

Frye Island News Service

VOLUME 2010, ISSUE 10

JUNE 25, 2010

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FRYE ISLAND DIRECTORY

It's that time again when we ask folks to stop by the office and let us know about any updates or additions/deletions to our Frye Island Directory. Please let us know by July 10, 2010 so we may publish a 2010 Directory.

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Important Information

Town of Frye Island

1 Sunset Road
Frye Island, ME 04071
Phone: 207-655-4551
Fax: 207-655-3422
Email: office@fryeisland.com
Web site: www.fryeisland.com
Town Manager: Wayne Fournier

Office Hours

Tuesday thru Saturday: 9:00 AM – 3:00 PM
Sunday & Monday: Closed

Code Enforcement Officer

John Thompson
Tuesdays and Thursdays 8:00 AM – 3:00 PM

Fire, Medical, or Police Emergencies – Call 911

Non-emergencies

Frye Island Police: (207-893-2810)

Police Chief: Rod Beaulieu

Fire Department: (207-655-8618)

Fire Chief: Steve Persson

Executive Committee

Mark Thomas First Selectman

James Kuiken Selectman

John Nun Selectman

Bruce Nisula..... Executive Committee - Chair

Joe Potts

David Bond

Bob Sutherland

Joe Potts..... Municipal Treasurer

Public Works Department

Phone: 207-655-7493

Director: John Crosby

Transfer Station Operating Hours

Saturday: 10 AM - 3 PM

Sunday: 12 noon - 5 PM

Holiday weekends: Monday, 12 noon - 5 PM

Closed Sunday

If you need access to the Transfer Station Monday through Friday (8 AM - 3 PM), please call the Public Works Garage and leave a message. (Advance notice is greatly appreciated.) We will need your name and Island phone number.

Frye Island News Service

Email: lkerrigan@fryeisland.com

Submission deadline:

Wednesday, 3:00 PM - **No Exceptions**

Representative to Legislature

John C. Robinson

Residence: 207-655-8657

Business: 207-539-4481 Ext 1

E-mail Repjohn.robinson@legislature.maine.gov

State Senator

Bill Diamond

Residence: 207-892-8941

E-mail <http://www.mainesenate.org/diamond/email.htm>



Town News

Island Manager's Comments

Greetings everyone:

Water Distribution System: We have resumed the installation of the new water distribution pipe on Ridge Road. We are hoping to complete Ridge Road this summer so that when we shut the system off this fall we will be able to tie into the line at the intersection of Independence and Birch that we ran last year. We will not make the cottage connections until we shut the water system off next fall. Please be careful and considerate when traveling in that area.

Fire Works: The fireworks will be held on Saturday July 3rd this year. As usual, they will be held at Long Beach and will begin as soon as the pyrotechnic technician feels it is dark enough. I want to remind those people that have boats in the Marina that some will have to be moved before the fireworks display can take place. Boats in the Marina from slips 84 to 104 on the beach side and slips 67 to 131 on the road plus the Jet Ski slips and boats on all of the slips on the southern end must be removed by 5:00 PM. If you have a boat in one of these slips please move it out before 5:00PM. If you don't, we will have it moved for you at your expense. The fire works display can not be set up with boats in those slips.

E-Tickets: We have started to sell the new bar coded paper tickets from the office and have a limited number of EZ Ride account users. We did have a problem reading the bar code on a few of the paper tickets and determined that it was an issue with the time that was associated with the tickets. This problem has been rectified. We are still finding and correcting issues with the system, primarily in the area of collating and reporting the collected data. This is what was expected as we implement the system but we are making progress. We now have about 20 EZ Ride accounts that are using the system plus all of the Commercial accounts and the Employees. We will not be adding any more EZ Ride accounts until after the July 4th holiday. That will give the ferry crews and the office staff more experience working with the system. Again, I want to remind everyone that we do not accept credit cards for ferry ticket payments. Actually, we do not accept credit cards for any payments in the office; cash and or checks only.

In addition, if you are buying the paper tickets for the first time in the office please understand that it takes a bit longer to enter the required information into the system before we can print the tickets. If you expect to rush into the office while you are waiting for the ferry,

chances are you won't make it. Once your information is in the system we can retrieve it using your last name or lot number and the process is much faster. Please be considerate of the office staff during this process. They are moving as fast as possible and the commotion created by impatient customers doesn't speed up the process any.

Ferry Service: We have started keeping the second ferry running until 10:00 PM on Friday evenings because of the later traffic but we have instructed the crews to lay the boat up a little sooner if the traffic doesn't develop. We want to serve the islanders as best we can but on the flip side, we don't want to run the boats if the traffic doesn't warrant.

Another reminder..... The policy was established last year that we would no longer accept any of the older tickets. We have been using the \$15.00 orange ticket for the past couple of years and that is all the ferry crews are set up to handle so please cooperate with us on this. We will provide a credit toward the current ticket if you turn your old tickets in at the office but they will not be accepted at the ferry terminal on the mainland.

As a matter of fact, after we get the E-ticket system implemented we will not accept the orange tickets at the ferry either. We were hoping to set the deadline around July 15th but we will have to see how we are doing with the e-tickets. Once we have the system operational you will have to turn in your existing tickets to the office. If you have an EZ Ride account, we will credit that account. If you opt not to set up an EZ Ride account we will print bar coded paper tickets for you.

Taxes: This is the last weekend to pay the second half of the 2010 taxes before we will start applying interest. The deadline for the second payment is June 30th. After June 30th interest starts to accrue on the unpaid amount at an annual rate of 9%. If you haven't paid your taxes please consider doing it soon. We do not send notices for the second payment. The tax lien process begins for all outstanding taxes on September 22nd.

Reminder - Board Meeting: The next Board of Selectmen / Executive Committee meeting has been scheduled for Saturday July 31st. The meeting will be held at the Community Center and will begin at 9 AM. Copies will be made available at the meeting and can be sent electronically to those that want a copy. You can request the agenda by emailing me at wfournier@fryeisland.com

Have a safe and enjoyable weekend!

Wayne

Recreation Commission

Friday, June 25 at 11:00 AM

Community Center

We need you and your energy and ideas for *fun in the sun* on Frye Island!

BOS/EC Meeting

Saturday, July 31 at 9:00 AM

Community Center

CONSERVATION - WHO CARES?

Q. Why are we here on Frye Island? There must be some very good reasons why we have homes on a piece of land with only part-time accessibility by ferry. The gorgeous Lake is not the only reason. The environment and the resulting “feeling” that we experience undoubtedly play a significant role. If this is true, then we should all care about keeping it the way that it is, in spite of the continuous developmental stresses. The natural beauty of the Island is the result of the forests and the tree canopy, plus the variety of the terrain i.e. beaches, wetlands, lagoons, swamps, vernal pools, large blocks of conservation areas with high value habitat and undeveloped Frye Island Inc. owned lots. Also, the abundant plant growth and frequent bird and other wildlife sightings add to the enjoyment. For example, on one short guided trail walk the group saw deer, grouse, rabbit and fox. Recently, I saw a wild turkey and in the past, owls and eagles have been sighted.

PROTECTING OUR ISLAND ENVIRONMENT IS CRITICAL

When human actions alter, or diminish our natural surroundings, they often damage or destroy habitat. Habitat is the place where a plant or animal lives, it includes everything they need to survive and reproduce. A few examples on Frye Island are deer in the “back nine” of the golf course and the numerous birds in the cove near Quail Circle and at the end of the causeway behind Long Beach.

How can you help? You can help by avoiding straight paths to the Lake and minimizing the time bare soil is exposed to rain run-off during, and after, construction or landscaping. Also, by planting shrubs and trees between your property and any water to create a buffer that will filter out pollutants that are the result of erosion. You can “adopt” one, or more, roads, trails or beaches by picking up leaves, brush and/or trash. Most of us have chosen to come to Frye Island because of the rich environment and landscape of trees, lake, beaches and plant and animal life. So, let’s keep it that way.

A. We all should care and act accordingly. Check the Town web-site to view the Trail Map and the Conservation brochure.

Ed Charrette - Conservation Commission

Frye Island Public Works

Transfer Station

Please observe the new traffic pattern, ENTRANCE ONLY main gate Independence Way, EXIT ONLY South Beach Road. Thanks for your anticipated cooperation; we hope that this new traffic pattern will lessen main gate congestion.

Single Stream Recycling, It all goes in the container, EXCEPT, plastic bags and Styrofoam, PLEASE keep these items out of the container. A list of all approved items and not approved items are listed on the outside of the container. If you’re not sure ask our new Transfer Station attendant Danny Bond.

USS Jason Dunham Day on Frye Island

We have now set Saturday, July 24th to host the officers and crew of the USS Jason Dunham for a day of recreation, with July 31st as the rain date. To hold this event, we need to receive by July 6th sufficient offers from Islanders to help support the event (see details below).



This destroyer is presently completing construction and outfitting at the Bath Iron Works, prior to sailing in October to its home port in Norfolk, VA. The ship’s officers and crew will be spending the summer in the Bath area, most of them far from their families, and would, no doubt, enjoy a day discovering the beauty, hospitality, and warmer inland water (!) of Frye Island.

Ideas for the day presently include a welcome and softball game in the late morning, a barbecue lunch, and informal recreation in the afternoon, including swimming, boating, golf, basketball and tennis. We also hope to be able to close the day by inviting small groups of sailors (two to four people) to the homes of Island families for supper and relaxation.

We would like to hear from those interested in participating. Please e-mail us at office@fryeisland.com, with a copy to DickNorris@aol.com, or visit the office directly, there is a signup sheet.

Water Lines

Installation of new water lines will continue starting Tuesday, June 1st. Work this season will be on Ridge Road, starting just beyond Leap View Circle. The new piping will be installed on the lake side of the street, and on the town-owned land between the property stakes and the edge of Ridge Road. Wherever possible, the Public Works crew will avoid decorative plantings, stonewalls and fences, however, it will be the owner's responsibility to remove any or all of these obstructions. When practical, the Public Works Crew will try and work around any of these obstructions that have been left in place; however, we will remove them if necessary to install the new water lines. Your cooperation and assistance will be greatly appreciated. The Town of Frye Island will not be responsible for any damage to property of others caused by the removal of any obstruction due to the installation of the new water line(s).

Pool Information

The Pool is now open; the pool gates will be locked everyday at dusk.

Marina bathrooms will be locked everyday at dusk and re-opened at approximately 7:30 am.



Marina News

Safe Boating Tips

- After a day on the water, remove any visible vegetation, animals, mud, fishing gear and all equipment exposed to the water while you are at the launch ramp. Frye Island has a wash down station at it's ramp located at Long Beach Marina.
- Get into the habit of cleaning your boating gear every time that you travel from one body of water to the next. Invasive water species are so small, you may not realize that they're "hitching a ride".
- The U.S. Fish and Wildlife Service recommends: "Do not release unused bait into the waters that you are fishing; dump it into a proper trash receptacle on land far away from any water body." This will help in reducing the number of invasive species from our precious water resources.
- Milfoil/Invasive Plants Sticker-"A person may not place or operate a motor boat or personal watercraft on the inland waters of the State of Maine unless a current/valid lake and river protection sticker, issued annually, is permanently affixed to each side of the bow, above the waterline and approximately 3 inches behind the validation sticker." These stickers are available at the Town Office on Frye Island.

Boat Safety Course - Please see page 11 for details.

The Frye Island Marina Committee recommends that all boaters take a boating safety course. The U.S. Coast Guard Auxiliary offers these nationwide. Even the most experienced boater can benefit from taking a course. Check your nearest "adult evening education" facilities in your school district. Also, The Boat U.S. Foundation for Boating Safety and Clean Water offers a free online course that may be taken from the comfort of your own home.



Fire Department

Fire Barn: 207-655-8618

ANNUAL FIRE DEPARTMENT OPEN HOUSE

On Saturday, July 3rd, Noon to 2:00pm the Fire Department will be holding an Open House at the Fire Barn. There will be **FREE HOT DOGS AND SODA**. Bring the kids, family and neighbors to visit with your Fire Department and have lunch on us. **SEE YOU THERE --- AFTER THE PARADE!**

All activities and functions held by the Fire Department are paid for with the proceeds from the redeemable (**ME 5 and ME 15 cent**) cans and bottles collected at the transfer station. Thank you for contributing.

TO REPORT A FIRE OR MEDICAL EMERGENCY

DIAL 9-1-1



Open Fires

Open fires in a screened enclosure designed for such use or a chimeneas are permitted with the following conditions:

It must be used only on an acceptable permit required burn day within the state. (A permit will not be necessary to use the device but it must be a day in which burning is allowed).

The device must be on sand or dirt in a wide open area to prevent any spread of fire. It must be placed away from any structure and **CAN NOT** be situated on a porch, deck or other similar area. It must be continuously monitored by an adult. A fire hose or bucket of water must be nearby. The fire department has the authority to extinguish any fire that constitutes a hazard.

A camp fire is not permitted or is any burning of slash, leaves, branches or tree trunks. A person using one of these devices accepts full responsibility for their action if a mishap occurs.

The Forest Service determines the class day every morning. They broadcast this information over the radio to notify all the fire departments. The Frye Island Fire Department gets this information over their portable radios. In addition, local fire departments, like Raymond, give out this information in their morning radio announcement. They give the class day and whether or not permits will be issued. If conditions are extremely dry or if there are high winds, there probably will be no permits issued. A call to the Raymond Fire Department dispatcher or asking one of our own members should give you the answer.

Class Days are grouped into five (5) categories.

Class 1 is when there is very little potential danger.

Class 2 is when there is some danger.

Class 3 is when there is danger present.

Class 4 is when there is moderate danger.

Class 5 is when there is extreme danger or fire threat.



207-655-4256

Frye's Leap Weekly Update

Welcome back! We are hard at work preparing for another fantastic season on Frye Island. Our high season schedule is starting, and is posted here in the FINS and on fryesleap.com.

	Store Hours	Café Hours
Sunday – Friday	8am – 9pm	8am – 9pm
Saturday	8am – 10pm	8am – 10pm

This Season at Frye's Leap

2010 is set to be an exciting season at Frye's Leap. We are loading the shelves with many new gifts, apparel, jewelry and much more. In the café, expect many delicious additions to our menu. We hope to see you soon!



LADIES OF THE LAKE LUNCHEON

Wednesday, June 30 At Noon

At the Frye's Leap Cafe

Theme - PINK

\$14.00 – Includes Coffee, Tea & Soft Drinks

And your choice of the following tasty selections:

Crabmeat Quiche with Garden Salad

Our signature quiche with crabmeat and sharp cheddar cheese in a warm buttery crust.

Fresh Spinach & Grilled Shrimp Salad

Fresh spinach, red onion, bacon, and warm grilled shrimp with our homemade spinach salad dressing.

Turkey & Chutney Sandwich

Turkey, thinly sliced cheddar cheese, and lettuce on our hearty fresh multigrain bread complete with mayonnaise and mango chutney spread. Served with a side garden salad.

Sign up for your preference in the Town Administration Office and pay at Luncheon.



Leisure Lounge

Fairway Lane (next to the golf pro shop)

655-3551

Air Conditioned

Open to the Public

Hours:

Monday – Wednesday: 8:00 AM – 8:00 PM

Thursday – Saturday: 9:00 AM – Midnight

Sunday: 7:30 AM – 8:00 PM



Sports Fans:

Enjoy satellite reception on our 42" plasma TV.

Full Bar

Beer, Wine, & Mixed Drinks

(We also now offer wine by the bottle)

\$3.00 Root Beer Floats

\$2.00 Hot Dogs

\$5.00 Pizza

Wednesday, July 14th

Stuffed Roast Pork Dinner

Cocktails – 5 pm

Dinner – 6 pm

Advance ticket purchase / Limited seating



Thank you, to all who attended the Pasta – Meatball Fundraiser Dinner. All of the net proceeds are set up in a town account to benefit the beaches and ball field.

This will help in purchasing swim buoys, picnic tables, kayak racks, storage shed, sports equipment, etc. To date we have made \$608.00.

A special thank you:

Tony & Sondra Clement for their generous donation. Cappy (the winner of the 50/50) donated his winnings. Chef Willie & Kathy Campbell, Cappy, Grace Morin, Karen Spring, and John Crosby, for all of their help. Bill Gately for handling the 50/50.



Ferry News

655-4258

This Week's Ferry Schedule

	First Ferry	Second Ferry
Saturday	7 AM – 1 AM	10:00 AM – 6:00 PM
Sunday	7 AM – 10 PM	12:00 PM – 8:00 PM
Monday	6 AM – 10 PM	8:30 AM – 10:30 AM 3:00 PM – 5:00 PM
Tuesday	7 AM – 10 PM	8:30 AM – 10:30 AM 3:00 PM – 5:00 PM
Wednesday	7 AM – 10 PM	8:30 AM – 10:30 AM 3:00 PM – 5:00 PM
Thursday	7 AM – 11 PM	8:30 AM – 10:30 AM 2:00 PM – 8:00 PM
Friday	7 AM – 12 Mid	8:30 AM – 10:30 AM 2:00 PM – 10:00 PM

High Season

High Season begins today. Please check your ferry schedules for these changes.

Ferry Delays:

Please bear with us as we begin using the new E-Ticketing system for employees and a handful of Islanders. We are all in the process of training and therefore, may be a little delayed on some runs. We appreciate your cooperation.

FI Ferry Crew

Thank You's

Ferry Thank You's to the Messervey's for the coffee.



Frye Island Golf Club

655-3551

Open to the Public

Fairway Lane

Hours

Monday – Wednesday: 8:00 AM – 8:00 PM
Thursday – Saturday: 9:00 AM - Dusk
Sunday: 7:30 AM - 8:00 PM

Greens Fees

Weekday: \$20.00
Weekend and Holidays: \$30.00
Twilight (after 5 PM)
Weekdays \$13.00
Weekends \$15.00
Weekday Youth (16 or younger): \$10.00
Weekend Youth (16 or younger): \$20.00
3-day weekday pass: \$45.00
Week-long unlimited golf pass: \$115.00

Cart Rentals

Gas Cart:
9 Holes: \$16.00
18 Holes: \$26.00
Pull Cart:
9 or 18 Holes: \$4.00
Club Rentals: \$12.00
Own Cart (no trail fee)
9 Holes: \$10.00
18 Holes: \$20.00

June Invitational Golf Tournament this weekend
Limited tee times available.

Tentative 2010 Tournament Schedule

Date	Tournament	Organizers
Sat/Sun, Jun 26-27	June Invitational	John Kett
July 1 – Sept 6	Club Championship	Bruce Nisula
Sat, Jul 3	Steak and Hot Dog	John K/Bob T
Sat, July 10	Junior Championship	Paul L/Ron V
Fri, July 16	July Hooligan	Hodge(s)
Sat, Jul 24	Full Moon Classic	Bob Thurston
Sat/Sun, Aug 7-8	Member-Guest	Jim Hodge
Sat, Aug 21	Night Golf	John K/Mike H
Sat, Aug 28	President's Cup	Vic S/Laura D
Sat/Sun, Sep 11-12	Sebago Lake Escape	Mark Thomas
Sat, Sep 18	Shoot Out	Mike Hurley
Sat, Sep 25	TKE Fall Classic	Hodge(s)
Sat, Oct 2	Cross Country	Tom Canty
TBD	Rec Ctr Fund Raiser	Tom Bishop

Steak & Hot Dog Tournament

Saturday, July 3rd @ 1:00 pm
\$15.00 per person + any applicable green fees
\$12.00 for a guest steak dinner
Hors d'oeuvres @ 4:30 pm
Dinner & Prizes @ 5:00 pm

This is a fun tournament where the winners eat steak and the losers eat hot dogs along with cleaning up afterwards.

Sign up @ the club house

Sunday Morning Scramble

Every Sunday morning, tee off at 8:00am, sign up starting at 7:30am.

Sunday, June 20th Scramble Results

1st Place Team (-5) \$28.75 each:

Paul Murphy Paul Osborn
Mike Mazzola Vic Solimini

2nd Place Team (-4) \$10.00 each:

Tom Canty Peter Ambrozavitch
Brian Riley Scott Harkins
Mark Thomas

Closest to the Pin \$33.00:

Bob Bullock

Club Championship

Now is the time to seize your opportunity to become a Frye Island Golf Club Champion. There will be both Men's and Women's Champions. The top eight scorers in the Qualifying Round will play each other in a single elimination match play tournament. To play in the Qualifying Round, you must check in at the Pro Shop and announce to the Staff that the round you are playing is your Qualifying Round (the Staff will initial your card). You must play your round with at least one Member in accord with the USGA rules of golf with local rules included. You may play the two 9-hole rounds separately, but each round must be initialed by the Staff and accompanied by a Member. Upon completion of the 18-hole round, return the score card to the Staff. Good luck to all participating golfers.

Qualifying Round must be completed by July 12.
Quarterfinal Match must be completed by August 2.
Semifinal Match must be completed by August 23.
Final Match must be completed by September 6 (Labor Day)



Stuffed Roast Pork Dinner

w/ beans, pasta salad, rolls, & dessert
Wednesday, July 14th @ Leisure Lounge
Cocktails – 5pm
Dinner – 6pm

Limited seating, sign up at the club house – \$15.00 per person

Come one come all.
Not only will you not have to cook, you will also be supporting your community.
All net proceeds will go to benefit the ball field and beaches.

There will also be a 50/50 raffle.

Tentative dates for future dinners
August 18, and September 5

Any questions, call Willie Campbell or Laura Crosby @ 655-3551



ICE CREAM SOCIAL

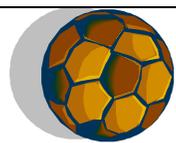
Sunday, July 4th

5:30 pm -8:00 pm

@ THE COMMUNITY CENTER

MAKE YOUR OWN SUNDAE

\$4.00 PER PERSON



Activities & Recreation

Recreation Chairperson: Andrea Sansonetti

Recreation Dept. Schedule:

Look for new hours beginning July 1st

Day	Hours	Activity / Age
Fri. June 25 th :	7:00p-10:00p	Open (Center) - Teens
Sat. June 26 th :	10:00a-2:00p	Open (Center) - All
	6:30p-7:30p	Capture the Flag (Ball field) - 6-12 yrs
	8:00p-10:00p	Open (Center) - Teens
Thurs. July 1 st :	9:00a-4:00p	Open (Center) - All
	7:00p-10:00p	Open (Center) - Teens
Fri. July 2 nd :	9:00a-4:00p	Open (Center) - All
	7:00p-10:00p	Open (Center) - All

Reminder: The Library is open when the Center is open.

Bobbie Thomas
Recreation Director

Recreation Commission

Summer is here and the **Recreation Commission** needs you and your energy and ideas for *fun in the sun* on Frye Island! You are invited to attend the first meeting of the season on Friday, June 25 at 11:00 AM at the Community Center.

If you cannot attend but still want to be involved, please contact Andrea Sansonetti @ 831-8156 or sansonetti_a@yahoo.com. Hope to see you there!

Boat Safety Course

Again this summer we are happy to offer a Boat Safety Course with Mr. Paul Bourque. Paul is a long-time islander who is the Capt. Of the Frye Island Fire Dept. He holds a 100 Ton Masters Coast Guard License. His knowledge and experience is so valuable.

Date and Time: Saturday, July 10 at 10-12 noon

Location: Frye Island Fire Barn

Fee: \$9.00 (Frye Island – Adult Ed.)

Please sign up and pay at the Town Office

Limit: 12 – 15 participants

Mah Jongg Anyone?

We will resume our Mah Jongg games at the Golf Course Club House. The times will be:

Mondays @ 9:30am and

Fridays @ 12:30pm

These days and times can be revised. Please bring your game – if you have one.



Frye Island Chapel

Services every Sunday 9:00 to 9:30 AM
In the Upper Room of the Community Center

All are welcome. Dress is casual.

You are cordially invited to attend our weekly **non-denominational** services, which are held every Sunday morning from 9:00 to 9:30 AM in the **upper room at the Community Center**. Communion is offered on the 1st and 3rd Sunday of every month. There is a coffee and snack hour following the service on the 2nd and 4th Sunday of each month.

Presiding Chaplains: Rev. Richard Petersen, PhD
Rev. A. Theodore Ekholm

Friends of Bill W. Meeting

Beginning June 27th – Sunday Serenity Group

Will be held every Sunday at 11:00 am in the Community Center Chapel.

Any questions call Ellen at 841-2778

Book Group Selections for 2010

July 5 **THE WET NURSE'S TALE** by Erica Eisendorfer – The author will be present to give us insight into her work.

July 26 **THE ZOO KEEPER'S WIFE** by D. Ackerman

Aug. 9 **THE GUERNSEY LITERARY & POTATO PEEL SOCIETY** by Mary Ann Schaffer

Aug. 30 **UNCLE TOM'S CABIN** by Harriet Beecher Stowe

All Frye Islanders are invited to join us on these selected Monday evenings 7:30 PM in the Community Center Library.

BRIDGE

Bridge for fun - and not too much seriousness! Come and join some of the Island folks for a couple hours of bridge. Tuesdays beginning June 8 at 1:30 p.m. at the Golf Clubhouse is the usual time and place.

4th of July Frye Island Road Race 1 mile, 5 mile & Marathon

The Recreation Department will be hosting its annual walk/run on Sunday, July 4th. The race starts promptly at 10am at the Community Center. Please arrive 30min early to allow time to register and select a T-shirt. There will be a \$5 entry fee and commemorative shirts will be available for \$10. All proceeds from the race will be used to fund recreational activities on the Island.

This year we will be offering online pre-registration at <http://www.thecharrettes.com/walkrun.html>. We hope this will streamline the registration process and reduce lines. Of course, we will still be offering on-site registration for friends and family who've dropped in unexpectedly for the weekend.

If you pre-register by Friday night, you can simply report to the pre-registration table pay and pick up your bib and (optional shirt).

The 1 mile course goes down Highpoint Dr, right on Sunset, up White Way to Independence Way and then right on South Beach Road.

The 5 mile course runs from the Community Center, down Highpoint, right onto Sunset, left onto Leisure, past the marina, then left onto Ridge and back to the Community Center.

This is the third year we'll be offering a marathon option. The marathon course will be 4 loops along the 5 mile course (before the other races begin), then the 1 mile fun run and lastly the 5 mile race. The marathon runners will be self-starting and self-timing and should begin their run at whatever time allows them to arrive at the start of the 1 mile race at 10am.

If you live along the course and could offer to host a water stop, please let me know. I'd also welcome any help people could provide with race preparation, registration and timing.

Thanks.

Ted Charrette

Ted.Charrette@alum.mit.edu

LADIES GOLF SCRAMBLE

The Recreation Commission and the Golf Committee are again sponsoring a ladies golf scramble, each Tuesday at 9:00 a.m. Nancy Perry will be the contact person and will notify the golf club by 8:45 if the weather is uncooperative and we need to cancel. We welcome all levels of play for a morning of fun and activity.

Tuesday, June 22nd Scramble Results

1st Place Team: 2nd Place Team:

Dianne Gleeson	Kathy Molloy
Sarah Davison	Lorna Priestley
Anne Archer-Johnson	Elaine Gately
Rita Lapati	Nancy Perry

Tennis Anyone!

Are you looking for someone to practice with or need a doubles partner? Are you a renter or a part-time resident and want to play some tennis but do not have a partner or opponent? Do you want to put together a weekly doubles match?

Robert Orlov and Anne Archer-Johnson would like to extend an open invitation to join us on a website list of tennis players on Frye Island. This will give you an opportunity to contact other tennis players or so they can contact you for a match.

Everyone can enjoy more tennis here on Frye Island. If you are interested in becoming a part of an ongoing list of tennis players, you can contact us at:

Robert Orlov: 655-3077

Anne Archer-Johnson: archerjohnson4@mindspring.com

Tennis Lessons and Drills

If you are interested in taking a private or semi-private lesson to brush-up on your game, or getting your friends together for tennis drills, or working one-on-one on a specific stroke, Please contact me. I can also organize conditioning exercises and foot work if requested.

I teach all ages: ankle bitters-5 to 7; knee-hi's-8 to 10, juniors-11 to 14 up through adults.

I am a homeowner and summer resident here on the Island through July. I grew up in Portland, Me.; played my college tennis at Westbrook College (UNE). I play doubles in Atlanta playing on six teams a year. I volunteer as a Junior Coordinator for the Junior ALTA organization for girls 12's. I teach Kindergarten in Atlanta and conduct a Mini- tennis camp for my school.

My cottage # 655-7393, cell 770-238-2728 (Verizon,Ga.), email: archerjohnson4@mindspring.com

This is a wonderful sport. Try it, you might fall in "love" with it. Anne Archer-Johnson

4th of July GOLF CART PARADE

It's only one week away! The annual 4th of July weekend Golf Cart Parade, sponsored by the Recreation Commission, is ready to roll. The fire trucks will again lead the parade around most of the island, ending up at the fire station for hot dogs and sodas. All we need is you and your creativity! If you don't have a golf cart, decorate your house, stand on the route and cheer us on. Flag waving is encouraged. This year we will assemble at 10:30 in the Community Center parking lot. We will take time to let everyone walk around and see all the other carts. At 11:00 a.m., the parade will begin!

Route: From Community Center take Highpoint north to Sunset then right on Sunset to a left on Leisure Lane going around the north end of the Island, then continuing south on Leisure Lane on the west side. Continue on to Ridge Rd around south and east side of Island to Independence Way, then south to Fire Barn and Fire Department hot dogs!

Saturday, July 3rd

Community Center Parking Lot

10:30 -- Viewing of the decorated golf carts

11:00 -- Parade begins!

Noon (approximately) Parade ends at the Fire Station

Garden Club

DOUBLE-HEADER PROGRAM!

MULCHING AND TOPSY-TURVY

Confused about mulching - when, where, how, how much? Come to the Garden Club program this Saturday, 9:00 a.m., Community Center Chapel. Rocco Corsetti of Storey Gardens in Westbrook will give us the ins and outs of mulching and compost. As an added attraction, he will also talk about growing vegetables using the Topsy-Turvy method. This is a program you will not want to miss.

Additionally, Dick Vande Hei has offered to bring some of his prize-winning dahlias to auction off. All islanders are members of the Garden Club. There are no dues and our programs are free.



TIE-DYE

Come Tie-Dye with us!

Tie-Dye is back!

Come tie-dye at the Community Center on Sundays this summer! We will teach you to tie and dye the pattern of your choice! We use the best quality dyes that hold the color without fading! Just follow our easy instructions and nobody will believe you made it yourself!

Tie-Dye runs from 3:30-5:30, but you can show up anytime before 4:30 to get your project completed! Shirts, socks, bandanas or pillowcases are available for purchase or you can bring your own whites. Costs are as follows:

Shirts and pillowcases: \$12.00

Bandanas: \$8

Tube socks: \$10

Or bring your own shirts (100% cotton, please!): \$6 per person (\$3 for each additional item)

Remember: If you bring your own items, whites work best!

See you there!!

PS Please don't wear clothing you care about! We have smocks to protect shirts, but it is likely that you will get permanent dye on your clothing! Thanks!

Amy, Nicole, Lianne and Maggie Wagner

655-2583

YOGA CLASSES

Amy Wagner, RYT, is back on the island, and getting ready to lead you in yoga classes. Classes will be on Tuesday and Thursday morning in the Community Center Chapel from 9:00-10:20 am, and Saturday from 7:30-8:45 am. **This Saturday only 7:00-8:15 am**

I practice and teach Hatha Yoga, which focuses on the fundamental yoga postures and combines breath with movement in order to build strength, flexibility and balance. Yoga also improves mental clarity and encourages relaxation. My classes are informal and open to all students; new and veteran yogis are all welcome!

Cost \$10 per class. Mats and blankets available for use and I also have some for purchase if you are interested.

Come in comfortable clothes! Call me with any questions. 655-2583

Peace,

Amy

Teen yoga

A yoga designed for children 12 and up!!

Wednesdays from 10-11:15

June 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 Fathers Day 9:00a Chapel @ CC 3:30p Tie-Dye @ CC	21 9:30a Mah Jongg @ Leisure Lounge	22 9:00a Ladies Golf Scramble 9:00a Yoga @ Chapel 1:30p Bridge @ Leisure Lounge	23	24 9:00a Yoga @ Chapel	25 11:00a Recreation Commission Mtg @ CC 12:30p Mah Jongg @ Leisure Lounge	26 7:00a Yoga @ CC 9:00a Garden Club @ Chapel
27 9:00a Chapel @ CC 11:00a Friends of Bill W. Mtg @ Chapel 3:30p Tie-Dye @ CC	28 9:30a Mah Jongg @ Leisure Lounge	29 9:00a Ladies Golf Scramble 9:00a Yoga @ Chapel 1:30p Bridge @ Leisure Lounge	30 10:00a Teen Yoga @ Chapel Noon-Ladies of the Lake Luncheon @ Frye's Leap Cafe			

July 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00a Yoga @ Chapel	2 12:30p Mah Jongg @ Leisure Lounge	3 7:30a Yoga @ CC 11:00a Golf Cart Parade @ CC Noon Annual Fire Dept. Open House @ Fire Barn Fireworks at Dusk
4 Independence Day 9:00a Chapel @ CC 10:00a Walk/Run @ CC 11:00a Friends of Bill W. Mtg @ Chapel 3:30p Tie-Dye @ CC	5 9:30a Mah Jongg @ Leisure Lounge 7:30p Book Group @ CC Library	6 9:00a Ladies Golf Scramble 9:00a Yoga @ Chapel 1:30p Bridge @ Leisure Lounge	7 10:00a Teen Yoga @ Chapel	8 9:00a Yoga @ Chapel	9 12:30p Mah Jongg @ Leisure Lounge	10 7:30a Yoga @ CC 10:00a Boat Safety Course @ Fire Barn
11 9:00a Chapel @ CC 11:00a Friends of Bill W. Mtg @ Chapel 3:30p Tie-Dye @ CC	12 9:30a Mah Jongg @ Leisure Lounge	13 9:00a Ladies Golf Scramble 9:00a Yoga @ Chapel 1:30p Bridge @ Leisure Lounge	14 10:00a Teen Yoga @ Chapel 5:00p Stuffed Roast Pork Dinner @ Leisure Lounge	15 9:00a Yoga @ Chapel	16 12:30p Mah Jongg @ Leisure Lounge	17 7:30a Yoga @ CC