System: The installation of the new water distribution line on Ridge Road continues to go well. We are still on schedule to finish up this summer so that we will be able to make all of the tie-ins after the system is shutdown this fall. There are times when the road is closed for the installation so please avoid Ridge Road if you can. If not drive with care because the crew may be in the road way.

E-Tickets: We continue to make progress with the eTicket system and the EZ ride accounts. I have added a few more active accounts and we are in hopes to open it up for more in a week or so. I am sure we are going to encounter additional problems and some operator errors including yours truly but hopefully these will not be major. When we are able to establish more EZ Ride accounts I will inform you in the FINS. You will be able to get the application on the Frye Island web site. There is also an explanation of the system there for your review.

Signs: The Frye Island deed covenants prohibit the posting of signs on the Island. I have been informed that signs, especially contractor and for sale signs, are beginning to appear again so I have asked the Public Works Department to start removing them. If you had posted a sign and it was removed you can reclaim it by checking at the office or with the Public Works Department.

Beaches: Last week I published the ordinance for the use of the beaches. This ordinance allows dogs on the beaches before 10:00 AM and after 5:00 PM. However, State law requires that dogs be "under control" at all times. This generally means they must be on a leash. Please be considerate of all the people using the beaches and keep your dogs off the beaches between 10:00 AM and 5:00 PM and on a leash when they are allowed.

Ferry Ticket Sales: For many years we have followed the policy that established a minimum purchase of 5 tickets and a maximum of 20 tickets when purchased in the Island office. This policy applied to the standard passenger vehicle and pedestrian tickets. We relaxed that practice earlier in the season anticipating the implementation of the EZ Ride system. However, it has taken us longer than we thought to implement the EZ Ride system; so, we will be returning to the policy requiring a minimum purchase of 5 tickets when purchased in the office. You will still be able to purchase a single ticket on the mainland. Actually you can only purchase 1 ticket at the ferry terminal on the mainland.

Speed Limits: A reminder that the speed limit on the Island is 20Miles per hour. Please drive safely and within the speed limit. There are more and more people on the Island now and it is critical that everyone's safety be protected.

Comprehensive Plan Meeting: Rebecca Schaffner from the Greater Portland Council of Governments will present a program to the Planning Board on Thursday July 23rd. The presentation will be at the Community Center and will begin at 1:00 PM. The topic for her presentation will be the *Regional Comprehensive Planning Initiative*. The public is invited to this presentation.

Reminder - Board Meeting: The next Board of Selectmen / Executive Committee meeting has been scheduled for Saturday July 31st. The meeting will be held at the Community Center and will begin at 9 AM. Copies will be made available at the meeting and can be sent electronically to those that want a copy. You can request the agenda by emailing me at wfournier@fryeisland.com

Have a safe and happy weekend.

Wayne

Zoning Board of Appeals

Friday, July 16, 2010 at 7:00 P.M.

Community Center

Agenda

- Working meeting on manual.

This is a public meeting. All Frye Islanders are welcome to attend.

Planning Board

Saturday, July 24, 2010 at 8:30 a.m.

Community Center

Agenda

Read and approve minutes of June 19, 2010 meeting.

Old Business:

- Continue review of Comp. Plan information
- Availability of Comp. Plan information for updating
- Introduction of new Planning Board Alternate members

New Business:

- Review July 23, 2010 Greater Portland Regional Comp. Plan meeting
- Draft a new Vendor Warrant for October Town meeting
- Draft a Warrant to mirror Frye Islands Shoreland Zoning with the States with the exception of our dock ordinance for approval at the October Town meeting
- Co-ordinate our Shoreland Zoning with the State of Maine's

Please send any request for additional agenda items to Steve Kaplan skaplan34@yahoo.com

All Planning Board Meetings are open to the public

BOS/EC Meeting

Saturday, July 31 at 9:00 AM

Community Center

USS Jason Dunham Day on Frye Island

Saturday, July 24th is Now a Go

On Friday, July 10th, the Frye Island Executive Committee voted to proceed with USS Jason Dunham Day on Saturday, July 24th, with July 31st as the rain date. Many Islanders have now signed up to support this day of recreation on Frye Island for the crew of this ship, but others still can as well (see below).



The Jason Dunham is presently completing construction and outfitting at the Bath Iron Works, prior to sailing in October to its homeport in Norfolk, VA. The ship's crew is spending the summer in the Bath area, most of them far from their families, and will, no doubt, enjoy this day discovering the beauty, hospitality, and warmer inland water (!) of Frye Island.

The day will start in the morning at the ball field with a welcome, honor guard ceremony by the crew, and softball game. At noontime there will be a barbecue lunch with ice cream sundaes for all, at the golf clubhouse. The afternoon will be devoted to informal recreation, including swimming, boating, kayaking, golf, and tennis, as well as soccer and volleyball at the ball field and basketball at the community center. At the end of the afternoon, sailors in pairs will join Islander families for supper and relaxation. Sailors will then have the option of returning to base after supper or staying on for the Standup Comedy Benefit at the fire barn. A detailed schedule will be published in next week's FINS.

We would still like to hear from those who have not yet signed up but are interested in playing in the morning ball game or afternoon soccer, volleyball, or basketball games, in offering boat rides, or in partnering in golf or tennis. While we already have many offers, we would also still like to hear from those who would like to host a pair of sailors for supper. Please contact Dick Norris by e-mail at DickNorris@aol.com or by phone at 617-489-6997.

Office Thank you's

Thank you Steve Ciulla for the delicious chocolates.



Marina News

Safe Boating Tips

- Watercraft towing a person or persons on water-skis, surfboards, aquaplanes, or similar devices shall not operate within water safety zones (area of water within 200 feet of any shoreline, mainland or island). Exception: to drop-off or pickup passengers, while ensuring that persons and property are not endangered in the process.
- No person shall operate any watercraft for the purpose of towing a person on water-skis, surfboards, or similar devices on any waterway between the hours of ½ hour after sunset until ½ hour before sunrise.
- Any person being towed on water skis, surfboards, or similar devices must wear a life jacket, life belt, or similar life saving device. No watercraft operator shall tow anyone involved in the aforementioned activities unless the person being towed has complied with this requirement.
- Watercraft towing a person on water skis, surfboard, or other similar devices must have a person in the watercraft who is at least 12 years of age, in addition to the operator, who is in a position to continually observe the person/s being towed.



Don't Feed the Ducks

If you feed them, they will come.

If you have ever visited a lake or pond and seen [ducks](#), chances are you have seen people feed them.

Unfortunately this is not a good thing to do. You may think you are doing the ducks a favor by offering them bits of bread, potato chips or other types of food but you are not.

When you feed ducks you are likely giving them food that is not nutritious. While ducks seem to love bread, it is not that nutritious and generally just fills them up.

Feeding ducks also makes them dependent on hand-outs and makes them tame. Ducks are wild birds that should not rely on humans to feed them. They also need to learn how to get their own food.

When ducks become tame and use to humans they may not be able to protect themselves from predators.

Another reason not to feed ducks is because of the waste that is left behind. Duck droppings can contain bacteria that is not healthy for humans. Too much bacteria in the water and on the land where the ducks are attracted to can be detrimental to your health.

Don't forget, in many areas ducks are suppose to migrate to different areas at different times of the year. If you feed ducks you may be delaying their migration.

Ducks are cute little critters that are fun to watch and great to photograph. Most ducks can fend for themselves. If there are ducks in a pond or lake near you that have always seemed to be there chances are someone is taking care of them if they cant take care of themselves.

Go ahead and watch the ducks, but remember, it's not a good idea to feed them.



Fire Department

Fire Barn: 207-655-8618

MEDICAL EMERGENCY PROCEDURE

DIAL 9-1-1

Your 9-1-1 call will be received at the Raymond Dispatch Center

Dialing 9-1-1 will dispatch the Frye Island Fire Department Medical First Responders and the Raymond Rescue. The Raymond Dispatch Center will also notify the Ferry Captain for the emergency run. This will occur during normal operating hours and during off hours

State your name, your location and the nature of the emergency

Stay at your location until help arrives. Medical personnel are responding to your location. If you leave that location you may bypass responding rescue personnel. Time is critical in an emergency!

FIRE EMERGENCY

DIAL 9-1-1

Your 9-1-1 call will be received at the Raymond Dispatch Center

Dialing 9-1-1- will dispatch the Frye Island and Raymond Fire Department's. Raymond Dispatch will also notify the ferry.

State your name, your location and the nature of the emergency. Get out of the building if there is a fire.

All owners and visitors should know the street, lot number, fire lane and a nearby pertinent landmark where they are located in the event of a fire, medical or police emergency

This information will greatly expedite the response time for the emergency service that is answering your call. Time is critical!

All streets and fire lanes on the island are clearly marked

Firefighters' Fundraiser

Saturday, July 24

Comedy Night



Great
standup
comedians
(Clockwise from left)
Dave Rattigan



**Mike
Donovan**



**Jeanne
Sullivan-
Toomey**



Jeff Koen

Frye Island Fire Station

Doors open at 7:30, show time 8 p.m.
(Cocktails at the golf course before the show)

\$15.00 Tickets on sale now at the Frye's Leap General Store (\$20.00 at the Door)

www.scampscomedy.com

Questions call Jeanne at (978) 337-0040

Thank you

FIFD would like to thank Dick Vande Hei for cooking up the 600 hot dogs and the FIFD members wives and husband, who showed up in great numbers to serve and help keep things organized. We were out of hot dogs around 1:30 this year. There were only a few late arrivals that missed out. So it looks like we will go for 700 hot dogs next year. The golf cart parade was a great success and is continuing to grow in numbers. A big THANK YOU to all members of the fire department who helped in the parade, clean up of the fire barn (before and after), working the open house and then working at the fire works display which was perfect. THANKS TO ALL THAT ATTENDED AND WERE INVOLVED IN OUR OPEN HOUSE!!!!

We have a new member that has joined our team. Foster Hersey attended the open house, asked a few questions and met the crew in action. We welcome our new member.



207-655-4256

Frye's Leap Weekly Update

Welcome back! We are hard at work preparing for another fantastic season on Frye Island. Our high season schedule is starting, and is posted here in the FINS and on fryesleap.com.

	Store Hours	Café Hours
Sunday – Friday	8am – 9pm	8am – 9pm
Saturday	8am – 10pm	8am – 10pm

This Season at Frye's Leap

2010 is set to be an exciting season at Frye's Leap. We are loading the shelves with many new gifts, apparel, jewelry and much more. In the café, expect many delicious additions to our menu. We hope to see you soon!



Comedy Night Saturday July 24th

\$15.00 Tickets on sale now at the Frye's Leap General Store
(\$20.00 at the Door)

To benefit the Frye Island Volunteer Fire Department





Leisure Lounge

Fairway Lane (next to the golf pro shop)

655-3551

Air Conditioned

Open to the Public

Hours:

Monday – Wednesday: 8:00 AM – 8:00 PM

Thursday – Saturday: 9:00 AM – Midnight

Sunday: 7:30 AM – 8:00 PM



Sports Fans:

Enjoy satellite reception on our 42” plasma TV.

Full Bar

Beer, Wine, & Mixed Drinks

(We also now offer wine by the bottle)

\$3.50 Root Beer Floats

\$2.00 Hot Dogs

\$5.00 Pizza

Thanks to Chef Willie, the Ball Field/Beaches Fundraiser dinner was not only delicious it also raised \$694.00. This could not have been possible without the help from our volunteers: Willie & Kathy Campbell, Grace Morin & Cappy, John & Tyler Crosby, and Bill Gately. THANK YOU!
The next scheduled dinner is planned for August 18th.



Ferry News

655-4258

This Week's Ferry Schedule

	First Ferry	Second Ferry
Saturday	7 AM – 1 AM	10:00 AM – 6:00 PM
Sunday	7 AM – 10 PM	12:00 PM – 8:00 PM
Monday	6 AM – 10 PM	8:30 AM – 10:30 AM 3:00 PM – 5:00 PM
Tuesday	7 AM – 10 PM	8:30 AM – 10:30 AM 3:00 PM – 5:00 PM
Wednesday	7 AM – 10 PM	8:30 AM – 10:30 AM 3:00 PM – 5:00 PM
Thursday	7 AM – 11 PM	8:30 AM – 10:30 AM 3:00 PM – 5:00 PM
Friday	7 AM – 12 Mid	8:30 AM – 10:30 AM 2:00 PM – 10:00 PM

Thank You's

Ferry Thank You's to Kaitlyn and Brian Nisula for the soda and cookies, the LaDows for the donuts and Cheez-its, and to Madison and Moxie Savoie for the dog treats.

Reminder:

We are no longer accepting ANY old paper tickets. Please be sure to exchange your old tickets at the Island office for the new E-tickets. Someone from the office will be available at the ferry landing on Friday afternoon/evening and Saturday to exchange your old tickets for new E-tickets to help us all ease into this transition. Thanks for your cooperation.
FI Ferry Crew



Frye Island Golf Club

655-3551

Open to the Public

Fairway Lane

Hours

Monday – Wednesday: 8:00 AM – 8:00 PM
Thursday – Saturday: 9:00 AM - Dusk
Sunday: 7:30 AM - 8:00 PM

Greens Fees

Weekday: \$20.00
Weekend and Holidays: \$30.00
Twilight (after 5 PM)
Weekdays \$13.00
Weekends \$15.00
Weekday Youth (16 or younger): \$10.00
Weekend Youth (16 or younger): \$20.00
3-day weekday pass: \$45.00
Week-long unlimited golf pass: \$115.00

Cart Rentals

Gas Cart:
9 Holes: \$16.00
18 Holes: \$26.00
Pull Cart:
9 or 18 Holes: \$4.00
Club Rentals: \$12.00
Own Cart (no trail fee)
9 Holes: \$10.00
18 Holes: \$20.00

Tentative 2010 Tournament Schedule

<u>Date</u>	<u>Tournament</u>	<u>Organizers</u>
July 1 – Sept 6	Club Championship	Bruce Nisula
Fri, July 16	July Hooligan	Hodge(s)
Sat, July 17	Junior Championship	Paul L/Ron V
Sat, Jul 24	Full Moon Classic	Bob Thurston
Sat/Sun, Aug 7-8	Member-Guest	Jim Hodge
Sat, Aug 21	Night Golf	John K/Mike H
Sat, Aug 28	President's Cup	Vic S/Laura D
Sat/Sun, Sep 11-12	Sebago Lake Escape	Mark Thomas
Sat, Sep 18	Shoot Out	Mike Hurley
Sat, Sep 25	TKE Fall Classic	Hodge(s)
Sat, Oct 2	Cross Country	Tom Canty
TBD	Rec Ctr Fund Raiser	Tom Bishop

Junior Championship Tournament

Saturday, July 17th
Registration at 12:30 tee off at 1:00
Flight A plays 18 holes
Flight B plays 9 holes
Hotdogs and sodas free to members, non-members pay only 9 holes greens fees.
Questions call Ron Vaillancourt (207) 655-2313

Sunday Morning Scramble

Every Sunday morning, tee off at 8:00am, sign up starting at 7:30am.

Sunday, July 11th Scramble Results

1st Place Team (-4) \$31.25 each:
Steve Catalano Bob Bullock
Bill Gately Mike Kaplan
Closest to the Pin \$24.00 each:
Steve Brown

Club Championship

Now is the time to seize your opportunity to become a Frye Island Golf Club Champion. There will be both Men's and Women's Champions. The top eight scorers in the Qualifying Round will play each other in a single elimination match play tournament. To play in the Qualifying Round, you must check in at the Pro Shop and announce to the Staff that the round you are playing is your Qualifying Round (the Staff will initial your card). You must play your round with at least one Member in accord with the USGA rules of golf with local rules included. You may play the two 9-hole rounds separately, but each round must be initialed by the Staff and accompanied by a Member. Upon completion of the 18-hole round, return the score card to the Staff. Good luck to all participating golfers.

Quarterfinal Match must be completed by August 2.
Semifinal Match must be completed by August 23.
Final Match must be completed by September 6 (Labor Day)

Need Golf Lessons?

Ron Vaillancourt, PGA Golf Professional, will be giving golf lessons Mondays, Tuesdays, and Fridays here at the Golf Course.

Ron is a resident here on Frye Island and has been a Golf Professional for over 39 years. His specialties are as a teaching pro.

Lessons will be by appointment. Call (207) 655-2313.

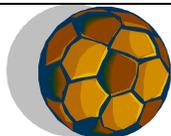
2010 Member-Guest Tournament

Date: August 7th and 8th, 2010
Entry Fee: \$200 per team (\$100 per player)
Sign-up Deadline is August 2nd

Meals: Saturday continental breakfast, Saturday lunch, Saturday dinner (spouses are welcome--\$15), and Sunday lunch.

Format: Nine hole Match Play, best ball, 2 person team,

Sign up at the club house.



Activities & Recreation

Recreation Chairperson: Andrea Sansonetti

Recreation Dept. Schedule:

The Community Center will be opened 9:00AM-4:00PM Monday thru Saturday
The Center is Closed on Sunday.

Evening Hours for Community Center

<u>Date</u>	<u>Hours</u>	<u>Activity / Age</u>
Tues. July 20 th :	7:00p-8:00p	Candy Bar Bingo / Kids & Teens
Wed. July 21 st :	7:00p-9:00p	Craft Night / Kids & Teens
Thurs. July 22 nd :	8:00a-10:00p	Open / Teens
Fri. July 23 rd :	7:00p-10:00p	Open / All

Ball Field Activities (Weather Permitting)

<u>Date</u>	<u>Hours</u>	<u>Activity / Age</u>
Sat. July 17 th :	7:00p-8:00p	Kickball / 6-12

Candy Bar Bingo – Kids and Teens can play Candy Bar Bingo. Admission is one candy bar. If someone needs help, an adult may assist that person. No adults may play.

Craft Night – Small ceramic pieces may be painted and glossed. You may choose from a mini flower pot, watering can planter, fish shapes, bugs and zoo animals. Prices range from \$1.00 - \$1.50.

Bobbie Thomas
Recreation Director

BINGO

Join in every Monday evening 7:00 PM at the Community Center July thru August.



Frye Island Chapel

Services every Sunday 9:00 to 9:30 AM
In the Upper Room of the Community Center

All are welcome. Dress is casual.

You are cordially invited to attend our weekly **non-denominational** services, which are held every Sunday morning from 9:00 to 9:30 AM in the **upper room at the Community Center**. Communion is offered on the 1st and 3rd Sunday of every month. There is a coffee and snack hour following the service on the 2nd and 4th Sunday of each month.

Presiding Chaplains: Rev. Richard Petersen, PhD
Rev. A. Theodore Ekholm

Friends of Bill W. Meeting

Beginning June 27th – Sunday Serenity Group

Will be held every Sunday at 11:00 am in the Community Center Chapel.

Any questions call Ellen at 841-2778

Mah Jongg Anyone?

We will resume our Mah Jongg games at the Golf Course Club House. The times will be:

Mondays @ 9:30am and
Fridays @ 12:30pm

These days and times can be revised. Please bring your game – if you have one.

BRIDGE

Come and join some of the Island folks for a couple hours of bridge. Tuesdays at 1:30 p.m. at the Golf Clubhouse is the usual time and place.

Book Group Selections for 2010

- July 26 **THE ZOO KEEPER'S WIFE** by D. Ackerman
Aug. 9 **THE GUERNSEY LITERARY & POTATO PEEL SOCIETY** by Mary Ann Schaffer
Aug. 30 **UNCLE TOM'S CABIN** by Harriet Beecher Stowe

All Frye Islanders are invited to join us on these selected Monday evenings 7:30 PM in the Community Center Library.

Author Visits F.I. Book Group

The F.I. Book Group had the very great pleasure on July 5th of a visit from Erica Eisdorfer, author of *A WET NURSE'S TALE*. Ms Eisdorfer told us of the discovery, coincidences and research involved in turning her knowledge and inspiration into her first published novel. She delighted us by reading aloud in the dialect of the heroine. Questions were asked by many of the 32 readers who attended the meeting. They ranged from how was she able to get published, to the unusual construction of the novel and the interesting characterization of the protagonist, a Victorian Age Wet Nurse.



LADIES GOLF SCRAMBLE

The Ladies Golf Scramble is progressing well. We gather each Tuesday morning at 8:50 for a 9:00 tee-off. Call the Golf Club if you are coming but cannot be there at 8:50. We welcome all levels of play for a morning of fun and activity. Nancy Perry is the contact person and will notify the golf club by 8:45 if the weather is uncooperative and we need to cancel.

Two teams tied in final score and number of pars last Tuesday. They are:

Diane Gleeson	Kathy Giggey
Ellie Controvillas	Anne Archer-Johnson
Sylvia O'Connor	Nanci Salinger
Nancy Perry	Kathy Molloy

Tennis Anyone!

Are you looking for someone to practice with or need a doubles partner? Are you a renter or a part-time resident and want to play some tennis but do not have a partner or opponent? Do you want to put together a weekly doubles match?

Robert Orlov and Anne Archer-Johnson would like to extend an open invitation to join us on a website list of tennis players on Frye Island. This will give you an opportunity to contact other tennis players or so they can contact you for a match.

Everyone can enjoy more tennis here on Frye Island. If you are interested in becoming a part of an ongoing list of tennis players, you can contact us at:

Robert Orlov: 655-3077

Anne Archer-Johnson: archerjohnson4@mindspring.com

Garden Club News

Bobbex is back in supply for the Island. Contact Claire LaDow for either concentrate or ready-mixed in a spray container. (655-7730) Remember that more frequent applications might be required with heavy rains. There is an abundance of deer on the Island this year - hungrier deer! A taste of Bobbex and they look elsewhere.

The joint Conservation Commission/Garden Club supper meeting will be held again in August. Keep an eye out for the date. Someone will be here to talk to us about the deer, their habitat and habits, and controlling the size of the herd.

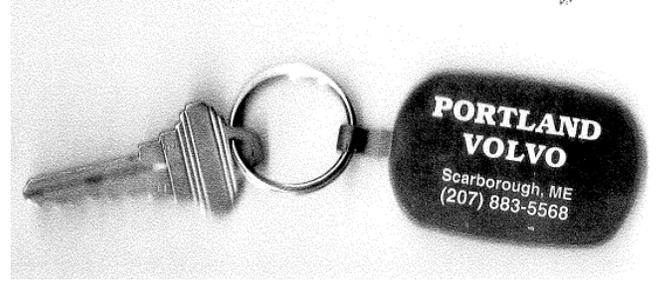
Teen yoga

Please note that there will be no yoga from Saturday, July 17th thru Saturday July 24th.

A yoga designed for children 12 and up!!

Wednesdays from 10-11:15

Lost and Found



We have your key in the Office.

Island Garden Program for July!

George and Pipsa Amato will open their lovely gardens to Islanders on Saturday, July 17th, at 10:00 am. George planted 500 bulbs this spring and now the results are showing!!

1221 Chestnut Circle with refreshments served.

This is the Garden Club's July program. Won't you come and enjoy it with us? RAIN DATE: Sunday, July 25th.

Tennis Lessons and Drills

If you are interested in taking a private or semi-private lesson to brush-up on your game, or getting your friends together for tennis drills, or working one-on-one on a specific stroke, Please contact me. I can also organize conditioning exercises and foot work if requested.

I teach all ages: ankle bitters-5 to 7; knee-hi's-8 to 10, juniors-11 to 14 up through adults.

My cottage # 655-7393, cell 770-238-2728 (Verizon, Ga.), email: archerjohnson4@mindspring.com

This is a wonderful sport. Try it, you might fall in "love" with it. Anne Archer-Johnson

Frye Island Library

The library has always been available to all whenever the Community Center is open. The adult collection is in the far room with the green couches. The light switch is on the right as you enter. The collection is arranged in very loose alphabetical order. For example, books by authors whose last name begins with A are together. That is as close as volunteers need come. Non-fiction books are grouped by category on the left as you enter. Due to limited space, we cannot accept magazines, condensed books by Reader's Digest, damaged books, recordings and CDs, homemade video tapes and materials of uncertain content. If you are dropping off books, the library volunteers would appreciate it if you would please shelve them in our relaxed Frye Island way. If you would like to help, just show up and put things where they belong. Call Pat Karpacz with questions.

Frye Island Junior Book Club

Boys and girls are invited to join the new Frye Island Junior Book Club and engage in a lively discussion on the following Thursday evenings from 8-9 p.m in the Library.

- Aug. 5 **How to Steal a Dog**, by Barbara O'Connor
Why would anyone want to steal a dog? Read to learn what happened to Georgina, and her brother Toby, as they devise a plan to steal a dog. **Grades 3-5**
- Aug. 12 **The Lightning Thief**, by Rick Riordan
Find out about the adventures of Percy Jackson as he discovers he is not a typical twelve-year old boy. If you loved the Harry Potter series, we think you'll love the first book in this series. **Grades 5-8**

We are in process of obtaining copies of these books. Please Contact Laura Davis at 655-7267 if you have questions, or wish to place an order. We anticipate books will arrive by July 16.

Also - Thursdays 7-8pm beginning July 29th: Teddy Bear and PJ's Story Hour
(Ages 3 - 8)

TIE-DYE

Come Tie-Dye with us!
Tie-Dye is back!

Come tie-dye at the Community Center on Sundays this summer! We will teach you to tie and dye the pattern of your choice! We use the best quality dyes that hold the color without fading! Just follow our easy instructions and nobody will believe you made it yourself!

Tie-Dye runs from 3:30-5:30, but you can show up anytime before 4:30 to get your project completed! Shirts, socks, bandanas or pillowcases are available for purchase or you can bring your own whites. Costs are as follows:

Shirts and pillowcases: \$12.00

Bandanas: \$8

Tube socks: \$10

Or bring your own shirts (100% cotton, please!): \$6 per person (\$3 for each additional item)

Remember: If you bring your own items, whites work best!

See you there!!

PS Please don't wear clothing you care about! We have smocks to protect shirts, but it is likely that you will get permanent dye on your clothing! Thanks!

Amy, Nicole, Lianne and Maggie Wagner
655-2583

YOGA CLASSES

Please note that there will be no yoga from Saturday, July 17th thru Saturday July 24th.

Amy Wagner, RYT, is back on the island, and getting ready to lead you in yoga classes. Classes will be on Tuesday and Thursday morning in the Community Center Chapel from 9:00-10:20 am, and Saturday from 7:30-8:45 am.

I practice and teach Hatha Yoga, which focuses on the fundamental yoga postures and combines breath with movement in order to build strength, flexibility and balance. Yoga also improves mental clarity and encourages relaxation. My classes are informal and open to all students; new and veteran yogis are all welcome!

Cost \$10 per class. Mats and blankets available for use and I also have some for purchase if you are interested.

Come in comfortable clothes! Call me with any questions. 655-2583

Peace,
Amy

CPR and Heartsaver First Aid!

Renew your certificate or learn new skills with this Heartsaver Basic Life Support and General Principles of First Aid Class including use of an AED (automated external defibrillator). Instructor Susan Dunn is returning to the island to teach these important skills we all need to know. This combination class is available to adults and teens. Please sign up at the office. (Limit: 15 people)

Date and Time: Monday, July 19, 9:30a-12:30p

Location: Large meeting room at the Community Center

Fee: \$35.00 – payable to the instructor at the class.

Intro to Hula Hoop Fitness

Remember the Hula Hoop? Sure you do! It's back and it's here to get you in shape. Join instructor Christine MacDonald for this unique and exciting fitness experience. She will teach you the new moves to get fit and build core strength – and did we mention have fun! Check out her website: www.MissFitHooping.com
Please sign up at the office with cash or checks made out to Bonny Eagle Adult Ed.

Date and Time: Saturday, July 31, 10:00a-11:30a

Location: Large meeting room at the Community Center

Fee: \$12.00

July 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 9:00a Chapel @ CC 11:00a Friends of Bill W. Mtg @ Chapel 3:30p Tie-Dye @ CC	12 9:30a Mah Jongg @ Leisure Lounge 7:00p BINGO @ CC	13 9:00a Ladies Golf Scramble 9:00a Yoga @ Chapel 1:30p Bridge @ Leisure Lounge	14 9:00a Garden Club Mtg @ CC 10:00a Teen Yoga @ Chapel 5:00p Stuffed Roast Pork Dinner @ Leisure Lounge	15 9:00a Yoga @ Chapel 2:00p Spiritual Energies @ CC	16 12:30p Mah Jongg @ Leisure Lounge 7:00p Zoning Board of Appeals @ CC	17 9:00a Garden Club
18 9:00a Chapel @ CC 11:00a Friends of Bill W. Mtg @ Chapel 3:30p Tie-Dye @ CC	19 9:30a Mah Jongg @ Leisure Lounge 9:30a CPR & Heartsaver First Aid @ CC 7:00p BINGO @ CC	20 9:00a Ladies Golf Scramble 1:30p Bridge @ Leisure Lounge	21	22	23 12:30p Mah Jongg @ Leisure Lounge 1:00p Regional Comprehensive Planning Initiative @ CC	24 8:30a Planning Board Mtg @ CC USS Jason Dunham Day -Rain 7/31 7:30p Comedy Night @ Fire Barn
25 9:00a Chapel @ CC 11:00a Friends of Bill W. Mtg @ Chapel 3:30p Tie-Dye @ CC	26 9:30a Mah Jongg @ Leisure Lounge 7:30p Book Group @ CC Library 7:00p BINGO @ CC	27 9:00a Ladies Golf Scramble 9:00a Yoga @ Chapel 1:30p Bridge @ Leisure Lounge	28 10:00a Teen Yoga @ Chapel	29 9:00a Yoga @ Chapel	30 12:30p Mah Jongg @ Leisure Lounge	31 7:30a Yoga @ CC 9:00a BOS/EC @ CC 10:00a Hula Hoop Fitness @ CC

August 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00a Chapel @ CC 11:00a Friends of Bill W. Mtg @ Chapel 3:30p Tie-Dye @ CC	2 9:30a Mah Jongg @ Leisure Lounge 7:00p BINGO @ CC	3 9:00a Ladies Golf Scramble 9:00a Yoga @ Chapel 1:30p Bridge @ Leisure Lounge	4 10:00a Teen Yoga @ Chapel	5 9:00a Yoga @ Chapel	6 12:30p Mah Jongg @ Leisure Lounge	7 7:30a Yoga @ CC
8 9:00a Chapel @ CC 11:00a Friends of Bill W. Mtg @ Chapel 3:30p Tie-Dye @ CC	9 9:30a Mah Jongg @ Leisure Lounge 7:00p BINGO @ CC 7:30p Book Group @ CC Library	10 9:00a Ladies Golf Scramble 9:00a Yoga @ Chapel 1:30p Bridge @ Leisure Lounge	11 10:00a Teen Yoga @ Chapel	12 9:00a Yoga @ Chapel	13 12:30p Mah Jongg @ Leisure Lounge	14 7:30a Yoga @ CC