

# ***Frye Island News Service***

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VOLUME 2010, ISSUE 9

JUNE 18, 2010

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## ***FRYE ISLAND DIRECTORY***

It's that time again when we ask folks to stop by the office and let us know about any updates or additions/deletions to our Frye Island Directory. Please let us know by July 10, 2010 so we may publish a 2010 Directory.

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# *Important Information*

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## ***Town of Frye Island***

1 Sunset Road  
Frye Island, ME 04071  
Phone: 207-655-4551  
Fax: 207-655-3422  
Email: [office@fryeisland.com](mailto:office@fryeisland.com)  
Web site: [www.fryeisland.com](http://www.fryeisland.com)  
Town Manager: Wayne Fournier

### **Office Hours**

Tuesday thru Saturday: 9:00 AM – 3:00 PM  
Sunday & Monday: Closed

### **Code Enforcement Officer**

John Thompson  
Tuesdays and Thursdays 8:00 AM – 3:00 PM

## ***Fire, Medical, or Police Emergencies – Call 911***

### ***Non-emergencies***

Frye Island Police: (207-893-2810)

**Police Chief:** Rod Beaulieu

Fire Department: (207-655-8618)

**Fire Chief:** Steve Persson

### ***Executive Committee***

Mark Thomas ..... First Selectman  
James Kuiken ..... Selectman  
John Nun ..... Selectman  
Bruce Nisula..... Executive Committee - Chair  
Joe Potts  
David Bond  
Bob Sutherland

Joe Potts..... Municipal Treasurer

## ***Public Works Department***

Phone: 207-655-7493  
**Director:** John Crosby

### **Transfer Station Operating Hours**

Saturday: 10 AM - 3 PM  
Sunday: 12 noon - 5 PM  
Holiday weekends: Monday, 12 noon - 5 PM  
Closed Sunday

If you need access to the Transfer Station Monday through Friday (8 AM - 3 PM), please call the Public Works Garage and leave a message. (Advance notice is greatly appreciated.) We will need your name and Island phone number.

### ***Frye Island News Service***

Email: [lkerrigan@fryeisland.com](mailto:lkerrigan@fryeisland.com)  
Submission deadline:  
Wednesday, 3:00 PM - **No Exceptions**

### ***Representative to Legislature***

John C. Robinson  
Residence: 207-655-8657  
Business: 207-539-4481 Ext 1  
E-mail [Repjohn.robinson@legislature.maine.gov](mailto:Repjohn.robinson@legislature.maine.gov)

### ***State Senator***

Bill Diamond  
Residence: 207-892-8941  
E-mail <http://www.mainesenate.org/diamond/email.htm>



# Town News

## Island Manager's Comments

### Greetings everyone:

**Water Distribution System:** We have resumed the installation of the new water distribution pipe on Ridge Road. We are hoping to complete Ridge Road this summer so that when we shut the system off this fall we will be able to tie into the line at the intersection of Independence and Birch that we ran last year. We will not make the cottage connections until we shut the water system off next fall. Please be careful and considerate when traveling in that area.

**Long Beach Marina /Quail Circle:** I would like to thank everyone for getting their rental and equity fees paid.

**Golf Carts:** Call this a friendly reminder....It is illegal to drive a golf cart on island roads without a valid driver's license. Schools are getting out for summer vacation and the Island population will soon increase. The police presence on the Island is also going to increase. I have already seen some golf cart drivers that appear to be underage and inexperienced. The laws governing the operation of a golf cart on Island roads are the same as those for operating an automobile. I know that the kids and grand-kids get a kick out of driving the family golf cart but it is unsafe and it is illegal. If you violate these laws you will be subject to the same fines and penalties applied to automobile violations. So, for your own safety and the safety of all Islanders, please abide by all of these laws. In addition, we don't issue license plates for golf carts but we do issue the month and year stickers that are required to be displayed on the cart as well as the owners lot number. This is comparable to driving a car without a license plate. These numbers can be purchased at any hardware store. We expect that everyone will comply with this requirement.

**Fire Works:** The fireworks will be held on Saturday July 3<sup>rd</sup> this year. As usual, they will be held at Long Beach and will begin as soon as the pyrotechnic technician feels it is dark enough. I want to remind those people that have boats in the Marina that some will have to be moved before the fireworks display can take place. Boats in the Marina from slips 84 to 104 on the beach side and slips 67 to 131 on the road plus the Jet Ski slips and boats on all of the slips on the southern end must be removed by 5:00 PM. If you have a boat in one of these slips please move it out before 5:00PM. If you don't, we will have it moved for you at your expense.

**E-Tickets:** We were hoping to start using the new E-ticket / EZ Ride system last Monday but we didn't quite make it. We were able to start Wednesday though and are now using the system for our employees, for the commercial vehicles and for the few EZ Ride accounts that we have established. We plan to continue this way for a couple of weeks to develop more confidence in the program and to provide the necessary training for the ferry crews and the office. However, lacking any major problems, we plan to start selling the bar coded paper tickets when the office opens next week. We will still accept the \$15.00 orange tickets for a while but plan to phase them out as we gain confidence in the program. I will keep you posted. If you need an explanation of how the system is planned you can visit our web site. Under the "Ferry" drop down you will be able to click on eTicket Information.

**Ferry Service:** We have started keeping the second ferry running until 10:00 PM on Friday evenings because of the later traffic but we have instructed the crews to lay the boat up a little sooner if the traffic doesn't develop. We want to serve the islanders as best we can but on the flip side, we don't want to run the boats if the traffic doesn't warrant.

Also, believe it or not, we still get people showing up with old \$6.00 tickets. The policy was established last year that we would no longer accept any of the older tickets. We have been using the \$15.00 orange ticket for the past couple of years and that is all the ferry crews are set up to handle so please cooperate with us on this. We will provide a credit toward the current ticket if you turn your old tickets in at the office but they will not be accepted at the ferry terminal on the mainland.

As a matter of fact, after we get the E-ticket system implemented we will not accept the orange tickets at the ferry either. We were hoping to set the deadline around July 15<sup>th</sup> but we will have to see how we are doing with the e-tickets. Once we have the system operational you will have to turn in your existing tickets to the office. If you have an EZ Ride account, we will credit that account. If you opt not to set up an EZ Ride account we will print bar coded paper tickets for you.

And, I have been asked by the folks in the office to remind everyone that we can not accept credit cards for any payment in the office. Cash or checks only.

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There have been a few complaints about the louder noise from the new engines on the Ellie Corliss (mostly from residents near the mainland ferry terminal). I have explained to them that when the engines were installed the only muffler available was installed on the port engine. Since then, we have ordered and received a new muffler and that will be installed sometime next week.

**Taxes:** The deadline for the second payment for the 2010 taxes is June 30<sup>th</sup>. After June 30<sup>th</sup> interest starts to accrue on the unpaid amount at an annual rate of 9%. If you haven't paid your taxes please consider doing it soon. We do not send notices for the second payment. The tax lien process begins for all outstanding taxes on September 22<sup>nd</sup>.

**Board Meeting:** The next Board of Selectmen / Executive Committee meeting has been scheduled for Saturday July 24<sup>th</sup>. The meeting will be held at the Community Center and will begin at 9 AM.

Have a safe and enjoyable weekend!

Wayne

## **Planning Board**

**Saturday, June 19, 2010 at 8:30 a.m.**

**Community Center**

**Agenda**

**Read and approve** minutes of May 22, 2010 meeting.

### **Old Business:**

Continue review of Comp. Plan information  
Availability of Comp. Plan information for updating

### **New Business:**

July 23, 2010 Regional Comp. Plan meeting  
Planning Board Positions

Please send any request for additional agenda items to  
Steve Kaplan [skaplan34@yahoo.com](mailto:skaplan34@yahoo.com)

**All Planning Board Meetings are open to the public**  
**APPROVED PLANNING BOARD MINUTES ARE**  
**AVAILABLE ON *Frye Island*. Com WEB SITE**

## **Recreation Commission**

**Friday, June 25 at 11:00 AM**

**Community Center**

We need you and your energy and ideas for *fun in the sun* on Frye Island!

## **Help**

We are looking for an islander who can clean our HP Color Laser Jet 2600n printer. We will be using this soon for the Electronic ID cards.

## **Frye Island Public Works Transfer Station**

Please observe the new traffic pattern, ENTRANCE ONLY main gate Independence Way, EXIT ONLY South Beach Road. Thanks for your anticipated cooperation; we hope that this new traffic pattern will lessen main gate congestion.

Single Stream Recycling, It all goes in the container, EXCEPT, plastic bags and Styrofoam, PLEASE keep these items out of the container. A list of all approved items and not approved items are listed on the outside of the container. If you're not sure ask our new Transfer Station attendant Danny Bond.

## **USS Jason Dunham Day on Frye Island**

Planning is underway to host the officers and crew of the USS Jason Dunham on Frye Island during a Saturday in mid to late July or early August. Your views and interests in taking part would be appreciated.



This destroyer is presently completing construction and outfitting at the Bath Iron Works, prior to sailing in October to its home port in Norfolk, VA. The ship's officers and crew will be spending the summer in the Bath area, most of them far from their families, and would, no doubt, enjoy a day discovering the beauty, hospitality, and warmer inland water (!) of Frye Island.

Ideas for the day presently include a welcome and softball game in the late morning, a barbecue lunch, and informal recreation in the afternoon, including swimming, boating, golf, basketball and tennis. We also hope to be able to close the day by inviting small groups of sailors (two to four people) to the homes of Island families for supper and relaxation.

We would like to hear from those interested in participating. Please e-mail us at [office@fryeisland.com](mailto:office@fryeisland.com), with a copy to [DickNorris@aol.com](mailto:DickNorris@aol.com), or visit the office directly, there is a signup sheet.

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## Water Lines

Installation of new water lines will continue starting Tuesday, June 1st. Work this season will be on Ridge Road, starting just beyond Leap View Circle. The new piping will be installed on the lake side of the street, and on the town-owned land between the property stakes and the edge of Ridge Road. Wherever possible, the Public Works crew will avoid decorative plantings, stonewalls and fences, however, it will be the owner's responsibility to remove any or all of these obstructions.

When practical, the Public Works Crew will try and work around any of these obstructions that have been left in place; however, we will remove them if necessary to install the new water lines. Your cooperation and assistance will be greatly appreciated. The Town of Frye Island will not be responsible for any damage to property of others caused by the removal of any obstruction due to the installation of the new water line(s).



## Marina News

### Safe Boating Tips

- Watercraft towing a person or persons on water-skis, surfboards, aquaplanes, or similar devices shall not operate within water safety zones (area of water within 200 feet of any shoreline, mainland or island). Exception: to drop-off or pickup passengers, while ensuring that persons and property are not endangered in the process.
- No person shall operate any watercraft for the purpose of towing a person on water-skis, surfboards, or similar devices on any waterway between the hours of ½ hour after sunset until ½ hour before sunrise.
- Any person being towed on water skis, surfboards, or similar devices must wear a life jacket, life belt, or similar life saving device. No watercraft operator shall tow anyone involved in the aforementioned activities unless the person being towed has complied with this requirement.
- Watercraft towing a person on water skis, surfboard, or other similar devices must have a person in the watercraft who is at least 12 years of age, in addition to the operator, who is in a position to continually observe the person/s being towed.



This Saturday, June 19<sup>th</sup>  
6:00 pm – 8:00 pm at the Community Center  
*Chef Willie's*

### **PASTA & MEATBALL DINNER**

w/ salad, bread, & dessert.

***All the pasta you can eat*** – Adults \$12 - Child (12 & under) \$6

Soda and water will be available to purchase.

Come one come all.

You won't have to cook and you will also be supporting your community.

**All net proceeds will go to benefit the ball field and beaches.**

There will also be a 50/50 raffle.

Tentative dates for future dinners  
July 14, August 18, and September 5

Any questions, call Willie Campbell or Laura Crosby @ 655-3551



# Fire Department

Fire Barn: 207-655-8618

## **ANNUAL FIRE DEPARTMENT OPEN HOUSE**

On Saturday, July 3rd, Noon to 2:00pm the Fire Department will be holding an Open House at the Fire Barn. There will be **FREE HOT DOGS AND SODA**. Bring the kids, family and neighbors to visit with your Fire Department and have lunch on us. **SEE YOU THERE --- AFTER THE PARADE!**

All activities and functions held by the Fire Department are paid for with the proceeds from the redeemable (**ME 5 and ME 15 cent**) cans and bottles collected at the transfer station. Thank you for contributing.

## **KEEP YOUR FAMILY AND HOME SAFE FROM FLAMMABLE VAPORS**

ONLY USE GASOLINE AS A MOTOR FUEL. FLAMMABLE VAPORS ARE VERY DANGEROUS. YOU CAN'T SEE THEM, BUT THEY CAN CAUSE FIRES IN HOMES, BASEMENTS, SHEDS AND GARAGES. WORSE, THEY CAN CAUSE TERRIBLE BURNS AND EVEN DEATH.

IF FLAMMABLE VAPORS ARE RELEASED INDOORS, THROUGH A SPILL, IMPROPER USE OR A CONTAINER LEFT OPEN, THEY WILL BUILD UP QUICKLY, SPREAD TO A SOURCE OF IGNITION AND CATCH FIRE.

FLAMMABLE VAPORS COME FROM FLAMMABLE LIQUIDS, LIKE GASOLINE. MOST OF THE TIME YOU CAN'T SEE VAPORS. BUT, SOMETIMES YOU CAN SMELL THEM.

**CHILDREN SHOULD NEVER USE GASOLINE.**

**NEVER USE GASOLINE TO CLEAN OR REMOVE ITEMS.**

**NEVER USE GASOLINE TO START FIRES, LIKE A BARBECUE.**

**GASOLINE MUST NEVER, EVER BE BROUGHT INTO A BUILDING USED FOR HABITATION.**

**TO REPORT A FIRE OR MEDICAL EMERGENCY**

## **DIAL 9-1-1**





**207-655-4256**

### **Frye's Leap Weekly Update**

Welcome back! We are hard at work preparing for another fantastic season on Frye Island. Our high season schedule is starting, and is posted here in the FINS and on fryesleap.com.

	<b>Store Hours</b>	<b>Café Hours</b>
Sunday – Friday	8am – 9pm	8am – 9pm
Saturday	8am – 10pm	8am – 10pm

### **This Season at Frye's Leap**

2010 is set to be an exciting season at Frye's Leap. We are loading the shelves with many new gifts, apparel, jewelry and much more. In the café, expect many delicious additions to our menu. We hope to see you soon!



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### **LADIES OF THE LAKE LUNCHEON**

**Wednesday, June 30 At Noon**

**At the Frye's Leap Cafe**

**Theme - PINK**

**\$14.00 – Includes Coffee, Tea & Soft Drinks**

**And your choice of the following tasty selections:**

**Crabmeat Quiche with Garden Salad**

Our signature quiche with crabmeat and sharp cheddar cheese in a warm buttery crust.

**Fresh Spinach & Grilled Shrimp Salad**

Fresh spinach, red onion, bacon, and warm grilled shrimp with our homemade spinach salad dressing.

**Turkey & Chutney Sandwich**

Turkey, thinly sliced cheddar cheese, and lettuce on our hearty fresh multigrain bread complete with mayonnaise and mango chutney spread. Served with a side garden salad.

**Sign up for your preference in the Town Administration Office and pay at Luncheon.**



# Leisure Lounge

Fairway Lane (next to the golf pro shop)

655-3551

Air Conditioned

Open to the Public

## Hours:

Friday – Saturday: 9:00 AM – Midnight

Sunday: 7:30 AM – 5:00 PM

Monday – Thursday: 9:00 AM – 5:00 PM



Sports Fans:

Enjoy satellite reception on our 42” plasma TV.

## Full Bar

Beer, Wine, & Mixed Drinks

(We also now offer wine by the bottle)

\$3.00 Root Beer Floats

\$2.00 Hot Dogs

\$5.00 Pizza



Pasta & Meatball Dinner

Saturday, June 19<sup>th</sup>

6pm-8pm @ the Community Center

Come by the Lounge for cocktails before and/or after dinner



# Ferry News

655-4258

## This Week's Ferry Schedule

	First Ferry	Second Ferry
<b>Saturday</b>	7 AM - 11 PM	
<b>Sunday</b>	7 AM - 9 PM	12 PM-8 PM
<b>Monday</b>	7 AM - 7 PM	
<b>Tuesday</b>	7 AM - 9 PM	
<b>Wednesday</b>	7 AM - 7 PM	
<b>Thursday</b>	7 AM - 11 PM	
<b>Friday</b>	7 AM - 12 Mid	2 PM – 10 PM

## Ferry Delays:

Please bear with us as we begin using the new E-Ticketing system for employees and a handful of Islanders. We are all in the process of training and therefore, may be a little delayed on some runs. We appreciate your cooperation.

FI Ferry Crew



# Frye Island Golf Club

655-3551

Open to the Public

Fairway Lane

## Hours

Friday & Saturday: 9:00 AM - Dusk  
Sunday: 7:30 AM - 5:00 PM  
Monday – Thursday: 9:00 AM – 5:00 PM

## Greens Fees

Weekday: \$20.00  
Weekend and Holidays: \$30.00  
Twilight (after 5 PM)  
Weekdays \$13.00  
Weekends \$15.00  
Weekday Youth (16 or younger): \$10.00  
Weekend Youth (16 or younger): \$20.00  
3-day weekday pass: \$45.00  
Week-long unlimited golf pass: \$115.00

## Cart Rentals

**Gas Cart:**  
9 Holes: \$16.00  
18 Holes: \$26.00  
**Pull Cart:**  
9 or 18 Holes: \$4.00  
**Club Rentals: \$12.00**  
**Own Cart (no trail fee)**  
9 Holes: \$10.00  
18 Holes: \$20.00

## Tentative 2010 Tournament Schedule

<u>Date</u>	<u>Tournament</u>	<u>Organizers</u>
Sat/Sun, Jun 26-27	June Invitational	John Kett
July 1 – Sept 6	Club Championship	Bruce Nisula
Sat, Jul 3	Steak and Hot Dog	John K/Bob T
Sat, July 10	Junior Championship	Paul L/Ron V
Fri, July 16	July Hooligan	Hodge(s)
Sat, Jul 24	Full Moon Classic	Bob Thurston
Sat/Sun, Aug 7-8	Member-Guest	Jim Hodge
Sat, Aug 21	Night Golf	John K/Mike H
Sat, Aug 28	President's Cup	Vic S/Laura D
Sat/Sun, Sep 11-12	Sebago Lake Escape	Mark Thomas
Sat, Sep 18	Shoot Out	Mike Hurley
Sat, Sep 25	TKE Fall Classic	Hodge(s)
Sat, Oct 2	Cross Country	Tom Canty
TBD	Rec Ctr Fund Raiser	Tom Bishop

## Happy Father's Day

Don't forget Dad on Father's Day this Sunday. Why not treat him to a round of golf. Come by the pro shop for other great gift ideas.

## Clearance Sale....

All of our Outer Banks golf shirts (men & women) are now only \$20 each, while supplies last.

## Sunday Morning Scramble

Every Sunday morning, tee off at 8:00am, sign up starting at 7:30am.

### *Sunday, June 13<sup>th</sup> Scramble Results*

1<sup>st</sup> Place 2 Team Tie (-4) \$25.00 each:

Joe Bishop  
Dave Hemmerling  
Alan Meserve  
Mike Kaplan  
Paul Lyons

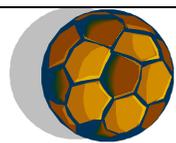
Closest to the Pin \$25.00:

Mike Mazzola

## Club Championship

Now is the time to seize your opportunity to become a Frye Island Golf Club Champion. There will be both Men's and Women's Champions. The top eight scorers in the Qualifying Round will play each other in a single elimination match play tournament. To play in the Qualifying Round, you must check in at the Pro Shop and announce to the Staff that the round you are playing is your Qualifying Round (the Staff will initial your card). You must play your round with at least one Member in accord with the USGA rules of golf with local rules included. You may play the two 9-hole rounds separately, but each round must be initialed by the Staff and accompanied by a Member. Upon completion of the 18-hole round, return the score card to the Staff. Good luck to all participating golfers.

Qualifying Round must be completed by July 12.  
Quarterfinal Match must be completed by August 2.  
Semifinal Match must be completed by August 23.  
Final Match must be completed by September 6 (Labor Day)



# Activities & Recreation

Recreation Chairperson: Andrea Sansonetti

## Recreation Dept. Schedule for this weekend:

<u>Day</u>	<u>Hours</u>	<u>Activity / Age</u>
Fri. June 18 <sup>th</sup> :	7:00p-10:00p	Open (Center) - All
Sat. June 19 <sup>th</sup> :	10:00a-2:00p	Open (Center) - All
	6:30p-7:30p	Capture the Flag / 6-12 yrs @ Ball field
	8:00p-10:00p	Open (Center) - Teens

Reminder: The Library is open when the Center is open.

Bobbie Thomas

Recreation Director

## Recreation Commission

Summer is here and the *Recreation Commission* needs you and your energy and ideas for *fun in the sun* on Frye Island! You are invited to attend the first meeting of the season on Friday, June 25 at 11:00 AM at the Community Center.

If you cannot attend but still want to be involved, please contact Andrea Sansonetti @ 831-8156 or [sansonetti\\_a@yahoo.com](mailto:sansonetti_a@yahoo.com). Hope to see you there!

## ADOPT A PLANTER

It's the beginning of a beautiful season. The planters on Beach 6 are waiting to be adopted. Would you and/or your children be interested? A hose is nearby for watering. The planters look so cheerful on the way to swim, tan, or watch the sunset.

## Garden Club

If you see a random weed at the ferry landing or the Community Center, please yank it. Since the spring clean up was so thorough, no garden maintenance hour is planned for this month.

There will be a social program at the end of June - subject to be decided.

Keep the deer passing by your garden with Bobbex. If you didn't get it at the Plant Sale, call Claire LaDow at 655-7730.



## Frye Island Chapel

Services every Sunday 9:00 to 9:30 AM  
In the Upper Room of the Community Center

*All are welcome. Dress is casual.*

You are cordially invited to attend our weekly **non-denominational** services, which are held every Sunday morning from 9:00 to 9:30 AM in the **upper room at the Community Center**. Communion is offered on the 1<sup>st</sup> and 3<sup>rd</sup> Sunday of every month. There is a coffee and snack hour following the service on the 2<sup>nd</sup> and 4<sup>th</sup> Sunday of each month.

**Presiding Chaplains:** Rev. Richard Petersen, PhD  
Rev. A. Theodore Ekholm

## Book Group Selections for 2010

- July 5 **THE WET NURSE'S TALE** by Erica Eisendorfer – The author will be present to give us insight into her work.
- July 26 **THE ZOO KEEPER'S WIFE** by D. Ackerman
- Aug. 9 **THE GUERNSEY LITERARY & POTATO PEEL SOCIETY** by Mary Ann Schaffer
- Aug. 30 **UNCLE TOM'S CABIN** by Harriet Beecher Stowe

All Frye Islanders are invited to join us on these selected Monday evenings 7:30 PM in the Community Center Library.

## Mah Jongg Anyone?

We will resume our Mah Jongg games at the Golf Course Club House. The times will be:

Mondays @ 9:30am and

Fridays @ 12:30pm

These days and times can be revised. Please bring your game – if you have one.

## BRIDGE

Bridge for fun - and not too much seriousness! Come and join some of the Island folks for a couple hours of bridge. Tuesdays beginning June 8 at 1:30 p.m. at the Golf Clubhouse is the usual time and place.

## **4th of July Frye Island Road Race 1 mile, 5 mile & Marathon**

The Recreation Department will be hosting its annual walk/run on Sunday, July 4th. The race starts promptly at 10am at the Community Center. Please arrive 30min early to allow time to register and select a T-shirt. There will be a \$5 entry fee and commemorative shirts will be available for \$10. All proceeds from the race will be used to fund recreational activities on the Island.

This year we will be offering online pre-registration at <http://www.thecharrettes.com/walkrun.html>. We hope this will streamline the registration process and reduce lines. Of course, we will still be offering on-site registration for friends and family who've dropped in unexpectedly for the weekend.

If you pre-register by Friday night, you can simply report to the pre-registration table pay and pick up your bib and (optional shirt).

The 1 mile course goes down Highpoint Dr, right on Sunset, up White Way to Independence Way and then right on South Beach Road.

The 5 mile course runs from the Community Center, down Highpoint, right onto Sunset, left onto Leisure, past the marina, then left onto Ridge and back to the Community Center.

This is the third year we'll be offering a marathon option. The marathon course will be 4 loops along the 5 mile course (before the other races begin), then the 1 mile fun run and lastly the 5 mile race. The marathon runners will be self-starting and self-timing and should begin their run at whatever time allows them to arrive at the start of the 1 mile race at 10am.

If you live along the course and could offer to host a water stop, please let me know. I'd also welcome any help people could provide with race preparation, registration and timing.

Thanks.

Ted Charrette

[Ted.Charrette@alum.mit.edu](mailto:Ted.Charrette@alum.mit.edu)

## **IT'S JUNE -- AND THE 4TH OF JULY CAN'T BE FAR BEHIND!**

The Recreation Commission is sponsoring another fun Golf Cart Parade to celebrate our country's birthday! It will begin at the Community Center at 11:00 am on Saturday, July 3rd and end up at the Fire Barn with hot dogs and drinks furnished by the Fire Department. Start planning now for a creative golf cart decoration. If you don't have a golf cart, decorate your house and cheer the parade on! Flag waving is encouraged.

## **LADIES GOLF SCRAMBLE -- COME ONE, COME ALL!**

The Recreation Commission and the Golf Committee are again sponsoring a ladies golf scramble, each Tuesday at 9:00 a.m. Nancy Perry will be the contact person and will notify the golf club by 8:45 if the weather is uncooperative and we need to cancel. We welcome all levels of play for a morning of fun and activity.

### **Tuesday, June 15<sup>th</sup> Scramble Results**

#### 1<sup>st</sup> Place Team:

Nancy Perry  
Lorna Priestley  
Dianne Gleeson

#### 2<sup>nd</sup> Place Team:

Anne Archer-Johnson  
Elaine Gately  
Nanci Salinger

## **Tennis Anyone!**

Are you looking for someone to practice with or need a doubles partner? Are you a renter or a part-time resident and want to play some tennis but do not have a partner or opponent? Do you want to put together a weekly doubles match?

Robert Orlov and Anne Archer-Johnson would like to extend an open invitation to join us on a website list of tennis players on Frye Island. This will give you an opportunity to contact other tennis players or so they can contact you for a match.

Everyone can enjoy more tennis here on Frye Island. If you are interested in becoming a part of an ongoing list of tennis players, you can contact us at:

Robert Orlov: 655-3077

Anne Archer-Johnson: [archerjohnson4@mindspring.com](mailto:archerjohnson4@mindspring.com)

## **Tennis Lessons and Drills**

If you are interested in taking a private or semi-private lesson to brush-up on your game, or getting your friends together for tennis drills, or working one-on-one on a specific stroke, Please contact me. I can also organize conditioning exercises and foot work if requested.

I teach all ages: ankle bitters-5 to 7; knee-hi's-8 to 10, juniors-11 to 14 up through adults.

I am a homeowner and summer resident here on the Island through July. I grew up in Portland, Me.; played my college tennis at Westbrook College (UNE). I play doubles in Atlanta playing on six teams a year. I volunteer as a Junior Coordinator for the Junior ALTA organization for girls 12's. I teach Kindergarten in Atlanta and conduct a Mini- tennis camp for my school.

My cottage # 655-7393, cell 770-238-2728 (Verizon,Ga.), email: [archerjohnson4@mindspring.com](mailto:archerjohnson4@mindspring.com)

This is a wonderful sport. Try it, you might fall in "love" with it. Anne Archer-Johnson

## **TIE-DYE**

Come Tie-Dye with us!

Tie-Dye is back!

Come tie-dye at the Community Center on Sundays this summer! We will teach you to tie and dye the pattern of your choice! We use the best quality dyes that hold the color without fading! Just follow our easy instructions and nobody will believe you made it yourself!

Tie-Dye runs from 3:30-5:30, but you can show up anytime before 4:30 to get your project completed! Shirts, socks, bandanas or pillowcases are available for purchase or you can bring your own whites. Costs are as follows:

Shirts and pillowcases: \$12.00

Bandanas: \$8

Tube socks: \$10

Or bring your own shirts (100% cotton, please!): \$6 per person (\$3 for each additional item)

Remember: If you bring your own items, whites work best!

See you there!!

PS Please don't wear clothing you care about! We have smocks to protect shirts, but it is likely that you will get permanent dye on your clothing! Thanks!

Amy, Nicole, Lianne and Maggie Wagner

655-2583

## **YOGA CLASSES**

Amy Wagner, RYT, is back on the island, and getting ready to lead you in yoga classes. The first class of the season will be Tuesday, June 22<sup>nd</sup>. Classes will be on Tuesday and Thursday morning in the Community Center Chapel from 9:00-10:20 am, and Saturday from 7:30-8:45 am.

I practice and teach Hatha Yoga, which focuses on the fundamental yoga postures and combines breath with movement in order to build strength, flexibility and balance. Yoga also improves mental clarity and encourages relaxation. My classes are informal and open to all students; new and veteran yogis are all welcome!

Cost \$10 per class. Mats and blankets available for use and I also have some for purchase if you are interested.

Come in comfortable clothes! Call me with any questions. 655-2583

Peace,

Amy



### **Don't Feed the Ducks**

If you feed them, they will come.

If you have ever visited a lake or pond and seen [ducks](#), chances are you have seen people feed them.

Unfortunately this is not a good thing to do. You may think you are doing the ducks a favor by offering them bits of bread, potato chips or other types of food but you are not.

When you feed ducks you are likely giving them food that is not nutritious. While ducks seem to love bread, it is not that nutritious and generally just fills them up.

Feeding ducks also makes them dependent on hand-outs and makes them tame. Ducks are wild birds that should not rely on humans to feed them. They also need to learn how to get their own food.

When ducks become tame and use to humans they may not be able to protect themselves from predators.

Another reason not to feed ducks is because of the waste that is left behind. Duck droppings can contain bacteria that is not healthy for humans. Too much bacteria in the water and on the land where the ducks are attracted to can be detrimental to your health.

Don't forget, in many areas ducks are suppose to migrate to different areas at different times of the year. If you feed ducks you may be delaying their migration.

Ducks are cute little critters that are fun to watch and great to photograph. Most ducks can fend for themselves. If there are ducks in a pond or lake near you that have always seemed to be there chances are someone is taking care of them if they cant take care of themselves.

Go ahead and watch the ducks, but remember, it's not a good idea to feed them.

# June 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 9:00a Chapel @ CC	14 9:30a Mah Jongg @ Leisure Lounge	15 9:00a Ladies Golf Scramble 1:30p Bridge @ Leisure Lounge	16 9:00a Garden Club Mtg @ Chapel	17	18 12:30p Mah Jongg @ Leisure Lounge	19 8:30a Planning Board Mtg @ CC 6:00p Pasta & Meatball Dinner @ CC
20 Fathers Day 9:00a Chapel @ CC 3:30p Tie-Dye @ CC	21 9:30a Mah Jongg @ Leisure Lounge	22 9:00a Ladies Golf Scramble 9:00a Yoga @ Chapel 1:30p Bridge @ Leisure Lounge	23	24 9:00a Yoga @ Chapel	25 11:00a Recreation Commission Mtg @ CC 12:30p Mah Jongg @ Leisure Lounge	26 7:30a Yoga @ CC
27 9:00a Chapel @ CC 3:30p Tie-Dye @ CC	28 9:30a Mah Jongg @ Leisure Lounge	29 9:00a Ladies Golf Scramble 9:00a Yoga @ Chapel 1:30p Bridge @ Leisure Lounge	30 Noon-Ladies of the Lake Luncheon @ Frye's Leap Cafe			

# July 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00a Yoga @ Chapel	2 12:30p Mah Jongg @ Leisure Lounge	3 7:30a Yoga @ CC 11:00a Golf Cart Parade @ CC Noon Annual Fire Dept. Open House @ Fire Barn Fireworks at Dusk
4 Independence Day 9:00a Chapel @ CC 10:00a Walk/Run @ CC 3:30p Tie-Dye @ CC	5 9:30a Mah Jongg @ Leisure Lounge 7:30p Book Group @ CC Library	6 9:00a Ladies Golf Scramble 9:00a Yoga @ Chapel 1:30p Bridge @ Leisure Lounge	7	8 9:00a Yoga @ Chapel	9 12:30p Mah Jongg @ Leisure Lounge	10 7:30a Yoga @ CC