

Frye Island News Service

VOLUME 2010, ISSUE 11

JULY 2, 2010

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FRYE ISLAND DIRECTORY

It's that time again when we ask folks to stop by the office and let us know about any updates or additions/deletions to our Frye Island Directory. Please let us know by July 10, 2010 so we may publish a 2010 Directory.

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Important Information

Town of Frye Island

1 Sunset Road
Frye Island, ME 04071
Phone: 207-655-4551
Fax: 207-655-3422
Email: office@fryeisland.com
Web site: www.fryeisland.com
Town Manager: Wayne Fournier

Office Hours

Tuesday thru Saturday: 9:00 AM – 3:00 PM
Sunday & Monday: Closed

Code Enforcement Officer

John Thompson
Tuesdays and Thursdays 8:00 AM – 3:00 PM

Fire, Medical, or Police Emergencies – Call 911

Non-emergencies

Frye Island Police: (207-893-2810)

Police Chief: Rod Beaulieu

Fire Department: (207-655-8618)

Fire Chief: Steve Persson

Executive Committee

Mark Thomas First Selectman
James Kuiken Selectman
John Nun Selectman
Bruce Nisula..... Executive Committee - Chair
Joe Potts
David Bond
Bob Sutherland

Joe Potts..... Municipal Treasurer

Public Works Department

Phone: 207-655-7493
Director: John Crosby

Transfer Station

High Season Operating Hours

Saturday: 10:00AM – 3:00PM

Sunday: 12 Noon – 5:00PM

Wednesday: 10:00AM – 3:00PM

Holiday weekends: Closed Sundays, open Mondays

During high season the Transfer Station can be open on closed days by appointment only, between 8am to 3pm.

To set up a Transfer Station opening **please call the Public Works Garage at 655-7493 (please try to call the day before)**

Thank you, Your Public Works Department

Frye Island News Service

Email: lkerrigan@fryeisland.com

Submission deadline:

Wednesday, 3:00 PM - **No Exceptions**

Representative to Legislature

John C. Robinson
Residence: 207-655-8657
Business: 207-539-4481 Ext 1
E-mail Repjohn.robinson@legislature.maine.gov

State Senator

Bill Diamond
Residence: 207-892-8941
E-mail <http://www.mainesenate.org/diamond/email.htm>



Town News

Island Manager's Comments

Greetings everyone:

Water Distribution System: We have resumed the installation of the new water distribution pipe on Ridge Road. The crew is about half way down Ridge Road now so with any luck at all we should be able to complete Ridge Road this summer so that when we shut the system off this fall we will be able to tie into the line at the intersection of Independence and Birch that we ran last year. We will not make the cottage connections until we shut the water system off next fall. Please be careful and considerate when traveling in that area.

Fire Works: The fireworks will be held on Saturday. As usual, they will be held at Long Beach and will begin as soon as the pyrotechnic technician feels it is dark enough. I want to remind those people that have boats in the Marina that some will have to be moved before the fireworks display can take place. Boats in the Marina from slips 84 to 104 on the beach side and slips 67 to 131 on the road plus the Jet Ski slips and boats on all of the slips on the southern end must be removed by 5:00 PM. If you have a boat in one of these slips please move it out before 5:00PM. If you don't, we will have it moved for you at your expense. The fire works display can not be set up with boats in those slips.

Bingo: Diana Luchor has graciously agreed to run the Bingo again this year. She will begin next Monday evening July, 12th. However, she is in dire need of someone to volunteer to help on a regular basis. She is looking for someone to call the numbers so if anyone is interested please call the office and we will pass the info on to Diana. In order to continue the bingo, it is important to get some volunteer help.

E-Tickets: We are continuing to sell the bar coded paper tickets but we are not issuing any more EZ Ride passes yet. Things on the ferry side seem to be going quite well. We do have a few glitches now and then but thanks to the efforts of Joe Potts and the ferry crews, that portion of the process appears to be going well and the crew is gaining a lot of operating experience. The biggest problem we are having now, and the reason we have stopped issuing the EZ Ride accounts, is because of a duplication issue we have when accounts and transactions are entered into the system from the office computers; or more specifically, from two of the four office computers. For some reason, which we haven't been able to figure out, when we enter transactions from

the work station on the counter and from Lisa's desk top computer the transactions appear to be fine. However, if accounts or transactions are entered from the Clerks computer, (the one on the desk beside the counter) or from my desk top the accounts and transactions are duplicated. The account balances are not being duplicated but when I enter a new account the system automatically assigns a 13 digit ID to the account and generates a bar code ID card. A few minutes later the system creates an additional account with a different ID number. This just complicates the whole EZ Ride process. In addition, all of the transactions from these two computers are duplicated on the final daily reports so when it comes to reconciling the daily revenue we have to review all of the reports to eliminate the duplications before we can reconcile. This has added an hour or more to this process. We have had our IT people working on our end and the software developer working on that end to rectify the problem but as of this FINS we don't have the answer. What is so baffling is why it happens on two of our computers and it doesn't on the other two. We will continue to work on this until it is resolved. This is probably more information than you want or need but I want to keep you all abreast of the issues. If you need information on how the system is designed to work you can go to the Frye Island web site under the ferry drop down. We will continue expanding the EZ Ride accounts as soon as we have resolved this duplication issue.

Ferry Service: We are now in the High Season and we have increased the ferry schedule accordingly so please check it and try to plan your trips on and off the Island when we have two ferries running.

SATURDAY OFFICE HOURS: The Town Office will be open for business from 8:00 AM until 12 Noon on Saturday so please take note and plan accordingly

Reminder - Board Meeting: The next Board of Selectmen / Executive Committee meeting has been scheduled for Saturday July 31st. The meeting will be held at the Community Center and will begin at 9 AM. Copies will be made available at the meeting and can be sent electronically to those that want a copy. You can request the agenda by emailing me at wfournier@fryeisland.com

Have a safe and enjoyable weekend!

Wayne

The 2010 Fireworks

The 2010 fireworks are scheduled for Saturday evening, July 3rd at dusk.

Reminder: This year, like all others, we will have to move some of the boats out of the Marina for the fire works. The boats to be removed are slip numbers:

**SLIP(S) #84 THROUGH #130 LAKE SIDE
AND SLIP(S) #67 THROUGH #131 ROAD SIDE**



FIREWORKS PARKING AND ROAD SIGNS

No parking signs will be posted going to the Marina *working back from the Marina road* along Leisure and Birch. So depending on where you are coming from the postings will be on the left side. The small marina parking lot will only be used for Handicapped parking!

Beach Committee Meeting

Wednesday, July 7 at 9:00 AM
Community Center Library

BOS/EC Meeting

Saturday, July 31 at 9:00 AM
Community Center

CONSERVATION - WHO CARES?

Q. Why are we here on Frye Island? There must be some very good reasons why we have homes on a piece of land with only part-time accessibility by ferry. The gorgeous Lake is not the only reason. The environment and the resulting “feeling” that we experience undoubtedly play a significant role. If this is true, then we should all care about keeping it the way that it is, in spite of the continuous developmental stresses. The natural beauty of the Island is the result of the forests and the tree canopy, plus the variety of the terrain i.e. beaches, wetlands, lagoons, swamps, vernal pools, large blocks of conservation areas with high value habitat and undeveloped Frye Island Inc. owned lots. Also, the abundant plant growth and frequent bird and other wildlife sightings add to the enjoyment. For example, on one short guided trail walk the group saw deer, grouse, rabbit and fox. Recently, I saw a wild turkey and in the past, owls and eagles have been sighted.

PROTECTING OUR ISLAND ENVIRONMENT IS CRITICAL

When human actions alter, or diminish our natural surroundings, they often damage or destroy habitat. Habitat is the place where a plant or animal lives, it includes everything they need to survive and reproduce. A few examples on Frye Island are deer in the “back nine” of the golf course and the numerous birds in the cove near Quail Circle and at the end of the causeway behind Long Beach.

How can you help? You can help by avoiding straight paths to the Lake and minimizing the time bare soil is exposed to rain run-off during, and after, construction or landscaping. Also, by planting shrubs and trees between your property and any water to create a buffer that will filter out pollutants that are the result of erosion. You can “adopt” one, or more, roads, trails or beaches by picking up leaves, brush and/or trash. Most of us have chosen to come to Frye Island because of the rich environment and landscape of trees, lake, beaches and plant and animal life. So, let’s keep it that way.

A. We all should care and act accordingly. Check the Town web-site to view the Trail Map and the Conservation brochure.

Ed Charrette - Conservation Commission

USS Jason Dunham Day on Frye Island

Now Set for Saturday, July 24th

We have now set Saturday, July 24th to host the officers and crew of the USS Jason Dunham for a day of recreation on Frye Island, with July 31st as the rain date. To hold this event, however, we need to receive by July 6th sufficient offers from Islanders to help support the event (see details below).



The Jason Dunham is presently completing construction and outfitting at the Bath Iron Works, prior to sailing in October to its home port in Norfolk, VA. The ship’s officers and crew are spending the summer in the Bath area, most of them far from their families, and would, no doubt, enjoy a day discovering the beauty, hospitality, and warmer inland water (!) of Frye Island. We welcome your feedback.

Plans for the day presently include a welcome and softball game in the late morning, a barbecue lunch, and informal recreation in the afternoon, including swimming, boating, golf, basketball and tennis. We also hope to be able to close the day by inviting small groups of sailors (two to four people) to the homes of Island families for supper and relaxation.

We would like to hear from those interested in participating, through playing in the ball game, offering boat rides, partnering in golf or tennis, or contributing a pot luck dish for the noon lunch. Also, we would especially welcome invitations inviting two to four sailors to your home for a simple supper and a chance to relax before returning to base at the end of the day. Please e-mail us at office@fryeisland.com, with a copy to DickNorris@aol.com, or visit the office directly.

Theresa M. "Terry" (Brazell) Kett

Mrs. Theresa M. Terry (Brazell) Kett, of Billerica, formerly of Waltham, died Monday, June 28, 2010, in her home. She was 61. Terry was born in Concord on Nov. 20, 1948, a daughter of the late Francis E. and Ellena M. (Hayes) Brazell. She was raised in Waltham where she had been a resident until moving to Billerica 20 years ago. Her second home for the past 28 years was at Frye Island, Maine where she and her family spent many happy summers. She was a 1967 graduate of Waltham High School and had worked as a pharmacy technician at the E.N. Rogers Veterans Administration Hospital in Bedford. She found her greatest joy however spending time with her granddaughters, Shelby and Kaitlyn. Terry leaves her husband, John B. Kett; her children, Lisa L. Houghton-LeCuyer and her husband, Bernard P., Jr. of Milford, N.H. and Jonathan M. Kett of Cape Cod; her grandchildren, Shelby and Kaitlyn Houghton; her sister, Judith A. Judy Burgess and her husband, Thomas, of The Villages, Fla.; her brother, Frank E. Brazell and his wife, Rita, of Norwood and many nieces and nephews. Family and friends honored and remembered Terrys life by gathering for calling hours in The Joyce Funeral Home, 245 Main St. (Route 20), Waltham, Thursday, July 1, from 4-8 p.m. and again at 9:30 a.m. Friday morning before leaving in procession to Saint Jude Church, 147 Main St., Waltham where her Funeral Mass was celebrated at 10:30 a.m. Burial followed in Calvary Cemetery, Waltham. To share a memory and to offer condolences online please visit www.joycefuneralhome.com.

Our deepest condolences to the families.

Shirley Dunn White

Shirley Dunn White 95, of Fort Myers, FL died Saturday May 8, 2010. Formerly of Wellesley, MA she and her family owned the Wellesley Inn. Shirley was a registered nurse, she has a daughter (who still owns property here) and a son. Shirley was a long time resident on Frye Island.

Pool Information

The Pool is now open; the pool gates will be locked everyday at dusk.

Marina bathrooms will be locked everyday at dusk and re-opened at approximately 7:30 am.

Frye Island Public Works Transfer Station

Please observe the new traffic pattern, ENTRANCE ONLY main gate Independence Way, EXIT ONLY South Beach Road. Thanks for your anticipated cooperation; we hope that this new traffic pattern will lessen main gate congestion.

Single Stream Recycling, It all goes in the container, EXCEPT, plastic bags and Styrofoam, PLEASE keep these items out of the container. A list of all approved items and not approved items are listed on the outside of the container. If you're not sure ask our new Transfer Station attendant Danny Bond.



Marina News

Safe Boating Tips

- After a day on the water, remove any visible vegetation, animals, mud, fishing gear and all equipment exposed to the water while you are at the launch ramp. Frye Island has a wash down station at it's ramp located at Long Beach Marina.
- Get into the habit of cleaning your boating gear every time that you travel from one body of water to the next. Invasive water species are so small, you may not realize that they're "hitching a ride".

Boat Safety Course – Here on Frye Island (Please see page 13 for details.)

The Frye Island Marina Committee recommends that all boaters take a boating safety course. The U.S. Coast Guard Auxiliary offers these nationwide. Even the most experienced boater can benefit from taking a course. Check your nearest "adult evening education" facilities in your school district. Also, The Boat U.S. Foundation for Boating Safety and Clean Water offers a free online course that may be taken from the comfort of your own home.



Fire Department

Fire Barn: 207-655-8618

ANNUAL FIRE DEPARTMENT OPEN HOUSE

On Saturday, July 3rd, Noon to 2:00pm the Fire Department will be holding an Open House at the Fire Barn. There will be **FREE HOT DOGS AND SODA**. Bring the kids, family and neighbors to visit with your Fire Department and have lunch on us. **SEE YOU THERE --- AFTER THE PARADE!**

All activities and functions held by the Fire Department are paid for with the proceeds from the redeemable (**ME 5 and ME 15 cent**) cans and bottles collected at the transfer station. Thank you for contributing.

Welcome new firefighter Ken Thurston

Ken is a respected contractor on the island and knows the island very well. He will be a valued asset to the fire department. He spends many hours daily on the island. Ken was well received by the members of the Frye Island Fire Department at Sunday's training meeting and they will enjoy working with him. When you see Ken, thank him for his commitment to public safety.

Anyone interested in joining the department can stop by and speak to Chief Steve Persson during training. Firefighters train weekly 10 – 12 on Sundays.

TO REPORT A FIRE OR MEDICAL EMERGENCY

DIAL 9-1-1

Fire Department Notice

Rules pertaining to the use of open fires in screened enclosures and chimeneas.

Open fires in a screened enclosure designed for such use or chimenea are permitted under the following conditions:

- The device must be used only on an acceptable permit-required burn day within the state. (A permit will not be necessary to use the device, but it can only be used on a day on which burning is allowed.)
- The device must stand on sand or dirt in a wide-open area to prevent any spread of fire.
- The device must be placed away from any structure and **cannot** be situated on a porch, deck, or other similar area.
- The device must be continuously monitored by an adult.
- A fire hose or bucket of water must be nearby.

Anyone using one of these devices accepts **full responsibility** for their actions if a mishap occurs.

The fire department has the authority to extinguish any fire that constitutes a hazard.

Violators of these rules will be reported to the Maine Forest Service, Forest Protection Division, for disciplinary action.

If there are any questions or concerns regarding the use of a screened enclosure or a chimenea, please contact the Town Fire Warden or Frye Island Fire Department.



Congratulations to Kristen & Kyle Fisher who were married on Beach 6 on June 5th



207-655-4256

Frye's Leap Weekly Update

Welcome back! We are hard at work preparing for another fantastic season on Frye Island. Our high season schedule is starting, and is posted here in the FINS and on fryesleap.com.

	Store Hours	Café Hours
Sunday – Friday	8am – 9pm	8am – 9pm
Saturday	8am – 10pm	8am – 10pm

This Season at Frye's Leap

2010 is set to be an exciting season at Frye's Leap. We are loading the shelves with many new gifts, apparel, jewelry and much more. In the café, expect many delicious additions to our menu. We hope to see you soon!



Kristin Catalano, Sammie Catalano, Courtney Catalano and Olivia Ohanesian at the Ladies of the Lake Luncheon.



Leisure Lounge

Fairway Lane (next to the golf pro shop)

655-3551

Air Conditioned

Open to the Public

Hours:

Monday – Wednesday: 8:00 AM – 8:00 PM

Thursday – Saturday: 9:00 AM – Midnight

Sunday: 7:30 AM – 8:00 PM



Sports Fans:

Enjoy satellite reception on our 42” plasma TV.

Full Bar

Beer, Wine, & Mixed Drinks

(We also now offer wine by the bottle)

\$3.50 Root Beer Floats

\$2.00 Hot Dogs

\$5.00 Pizza

Wednesday, July 14th

Stuffed Roast Pork Dinner

Cocktails – 5 pm

Dinner – 6 pm

Advance ticket purchase / Limited seating

Thank you to Pete Talvy for donating his time and materials wiring Sue's Kitchen



Ferry News

655-4258

This Week's Ferry Schedule

	First Ferry	Second Ferry
Saturday	7 AM – 1 AM	10:00 AM – 6:00 PM
Sunday	7 AM – 10 PM	12:00 PM – 8:00 PM
Monday	7 AM – 10 PM	12:00 PM – 8:00 PM
Tuesday	6 AM – 10 PM	8:30 AM – 10:30 AM 3:00 PM – 5:00 PM
Wednesday	7 AM – 10 PM	8:30 AM – 10:30 AM 3:00 PM – 5:00 PM
Thursday	7 AM – 11 PM	8:30 AM – 10:30 AM 2:00 PM – 8:00 PM
Friday	7 AM – 12 Mid	8:30 AM – 10:30 AM 2:00 PM – 10:00 PM

Thank You's

Ferry Thank You's to Theresa Bates for the yummy brownies.



Frye Island Golf Club

655-3551

Open to the Public

Fairway Lane

Hours

Monday – Wednesday: 8:00 AM – 8:00 PM
Thursday – Saturday: 9:00 AM - Dusk
Sunday: 7:30 AM - 8:00 PM

Greens Fees

Weekday: \$20.00
Weekend and Holidays: \$30.00
Twilight (after 5 PM)
Weekdays \$13.00
Weekends \$15.00
Weekday Youth (16 or younger): \$10.00
Weekend Youth (16 or younger): \$20.00
3-day weekday pass: \$45.00
Week-long unlimited golf pass: \$115.00

Cart Rentals

Gas Cart:
9 Holes: \$16.00
18 Holes: \$26.00
Pull Cart:
9 or 18 Holes: \$4.00
Club Rentals: \$12.00
Own Cart (no trail fee)
9 Holes: \$10.00
18 Holes: \$20.00

Tentative 2010 Tournament Schedule

<u>Date</u>	<u>Tournament</u>	<u>Organizers</u>
July 1 – Sept 6	Club Championship	Bruce Nisula
Sat, Jul 3	Steak and Hot Dog	John K/Bob T
Sat, July 10	Junior Championship	Paul L/Ron V
Fri, July 16	July Hooligan	Hodge(s)
Sat, Jul 24	Full Moon Classic	Bob Thurston
Sat/Sun, Aug 7-8	Member-Guest	Jim Hodge
Sat, Aug 21	Night Golf	John K/Mike H
Sat, Aug 28	President's Cup	Vic S/Laura D
Sat/Sun, Sep 11-12	Sebago Lake Escape	Mark Thomas
Sat, Sep 18	Shoot Out	Mike Hurley
Sat, Sep 25	TKE Fall Classic	Hodge(s)
Sat, Oct 2	Cross Country	Tom Canty
TBD	Rec Ctr Fund Raiser	Tom Bishop

Steak & Hot Dog Tournament

Saturday, July 3rd @ 1:00 pm
\$15.00 per person + any applicable green fees
\$12.00 for a guest steak dinner
Hors d'oeuvres @ 4:30 pm
Dinner & Prizes @ 5:00 pm

This is a fun tournament where the winners eat steak and the losers eat hot dogs along with cleaning up afterwards.

One of our most popular events is this Saturday. Have you signed up yet? We know that many try to sign up at the last moment, but are you willing to take a chance that the tournament will be filled up before you get in? Avoid the last-minute rush and sign up today. Simply call the Pro Shop (207-655-3551) and provide your name along with anyone you wish to play with. We'll accommodate your wishes as best we can.

Sunday Morning Scramble

Every Sunday morning, tee off at 8:00am, sign up starting at 7:30am.

Sunday, June 27th Scramble Results

1st Place Team (-6) \$52.50 each:

Paul Murphy Allen Meserve
Steve Daigle Claude Cormier

2nd Place Team (-6) \$18.00 each:

Tom Canty Tom Bishop
Curt Farnsworth Mark Savoie
Phil Spring

Closest to the Pin \$18.00 each:

#4 Rick Rokes #8 Tom Bishop

Club Championship

Now is the time to seize your opportunity to become a Frye Island Golf Club Champion. There will be both Men's and Women's Champions. The top eight scorers in the Qualifying Round will play each other in a single elimination match play tournament. To play in the Qualifying Round, you must check in at the Pro Shop and announce to the Staff that the round you are playing is your Qualifying Round (the Staff will initial your card). You must play your round with at least one Member in accord with the USGA rules of golf with local rules included. You may play the two 9-hole rounds separately, but each round must be initialed by the Staff and accompanied by a Member. Upon completion of the 18-hole round, return the score card to the Staff. Good luck to all participating golfers.

Qualifying Round must be completed by July 12.
Quarterfinal Match must be completed by August 2.
Semifinal Match must be completed by August 23.
Final Match must be completed by September 6 (Labor Day)

Junior Championship Tournament

Saturday, July 10th

Registration at 12:30 tee off at 1:00

Flight A plays 18 holes

Flight B plays 9 holes

Hotdogs and sodas free to members, non-members pay only 9 holes greens fees.

Questions call Ron Vaillancourt (207) 783-2343

Need Golf Lessons?

Ron Vaillancourt, PGA Golf Professional, will be giving golf lessons Mondays, Tuesdays, and Fridays here at the Golf Course.

Ron is a resident here on Frye Island and has been a Golf Professional for over 39 years. His specialties are as a teaching pro.

Lessons will be by appointment. Call 783-2343.



Stuffed Roast Pork Dinner

w/ beans, pasta salad, rolls, & dessert

Wednesday, July 14th @ Leisure Lounge

Cocktails – 5pm

Dinner – 6pm

Limited seating, sign up at the club house – \$15.00 per person

Come one come all.

Not only will you not have to cook, you will also be supporting your community.

All net proceeds will go to benefit the ball field and beaches.

There will also be a 50/50 raffle.

Tentative dates for future dinners

August 18, and September 5

Any questions, call Willie Campbell or Laura Crosby @ 655-3551



ICE CREAM SOCIAL

Sunday, July 4th

5:30 pm -8:00 pm

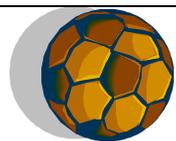
@ THE COMMUNITY CENTER

MAKE YOUR OWN SUNDAE

\$4.00 PER PERSON

BARGAIN BOOK SALE DURING THE ICE CREAM SOCIAL

On Sunday, July 4, volunteers will be selling surplus books during the Ice Cream Social from 5:30 to 8 PM at the Community Center. All proceeds will go to the Recreation Commission. No book will be more than 50 cents. There will be interesting finds for both adults and young people from pre-literate to Middle School age. Bring your shopping bag.



Activities & Recreation

Recreation Chairperson: Andrea Sansonetti

Recreation Dept. Schedule:

Day Time Hours for Community Center

Beginning Thursday, July 1st, the Community Center will be opened 9:00a - 4:00p Monday – Saturday.

Closed on Sunday

Evening Hours for Community Center

Day	Hours	Activity / Age
Fri. July 2 nd :	7:00p-9:00p	Open / All
Tues. July 6 th :	6:30p-8:30p	Candy Bar Bingo / Kids
Wed. July 7 th :	7:00p-9:00p	Craft Night / All
Thurs. July 8 th :	8:00a-10:00p	Open / Teen

Ball Field Activities

Thurs. July 8th: 7:00p-8:00p Capture the Flag / Teens

Candy Bar Bingo – Kids can play Candy Bar Bingo on Tuesday evenings. Admission is one candy bar. You are allowed to play with two cards only. If children need assistance, an adult may help supervise. No adult will be allowed to play. Candy bars may be purchased at the door for .65¢

Craft Night – The craft for this week will be sand art. You will be able to fill bottles, bracelets, necklaces, magnets and key chains with colorful fine sand. Prices for projects range from .50¢ to \$3.00. This craft will not take 2 hours to finish. Please plan to arrive anytime between 7:00p-8:30p to complete your project.

Bobbie Thomas
Recreation Director

Reminder: The library has always been available to all whenever the Community Center is open. The adult collection is in the far room with the green couches. The light switch is on the right as you enter. The collection is arranged in very loose alphabetical order. For example, books by authors whose last name begins with A are together. That is as close as volunteers need come. Non-fiction books are grouped by category on the left as you enter. Due to limited space, we cannot accept magazines, condensed books by Reader's Digest, damaged books, recordings and CDs, homemade video tapes and materials of uncertain content. If you are dropping off books, the library volunteers would appreciate it if you would please shelve them in our relaxed Frye Island way. If you would like to help, just show up and put things where they belong. Call Pat Karpacz with questions.



Frye Island Chapel

Services every Sunday 9:00 to 9:30 AM
In the Upper Room of the Community Center

All are welcome. Dress is casual.

You are cordially invited to attend our weekly **non-denominational** services, which are held every Sunday morning from 9:00 to 9:30 AM in the **upper room at the Community Center**. Communion is offered on the 1st and 3rd Sunday of every month. There is a coffee and snack hour following the service on the 2nd and 4th Sunday of each month.

Presiding Chaplains: Rev. Richard Petersen, PhD
Rev. A. Theodore Ekholm

Friends of Bill W. Meeting

Beginning June 27th – Sunday Serenity Group

Will be held every Sunday at 11:00 am in the Community Center Chapel.

Any questions call Ellen at 841-2778

Book Group Selections for 2010

- July 5 **THE WET NURSE'S TALE** by Erica Eisendorfer – The author will be present to give us insight into her work.
- July 26 **THE ZOO KEEPER'S WIFE** by D. Ackerman
- Aug. 9 **THE GUERNSEY LITERARY & POTATO PEEL SOCIETY** by Mary Ann Schaffer
- Aug. 30 **UNCLE TOM'S CABIN** by Harriet Beecher Stowe

All Frye Islanders are invited to join us on these selected Monday evenings 7:30 PM in the Community Center Library.

Mah Jongg Anyone?

We will resume our Mah Jongg games at the Golf Course Club House. The times will be:

Mondays @ 9:30am and
Fridays @ 12:30pm

These days and times can be revised. Please bring your game – if you have one.

4th of July Frye Island Road Race 1 mile, 5 mile & Marathon

The Recreation Department will be hosting its annual walk/run on Sunday, July 4th. The race starts promptly at 10am at the Community Center. Please arrive 30min early to allow time to register and select a T-shirt. There will be a \$5 entry fee and commemorative shirts will be available for \$10. All proceeds from the race will be used to fund recreational activities on the Island.

This year we will be offering online pre-registration at <http://www.thecharrettes.com/walkrun.html>. We hope this will streamline the registration process and reduce lines. Of course, we will still be offering on-site registration for friends and family who've dropped in unexpectedly for the weekend.

If you pre-register by Friday night, you can simply report to the pre-registration table pay and pick up your bib and (optional shirt).

The 1 mile course goes down Highpoint Dr, right on Sunset, up White Way to Independence Way and then right on South Beach Road.

The 5 mile course runs from the Community Center, down Highpoint, right onto Sunset, left onto Leisure, past the marina, then left onto Ridge and back to the Community Center.

This is the third year we'll be offering a marathon option. The marathon course will be 4 loops along the 5 mile course (before the other races begin), then the 1 mile fun run and lastly the 5 mile race. The marathon runners will be self-starting and self-timing and should begin their run at whatever time allows them to arrive at the start of the 1 mile race at 10am.

If you live along the course and could offer to host a water stop, please let me know. I'd also welcome any help people could provide with race preparation, registration and timing.

Thanks - Ted Charrette
Ted.Charrette@alum.mit.edu

Boat Safety Course

Again this summer we are happy to offer a Boat Safety Course with Mr. Paul Bourque. Paul is a long-time islander who is the Capt. Of the Frye Island Fire Dept. He holds a 100 Ton Masters Coast Guard License. His knowledge and experience is so valuable.

Date and Time: Saturday, July 10 at 10-12 noon

Location: Frye Island Fire Barn

Fee: \$9.00 (Frye Island – Adult Ed.)

Please sign up and pay at the Town Office
Limit: 12 – 15 participants

BRIDGE

Bridge for fun - and not too much seriousness! Come and join some of the Island folks for a couple hours of bridge. Tuesdays beginning June 8 at 1:30 p.m. at the Golf Clubhouse is the usual time and place.

Contract or Duplicate Bridge

We are looking for couples to play social beginners' contract or duplicate bridge.

Bob & Jeannie Hannah
207-655-7862

LADIES GOLF SCRAMBLE

The Recreation Commission and the Golf Committee are again sponsoring a ladies golf scramble, each Tuesday at 9:00 a.m. Nancy Perry will be the contact person and will notify the golf club by 8:45 if the weather is uncooperative and we need to cancel. We welcome all levels of play for a morning of fun and activity.

Tuesday, June 22nd Scramble Results

1st Place Team: 2nd Place Team:

Laura Davis	Anne Archer-Johnson
Nanci Salinger	Nancy Donio
Sarah Davison	Nancy Perry
Lorna Priestley	Diane Gleeson

Tennis Anyone!

Are you looking for someone to practice with or need a doubles partner? Are you a renter or a part-time resident and want to play some tennis but do not have a partner or opponent? Do you want to put together a weekly doubles match?

Robert Orlov and Anne Archer-Johnson would like to extend an open invitation to join us on a website list of tennis players on Frye Island. This will give you an opportunity to contact other tennis players or so they can contact you for a match.

Everyone can enjoy more tennis here on Frye Island. If you are interested in becoming a part of an ongoing list of tennis players, you can contact us at:

Robert Orlov: 655-3077

Anne Archer-Johnson: archerjohnson4@mindspring.com

Beach Committee Meeting

Interested in helping to protect, maintain and improve our town beaches? Then come join the Beach Committee for a meeting on Wednesday, July 7th at 9:00am in the Community Center Library

Nancy Donio nancdonio@verizon.net

Tennis Lessons and Drills

If you are interested in taking a private or semi-private lesson to brush-up on your game, or getting your friends together for tennis drills, or working one-on-one on a specific stroke, Please contact me. I can also organize conditioning exercises and foot work if requested.

I teach all ages: ankle bitters-5 to 7; knee-hi's-8 to 10, juniors-11 to 14 up through adults.

My cottage # 655-7393, cell 770-238-2728 (Verizon,Ga.), email: archerjohnson4@mindspring.com

This is a wonderful sport. Try it, you might fall in "love" with it. Anne Archer-Johnson

4th of July GOLF CART PARADE

IT'S HERE! The annual 4th of July weekend Golf Cart Parade, sponsored by the Recreation Commission, is ready to roll. The fire trucks will again lead the parade around most of the island, ending up at the fire station for hot dogs and sodas. All we need is you and your creativity! If you don't have a golf cart, decorate your house, stand on the route and cheer us on. Flag waving is encouraged. This year we will assemble at 10:30 in the Community Center parking lot. We will take time to let everyone walk around and see all the other carts. At 11:00 a.m., the parade will begin!

Route: From Community Center take Highpoint north to Sunset then right on Sunset to a left on Leisure Lane going around the north end of the Island, then continuing south on Leisure Lane on the west side. Continue on to Ridge Rd around south and east side of Island to Independence Way, then south to Fire Barn and Fire Department hot dogs!

Saturday, July 3rd

Community Center Parking Lot

10:30 -- Viewing of the decorated golf carts

11:00 -- Parade begins!

Noon (approximately) Parade ends at the Fire Station

Garden Club

Those who attended the Garden Club program are ready to grow an entire vegetable garden in a hanging basket! Thanks to Rocco Corsetti and Ryan Brown of Storey Gardens for an informative and entertaining program.

Our program in July will be a real treat. George and Pirjo Amato have invited us to see their new garden. George planted 500 bulbs in the spring so it should be quite a sight.

Thanks to the "Weed Patrol" -- Linda Tabris, Leonore Rosenthal, Kate Hickie and Nancy Perry -- for spiffing up the Fire Barn garden.

TIE-DYE

Come Tie-Dye with us!

Tie-Dye is back!

Come tie-dye at the Community Center on Sundays this summer! We will teach you to tie and dye the pattern of your choice! We use the best quality dyes that hold the color without fading! Just follow our easy instructions and nobody will believe you made it yourself!

Tie-Dye runs from 3:30-5:30, but you can show up anytime before 4:30 to get your project completed! Shirts, socks, bandanas or pillowcases are available for purchase or you can bring your own whites. Costs are as follows:

Shirts and pillowcases: \$12.00

Bandanas: \$8

Tube socks: \$10

Or bring your own shirts (100% cotton, please!): \$6 per person (\$3 for each additional item)

Remember: If you bring your own items, whites work best!

See you there!!

PS Please don't wear clothing you care about! We have smocks to protect shirts, but it is likely that you will get permanent dye on your clothing! Thanks!

Amy, Nicole, Lianne and Maggie Wagner
655-2583

YOGA CLASSES

Amy Wagner, RYT, is back on the island, and getting ready to lead you in yoga classes. Classes will be on Tuesday and Thursday morning in the Community Center Chapel from 9:00-10:20 am, and Saturday from 7:30-8:45 am.

I practice and teach Hatha Yoga, which focuses on the fundamental yoga postures and combines breath with movement in order to build strength, flexibility and balance. Yoga also improves mental clarity and encourages relaxation. My classes are informal and open to all students; new and veteran yogis are all welcome!

Cost \$10 per class. Mats and blankets available for use and I also have some for purchase if you are interested.

Come in comfortable clothes! Call me with any questions.
655-2583

Peace,
Amy

Teen yoga

A yoga designed for children 12 and up!!
Wednesdays from 10-11:15

CPR and Heartsaver First Aid!

Renew your certificate or learn new skills with this Heartsaver Basic Life Support and General Principles of First Aid Class including use of an AED (automated external defibrillator). Instructor Susan Dunn is returning to the island to teach these important skills we all need to know. This combination class is available to adults and teens. Please sign up at the office. (Limit: 15 people)

Date and Time: Monday, July 19, 9:30a-12:30p

Location: Large meeting room at the Community Center

Fee: \$35.00 – payable to the instructor at the class.

Intro to Hula Hoop Fitness

Remember the Hula Hoop? Sure you do! It's back and it's here to get you in shape. Join instructor Christine MacDonald for this unique and exciting fitness experience. She will teach you the new moves to get fit and build core strength – and did we mention have fun! Check out her website: www.MissFitHooping.com
Please sign up at the office.

Date and Time: Saturday, July 17, 10:00a-11:30a

Location: Large meeting room at the Community Center

Fee: \$12.00 – payable to the instructor at the class.

Spiritual Energies –Learn, Understand, Grow!

This is a class for you if you want to learn and understand about spiritual energies and how they can affect your life. Learn about “chakras”, your aura and how you can positively move forward on your spiritual path. Join instructor Brenda Paquette on this journey. Check out her website: www.angelguidedhands.com

Date and Time: Thursday, July 15, 2:00p-4:00p

Location: Large meeting room at the Community Center

Fee: \$15.00 – payable to the instructor at the class.

BINGO

Join in every Monday evening 7:00 PM at the Community Center July thru August. Beginning July 12th.

July 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00a Yoga @ Chapel	2 12:30p Mah Jongg @ Leisure Lounge	3 7:30a Yoga @ CC 11:00a Golf Cart Parade @ CC Noon Annual Fire Dept. Open House @ Fire Barn Fireworks at Dusk
4 Independence Day 9:00a Chapel @ CC 10:00a Walk/Run @ CC 11:00a Friends of Bill W. Mtg @ Chapel 3:30p Tie-Dye @ CC 5:30p Ice Cream Social @ CC	5 9:30a Mah Jongg @ Leisure Lounge 7:30p Book Group @ CC Library	6 9:00a Ladies Golf Scramble 9:00a Yoga @ Chapel 1:30p Bridge @ Leisure Lounge	7 9:00a Beach Committee Mtg @ Library 10:00a Teen Yoga @ Chapel	8 9:00a Yoga @ Chapel	9 12:30p Mah Jongg @ Leisure Lounge	10 7:30a Yoga @ CC 10:00a Boat Safety Course @ Fire Barn
11 9:00a Chapel @ CC 11:00a Friends of Bill W. Mtg @ Chapel 3:30p Tie-Dye @ CC	12 9:30a Mah Jongg @ Leisure Lounge 7:00p BINGO @ CC	13 9:00a Ladies Golf Scramble 9:00a Yoga @ Chapel 1:30p Bridge @ Leisure Lounge	14 10:00a Teen Yoga @ Chapel 5:00p Stuffed Roast Pork Dinner @ Leisure Lounge	15 9:00a Yoga @ Chapel 2:00p Spiritual Energies @ CC	16 12:30p Mah Jongg @ Leisure Lounge	17 7:30a Yoga @ CC 10:00a Intro to Hula Hoop Fitness @ CC
18 9:00a Chapel @ CC 11:00a Friends of Bill W. Mtg @ Chapel 3:30p Tie-Dye @ CC	19 9:30a Mah Jongg @ Leisure Lounge 9:30a CPR & Heartsaver First Aid @ CC 7:00p BINGO @ CC	20 9:00a Ladies Golf Scramble 9:00a Yoga @ Chapel 1:30p Bridge @ Leisure Lounge	21 10:00a Teen Yoga @ Chapel	22 9:00a Yoga @ Chapel	23 12:30p Mah Jongg @ Leisure Lounge	24 7:30a Yoga @ CC 8:30a Planning Board Mtg @ CC USS Jason Dunham Day-Rain 7/31
25 9:00a Chapel @ CC 11:00a Friends of Bill W. Mtg @ Chapel 3:30p Tie-Dye @ CC	26 9:30a Mah Jongg @ Leisure Lounge 7:30p Book Group @ CC Library 7:00p BINGO @ CC	27 9:00a Ladies Golf Scramble 9:00a Yoga @ Chapel 1:30p Bridge @ Leisure Lounge	28 10:00a Teen Yoga @ Chapel	29 9:00a Yoga @ Chapel	30 12:30p Mah Jongg @ Leisure Lounge	31 7:30a Yoga @ CC 9:00a BOS/EC @ CC