

Frye Island News Service

VOLUME 2009, ISSUE 15

JULY 31, 2009

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FRYE ISLAND DIRECTORY

The 2009 Frye Island Directory is now available for purchase in the Town Office.

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Important Information

Town of Frye Island

1 Sunset Road
Frye Island, ME 04071
Phone: 207-655-4551
Fax: 207-655-3422
Email: office@fryeisland.com
Web site: www.fryeisland.com
Town Manager: Wayne Fournier

Office Hours

Tuesday thru Saturday: 9:00 AM – 3:00 PM
Sunday & Monday: Closed

Code Enforcement Officer

John Thompson
Tuesdays and Thursdays 8:00 AM – 4:00 PM

Fire, Medical, or Police Emergencies – Call 911

Non-emergencies

Frye Island Police: (207-893-2810)
Police Chief: Rod Beaulieu

Fire Department: (207-655-8618)
Fire Chief: Steve Persson

Municipal Officers

John Nun First Selectman
Mark Thomas..... Selectman
James Kuiken..... Selectman
Joseph Potts Treasurer

BIT Representatives:

Bruce Nisula.....Chair
Bob Miner
Joe Potts
David Bond

Public Works Department

Phone: 207-655-7493
Director: John Crosby

Transfer Station High Season Operating Hours

Saturday: 10:00AM – 3:00PM
Sunday: 12 Noon – 5:00PM
Wednesday: 10:00AM – 3:00PM

Holiday weekends: Closed Sundays, open Mondays

During high season the Transfer Station can be open on closed days by appointment only, between 8am to 3pm.

To set up a Transfer Station opening **please call the Public Works Garage at 655-7493 (please try to call the day before)**

Thank you, Your Public Works Department

Frye Island News Service

Email: lkerrigan@fryeisland.com
Submission deadline:
Wednesday, 3:00 PM - **No Exceptions**

Representative to Legislature

John C. Robinson
Residence: 207-655-8657
Business: 207-539-4481 Ext 1
E-mail Repjohn.robinson@legislature.maine.gov

State Senator

Bill Diamond
Residence: 207-892-8941
E-mail <http://www.mainesenate.org/diamond/email.htm>



Town News

Island Manager's Comments

Greetings Everyone:

Mainland Parking: I received a call from the Raymond Post Office this week. The Post Master asked for help with a parking issue on the mainland in the vicinity of the mail boxes near the corner of the Cape Road and the Ferry Access Road. The Post Office maintains a number of mail boxes there for the residents in that area.

Apparently there have been a number of times recently when the mail carrier has not been able to get to the mail boxes because of the automobiles parked in that area..

No doubt these are autos parked by people using the ferry. So, please if you park on the mainland do not park so that the mail carrier can't get to the mail boxes. I told the post office I would post a notice in the fins to see if it would help. If it doesn't they will have to go to Raymond and get the area posted for "NO PARKING" If this happens, it is any one's guess as to the out come - so please don't block the access to these mail boxes.

Joint Meeting: There will be a joint workshop with the Board of Selectmen / Executive Committee and the Transportation Committee on Friday evening August 7th at 7:00 PM in the Community Center. The purpose is to develop a plan for the ferry service based on the study and hard work the Transportation Committee has done to evaluate the existing system. Everyone is invited to attend. Depending on the turnout, comments from the floor may be time limited and allowed only when acknowledged by the chair.

Frogging: There have been reports of people, (adults with young children), on the golf course in the early evening catching, or at least attempting to catch, frogs at the water holes. I realize that this might be a lot of fun for a lot of the kids but it is very dangerous. This time of year there are golfers on the course until dark and if anyone were to get hit by a golf ball it could result in a very serious injury. I am sure no one wants that to happen to their child or grandchild. So, if you want to go "frogging", on the golf course, wait until after the golfing; go out after dark and take a flashlight. It is always better to be safe than sorry.

SAD 6: Under the new school consolidation statute, School Administration District 6 has become Regional School Unit 6. I have received notice that RSU 6 is considering a referendum vote in September to approve the issuance of bonds or notes to fund the addition / renovation of the Hollis Elementary School. I don't have

all of the information yet but will let you know the details when I receive them.

Vandalism: Unfortunately, it seems that times are changing. Last winter we experienced an orchestrated series of break-ins. Last week an Islander was awakened when a stranger attempted to enter her home in the wee hours of the morning. The stranger fled when confronted. And, all season long we have been confronted with vandals that have been damaging and destroying Town property. We are now being asked to consider additional police coverage to combat these issues. We hope to have an announcement on the break-ins soon. I am sure it won't do any good to suggest the vandals cease their destructive acts. Anyone that would destroy another's property for the fun of it can't have a conscience. However, if any Islander notices any of these acts, please notify the police at 207-893-2810

Public Conference: The Portland Water District, among others is sponsoring a Public Conference focused on the future of the Sebago Watershed. See the announcement below.

PUBLIC CONFERENCE

A FREE, PUBLIC conference titled, "From Forest to Faucet: Forests, Water and People," will be held at 7 p.m. Thursday, Aug. 6, in the Alford Auditorium at St. Joseph's College.

PRESENTATIONS will focus on the future of the Sebago Lake watershed and a federal report rating the Sebago and Presumpscot watershed as the most vulnerable in the Northeast.

THE CONFERENCE is being sponsored by the Portland Water District, The Western Foothills Land Trust, The Maine Community Foundation, Friends of the Presumpscot River and the Casco Bay Estuary Project.

Winter Break-Ins: Rod continues to work with the District Attorney to identify the people responsible for the break-ins. I will let you know as we get more information. In the mean time, he has asked me to ask the victims to check for L.L.Bean clothing, (i.e. rain jackets, fleeces, light weight jackets etc.), that may have been left on the Island last winter. If you had any of these items that are missing, please e-mail Rod at fipd@fairpoint.net with the details.

Board Meeting: The next scheduled meeting of the Board of Selectmen / Executive Committee will be held on Saturday August 29, 2009. The meeting will be held at the Community Center and will begin at 9 AM. All are welcome to attend.

Have a great weekend and stay safe!

Wayne

Planning Board

Saturday, August 1, 2009 at 8:30 a.m.

Community Center

Agenda

Read and approve minutes of July 18, 2009 meeting.

Old Business:

Continuation of Comp. Plan discussion and assignments

New Business:

Approval of new planning Board Alternate member
Discuss State Fire Marshal's Regulations on open fires
Please send any request for additional agenda items to
Steve Kaplan skaplan34@yahoo.com

All Planning Board Meetings are open to the public

**APPROVED PLANNING BOARD MINUTES ARE
AVAILABLE ON *Frye Island. Com* WEB SITE**

BOS / EC / Transportation Committee Joint Workshop

Friday, August 7, 2009 at 7:00 p.m.

Community Center

BOS / EC Meeting

Saturday, August 29, 2009 at 9:00 a.m.

Community Center

FII Stockholders Meeting

Saturday, September 5, 2009 at 9:00 a.m.

Community Center

FII Board Meeting

Monday, September 7, 2009 at 8:00 a.m.

Community Center

Beach Update

1. The Beach rocks are being re-painted this year. Due to the weather, it is taking a bit longer than expected. Sorry for any confusion this might create.
2. The Beach Committee would like to thank local resident and plumber Neil Daly for the two charcoal grills he installed on Beach 5. They make a wonderful addition to this already great family beach! Thanks Neil!
3. Thanks too to the Bishop's, McCarthy's and Atkinson's for maintaining & policing their respective beaches – They look fantastic!
4. Thanks also go out to our great DPW for the awesome pathway to Beach #2. Check it out!



Cierra Jolee

Congratulations Tommy & Michele Sibley and sister Sam.



Fire Department

Fire Barn: 207-655-8618

Open Fires

Open fires in a screened enclosure designed for such use or a chimeneas are permitted with the following conditions:

It must be used only on an acceptable permit required burn day within the state. (A permit will not be necessary to use the device but it must be a day in which burning is allowed).

The device must be on sand or dirt in a wide open area to prevent any spread of fire. It must be placed away from any structure and CAN NOT be situated on a porch, deck or other similar area. It must be continuously monitored by an adult. A fire hose or bucket of water must be nearby. The fire department has the authority to extinguish any fire that constitutes a hazard.

A camp fire is not permitted or is any burning of slash, leaves, branches or tree trunks. A person using one of these devices accepts full responsibility for their action if a mishap occurs.

The Forest Service determines the class day every morning. They broadcast this information over the radio to notify all the fire departments. The Frye Island Fire Department gets this information over their portable radios. In addition, local fire departments, like Raymond, give out this information in their morning radio announcement. They give the class day and whether or not permits will be issued. If conditions are extremely dry or if there are high winds, there probably will be no permits issued. A call to the Raymond Fire Department dispatcher or asking one of our own members should give you the answer.

Class Days are grouped into five (5) categories.

Class 1 is when there is very little potential danger.

Class 2 is when there is some danger.

Class 3 is when there is danger present.

Class 4 is when there is moderate danger.

Class 5 is when there is extreme danger or fire threat.

FIFD Calls

FIFD responded to the following calls since island opening:

- 9 Medical
- 2 Alarm sounding
- 1 Tree on wires
- 2 Water - boat in distress
- 3 Open fires
- 1 Smoke investigation
- 1 Respond for police

A Big Thank You to Carol Schutz and Kenny Thurston, who helped with the big pile of recycle for the FIFD that was full of broken glass bottles and thankfully no one, was injured.

Thank you to John Crosby, for a sign to help people find the FIFD area and organize a better system for those redeemables.

Thank you

I've been an Islander for almost thirty years. On Thursday, July 23rd, I needed assistance for the first time on the Island. To make a long story short-I was staining the skylight trim in my kitchen ceiling. I was on the fifth step of a six foot step ladder. Somehow I lost my balance. I went straight down to hit my kitchen stove and then the floor. The ladder went in another direction. Somehow I got about a 4" laceration that was bleeding quite profusely. This all happened about 1:30 p.m. I quickly called 911 on my cell phone. Within fifteen minutes, Joe & Sally Pansini were at my cottage at 860 Sunset Rd. They comforted me and tried to control the bleeding until Raymond Rescue arrived at my cottage at about 2:15 p.m. They were able to get the bleeding under control. Off I went to the Bridgton Hospital. The emergency hospital team welcomed this bloody individual from Frye Island. The Pansinis' gave me their home phone # in case I needed a ride back to the Island. I did.

Many, many thanks to the Pansinis', FIFD, Raymond Rescue, and all the wonderful people who helped me.

Warren Milley



655-4256

Welcome back, everyone! We're looking forward to another great season on the island.

Full Season Has Begun...

Store Hours are as follows...

Sunday – Friday: 8:00AM – 9:00PM

Saturday: 8:00 AM – 10:00 PM

CAFÉ Hours are as follows...

Monday – Friday: 11:00 AM – 9:00 PM

Saturday: 8:00 AM – 10:00 PM

Sunday: 8:00 AM – 9:00 PM



We're pleased to announce that the store will be continuing with the extended schedule instituted last year, opening daily at 8am during high season.



Have you had breakfast at Frye's Leap lately? Huge pancakes, breakfasts made to order, and our signature muffins are served by the water every Saturday, Sunday and on selected holidays throughout the season. Don't miss it!



Visit fryesleap.com for a peek at our menu, special event information, store hours and lots more.



Leisure Lounge

Fairway Lane (next to the golf pro shop)

655-3551

Air Conditioned

Open to the Public

Hours:

Thursday – Saturday: 8:00 AM – Midnight

Sunday: 7:30 AM – 8:00 PM

Monday – Wednesday: 8:00 AM – 8:00 PM



Enjoy satellite reception on our 42” plasma TV.



For you Red Sox fans, we will stay open late on Thursday evenings so that you may watch the games.



Full Bar

Beer, Wine, & Mixed Drinks

\$3.00 Root Beer Floats

\$2.00 Hot Dogs

\$5.00 Pizza



Sue's Kitchen is now under construction.



Roast Pork Dinner

Saturday, August 1st

Cocktails 5:00 pm -Dinner 6:00 pm

\$15.00 per person

Payment along with reservations is made at the clubhouse.

Limited seating



ANNIE & the ORPHANS

Saturday evening, August 29th the bar will be closed at the clubhouse and moved to the Community Center. The rock & roll band “Annie & the Orphans” will be playing. There will be a cover charge (to pay for the band), \$15 for advance purchase (at the clubhouse or town office) or \$20 at the door. Starting @ 7:30

(Leisure Lounge will be closed)



Ferry News

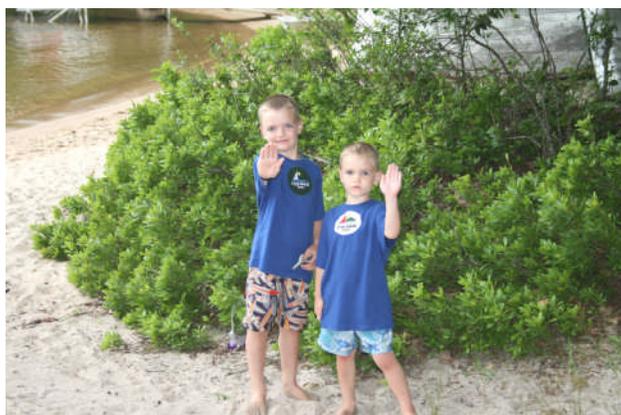
655-4258

This Week's Ferry Schedule

	First Ferry	Second Ferry
Saturday	7 AM - 1 AM	10 AM – 6 PM
Sunday	7 AM - 10 PM	12 PM – 8 PM
Monday	6 AM - 10 PM	8:30 AM – 10:30 AM 3 PM – 5 PM
Tuesday	7 AM - 10 PM	8:30 AM – 10:30 AM 3 PM – 5 PM
Wednesday	7 AM - 10 PM	8:30 AM – 10:30 AM 3 PM – 5 PM
Thursday	7 AM - 11 PM	8:30 AM – 10:30 AM 3 PM – 5 PM
Friday	7 AM - 12 Mid	8:30 AM – 10:30 AM 2 PM – 10 PM

Reminder:

Please remember to put your name/lot # on the back of your ferry tickets to assist us with our end-of-shift reconciliation. Thanks.



Ferry Tip of the Week:

If you are planning on leaving a vehicle on the mainland side, be sure to park parallel to the road and 1 foot off the pavement. Failure to do so results in the boarding line of cars to be pushed over into the egress lane, which prohibits us from getting emergency vehicles on/off the ferry.

Also, if you are leaving a ticket for someone here at the ferry trailer, it needs to be in an envelope. We cannot accept them otherwise.

Thanks for your co-operation!

FI Ferry Crew

Ferry Thank You's

To Bruce Nisula for the cookies, the Orzags for the donuts, and Nancy Fournier for the dog treats.

Welcome Honorary "Mini-Mates":

An induction ceremony was held at Beach 8 on Thurs. 7/16/09 to welcome our Honorary "Mini-Mates" Jude (6) and Leif (4) Charbonneau aboard our Ferry Crew. Grandfather, Captain Brian Riley, Captain Karen Spring and Administrative Clerk Ronnie Ilich welcomed the new crew members, and presented them with crew shirts made by Karen (Martha Stewart) Spring. After taking pictures, attending guests boarded and made an imaginary trip around Beach 8. (You really had to be there!) Our new Mini-Mates have been "Playing Ferry" for years, and have the hand signals down to perfection. Mom, Heather reports they have even been known to direct people driving their grocery carts in the store! The Mini-Mates also got their first pay! They said something about candy at the store!





Frye Island's End of Summer Dance

Saturday, August 29th

7:30-Midnight, at the Community Center
(Leisure Lounge will be closed that evening)

Cost: \$15 per person - tickets available at the Town Office or Leisure Lounge.
\$20 - at the door

ANNIE & the ORPHANS

One of New England's favorite rock and roll acts, Annie & the Orphans has been entertaining fans, young and old, for over 40 years. Specialists in 50s, 60s, 70s rock and roll, Annie & the Orphans' unique blend of musical talent and showmanship make them one of the most eagerly anticipated acts around.

Let's bring back the Frye Island tradition, an end of season dance! We must fill the Community Center for this event to continue.

Hors d'oeuvres start at 7:30 pm. Please bring one for your table to share.

A full cash bar will be available.

Come and enjoy the music!



Marina News

Safe Boating Tips

- **Boating Supplies:** The following boating supplies checklist, may be used as a guide for the items that you should have with you on all boating trips. For boats 16 feet and over, you must have an additional throw-able device:
 - U.S. Coast Guard approved PFDs (personal flotation devices)
 - visual distress signaling device
 - anchor and line
 - bail bucket
 - flashlight
 - approved boating fire extinguishers
 - bell or whistle
 - paddle or oars
 - tool kit, spare parts
 - navigation charts & navigation equipment
- **Boating Operation-Safe operation of a watercraft depends on proper maintenance and preparation before, during and after use. The following items will assist you, the boater, and help assure you and your passengers of a safe trip:**
 - full fuel tank
 - lights and horn working
 - weather & water conditions suitable
 - PFDs checked for proper fit
 - operator alert, ready, and sober
 - transom plug in, bilge bailed out/dry
 - fuel lines and tanks checked for leaks
 - all gear properly stowed and secured
 - propeller and lower unit free of debris
 - passengers briefed on emergencies



655-3551

Frye Island Golf Club

Open to the Public

Fairway Lane

Hours

Monday – Wednesday 8:00 AM – 8:00 PM
Thursday – Saturday: 8:00 AM – dusk
Sunday 7:30 AM – 8:00 PM

Greens Fees

Weekday: \$20.00
Weekend and Holidays: \$30.00
Twilight (after 5 PM)
Weekdays \$13.00
Weekends \$15.00
Weekday Youth (16 or younger): \$10.00
Weekend Youth (16 or younger): \$20.00
3-day weekday pass: \$45.00
Week-long unlimited golf pass: \$110.00
Scramble Fee (e.g. 9 holes Sunday AM): \$15

Cart Rentals

Gas Cart:
9 Holes: \$16.00
18 Holes: \$26.00
Pull Cart:
9 or 18 Holes: \$4.00
Club Rentals: \$12.00

Tentative 2009 Tournament Schedule

Date	Tournament	Organizers
Jun-Aug	Club Championship	Bruce
Sat, Aug 8	President's Cup	Vic, Laura
Aug 22-23	Member-Guest	Jim, John H.
Mon, Aug 24	MGCSA (Superintendents)	Jim
Sep 11-13	Sebago Lake Escape	Mark
Sat, Sep 26	TKE Fall Classic	Jim
Sat, Oct 3	Shoot Out	Mike
Sat, Oct 17	Cross Country	Laura

2009 Member-Guest Tournament

Date August 22nd and 23rd, 2009
Entry Fee: \$200 per team (\$100 per player)
Sign-up Deadline is August 16th.
Meals: Saturday continental breakfast, Saturday lunch, Saturday dinner (spouses are welcome--\$15), and Sunday lunch.
Format: Nine hole Match Play, best ball, 2 person teams.
Tees: Men play Silver for Matches 1 and 3, Gold for Match 2, Shoot-Out and Women play red throughout.
Matches: Two matches on Saturday and one Match on Sunday to settle Flight winners. (Four teams in a flight or three teams playing one match against par). On Sunday afternoon, Flight winners will participate in a Shoot Out; all others will participate in the Team Consolation Round.

Sunday Morning Scramble

Every Sunday morning, tee off at 8:00am, sign up between at 7:30am – 7:45am.

Sunday, July 26th Scramble Results

1st Place Team (-3) \$37.50 each:

Jared Richard
Matt Risto
Jennifer Richard
Rene Cote

2nd Place (-3) \$16.00 each

Phil Putney
Ron Melanson
Peter Talbot
Mike Hurley

Closest to the Pin \$41.00:

Jim Hirsch

Club Championship

Congratulation to the following who will continue onto the Semifinal Match:

Quarterfinal Match must be completed by August 3

Paul Murphy - Tom Canty

Semifinal Match must be completed by August 24.

Men:

Tom Bishop – Murphy or Canty
George Greenwich – Bob Miner

Women

Kathy Hingston – Marlene Surette
Kathy Giggey – Laura Davis

Final Match must be completed by Sept. 7 (Labor Day)

President's Cup Golf Tournament

Sat, August 8, 2009 President's Cup

Tee times starting at 1:00 pm

18 hole Club Net Championship

Entry fee \$25.00 (includes steak/chicken dinner) \$15.00 for dinner only

(Non-member Greens fees and Cart fees are additional)

Sign up at the clubhouse

Firm deadline for signup is Wednesday, August 5

Tournament rules: 12:45

Tee time: 1:00

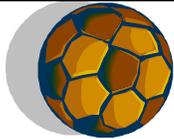
Appetizers: 5:30 - 6:30

Dinner: 6:30 -

This prestigious event has always been a favorite amongst our membership, but it is open for non-members to play as well (however, non-members cannot be named the President's Club champion.) There is both a Men's and a Women's division, and there is also opportunity to win a few other prizes.

The tournament will be followed by a steak or chicken dinner this year, along with potluck appetizers and a dessert. There will be a choice of steak or chicken dinner this year, so when you sign up, please specify your meal choice, and an appetizer. Suggested appetizers include, but are not limited to the following: mini-quiche, scallops with bacon, stuffed mushrooms, Swedish meatballs, shrimp cocktail; however any appetizer will be appreciated.

If you have questions, please contact either Vic Solimini or Laura Davis.



Activities & Recreation

Recreation Chairperson: **Andrea Sansonetti**

Book Group Selections for 2009

The following titles will be discussed on these dates.

Aug. 10 **NINETEEN MINUTES** by Jody Piccoult

Aug. 31 **ONE THOUSAND WHITE WOMEN** by J. Fergus

All Frye Islanders are invited to join us on these selected Monday evenings 7:30 PM in the Community Center Library.

FRYE ISLAND LIBRARY

You are welcome to use the Frye Island Library on the honor system whenever the Community Center is open. It is organized on a loose alphabetical system with a separate biography section, a mystery section, a non-fiction area and a carousel full of summertime's favorite romance novels.

BINGO

Join in every Monday evening 7:00 PM at the Community Center July thru August.



Frye Island Chapel

**Services every Sunday 9:00 to 9:30 AM
In the Upper Room of the Community Center**

All are welcome. Dress is casual.

You are cordially invited to attend our weekly **non-denominational** services, which are held every Sunday morning from 9:00 to 9:30 AM in the **upper room at the Community Center**. Communion is offered on the 1st and 3rd Sunday of every month. There is a coffee and snack hour following the service on the 2nd and 4th Sunday of each month.

Presiding Chaplains: Rev. Richard Petersen, PhD
Rev. A. Theodore Ekholm

BRIDGE

Bridge for fun - and not too much seriousness! Come and join some of the Island folks for a couple hours of bridge. Tuesdays at 1:00 p.m. at the Golf Clubhouse is the usual time and place.

Mah Jongg

Come and join some of the Island folks for a game of Mah Jongg. Monday mornings 9:00a and Friday afternoons 1:00p at Leisure Lounge

Recreation Dept. Schedule Week of July 6th:

Recreation Director: Nancy Bishop

Friday Jul. 31 st :	10:00 AM – 2:00 PM 6:00 PM – 9:00 PM
Saturday Aug. 1 st :	10:00 PM – 2:00 PM 6:00 PM CAPTURE THE FLAG @ Ball field 8:00 PM – 11:00 PM Teen Night
Sunday Aug. 2 nd :	Closed
Monday Aug. 3 rd :	10:00 AM – 2:00 PM
Tuesday Aug. 4 th :	10:30 AM – 2:30 PM 6:00 PM Pick up Soccer @ Ball field
Wednes. Aug. 5 th :	10:00 AM – 2:00 PM 6:00 PM Candy Bar Bingo (Bring a candy bar to play)
Thursday Aug. 6 th :	10:30 AM – 2:30 PM 6:00 PM – 8:00 PM
Friday Aug. 7 th :	10:00 AM – 2:00 PM 6:00 PM – 9:00 PM
Saturday Aug. 8 th :	10:00 PM – 2:00 PM 6:00 PM CAPTURE THE FLAG @ Ball field 8:00 PM – 11:00 PM
Sunday Aug. 9 th :	Closed

Recreation Center wish list: paints, markers, construction paper, glue

More Upcoming Rec Center Fundraiser Events

One Pitch Softball Tournament

Saturday / Sunday August 15th and August 16th

Sign up your Team

Cost: \$60 per team – tee shirts to winners

Tennis Tournament

Labor Day Weekend – More details to follow.

LADIES GOLF SCRAMBLE

The Recreation Commission is sponsoring a Ladies Golf Scramble each Thursday morning. Meet at 8:45 and tee-off at 9:00 a.m. at the Golf Club. Come join the fun and sister ship no matter what your level of play. The teams are made up of all levels and, since all play the best ball, no one is left in the woods! Questions, call Rita Lapati at 655-4644 or Nancy Perry 655-5221.

Winning team on 7/23:

Kathy Giggey, Nancy Donio, Sylvia O'Conner, and Nancy Perry

JUNIOR TENNIS RALLY

WOW! What a great turnout for our first Junior Tennis Rally on Frye Island. Even though we started with a wet morning, the sun came out and dried the courts so we could start at 10:00am. We fielded two courts with twelve players. Players were from many levels with a Round Robin format. Play was completed at 12noon. Holly Stewart accumulated the top points while Emily Bridgers was the over all player winning in a 2 on 1 event. Thanks to all the parents who encouraged all the players. A special THANK YOU to Jeff Stone for putting in his high school service hours by clearing the overgrown brush surrounding the courts and helping with the Rally by generously working with the younger players. We could not have done this without you Jeff. We hope to put this event on the calendar for next year. Everyone have a good time. I hope to see you all back next summer.
Anne Archer-Johnson

Wine Basket for the Hostess

Feeling crafty? Even if you're not, this stunning basket looks complicated but it's not! Join Ida Atkinson for an afternoon of fun and take home a beautiful basket for yourself or give as a gift. This basket fits wine bottles and mason jars. This could be your souvenir of your summer on Frye Island!

Date and Time: Tuesday, August 11, 1 – 4 pm

Location: Large Meeting Room at the Community Center

Fee: \$17.00 for instruction and materials. Teens and adults welcome. Please sign up and pay at the town office.

What are Angels?

What are Angels and how can we communicate with them? Spend an enlightening afternoon with Brenda Paquette and discover what Angels are, how to ask them for help and why their presence on our planet is so important. It could change your life and definitely inspire your summer! Check out Brenda's website at www.angelguidedhands.com.

Date and Time: Thursday, August 13 at 4 pm

Location: Large meeting room at the Community Center

Fee: \$7.00. Please sign up and pay at the town office by Aug. 10.

YOGA CLASSES

NO class this Saturday. Last class on Tuesday, August 4th.

Amy Wagner, RYT, is here to lead you in yoga classes at the Community Center Chapel from 9:00-10:20 am. I practice and teach Hatha Yoga, which focuses on the fundamental yoga postures and combines breath with movement in order to build strength, flexibility and balance. Yoga also improves mental clarity and encourages relaxation. My classes are informal and open to all students; new and veteran yogis are all welcome! Cost \$8 per class. Mats and blankets available for use and also for purchase.

Come in comfortable clothes! Call me with any questions. 655-2583
Peace,
Amy

Pilates Class

Ida Adams will offer another Pilates class on Friday, August 7th from 9:00 AM to 10:30 AM

Come and find out why so many swear by this total body toning system. Pilates strengthens the core, improves balance, increases coordination and decreases stress. And no, it's not like Yoga.

I welcome one and all from newbie's to experienced Pilates practitioners. Dress comfortably and come prepared to enjoy yourself.

Cost will be \$8.00 per person.

For more information call Ida Adams (301) 934-1575 or e-mail eadams0602@aol.com

TIE-DYE on Monday

Come Tie-Dye with us!

Come tie-dye for our **last session** this summer at the Community Center on Monday, August 3rd! Tie-Dye runs from 3:30-5:30, but you can show up anytime before 4:30 to get your project completed! Shirts, socks, bandanas or pillowcases are available for purchase or you can bring your own whites. Costs are as follows:

Shirts and pillowcases: \$10.00

Bandanas and socks: \$8.00

Bring your own whites: \$5 per person (\$2 for each additional item)

Remember: If you bring your own items, whites work best!

See you there!!

PS Please don't wear clothing you care about! We have smocks to protect shirts, but it is likely that you will get permanent dye on your clothing! Thanks!

Garden Club

Arrange to join us - everyone is welcome!

Saturday, **August 1st, at 10:00 AM** at the Community Center when Lee Schneller will show us how to *design a garden for perennial color all through our Frye Island season* and/or "at home." Her book, The Ever-Blooming Flower Garden, a Blueprint for Continuous Color, was featured in the Maine Sunday Telegram and will be available for sale (for \$20) or bring your own for her signature.

Pot Luck Supper w/ Guest Speaker

Date: Saturday, August 8th, 5:30 PM, at the Community Center.

The Conservation Commission and the Garden Club are combining forces to bring an expert on Sebago Lake to our Island. Our guest speaker, Mr. Roger Wheeler, President of Friends of Sebago Lake (FOSL) will address environmental concerns, to include water quality on Sebago Lake.

Roger is a recognized expert on our Sebago Lake watershed, and is the leading Maine advocate for maintaining a crystal clear lake—our water supply.

He authored a recent (7/13/09) special article, published in the Portland Press Herald, entitled "Protecting Sebago Lake Should Become A Top State Priority." Roger, a Mainer, has a cottage on Sebago Lake and has been involved in several successful environmental cases, argued before the US Supreme Court in Washington, D.C. You will want to hear what he has to say.

As an additional delight, we will enjoy an always-delicious potluck dinner, and a chance to visit with your neighbors. Bring your favorite dish, be it an entrée, salad or dessert and a serving utensil. The event organizers will provide soft drinks, coffee, and paper products.

A sign-up list is located in the office so we will know who is attending and what types of dishes will be brought.

BOBBEX: Claire LaDow has ordered more Bobbex to deter this year's voracious deer. Give her a call if you need some. (655-7730)

July 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 9:00a Chapel @ CC 2:00p Advanced Tie-Dye 3:30p Tie-Dye	27 9:00a Mah Jongg @ Leisure Lounge 7:00p BINGO @ CC	28 1:00p Bridge @ Leisure Lounge	29 6:00p Candy Bar Bingo @ CC	30 8:45a Ladies Golf Scramble	31 1:00p Mah Jongg @ Leisure Lounge	

August 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:30a Planning Board @ CC 10:00a Garden Club @ CC 5:00p Roast Pork Dinner @ Leisure Lounge 6:00p Capture the Flag @ Ball field
2 9:00a Chapel @ CC	3 9:00a Mah Jongg @ Leisure Lounge 3:30p Tie Dye @ CC 7:00p BINGO @ CC	4 9:00a Yoga @ CC 1:00p Bridge @ Leisure Lounge	5 6:00p Candy Bar Bingo @ CC	6 8:45a Ladies Golf Scramble	7 9:00a Pilates @ Chapel 1:00p Mah Jongg @ Leisure Lounge 7:00p BOS/EC/Transportation Committee Mtg Joint Workshop @ CC	8 President's Cup 9:00a Garden Club Maintenance @ CC 5:30p Pot Luck Supper @ CC 6:00p Capture the Flag @ Ball field
9 9:00a Chapel @ CC	10 9:00a Mah Jongg @ Leisure Lounge 7:00p BINGO @ CC 7:30p Book Group @ CC Library	11 1:00p Bridge @ Leisure Lounge 1:00p Wine Baskets @ CC	12 9:00a Garden Club @ CC 6:00p Candy Bar Bingo @ CC	13 8:45a Ladies Golf Scramble 4:00p Angels @ CC	14 1:00p Mah Jongg @ Leisure Lounge	15 8:30a Planning Board @ CC One Pitch Softball Tournament @ Ballfield 6:00p Capture the Flag @ Ball field
16 9:00a Chapel @ CC One Pitch Softball Tournament @ Ballfield	17 9:00a Mah Jongg @ Leisure Lounge 7:00p BINGO @ CC	18 1:00p Bridge @ Leisure Lounge	19 6:00p Candy Bar Bingo @ CC	20 8:45a Ladies Golf Scramble	21 1:00p Mah Jongg @ Leisure Lounge	22 Member-Guest 9:00a Garden Club @ CC 6:00p Capture the Flag @ Ball field