

# ***Frye Island News Service***

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VOLUME 2009, ISSUE 16

AUGUST 7, 2009

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# Important Information

## **Town of Frye Island**

1 Sunset Road  
Frye Island, ME 04071  
Phone: 207-655-4551  
Fax: 207-655-3422  
Email: [office@fryeisland.com](mailto:office@fryeisland.com)  
Web site: [www.fryeisland.com](http://www.fryeisland.com)  
Town Manager: Wayne Fournier

### **Office Hours**

Tuesday thru Saturday: 9:00 AM – 3:00 PM  
Sunday & Monday: Closed

### **Code Enforcement Officer**

John Thompson  
Tuesdays and Thursdays 8:00 AM – 4:00 PM

## **Fire, Medical, or Police Emergencies – Call 911**

### **Non-emergencies**

Frye Island Police: (207-893-2810)  
**Police Chief:** Rod Beaulieu

Fire Department: (207-655-8618)  
**Fire Chief:** Steve Persson

### **Municipal Officers**

John Nun ..... First Selectman  
Mark Thomas..... Selectman  
James Kuiken..... Selectman  
Joseph Potts ..... Treasurer

### **BIT Representatives:**

Bruce Nisula.....Chair  
Bob Miner  
Joe Potts  
David Bond

## **Public Works Department**

Phone: 207-655-7493  
**Director:** John Crosby

### **Transfer Station High Season Operating Hours**

Saturday: 10:00AM – 3:00PM  
Sunday: 12 Noon – 5:00PM  
Wednesday: 10:00AM – 3:00PM

**Holiday weekends: Closed Sundays, open Mondays**  
During high season the Transfer Station can be open on closed days by appointment only, between 8am to 3pm.

To set up a Transfer Station opening **please call the Public Works Garage at 655-7493 (please try to call the day before)**

Thank you, Your Public Works Department

### **Frye Island News Service**

Email: [lkerrigan@fryeisland.com](mailto:lkerrigan@fryeisland.com)  
Submission deadline:  
Wednesday, 3:00 PM - **No Exceptions**

### **Representative to Legislature**

John C. Robinson  
Residence: 207-655-8657  
Business: 207-539-4481 Ext 1  
E-mail [Repjohn.robinson@legislature.maine.gov](mailto:Repjohn.robinson@legislature.maine.gov)

### **State Senator**

Bill Diamond  
Residence: 207-892-8941  
E-mail <http://www.mainesenate.org/diamond/email.htm>



# Town News

## Island Manager's Comments

### Greetings Everyone:

**Joint Meeting:** There will be a joint workshop with the Board of Selectmen / Executive Committee and the Transportation Committee on Friday evening August 7<sup>th</sup> at 7:00 PM in the Community Center. The purpose is to develop a plan for the ferry service based on the study and hard work the Transportation Committee has done to evaluate the existing system. Everyone is invited to attend. Depending on the turnout, comments from the floor may be time limited and allowed only when acknowledged by the chair.

**SAD or RSU 6:** As mentioned last week, RSU 6 was considering a referendum vote seeking authorization to issue bonds for additions / renovations and equipment for the elementary school in Hollis. The RSU Board of Directors has decided to do that and the warrants for both the Public Hearing and the Referendum Vote have been included below. They will also be posted on the web site and the Town bulletin boards.

Absentee ballots for the September 8<sup>th</sup> referendum are available in the office for those registered Town voters who will not be able to vote in person on the 8<sup>th</sup>. All absentee ballots will be counted with the ballots cast in person at 8:00 PM on Tuesday September 8<sup>th</sup> at the Community Center.

**Board Meeting:** The next scheduled meeting of the Board of Selectmen / Executive Committee will be held on Saturday August 29, 2009. The meeting will be held at the Community Center and will begin at 9 AM. All are welcome to attend.

### TO: THE VOTERS OF THE TOWN OF FRYE ISLAND:

Take notice that the Board of Directors of Maine School Administrative District No. 6 shall conduct a Public Hearing in accordance with the following schedule:

Date	Time	Location of Public Hearing
August 17, 2009	7:00 p.m.	Bonny Eagle Middle School, Sokokis Trail, Buxton

The Public Hearing shall be conducted on the following article which will be the subject of a referendum vote on September 8, 2009.

Article 1: To choose a moderator to preside at said meeting.

Article 2: Shall the Board of Directors of Maine School Administrative District No. 6 be authorized to issue bonds, notes and other evidences of indebtedness in an amount not to exceed \$12,821,765.00 to construct and equip additions and renovations to Hollis Elementary School on River Road in the Town of Hollis (the "Project") and to acquire and convey such real estate interests as the Board of Directors may determine to be necessary for the Project, which may include up to 40 acres of adjoining land to supplement the existing school site?

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TO THE VOTERS OF FRYE ISLAND:

You are hereby notified that a District referendum election will be held at Frye Island Community Center, High Point Drive in the Town of Frye Island at 10:00 A.M. on September 8, 2009 for the purpose of determining the following articles:

Article 1: To choose a moderator to preside at said meeting.

Article 2: Shall the Board of Directors of Maine School Administrative District No. 6 be authorized to issue bonds, notes and other evidences of indebtedness in an amount not to exceed \$12,821,765.00 to construct and equip additions and renovations to Hollis Elementary School on River Road in the Town of Hollis (the "Project") and to acquire and convey such real estate interests as the Board of Directors may determine to be necessary for the Project, which may include up to 40 acres of adjoining land to supplement the existing school site?

The voting on Article 2 shall be by secret ballot referendum. The polls will be opened immediately after the election of the Moderator following commencement of the meeting at 10:00 A.M. and closed at 8:00 P.M.

**Beaches:** I have also received complaints about boats being left on the beaches. The beach areas outside the marked swimming area are for boaters to pick-up and drop-off passengers not for leaving boats for any length of time. I have included a couple of excerpts from the beach ordinance below for your review. The police officers have enough to do without having to patrol the beaches but they will start writing tickets if necessary.

- a. No powered watercraft is to be left or tied up on Frye Island Public beaches. Pick up and drop-offs only. No power boats are to enter swimming areas. All power boats accessing Frye Island Public beaches must have a current resident or a temporary rental Frye Island sticker.
- b. Canoes, kayaks, rowboats and paddleboats must be pulled up beyond sandy area, racked, or in designated areas only.
- c. Any person who violates any of the provisions of this Ordinance shall be guilty of a civil violation and, upon conviction, shall be fined not less than fifty dollars (\$50.00) and not more than five hundred dollars (\$500.00), with each incident being considered a separate violation: all fines accrue to the Town. A warning may be issued for a first offense.

The complete ordinance can be viewed on our web site.

In addition, the beach committee has for, many years, requested that we have a number of the public beaches surveyed to locate the actual lot lines as a number of the identifying markers are in question.. This is being done for public beaches 7 and 9 this week.

**Loud Parties:** The police have had to respond to recent complaints for very loud parties during the wee hours of the morning. The police officers have tried to be reasonable with both the party goers and the neighbors but it hasn't worked. So, they are going to start issuing summonses. For the benefit of everyone trying to enjoy the Island, we observe "quiet time" between 10:00 PM and 8:00 AM. I ask that you observe these quiet hours, if you don't, and the police have to respond, don't be surprised if you get a summons.

**Winter Break-Ins:** Rod continues to work with the District Attorney to identify the people responsible for the break-ins. I will let you know as we get more information. In the mean time, he has asked me to ask the victims to check for L.L.Bean clothing, (i.e. rain jackets, fleeces, light weight jackets etc.), that may have been left on the Island last winter. If you had any of these items that are missing, please e-mail Rod at [fipd@fairpoint.net](mailto:fipd@fairpoint.net) with the details.

Have a great weekend and stay safe!

Wayne

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**BOS / EC / Transportation Committee  
Joint Workshop**

Friday, August 7, 2009 at 7:00 p.m.  
Community Center

**BOS / EC Meeting**

Saturday, August 29, 2009 at 9:00 a.m.  
Community Center

**FII Stockholders Meeting**

Saturday, September 5, 2009 at 9:00 a.m.  
Community Center

**FII Board Meeting**

Monday, September 7, 2009 at 8:00 a.m.  
Community Center



***Frye Island's End of Summer Dance***

Saturday, August 29<sup>th</sup>

7:30-Midnight, at the Community Center

(Leisure Lounge will be closed that evening)

Cost: \$15 per person - tickets available at the Town Office or Leisure Lounge.

\$20 - at the door

**ANNIE & the ORPHANS**

One of New England's favorite rock and roll acts, Annie & the Orphans has been entertaining fans, young and old, for over 40 years. Specialists in 50s, 60s, 70s rock and roll, Annie & the Orphans' unique blend of musical talent and showmanship make them one of the most eagerly anticipated acts around.

Let's bring back the Frye Island tradition, an end of season dance! We must fill the Community Center for this event to continue.

Hors d'oeuvres start at 7:30 pm. Please bring one for your table to share.

A full cash bar will be available.

Come and enjoy the music!





# Fire Department

Fire Barn: 207-655-8618

## 12 TIPS TO FIRE SAFETY

### 1. INSTALL AND MAINTAIN SMOKE DETECTORS

Smoke detectors warn you of a fire in time for you to escape. Install them on each level of your home and outside of each sleeping area. Test them every month, following the manufacturer's directions. Replace the batteries once a year, or whenever a detector chirps to signal that the battery is low. Don't ever borrow the detector's batteries for another use – a disabled smoke detector can't save your life.

### 2. SMOKERS NEED WATCHING

Carelessly discarded cigarettes are the leading cause of fire deaths in North America. Never smoke in bed or when you are sleepy. Provide large deep ashtrays. Wet butts before placing them in the trash. If you are having a party, have a designated smoking area and be particularly careful.

### 3. BE CAREFUL WHEN COOKING

Never leave cooking unattended. Keep the cooking area clear of combustibles, and wear short or tight fitting sleeves when you cook. Keep the handles of your pots and pans turned inward so they can't be knocked over. If grease catches fire, carefully slide a lid over the pan to smother the flames. Never use water on a grease fire – it will only spread the flames. Have an appropriate fire extinguisher available for small fires.

### 4. COOL A BURN

If someone gets burned, immediately place the burned area in cool water for 10-15 minutes. Do not use butter or other home remedies. All burns are potentially dangerous, especially to children and the elderly. Seek professional medical assistance when needed.

### 5. MATCHES AND LIGHTERS ARE TOOLS

In the hands of children, matches and lighters are deadly. Use child-resistant lighters, and store all matches and lighters up high where kids can't reach them. Teach your children from the start that matches and lighters are tools for adults, not toys for kids.

### 6. USE ELECTRICITY SAFELY

If an appliance smokes or has an unusual odor, unplug it right away and have it repaired or replaced. Replace any electrical cord that is cracked or frayed and don't run electrical cords under rugs. Don't overload outlets or extension cords. Don't tamper with fuse boxes or circuit breakers – have a qualified electrician perform any needed electrical work.

### 7. SPACE HEATERS NEED SPACE

Keep portable and space heaters at least three (3) feet from anything that can burn. Never leave a heater on when you are not home or when you go to bed. Keep children and pets well away from space heaters.

### 8. PLAN AND PRACTICE TO ESCAPE

Even if you have lived in your home for 20 years or more, in a house fire, you will not know where you are. The smoke is blinding and toxic and it will kill you long before the flames get to you. As a family, plan an escape route. Plan two ways out of each room. Choose a meeting place outside where everyone will gather. Practice your plan at least twice a year and make it realistic.

If fire breaks out in your home, you have to get out fast. Don't stop for anything. Do not try to rescue possessions or pets. Go directly to your meeting place and call the fire department from a neighbor's house. Once you are out, stay out and don't re-enter the house. The heat and smoke of a fire are overpowering. If people are trapped, the firefighters have the best chance of rescuing them. Practice your plan at least twice a year.

### 9. STAY LOW AND GO!

Smoke is dangerous. It claims more lives than the fire that makes it. Try to exit away from the smoke if possible. If this can't be done, get down on the floor and crawl out of the area. Crawl on your hands and knees, keeping your head low to the floor. Smoke contains deadly gases and heat rises. During a fire, cleaner air will be near the floor. It will be easier to see and breathe and it will be cooler.

### 10. TEST DOORS BEFORE OPENING

While kneeling or crouching at the door, reach up as high as you can and touch the door, the knob and the space between the door and the frame with the back of your hand. If the door is hot, use another escape route. If the door is cool, open it with caution and check the condition outside.

### 11. WHAT TO DO WHEN TRAPPED

If you find yourself trapped, close all doors between you and the fire. Stuff the cracks around the door with clothing or towels to keep the smoke out. Wait by a window and signal for help. If there is a phone in the room, call the fire department and tell them exactly where you are. Stay on the phone with them if possible.

### 12. STOP DROP AND ROLL

Everyone should know how to STOP DROP and ROLL. If your clothes catch fire, don't run! Stop where you are, drop to the ground, cover your face with your hands to protect your face and lungs, and roll over and over to smother the flames.



655-4256

Welcome back, everyone! We're looking forward to another great season on the island.

## Full Season Has Begun...

### Store Hours are as follows...

Sunday – Friday: 8:00AM – 9:00PM

Saturday: 8:00 AM – 10:00 PM

### CAFÉ Hours are as follows...

Monday – Friday: 11:00 AM – 9:00 PM

Saturday: 8:00 AM – 10:00 PM

Sunday: 8:00 AM – 9:00 PM



We're pleased to announce that the store will be continuing with the extended schedule instituted last year, opening daily at 8am during high season.



Have you had breakfast at Frye's Leap lately? Huge pancakes, breakfasts made to order, and our signature muffins are served by the water every Saturday, Sunday and on selected holidays throughout the season. Don't miss it!



Visit [fryesleap.com](http://fryesleap.com) for a peek at our menu, special event information, store hours and lots more.



# Leisure Lounge

Fairway Lane (next to the golf pro shop)

655-3551

Air Conditioned

Open to the Public

## Hours:

Thursday – Saturday: 8:00 AM – Midnight

Sunday: 7:30 AM – 8:00 PM

Monday – Wednesday: 8:00 AM – 8:00 PM



Enjoy satellite reception on our 42” plasma TV.



For you Red Sox fans, we will stay open late on Thursday evenings so that you may watch the games.



## Full Bar

Beer, Wine, & Mixed Drinks

\$3.00 Root Beer Floats

\$2.00 Hot Dogs

\$5.00 Pizza



*Sue's Kitchen* is now under construction.



*Thank you, Paul & Lorraine Lyons, and Harry Holgersen for the delicious pork dinner last weekend. Good job!!!!*



## ANNIE & the ORPHANS

Saturday evening, August 29<sup>th</sup> the bar will be closed at the clubhouse and moved to the Community Center. The rock & roll band “Annie & the Orphans” will be playing. There will be a cover charge (to pay for the band), \$15 for advance purchase (at the clubhouse or town office) or \$20 at the door. Starting @ 7:30

**(Leisure Lounge will be closed)**



# Ferry News

655-4258

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## ***This Week's Ferry Schedule***

	<b>First Ferry</b>	<b>Second Ferry</b>
<b>Saturday</b>	7 AM - 1 AM	10 AM – 6 PM
<b>Sunday</b>	7 AM - 10 PM	12 PM – 8 PM
<b>Monday</b>	6 AM - 10 PM	8:30 AM – 10:30 AM 3 PM – 5 PM
<b>Tuesday</b>	7 AM - 10 PM	8:30 AM – 10:30 AM 3 PM – 5 PM
<b>Wednesday</b>	7 AM - 10 PM	8:30 AM – 10:30 AM 3 PM – 5 PM
<b>Thursday</b>	7 AM - 11 PM	8:30 AM – 10:30 AM 3 PM – 5 PM
<b>Friday</b>	7 AM - 12 Mid	8:30 AM – 10:30 AM 2 PM – 10 PM

## ***Ferry Thank You's***

To Bobbie & Bill Fitzgerald for the Magic Bars, Warren Wilmot & Mary Ross for the cookies, Carol Riley for the brownies, the Messerveys' for the Ice Cream bars, the Orzags' for the cookies and Winnie Rogers for the dog treats.

## ***Reminder:***

Please remember to put your name/lot # on the back of your ferry tickets to assist us with our end-of-shift reconciliation. Thanks.

## ***Change of Policy:***

Due to the overwhelming response to our offer to hold tickets for anticipated visitors/workers, we have to change our approach a bit. We are unable to keep track of the ever-increasing volume of tickets being held, their locations and various unforeseen problems (tickets that never actually arrived here etc.) and remain on-schedule with ferry service.

We will still gladly accept pre-purchased tickets for all anticipated heavy vehicles, provided they have your name & lot # on tickets and are placed in an envelope with your name, lot # and name of person or business expected to use the tickets. We will hold those tickets in the ferry trailer.

We will also still accept pre-purchased tickets for individual use in envelopes with all of the same above information; however, they will be posted outside at the end of the ferry trailer in a weatherproof bulletin board, which we will keep locked at night. People will be able to locate their own tickets prior to boarding. You may give your envelope to any on-duty ferry mate or Captain to bring from the island and place on the board for you, in advance of your visitor's arrival.

We cannot/will not accept tickets that are not in an envelope, or are missing the required information. Please understand that while we are happy to offer this additional service, we cannot be held responsible for any loss of tickets.

Thanks for your co-operation!

FI Ferry Crew



# **Marina News**

## **Safe Boating Tips**

- During and after refueling operations, your vessel's power ventilation system should be activated for at least 4 minutes after refueling to remove all gasoline/fuel vapors from the engine compartment, **BEFORE STARTING** your engine. A fully charged fire extinguisher should be readily available for emergency use. After fueling, open the door of the engine compartment and sniff to check for evidence of gas fumes. Do this before starting the engine.
- Never use water to extinguish a gasoline fire. Water will only spread the area of the fire. Fire extinguishers should be kept full at all times and be in good condition. Ensure that nozzles are obstruction free and in good condition.
- Turn-off all electrical equipment when docking your watercraft after a days activities. When accidentally left in the "on" position, they could drain your battery. "Lock" your battery switch in the off position to avoid theft and as another way in which to save your battery life.

Attention to safety concerns by all of us, whether we're boaters or guests, will make our boating experiences fun and memorable. Please try to keep your fellow boaters and their guests in mind while utilizing either the Long Beach Marina or Quail Circle Marina. Try to be vigilant for unsightly trash and hazards (small stumps, brush, logs, discarded or lost boating equipment, etc.) Some of our boaters utilize our docking facilities during the hours of darkness. Early in the season, an unlighted stump or piece of winter "slash" could cause a serious injury. PLEASE take the time to remove these items and take them out of harms way, by making an effort to dispose of them in the proper manner. If we all pitch in, our marinas will be kept in a condition that we can all be proud of.

### **EXPERT ON SEBAGO LAKE TO SPEAK**

**Saturday August 8 5:30 p.m. Community Center**

The Frye Island Garden Club and the Conservation Commission have combined forces to bring an outstanding program to Frye Island. Mr. Roger Wheeler, President of Friends of Sebago Lake (FOSL), is a recognized expert on our Sebago lake watershed, and is the leading Maine advocate for maintaining a crystal clear lake – our water supply. He authored a recent (7/13/09) article, published in the Portland Press Herald, entitled "Protecting Sebago Lake Should Become A Top State Priority". He has been involved in several successful environmental cases argued before the U.S. Supreme Court. This is a meeting NOT to be missed!

As an additional delight, we will enjoy an always delicious potluck dinner, and a chance to visit with your neighbors. Bring your favorite dish, be it an entrée, salad, or dessert and a serving utensil. Soft drinks and coffee will be furnished. A sign-up list is located in the office.

### **Garden Club**

Last Saturday, author Lee Schneller presented a program on developing a blueprint for continuous color in your garden. By grouping plants according to height and blooming time, you can draw up your own plan for using perennials to provide color from early spring through the fall. Lee showed slides of gardens she had planned and what they looked like at each season. If your garden looks like the "before" pictures, this was a program you shouldn't have missed!

Another important program is going to be offered this Saturday, August 8. Roger Wheeler, president of Friends of Sebago Lake, will speak at a joint effort of the Garden Club with the Conservation Commission. See accompanying article for details.

Since our community garden maintenance was delayed by rain for so long in July, the August tasks will be postponed until later in the month instead of the regularly scheduled time this Saturday.

**IMPORTANT:** Next Wednesday, August 12, we will hold our monthly business meeting in the chapel of the Community Center, 9:00 a.m. All are invited.

Hope to see you Saturday at the special program and Potluck!



# Frye Island Golf Club

655-3551

Open to the Public

Fairway Lane

## Hours

Monday – Wednesday 8:00 AM – 8:00 PM  
Thursday – Saturday: 8:00 AM – dusk  
Sunday 7:30 AM – 8:00 PM

## Greens Fees

Weekday: \$20.00  
Weekend and Holidays: \$30.00  
Twilight (after 5 PM)  
Weekdays \$13.00  
Weekends \$15.00  
Weekday Youth (16 or younger): \$10.00  
Weekend Youth (16 or younger): \$20.00  
3-day weekday pass: \$45.00  
Week-long unlimited golf pass: \$110.00  
Scramble Fee (e.g. 9 holes Sunday AM): \$15

## Cart Rentals

**Gas Cart:**  
9 Holes: \$16.00  
18 Holes: \$26.00  
**Pull Cart:**  
9 or 18 Holes: \$4.00  
**Club Rentals:** \$12.00

## Tentative 2009 Tournament Schedule

Date	Tournament	Organizers
Jun-Aug	Club Championship	Bruce
Sat, Aug 8	President's Cup	Vic, Laura
Aug 22-23	Member-Guest	Jim, John H.
Mon, Aug 24	MGCSA (Superintendents)	Jim
Sep 11-13	Sebago Lake Escape	Mark
Sat, Sep 26	TKE Fall Classic	Jim
Sat, Oct 3	Shoot Out	Mike
Sat, Oct 17	Cross Country	Laura

## 2009 Member-Guest Tournament

Date August 22<sup>nd</sup> and 23<sup>rd</sup>, 2009  
Entry Fee: \$200 per team (\$100 per player)  
Sign-up Deadline is August 16<sup>th</sup>.  
Meals: Saturday continental breakfast, Saturday lunch, Saturday dinner (spouses are welcome--\$15), and Sunday lunch.  
Format: Nine hole Match Play, best ball, 2 person teams.  
Tees: Men play Silver for Matches 1 and 3, Gold for Match 2, Shoot-Out and Women play red throughout.  
Matches: Two matches on Saturday and one Match on Sunday to settle Flight winners. (Four teams in a flight or three teams playing one match against par). On Sunday afternoon, Flight winners will participate in a Shoot Out; all others will participate in the Team Consolation Round.

## Sunday Morning Scramble

Every Sunday morning, tee off at 8:00am, sign up between at 7:30am – 7:45am.

### Sunday, August 2<sup>nd</sup> Scramble Results

1<sup>st</sup> Place Team (-4) \$28.00 each:

Phil Putney  
Harry Holgersen  
Peter Ambrozavitch  
Ed MacDonald

2<sup>nd</sup> Place (-2) \$12.00 each

Greg Tedford  
Roger Stenz  
Steve Daigle  
Al Davis

Closest to the Pin \$30.00:

Paul Murphy

## Club Championship

Congratulations to the following golfers who have now qualified to play the semifinal match:

**Semifinal Match must be completed by August 24.**

### Men:

Tom Bishop – Paul Murphy  
George Greenwich – Bob Miner

### Women

Kathy Hingston – Marlene Surette  
Kathy Giggey – Laura Davis

Final Match must be completed by Sept. 7 (Labor Day)

## **President's Cup Golf Tournament**

Sat, August 8, 2009 President's Cup

Tee times starting at 1:00 pm

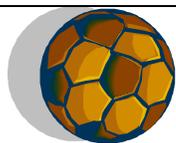
18 hole Club Net Championship

Tournament rules: 12:45

Tee time: 1:00

Appetizers: 5:30 - 6:30

Dinner: 6:30 -



# **Activities & Recreation**

Recreation Chairperson: Andrea Sansonetti

## **Book Group Selections for 2009**

The following titles will be discussed on these dates.

Aug. 10 **NINETEEN MINUTES** by Jody Piccoult

Aug. 31 **ONE THOUSAND WHITE WOMEN** by  
J. Fergus

All Frye Islanders are invited to join us on these selected Monday evenings 7:30 PM in the Community Center Library.

## **FRYE ISLAND LIBRARY**

You are welcome to use the Frye Island Library on the honor system whenever the Community Center is open. It is organized on a loose alphabetical system with a separate biography section, a mystery section, a non-fiction area and a carousel full of summertime's favorite romance novels.

## **BINGO**

Join in every Monday evening 7:00 PM at the Community Center July thru August.

## **BRIDGE**

Bridge for fun - and not too much seriousness! Come and join some of the Island folks for a couple hours of bridge. Tuesdays at 1:00 p.m. at the Golf Clubhouse is the usual time and place.

## **Mah Jongg**

Come and join some of the Island folks for a game of Mah Jongg. Monday mornings 9:00a and Friday afternoons 1:00p at Leisure Lounge



## **Frye Island Chapel**

Services every Sunday 9:00 to 9:30 AM  
In the Upper Room of the Community Center

*All are welcome. Dress is casual.*

You are cordially invited to attend our weekly **non-denominational** services, which are held every Sunday morning from 9:00 to 9:30 AM in the **upper room at the Community Center**. Communion is offered on the 1<sup>st</sup> and 3<sup>rd</sup> Sunday of every month. There is a coffee and snack hour following the service on the 2<sup>nd</sup> and 4<sup>th</sup> Sunday of each month.

**Presiding Chaplains:** Rev. Richard Petersen, PhD  
Rev. A. Theodore Ekholm

## **LADIES GOLF SCRAMBLE**

The Recreation Commission is sponsoring a Ladies Golf Scramble each Thursday morning. Meet at 8:45 and tee-off at 9:00 a.m. at the Golf Club. Come join the fun and sister ship no matter what your level of play. The teams are made up of all levels and, since all play the best ball, no one is left in the woods! Questions, call Rita Lapati at 655-4644 or Nancy Perry 655-5221.

## **Recreation Dept. Schedule Week of July 6th:**

### **Recreation Director: Nancy Bishop**

Friday Aug. 7 <sup>th</sup> :	10:00 AM – 2:00 PM 6:00 PM – 9:00 PM
Saturday Aug. 8 <sup>th</sup> :	10:00 PM – 2:00 PM 6:00 PM CAPTURE THE FLAG @ Ball field 8:00 PM – 11:00 PM
Sunday Aug. 9 <sup>th</sup> :	11:00 AM – 3:00 PM
Monday Aug. 10 <sup>th</sup> :	Closed
Tuesday Aug. 11 <sup>th</sup> :	10:00 AM – 2:00 PM 6:00 PM Pick up Soccer @ Ball field
Wednes. Aug. 12 <sup>th</sup> :	10:00 AM – 2:00 PM 6:00 PM Candy Bar Bingo (Bring a candy bar to play)
Thursday Aug. 13 <sup>th</sup> :	10:00 AM – 2:00 PM 6:00 PM – 8:00 PM
Friday Aug. 14 <sup>th</sup> :	10:00 AM – 2:00 PM 6:00 PM – 9:00 PM
Saturday Aug. 15 <sup>th</sup> :	10:00 PM – 2:00 PM 6:00 PM CAPTURE THE FLAG @ Ball field 8:00 PM – 11:00 PM Teen Night
Sunday Aug. 16 <sup>th</sup> :	11:00 AM – 3:00 PM

**Recreation Center wish list:** paint, glue, construction paper.

Come Meet and Greet old and new Frye Island Friends, this Saturday night August 8<sup>th</sup> and 15<sup>th</sup>, 7:00 PM at Beach 6, bring an appetizer and drink to share!

## **More Upcoming Rec Center Fundraiser Events**

### **One Pitch Softball Tournament**

Saturday / Sunday August 15<sup>th</sup> and August 16<sup>th</sup>

Sign up your Team

Cost: \$60 per team – tee shirts to winners

### **Tennis Tournament**

Labor Day Weekend – More details to follow.

## **Thank you from the Garden Club**

Many thanks to John Crosby and the Public Works Department for moving a “sign rock” to the east end of Small Frye Island. Rita Lapati will paint Small Frye Island signs on them.

## **Wine Basket for the Hostess**

Feeling crafty? Even if you're not, this stunning basket looks complicated but it's not! Join Ida Atkinson for an afternoon of fun and take home a beautiful basket for yourself or give as a gift. This basket fits wine bottles and mason jars. This could be your souvenir of your summer on Frye Island!

**Date and Time:** Tuesday, August 11, 1 – 4 pm

**Location:** Large Meeting Room at the Community Center

**Fee:** \$17.00 for instruction and materials. Teens and adults welcome. Please sign up and pay at the town office.

## **What are Angels?**

What are Angels and how can we communicate with them? Spend an enlightening afternoon with Brenda Paquette and discover what Angels are, how to ask them for help and why their presence on our planet is so important. It could change your life and definitely inspire your summer! Check out Brenda's website at [www.angelguidedhands.com](http://www.angelguidedhands.com).

**Date and Time:** Thursday, August 13 at 4 pm

**Location:** Large meeting room at the Community Center

**Fee:** \$7.00. Please sign up and pay at the town office by Aug. 10.

## **Pilates Class**

Ida Adams will offer another Pilates class on Friday, August 7<sup>th</sup> from 9:00 AM to 10:30 AM

Come and find out why so many swear by this total body toning system. Pilates strengthens the core, improves balance, increases coordination and decreases stress. And no, it's not like Yoga.

I welcome one and all from newbie's to experienced Pilates practitioners. Dress comfortably and come prepared to enjoy yourself.

Cost will be \$8.00 per person.

For more information call Ida Adams (301) 934-1575 or e-mail [eadams0602@aol.com](mailto:eadams0602@aol.com)

# August 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 9:00a Chapel @ CC	3 9:00a Mah Jongg @ Leisure Lounge 3:30p Tie Dye @ CC 7:00p BINGO @ CC	4 9:00a Yoga @ CC 1:00p Bridge @ Leisure Lounge	5 6:00p Candy Bar Bingo @ CC	6 8:45a Ladies Golf Scramble	7 9:00a Pilates @ Chapel 1:00p Mah Jongg @ Leisure Lounge 7:00p BOS/EC/Transportation Committee Mtg Joint Workshop @ CC	8 President's Cup 5:30p Pot Luck Supper @ CC 6:00p Capture the Flag @ Ball field
9 9:00a Chapel @ CC	10 9:00a Mah Jongg @ Leisure Lounge 7:00p BINGO @ CC 7:30p Book Group @ CC Library	11 1:00p Bridge @ Leisure Lounge 1:00p Wine Baskets @ CC	12 9:00a Garden Club @ CC 6:00p Candy Bar Bingo @ CC	13 8:45a Ladies Golf Scramble 4:00p Angels @ CC	14 1:00p Mah Jongg @ Leisure Lounge	15 8:30a Planning Board @ CC One Pitch Softball Tournament @ Ballfield 6:00p Capture the Flag @ Ball field
16 9:00a Chapel @ CC One Pitch Softball Tournament @ Ballfield	17 9:00a Mah Jongg @ Leisure Lounge 7:00p BINGO @ CC	18 1:00p Bridge @ Leisure Lounge	19 6:00p Candy Bar Bingo @ CC	20 8:45a Ladies Golf Scramble	21 1:00p Mah Jongg @ Leisure Lounge	22 Member-Guest 9:00a Garden Club @ CC 6:00p Capture the Flag @ Ball field
23 9:00a Chapel @ CC  Member-Guest	24 MGCSA Tournament 7:00p BINGO @ CC	25 1:00p Bridge @ Leisure Lounge	26	27	28	29 BOS/EC Mtg 9:00am @CC 7:30p Annie & the Orphans @ CC
30 9:00a Chapel @ CC	31 7:00p BINGO @ CC 7:30p Book Group @ CC Library					