



Frye Island News Service

VOLUME 2009, ISSUE 13

JULY 17, 2009

What's New?

- Wayne's words... page 3
- Upcoming Meetings... page 4
- Frye's Leap General Store & Café... page 6
- Leisure Lounge... page 7
- Roast Pork Dinner... page 7
- Annie & the Orphans... page 7
- The Great Frye Race Canoe / Kayak
Non-Competitive Race Rescheduled... page 11
- Junior Tennis Rally... page 12
- Green Clean... page 12
- Wine Baskets... page 12
- Angels... page 12



Contents

Important Information	2	Marina Safe Boating Tips.....	8
Town News.....	3	Frye Island Golf Club	9
Fire Department.....	5	Activities & Recreation.....	10
Ferry News	8	Calendar.....	14



Important Information

Town of Frye Island

1 Sunset Road
Frye Island, ME 04071
Phone: 207-655-4551
Fax: 207-655-3422
Email: office@fryeisland.com
Web site: www.fryeisland.com
Town Manager: Wayne Fournier

Office Hours

Tuesday thru Saturday: 9:00 AM – 3:00 PM
Sunday & Monday: Closed

Code Enforcement Officer

John Thompson
Tuesdays and Thursdays 8:00 AM – 4:00 PM

Fire, Medical, or Police Emergencies – Call 911

Non-emergencies

Frye Island Police: (207-893-2810)
Police Chief: Rod Beaulieu

Fire Department: (207-655-8618)
Fire Chief: Steve Persson

Municipal Officers

John Nun First Selectman
Mark Thomas..... Selectman
James Kuiken..... Selectman
Joseph Potts Treasurer

BIT Representatives:

Bruce Nisula.....Chair
Bob Miner
Joe Potts
David Bond

Public Works Department

Phone: 207-655-7493
Director: John Crosby

Transfer Station High Season Operating Hours

Saturday: 10:00AM – 3:00PM
Sunday: 12 Noon – 5:00PM
Wednesday: 10:00AM – 3:00PM

Holiday weekends: Closed Sundays, open Mondays

During high season the Transfer Station can be open on closed days by appointment only, between 8am to 3pm.

To set up a Transfer Station opening **please call the Public Works Garage at 655-7493 (please try to call the day before)**

Thank you, Your Public Works Department

Frye Island News Service

Email: lkerrigan@fryeisland.com
Submission deadline:
Wednesday, 3:00 PM - **No Exceptions**

Representative to Legislature

John C. Robinson
Residence: 207-655-8657
Business: 207-539-4481 Ext 1
E-mail Repjohn.robinson@legislature.maine.gov

State Senator

Bill Diamond
Residence: 207-892-8941
E-mail <http://www.mainesenate.org/diamond/email.htm>



Town News

Island Manager's Comments

Greetings Everyone:

Ferry Schedule: We have reviewed the ferry schedule through the rest of the season and made a few corrections. With this schedule we have assumed that the majority of the traffic coming to the Island on Labor Day weekend will be arriving on Friday September 4th and leaving Monday afternoon September 7th. The scheduling of the ferries for this holiday weekend reflects this assumption. Please note that on every Monday, Tuesday, Wednesday, and Thursday through the Labor Day weekend we will be operating 2 ferries from 8:30 AM to 10:30AM and again from 3:00PM to 5:00 PM. each day. If you plan to leave and / or return to the Island on any of these days it might behoove you to make your plans around the ferry schedule if possible.

Quail Circle: I am beginning to get complaints about the location of docks at Quail Circle and the fact they are infringing on their neighbors space. A number of years ago we had a lot of complaints as well, so Frye Island Inc. (FII owned the Quail Circle area at the time but the Town does now) had the whole area surveyed and posts were installed at 24 feet intervals on both sides for the complete length of the channel. At that time a procedure was established identifying the way docks should be installed in that area. Basically, all docks should be installed with the centerline of the dock on the land side located at the numbered post. Not to the left or right of the post but centered on the post. In addition, the outboard end, (the end in the water) should be pointing at the corresponding pipe on the opposite side of the channel. If everyone does this it will insure that all of the docks are equally spaced and they will be parallel. This will allow sufficient space for boats on both sides of the docks and it will insure that your dock and boat doesn't infringe on your neighbors space. The Town and the Yacht Club have intentionally avoided dictating the type of docks that must be used and the renter of the slip space is responsible for the installation of the docks in this area in order to keep the cost at a minimum, so please, if you have a dock in Quail Circle, make sure it is installed correctly so that everyone can use their slips and we don't need to get involved in the installation. If you have already installed your slip please take a look to see if it complies with this installation procedure. If it doesn't, please move it so that it will comply.

Golf Carts: I know that there are quite a few renters and new owners on the Island that might not be familiar with the laws associated with the operation of golf carts on the Island. Golf carts must comply with many of the same laws that govern the use of automobiles when used on Island roads and the penalties and fines are identical. I have copied the general ordinance for your information. Consider this a friendly reminder or a warning if you prefer:

§ 105-4. Unsafe Use of Golf Carts Prohibited.

The following practices constitute unsafe use of golf carts on Town public roads:

- A. Use of a golf cart one half hour after sunset to one half hour before sunrise without headlights and rear lights installed and illuminated.
- B. Use of a golf cart without a rearview mirror.
- C. Use of a golf cart without a warning device such as a horn.
- D. Use of a golf cart with more than three people on any seat. In no case shall there be more people on any seat than the golf cart is designed to carry.
- E. Use of a golf cart with passengers riding on fenders, bumpers or in the location designed for the transportation of golf club bags.
- F. Use of a golf cart by a driver without a valid motor vehicle driving license in any class.
- G. Operating a golf cart in violation of ordinances or regulations applicable to motor vehicles, except as expressly permitted by the article, or in a reckless manner in such a way as to recklessly create a substantial risk of serious bodily injury to another person.
- H. Operating a golf cart in a manner to endanger, so as to endanger any person or property.
- I. Operating a golf cart under the influence or with excessive blood-alcohol level. A person commits the crime of operating a golf cart while under the influence of intoxicating liquor or drugs if that person operates or attempts to operate a golf cart while under the influence of intoxicating liquor or drugs or a combination of liquor and drugs; or, for a person 21 years of age or older, while having alcohol levels in that person's blood; higher than the minimum requirements under TITLE 29-A, CHAPTER 19 for operation of motor vehicles, or, for a person less than 21 years of age, while having any amount of alcohol in the blood. Operating a golf cart while under the influence of intoxicating liquor or drugs is a Class D crime.

-
- J. Failure to comply with duty to submit. A person is guilty of failure to comply with the duty to submit to and complete a blood-alcohol or drug concentration test under TITLE 29-A, CHAPTER 23 of the Maine State Statutes, if that person refuses to submit to or fails to complete a blood-alcohol or drug concentration test or both, when requested to do so by a law enforcement officer who has probable cause to believe that the person operated or attempted to operate a golf cart while under the influence of intoxicating liquor or drugs.

Boating: While I am at it I might as well remind everyone of the State of Maine boating laws as well:

Definitions:

- **Water Safety Zone:** "Water Safety Zone" means the area of water within **200 feet** of any shoreline, whether the shoreline is of the mainland or of an island. Remember this, as it will be mentioned in upcoming General Laws.
- **Motorboat:** Motorboat means any watercraft equipped with propulsion machinery of any type.
- **Personal Watercraft:** "Personal Watercraft" includes but is not limited to a jet ski.

General Laws:

- **Swimming Area:** A motorboat **shall not** be operated in an area marked or buoyed for swimming.
- **Speed Regulations:** Watercraft may not be operated at a speed greater than headway speed while within the water safety zone. (Remember the definition, if you forgot look above).
- **Age Requirements:** A person under 16 years of age may not operate personal watercraft, which includes jet skis.
- **Water skiing:** A watercraft towing a person or persons on water-skis; surf boards or similar devices shall not operate within the water safety zone. It is lawful to pick up and drop off a skier in the water safety zone but this must be done as directly as possible. In addition, the operator must consider the effect of the wash and waves created by their watercraft to waterfront piers, floats, other property, shorelines and people.

This is a summary of some of the Maine Boating Laws in affect as of March 2009. For a full copy of these laws go to www.maine.gov/ifw.

Winter Break-Ins: Rod continues to work with the District Attorney to their attempts to identify the people responsible for the break-ins. I will let you know as we get more information. In the mean time, he has asked me to ask the victims to check for L.L.Bean clothing, (i.e. rain jackets, fleeces, light weight jackets etc.), that may have been left on the Island last winter. If you had any of these items that are missing, please e-mail Rod at fpd@fairpoint.net with the details.

Board Meeting: The next scheduled meeting of the Board of Selectmen / Executive Committee will be held on Saturday July 25, 2009. The meeting will be held at the Community Center and will begin at 9 AM. All are welcome to attend.

Have a great weekend and stay safe!

Wayne

Planning Board

Saturday, July 18, 2009 at 8:30 a.m.

Community Center

Agenda

Read and approve minutes of June 27, 2009 meeting.

Old Business:

MMA work shop September 22, 2009 6-9pm

Comp. Plan assignments

New Business:

New planning Board Alternate member subject to Planning and Executive Board **approval**

Please send any request for additional agenda items to Steve Kaplan skaplan34@yahoo.com

**All Planning Board Meetings are open to the public
APPROVED PLANNING BOARD MINUTES ARE
AVAILABLE ON *Frye Island. Com* WEB SITE**

Zoning Board of Appeals

Friday, July 24, 2009 at 7:00p

Community Center

BOS / EC Meeting

Saturday, July 25, 2009 at 9:00 a.m.

Community Center



Fire Department

Fire Barn: 207-655-8618

MEDICAL EMERGENCY PROCEDURE

DIAL 9-1-1

Your 9-1-1 call will be received at the Raymond Dispatch Center

Dialing 9-1-1 will dispatch the Frye Island Fire Department Medical First Responders and the Raymond Rescue. The Raymond Dispatch Center will also notify the Ferry Captain for the emergency run. This will occur during normal operating hours and during off hours

State your name, your location and the nature of the emergency

Stay at your location until help arrives. Medical personnel are responding to your location. If you leave that location you may bypass responding rescue personnel. Time is critical in an emergency!

FIRE EMERGENCY

DIAL 9-1-1

Your 9-1-1 call will be received at the Raymond Dispatch Center

Dialing 9-1-1- will dispatch the Frye Island and Raymond Fire Department's. Raymond Dispatch will also notify the ferry.

State your name, your location and the nature of the emergency. Get out of the building if there is a fire.

All owners and visitors should know the street, lot number, fire lane and a nearby pertinent landmark where they are located in the event of a fire, medical or police emergency

This information will greatly expedite the response time for the emergency service that is answering your call. Time is critical!

All streets and fire lanes on the island are clearly marked



Special Thanks

We on this island are fortunate to have a dedicated group of First Responders who are on the job 24/7. This is the second time in several years we have had to call for help and once again, they were efficient and caring and gave much needed support to the caller while attending capably to the patient. It can be a scary feeling to be on an island in the midst of an emergency, but we are here to say, "Have no fear. We are in good hands. These people know what to do and who to call." Many thanks to this fine group – kudos to you all!

Pattie and Warren Eastman



655-4256

Welcome back, everyone! We're looking forward to another great season on the island.

Full Season Has Begun...

Store Hours are as follows...

Sunday – Friday: 8:00AM – 9:00PM

Saturday: 8:00 AM – 10:00 PM

CAFÉ Hours are as follows...

Monday – Friday: 11:00 AM – 9:00 PM

Saturday: 8:00 AM – 10:00 PM

Sunday: 8:00 AM – 9:00 PM



We're pleased to announce that the store will be continuing with the extended schedule instituted last year, opening daily at 8am during high season.



Have you had breakfast at Frye's Leap lately? Huge pancakes, breakfasts made to order, and our signature muffins are served by the water every Saturday, Sunday and on selected holidays throughout the season. Don't miss it!



Visit fryesleap.com for a peek at our menu, special event information, store hours and lots more.



Leisure Lounge

Fairway Lane (next to the golf pro shop)

655-3551

Air Conditioned

Open to the Public

Hours:

Thursday – Saturday: 8:00 AM – Midnight

Sunday: 7:30 AM – 8:00 PM

Monday – Wednesday: 8:00 AM – 8:00 PM



Enjoy satellite reception on our 42” plasma TV.



For you Red Sox fans, we will stay open late on Thursday evenings so that you may watch the games.



Full Bar

Beer, Wine, & Mixed Drinks

\$3.00 Root Beer Floats

\$2.00 Hot Dogs

\$5.00 Pizza



Roast Pork Dinner

Saturday, August 1st

Cocktails 5:00 pm -Dinner 6:00 pm

\$15.00 per person

Payment along with reservations is made at the clubhouse.

Limited seating



ANNIE & the ORPHANS

One of New England’s favorite rock and roll acts, Annie & the Orphans has been entertaining fans, young and old, for over 40 years. Specialists in 50s, 60s, 70s rock and roll, Annie & the Orphans’ unique blend of musical talent and showmanship make them one of the most eagerly anticipated acts around.

”Rock ‘n’ Roll with Anatole!

Let’s bring back the Frye Island tradition, an end of season dance!

Saturday, August 29th

8:00 pm, at the Community Center

(Leisure Lounge will be closed)

\$15 - advance tickets (purchase at the Golf Club)

\$20 - at the door

Come and enjoy the music, Hors d’oeuvres will be served along with a full cash bar.



Ferry News

655-4258

This Week's Ferry Schedule

	First Ferry	Second Ferry
Saturday	7 AM - 1 AM	10 AM – 6 PM
Sunday	7 AM - 10 PM	12 PM – 8 PM
Monday	6 AM - 10 PM	8:30 AM – 10:30 AM 3 PM – 5 PM
Tuesday	7 AM - 10 PM	8:30 AM – 10:30 AM 3 PM – 5 PM
Wednesday	7 AM - 10 PM	8:30 AM – 10:30 AM 3 PM – 5 PM
Thursday	7 AM - 11 PM	8:30 AM – 10:30 AM 3 PM – 5 PM
Friday	7 AM - 12 Mid	8:30 AM – 10:30 AM 2 PM – 10 PM

Reminder:

Please remember to put your name/lot # on the back of your ferry tickets to assist us with our end-of-shift reconciliation. Thanks.

Ferry Thank You's

Dan & Holly Amato for the cookies, Deb & Jim Reali for the cake, the Ashleys for the pie, and Debbie Anthony for the pie.

Special thanks to Bob & Deb Defelice for the donation of the ferry awning, which provides sun & rain protection for both our pedestrians and packages. Also, thanks to Harry Holgersen and Steve Kaplan from the DPW for their help in installing the new awning.



Marina News

Safe Boating Tips

- Watercraft towing a person or persons on water-skis, surfboards, aquaplanes, or similar devices shall not operate within water safety zones (area of water within 200 feet of any shoreline, mainland or island). Exception: to drop-off or pickup passengers, while ensuring that persons and property are not endangered in the process.
- No person shall operate any watercraft for the purpose of towing a person on water-skis, surfboards, or similar devices on any waterway between the hours of ½ hour after sunset until ½ hour before sunrise.
- Any person being towed on water skis, surfboards, or similar devices must wear a life jacket, life belt, or similar life saving device. No watercraft operator shall tow anyone involved in the aforementioned activities unless the person being towed has complied with this requirement.
- Watercraft towing a person on water skis, surfboard, or other similar devices must have a person in the watercraft who is at least 12 years of age, in addition to the operator, who is in a position to continually observe the person/s being towed.



655-3551

Frye Island Golf Club

Open to the Public

Fairway Lane

Hours

Monday – Wednesday 8:00 AM – 8:00 PM
Thursday – Saturday: 8:00 AM – dusk
Sunday 7:30 AM – 8:00 PM

Greens Fees

Weekday: \$20.00
Weekend and Holidays: \$30.00
Twilight (after 5 PM)
Weekdays \$13.00
Weekends \$15.00
Weekday Youth (16 or younger): \$10.00
Weekend Youth (16 or younger): \$20.00
3-day weekday pass: \$45.00
Week-long unlimited golf pass: \$110.00
Scramble Fee (e.g. 9 holes Sunday AM): \$15

Cart Rentals

Gas Cart:
9 Holes: \$16.00
18 Holes: \$26.00
Pull Cart:
9 or 18 Holes: \$4.00
Club Rentals: \$12.00

Tentative 2009 Tournament Schedule

<u>Date</u>	<u>Tournament</u>	<u>Organizers</u>
Jun-Aug	Club Championship	Bruce
Sat, Jul 25	Night Golf	John, Mike
Sat, Aug 1	Rally for a Cure	
Sat, Aug 8	President's Cup	Vic, Laura
Aug 22-23	Member-Guest	Jim, John H.
Mon, Aug 24	MGCSA (Superintendents)	Jim
Sep 11-13	Sebago Lake Escape	Mark
Sat, Sep 26	TKE Fall Classic	Jim
Sat, Oct 3	Shoot Out	Mike
Sat, Oct 17	Cross Country	Laura

Sunday Morning Scramble

Every Sunday morning, tee off at 8:00am, sign up between at 7:30am – 7:45am.

Sunday, July 12th Scramble Results

1st Place Team (-4) \$21.60 each:

Greg Tedford
Norm Brown
Jim Hirsch
Kristin Tedford
Allen Meserve

Closest to the Pin \$20.00 each:

Mike Hurley

Junior Golf Outing



'B' Flight winners: Andrew Barker-Morrill, Drew Hodge, and Nathan Hodge.

More details to follow.



NIGHT GOLF, July 25th

SOLD OUT

\$20 per person + any applicable green fees
(includes glow balls)

Hors' d'oeuvres @ 7pm

Tee off @ dark

Bring an hors d'oeuvre to share

Club Championship

Congratulation to the following who will continue onto the Quarterfinal Match:

Men:

Paul Murphy – Tom Canty
Greg Tedford – Tom Bishop
George Greenwich – Bill Gately
Bob Thurston – Bob Miner

Women

Kathy Hingston – Bye
Marlene Surette – Judy Burgess
Kathy Giggey – Bye
Laura Davis – Bye

Quarterfinal Match must be completed by August 3.

Semifinal Match must be completed by August 24.

Final Match must be completed by September 7 (Labor Day).

2009 Member-Guest Tournament

Date August 22nd and 23rd, 2009

Entry Fee: \$200 per team (\$100 per player)

Sign-up Deadline is August 16th.

Meals: Saturday continental breakfast, Saturday lunch, Saturday dinner (spouses are welcome--\$15), and Sunday lunch.

Format: Nine hole Match Play, best ball, 2 person teams.

Tees: Men play Silver for Matches 1 and 3, Gold for Match 2, Shoot-Out and Women play red throughout.

Matches: Two matches on Saturday and one Match on Sunday to settle Flight winners. (Four teams in a flight or three teams playing one match against par). On Sunday afternoon, Flight winners will participate in a Shoot Out; all others will participate in the Team Consolation Round.



Activities & Recreation

Recreation Chairperson: Andrea Sansonetti

Book Group Selections for 2009

The following titles will be discussed on these dates.

July 20 **GERTRUDE BELL: QUEEN OF THE DESERT, SHAPER OF NATIONS** by G. Howell

Aug. 10 **NINETEEN MINUTES** by Jody Piccoult

Aug. 31 **ONE THOUSAND WHITE WOMEN** by J. Fergus

All Frye Islanders are invited to join us on these selected Monday evenings 7:30 PM in the Community Center Library.



Frye Island Chapel

Services every Sunday 9:00 to 9:30 AM
In the Upper Room of the Community Center

All are welcome. Dress is casual.

You are cordially invited to attend our weekly **non-denominational** services, which are held every Sunday morning from 9:00 to 9:30 AM in the **upper room at the Community Center**. Communion is offered on the 1st and 3rd Sunday of every month. There is a coffee and snack hour following the service on the 2nd and 4th Sunday of each month.

Presiding Chaplains: Rev. Richard Petersen, PhD
Rev. A. Theodore Ekholm

Recreation Dept. Schedule Week of July 6th:

Recreation Director: Nancy Bishop

Friday Jul. 17 th :	10:00 AM – 2:00 PM 6:00 PM – 9:00 PM
Saturday Jul. 18 th :	10:00 PM – 2:00 PM 6:00 PM CAPTURE THE FLAG @ Ball field 8:00 PM – 11:00 PM Teen Night
Sunday Jul. 19 th :	Closed
Monday Jul. 20 th :	10:00 AM – 2:00 PM
Tuesday Jul. 21 st :	10:30 AM – 2:30 PM 6:00 PM Pickup Softball @ Ball field 8:00 PM – 11:00 PM Teen Night
Wednesday Jul. 22 nd :	10:00 AM – 2:00 PM 6:00 PM Candy Bar Bingo (Bring a candy bar to play)
Thursday Jul. 23 rd :	10:30 AM – 2:30 PM 6:00 PM – 8:00 PM
Friday Jul. 24 th :	10:00 AM – 2:00 PM 6:00 PM – 9:00 PM
Saturday Jul. 25 th :	10:00 PM – 2:00 PM 6:00 PM CAPTURE THE FLAG @ Ball field 8:00 PM – 11:00 PM Teen Night
Sunday Jul. 19 th :	Closed

The Great Frye Race Canoe / Kayak Non-Competitive Race

Saturday, Rescheduled to July 25

10:00 AM

Recreation Beach

Cost: \$10.00 per person

Awards: Best Costume, look like Capt. Frye or an Indian & other awards

Start at Rec. Beach to Emerald Point and back.

Sign up at Rec. Center or 9:00 AM before race. Free hot dog / drink for early sign ups.

Come joint the fun!

Thank you

Thank you to all who participated in the Yard Sale Fundraiser. A "Special Thank you" to the book club who donated \$60.00 towards youth activities.

Garden Club

MAKE A TOADSTOOL

This Saturday, July 18, come to the Community Center at 9:00 for some fun and work. The work: pruning, weeding and raking at the Community Gardens. The fun: Making a ceramic toadstool for your garden. Even if you can't bend and stretch (good exercise) to do the work, come and join the fun. We are asking \$4 to cover the cost of the materials.

MARK YOUR CALENDAR

In the July 5th, Maine Sunday Telegram, the featured book was *The Ever-Blooming Flower Garden, a Blueprint for Continuous Color*. The author, Lee Schneller has agreed to drive the 2 1/2 hours from South Thomaston to present to us on **Saturday, August 1**. She will bring copies of her book (\$20) and will sign them or, if you have already purchased one, she is happy to sign that. To accommodate her distance, we will begin at 10:00 rather than 9:00. Let's all turn out at the Community Center for this special event.

OOPS! Last week we thanked Lianne Wagner for the beautiful "Cupcake Garden" but we neglected to mention her helpers. Thanks also to Nicole and Maggie Wagner, Ryan and Sean Tabris, and Dara Storer.

ADOPT A PLANTER: There is still one planter left at Beach 6, longing to be adopted. If you are interested, call Nancy Perry, 655-5221

BOBBEX: The deer are ravenous. Call Claire Ladow (655-7730) to get your bottle of Bobbex.

LOOKING AHEAD

The Garden Club and the Conservation Commission will join forces at a pot-luck dinner on Saturday, August 8. Speaker will be the president of Friends of Sebago Lake - the conservation watchdog for our lifeline.

TENNIS LESSONS AND DRILLS:

If you are interested in taking a private lesson to further your game, setting up drills to work on specific strokes, or are new to the game, or you need to work on your foot work: Please give me a call.

I have been playing tennis since I was very young here in Portland, Maine. I continued to play at Westbrook College (UNE) and throughout my adult life. I play on several doubles league teams in Atlanta throughout the year and conduct a Mini-Junior Tennis Lesson Program for the school where I teach Kindergarten. I am a Junior Coordinator for the ALTA organization for the 12 and under C level Boys teams. My number on the Island is 655-7393 or my cell is 770-238-2728 (a Verizon, GA number). "Love" to hear from you, Anne

JUNIOR TENNIS RALLY

KEEP THIS DATE OPEN: JULY 25th

Frye Island Community Center will host a JUNIOR TENNIS RALLY on July 25th.

Where? On the courts @ the Pool area - Lancaster Loop. Beginning with a free group lesson at 9:30 am.

The Rally begins at 10:00am.

Yes, this is for JUNIOR tennis players. PLEASE, no tournament players. No partner necessary for this doubles format and everyone plays. Players should be able to keep score and get their serve in. Pre-registration will be at the Community Center. The entry fee will be \$3.00 per person; the proceeds going to help with the continued maintenance of our tennis courts and equipment purchases. Tennis balls, a water and a snack will be provided for the players. Additional snacks and drinks will be available for purchase by spectators. Come register and join the fun. Parents should bring chairs; no seats available around the courts. Players should bring a great attitude, good sportsmanship, and the ability to have fun while playing this wonderful sport (and maybe get a little wet!! in the end). Don't forget your racquet, hat/visor, sunscreen. We hope to see you there.

We welcome all volunteers. You don't have to be a tennis player. See Anne Archer-Johnson (655-7393) or Nancy Bishop at the Community Center for questions. We will also have registration at the courts at 9:15 but pre-registration will help to get us started with the setup of play. Anyone who would like to be a \$\$\$PONSOR\$\$ of the Rally can call Anne.

BINGO

Join in every Monday evening 7:00 PM at the Community Center July thru August.

BRIDGE

Bridge for fun - and not too much seriousness! Come and join some of the Island folks for a couple hours of bridge. Tuesdays at 1:00 p.m. at the Golf Clubhouse is the usual time and place.

Mah Jongg

Come and join some of the Island folks for a game of Mah Jongg. Monday mornings 9:00a and Friday afternoons 1:00p at Leisure Lounge

Green Clean!

Spend an informative afternoon with Cindy Lozier (SAD 6 – Adult Ed.) to learn about how to protect our island home and lake from harmful cleaners. Be better informed about unclear choices in the cleaning aisle. What should we buy, clean with, avoid? Learn about the “green revolution”. Ms. Lozier will also come with recipes to make your own cleaners.

Date and Time: Monday, July 27, 1 – 3 pm

Location: Large Meeting Room at the Community Center

Fee: \$7.00. Please sign up and pay at the town office by Thursday, July 23.

Wine Basket for the Hostess

Feeling crafty? Even if you're not, this stunning basket looks complicated but it's not! Join Ida Atkinson for an afternoon of fun and take home a beautiful basket for yourself or give as a gift. This basket fits wine bottles and mason jars. This could be your souvenir of your summer on Frye Island!

Date and Time: Tuesday, August 11, 1 – 4 pm

Location: Large Meeting Room at the Community Center

Fee: \$17.00 for instruction and materials. Teens and adults welcome. Please sign up and pay at the town office.

What are Angels?

What are Angels and how can we communicate with them? Spend an enlightening afternoon with Brenda Paquette and discover what Angels are, how to ask them for help and why their presence on our planet is so important. It could change your life and definitely inspire your summer! Check out Brenda's website at www.angelguidedhands.com.

Date and Time: Thursday, August 13 at 4 pm

Location: Large meeting room at the Community Center

Fee: \$7.00. Please sign up and pay at the town office by Aug. 10.

LADIES GOLF SCRAMBLE

The Recreation Commission is sponsoring a Ladies Golf Scramble each Thursday morning. Meet at 8:45 and tee-off at 9:00 a.m. at the Golf Club. Come join the fun and sistership no matter what your level of play. The teams are made up of all levels and, since all play the best ball, no one is left in the woods! Questions, call Rita Lapati at 655-4644 or Nancy Perry 655-5221.

YOGA CLASSES

Amy Wagner, RYT, is back on the island, and getting ready to lead us in yoga classes. Classes next week will be on Tuesday and Thursday morning in the Community Center Chapel from 9:00-10:20 am, and Saturday from 7:30-8:45 am.

I practice and teach Hatha Yoga, which focuses on the fundamental yoga postures and combines breath with movement in order to build strength, flexibility and balance. Yoga also improves mental clarity and encourages relaxation. My classes are informal and open to all students; new and veteran yogis are all welcome! Cost \$8 per class. Mats and blankets available for use and also for purchase.

Come in comfortable clothes! Call me with any questions. 655-2583

Peace, Amy

PS Teen class coming soon!

Teen Dance!

Over 50 teens rocked the Community Center last Saturday night at the Teen Dance which was DJ'ed by Ben Sansonetti. It was a great success and a good time was had by all. A special thank you to Anne Johnson who helped chaperone the event.

TIE-DYE

Come Tie-Dye with us!

Tie-Dye is back! And this year we are offering an advanced Tie-Dye session as well!!

Come tie-dye at the Community Center on Sundays this summer! Tie-Dye runs from 3:30-5:30, but you can show up anytime before 4:30 to get your project completed!

Shirts, socks, bandanas or pillowcases are available for purchase or you can bring your own whites. Costs are as follows:

Shirts and pillowcases: \$10.00

Bandanas and socks: \$8.00

Bring your own whites: \$5 per person (\$2 for each additional item)

Remember: If you bring your own items, whites work best!

See you there!!

PS Please don't wear clothing you care about! We have smocks to protect shirts, but it is likely that you will get permanent dye on your clothing! Thanks!

More Upcoming Rec Center Fundraiser Events

One Pitch Softball Tournament

Saturday / Sunday August 15th and August 16th

Sign up your Team

Cost: \$60 per team – tee shirts to winners

Tennis Tournament

Labor Day Weekend – More details to follow.

July 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 8:30a Marina Committee Mtg @ CC 9:00a Chapel @ CC 2:00p Advanced Tie-Dye 3:30p Tie-Dye	13 9:00a Mah Jongg @ Leisure Lounge 7:00p BINGO @ CC	14 9:00a Yoga @ CC 1:00p Bridge @ Leisure Lounge	15 9:00a Garden Club @ CC	16 9:00a Yoga @ CC	17 1:00p Mah Jongg @ Leisure Lounge	18 7:30a Yoga 8:30a Planning Board @ CC 9:00a Garden Club Maintenance @ CC
19 9:00a Chapel @ CC 3:30p Tie-Dye	20 9:00a Mah Jongg @ Leisure Lounge 7:00p BINGO @ CC 7:30p Book Group @ CC Library	21 9:00a Yoga @ CC 1:00p Bridge @ Leisure Lounge	22	23 8:45a Ladies Golf Scramble 9:00a Yoga @ CC	24 1:00p Mah Jongg @ Leisure Lounge 7:00p Board of Appeals @ CC	25 9:00a BOS/EC @CC 9:15a Junior Tennis Rally 10:00a Canoe/Kayak @ Recreation Beach Night Golf
26 9:00a Chapel @ CC 2:00p Advanced Tie-Dye 3:30p Tie-Dye	27 9:00a Mah Jongg @ Leisure Lounge 1:00p Green Clean @ CC 7:00p BINGO @ CC	28 1:00p Bridge @ Leisure Lounge	29	30 8:45a Ladies Golf Scramble	31 1:00p Mah Jongg @ Leisure Lounge	

August 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:30a Planning Board @ CC Rally for a Cure 10:00a Garden Club @ CC 5:00p Roast Pork Dinner @ Leisure Lounge
2 9:00a Chapel @ CC	3 9:00a Mah Jongg @ Leisure Lounge 7:00p BINGO @ CC	4 1:00p Bridge @ Leisure Lounge	5	6 8:45a Ladies Golf Scramble	7 1:00p Mah Jongg @ Leisure Lounge	8 President's Cup 9:00a Garden Club Maintenance @ CC 5:00p Pot Luck Supper @ CC